



2023 Southeast District 9 to 12 Championship Meet Report

What a great weekend of fast swims, dropping times, achieving state cuts, and overall team camaraderie with tons of fun for our 9 to 12 year old swimmers at the Southeast District Championship meet held at the Brittingham Memorial Aquatic Center in Newport News. On February 17 – 19, over 450 swimmers from 7 teams, including 74 swimmers representing 757swim, gathered at this meet. Combined with the results of the 2023 Southeast District 8 & Under Championship Meet held on February 11-12 at the 757swim Aquatic Center, 757swim finished in 3rd place. Congratulations to the swimmers and coaches, parents and families for an awesome championship meet!!

We had 3 new swimmers for whom this championship meet was their first short course swim meet with 757swim. Congratulations to the new 757swimmers who competed in their first meet with the team:

Nico Castellanos

Evan Dwyer

Ferris Malkawi

We had 17 swimmers in the “double-digit drop” club at this meet. The top 4 drops in time go to Ellie Davis, cutting 26.57 in the 500 free; Jaya Ananthram, dropping 26.51 in the 200 IM; Lars Arne, chopping 21.78 in the 200 IM; and Caleb Barber, slicing 20.08 off the 100 back. In addition, the following swimmers dropped time in all of their events. Way to go!

Ava Beringer

Noah Levin

Misha Radkevich

Brennan Bermudez

Mason Littleton

Mason Saless

Connor Bradshaw

Tessa Long

Kaylynn Schleicher

Ella Brenner

Eleanor McHose

Caroline Schultz

Jaclynn Buzek

Lawson Parkhouse

Emmalyn Spaulding

Remington Freeman

Abigail Pate

Oliver Voss

Evie Hernandez

Sophie Plaskon

Madison Wall

Anna Klear

Jack Qi

Sometimes hidden in the time cuts are the improvements in race placement. At this meet, 18 swimmers improved their race standing by 11+ seeds, which is truly impressive. Congratulations to these swimmers for all of their hard work!

Jaya Ananthram: 200IM – seeded 49 to finish 36th

Sophia Olds: seeded 100BK 50th to finish 34th

Skyler Austin: 100IM – 66th to 41st

Clark Pascoe: 50BR – 35th to 22nd

Brennan Bermudez: 100FR – 58th to 36th

Mason Saless: 50BK – 29th to 14th

Jaclynn Buzek: 200FR – 23rd to 12th

Kaylynn Schleicher: 200FR – 36th to 22nd

Braylee Fleming: 100FR – 74th to 54th

Lizzie Shivers: 100FR – 66th to 48th

Harper Fly: 50FR – 23rd to 12th

Shelby Shivers: 50BK – 56th to 40th

Keller Hamilton: 100IM – 32nd to 20th

Sam Shnowske: 50BK – 24th to 11th

Anna Klear: 100BK – 55th to 44th

Emmalyn Spaulding: 50BK – 38th to 26th

Kaleb Kurowski: 50BK – 54th to 41st

Corinne Vereb: 100IM – 54th to 43rd, 50BK – 77th to 53rd

Relays are a fun way for swimmers to come together to represent the team. 757swim raised the roof with many relay teams competing at this meet. Congratulations to the teams with Top 4 finishes:

2nd place – Girls 9-10 200 Medley: Harper Fly, Hadley James, Tessa Long, Olivia Kolar

3rd place – Girls 9-10 200 Free: Tessa Long, Grace Mortier, Keller Hamilton, Olivia Kolar

4th place – Girls 11-12 200 Medley: Remington Freeman, Jaclynn Buzek, Kaylynn Schleicher, Finley Dameron

2nd place – Boys 200 Free: Lawson Parkhouse, Sam Shnowske, Brennan Bermudez, Owen Quinn

2nd place – Boys 9-10 200 Medley: Jack Sleeth, Jack Qi, Oliver Voss, Lars Arne

4th place – Boys 11-12 400 Free: Lawson Parkhouse, Noah Levin, Sam Shnowske, Owen Quinn

4th place – Boys 11-12 200 Medley: Sam Shnowske, Lawson Parkhouse, Noah Levin, Owen Quinn

Congratulations to the following swimmers have achieved **new state cuts** for the Virginia Short Course Age Group State Championship in March:

Jaclynn Buzek: 11-12 Girls 50BR
 Finley Dameron: 11-12 Girls 200BR
 Remington Freeman: 11-12 Girls 100IM, 50BK
 Olivia Kolar: 9-10 Girls 50FR

Tessa Long: 9-10 Girls 200FR, 100BR, 100FR
 Lawson Parkhouse: 11-12 Boys 50FR
 Misha Radkevich: 9-10 Boys 100BR
 Oliver Voss: 9-10 Boys 100IM, 200IM

Top 16 Individual Finishers (11 & 12)	
Brennan Bermudez (11)	14 th – 200 IM
Jaclynn Buzek (12)	1 st – 50 Breast, 12 th – 200 Free, 13 th – 100 IM
Finley Dameron (11)	1 st – 200 Breast, 5 th – 100 Breast, 8 th – 50 Breast, 12 th – 100 IM, 16 th – 100 Free
Remington Freeman (12)	2 nd – 100 IM, 4 th – 50 Fly, 5 th – 200 IM, 5 th – 50 Back, 8 th – 200 Free
Alex Gianoukos (12)	10 th – 100 Fly
Emerson Henshaw (12)	6 th – 100 Breast, 8 th – 200 Breast, 11 th – 100 IM
Noah Levin (12)	4 th – 100 Fly, 7 th – 50 Fly, 16 th – 100 Breast
Lawson Parkhouse (12)	3 rd – 50 Free, 5 th – 50 Fly, 6 th – 50 Breast, 7 th – 100 Breast, 9 th – 100 Fly, 10 th – 100 Free, 11 th – 100 IM
Owen Quinn (12)	7 th – 50 Free, 8 th – 200 Free, 11 th – 100 Free, 15 th – 50 Breast
Caroline Schultz (12)	11 th – 50 Breast
Sam Shnowske (11)	10 th – 200 IM, 11 th – 50 Back, 12 th – 50 Fly, 12 th – 100 Fly, 14 th – 100 Back
Mary Grace Tracey (11)	14 th – 200 Free

Top 8 Individual Finishers (9 & 10)	
Skyler Austin (10)	8 th – 100 Fly
Harper Fly (9)	4 th – 50 Back
Hadley James (10)	5 th – 50 Breast, 6 th – 100 Free
Olivia Kolar (10)	5 th – 50 Free, 8 th – 50 Breast
Tessa Long (10)	5 th – 100 Free, 6 th – 100 Back, 8 th – 50 Back
Misha Radkevich (10)	1 st – 100 Breast
Mason Saless (10)	7 th – 100 Breast
Oliver Voss (10)	2 nd – 100 IM

Motivational time standards give swimmers specific milestones to strive for as their times improve. Congratulations to the following swimmers who achieved **new time standards** at the Southeast District 9 to 12 Championship meet:

“AA” Time

Jaclynn Buzek – 50BR, 500FR
Remington Freeman – 100IM
Misha Radkevich – 100BR
Oliver Voss – 200IM

“A” Time

Jaclynn Buzek – 50FR, 200FR
Finley Dameron – 50FR, 50BR, 100BR, 200BR
Emerson Henshaw – 200BR
Hadley James – 100FR
Olivia Kolar – 50FR
Tessa Long – 100FR, 200FR, 100BR
Lawson Parkhouse – 50FR, 50FL
Caroline Schultz – 50BK

“BB” Time

Jaya Ananthram – 50BK
Lars Arne – 200IM
Skyler Austin – 100FR, 100BK, 50BR, 100FL
Alivia Ballin – 500FR
Olivia Beringer – 50BR
Harper Fly – 100FR, 200FR
Keller Hamilton – 100IM
Addison Hoadley – 50BK, 200BK
Eleanor McHose – 50BR
Grace Mortier – 50FR, 100BK, 50BR, 50FL, 100IM
Lawson Parkhouse – 100FL
Sophie Plaskon – 50BK
Jack Qi – 100FR, 100BK, 50BR, 200IM
Mason Saless – 50BK, 50BR, 100BR
Kaylynn Schleicher – 200FR, 50BK, 100FL, 100IM
Caroline Schultz – 200BR, 400IM
Luke Shnowske – 50BK, 100BK

Emmalyn Spaulding – 50BK
Mary Grace Tracey – 100IM
Corinne Vereb – 50FR

“B” Time

Jaya Ananthram – 100IM, 200IM
Caleb Barber – 200IM
Willow Belue – 50BK, 100BK
Brennan Bermudez – 100FR, 100BK, 200IM
Olivia Beringer – 50BK
Sebastian Bet – 50BK
Connor Bradshaw – 50FR, 200FR, 100BK, 200IM
Ellie Davis – 50BK
Lindsey Ericsson – 100BK
Braylee Fleming – 100FR
Alex Gianoukos – 100FR, 50BK, 200BK
Addison Hoadley – 50FL
Anna Klear – 100BK
James Kolar – 50BK
Noah Levin – 100BR
Clara Lantz – 50FR
Sophia Olds – 100BK
Clark Pascoe – 50BR
Reddick Perkins – 500FR
Sophie Plaskon – 100IM, 200BR
Owen Quinn – 50BR
Brody Rich – 100BK
Mason Saless – 100FR
Kaylynn Schleicher – 50BR
Lizzy Shivers – 100FR, 50BK
Shelby Shivers – 100FR, 50BK, 50BR
Luke Shnowske – 50FR, 50BR, 100BR
Noah Taliaferro – 50BK
Corinne Vereb – 200FR, 50BT, 100BR, 100IM