

2023 VSI Short Course Age Group Championship Meet Report

On the weekend of March 9 - 12, the 2023 VSI Short Course Age Group Championship Meet held at the Hampton Virginia Aquatic Center hosted over 660 swimmers from 28 teams. 757swim had a strong showing with 43 boys and girls participating, up from 37 last year. This was the largest attendance of 757swim swimmers at the VSI Age Group Championship meet ever and they did an outstanding job. After a weekend of strong swims, the 757swim boys finished in 4th place, the girls finished 5th, and the team finished in 4th place overall. This is up from a 9th place finish last year, and the swimmers exceeded Coach Morgan's goal of 1000 points scored by scoring an amazing 1267 points at this meet. Congratulations to all of the swimmers, coaches, families, and volunteers for a job well-done! This is our best showing at short course AG states to date!!

Congratulations to Jaclynn Buzek, Will Hartig, Jimmy Jacobs, Emma Liebler, and Misha Radkevich, who set **new team records** at this Championship meet. Great job!!

Jaclynn Buzek: Girls 11-12 records in 100 Breast – 1:14.75 and 200 Breast – 2:41.70

Will Hartig: Boys 13-14 record in 200 Free – 1:47.08, 500 Free – 4:48.12, 1000 Free – 9:59.79, and 1650 Free – 16:48.22

Jimmy Jacobs: Boys 11-12 record in 50 Back – 28.43

Emma Liebler: Girls 13-14 records in 50 Free – 23.96, 100 Back – 57.58, 100 Fly – 55.13, and 200 Fly – 2:02.19 Misha Radkevich: Boys 9-10 records in 50 Free – 27.14, 100 Free – 59.69, 200 Free – 2:10.91, 500 Free – 5:50.74,

50 Back - 32.06, and 100 Back - 1:09.64

Top 16 Individual Finishes			
Lars Arne (10)	11 th – 100 Breast		
	12 th – 50 Breast		
Jaclynn Buzek (12)	6 th – 200 Breast	14 th seed to 6 th with a 4.65 drop – TEAM RECORD	
	11 th – 100 Breast	26 th seed to 11 th with a 2.92 drop – TEAM RECORD	
	12 th – 50 Breast	15 th seed to 12 th with a 0.52 drop	
Peyton Cleary (14)	8 th – 50 Free	29 th seed to 8 th with a 0.73 drop	
Campbell Daniel (14)	11 th – 100 Fly	33 rd seed to 11 th with a 2.40 drop	
Remington Freeman (12)	16 th – 100 IM	0.06 drop	
Will Hartig (14)	3 rd – 1650 Free	10.69 drop – TEAM RECORD	
	4 th – 200 Free	2.11 drop – TEAM RECORD	
	5 th – 500 Free	13 th seed to 5 th with a 10.91 drop – TEAM RECORD	
	8 th – 1000 Free	23.95 drop – TEAM RECORD	
	8 th – 400 IM	4.03 drop	
	16 th – 200 Breast		
Emerson Henshaw (12)	11 th – 50 Breast	20 th seed to 11 th with a 0.94 drop	
Jimmy James (12)	3 rd – 50 Free	0.86 drop	
	4 th – 50 Back	8 th to 4 th place with a 1.10 drop – TEAM RECORD	
	11 th – 100 Back	1.71 drop	
	11 th – 100 IM	30 th seed to 11 th with a 3.12 drop	
	14 th – 200 Back	28 th seed to 14 th pace with a 6.93 drop	
Olivia Kolar (10)	15 th – 50 Free	0.35 drop	
Robert Lamerdin (14)	12 th – 100 Back	0.71 drop	
	13 th – 200 Back	23 rd seed to 13 th with a 4.43 drop	

Finn Leggett (14)	3 rd – 50 Free	14 th seed to 3 rd with a 1.44 drop - SECTIONAL CUT
	5 th – 100 Free	40 th seed to 5 th with a 3.67 drop
Emma Liebler (14)	1 st – 200 Fly	2.82 drop – TEAM RECORD
,	2 nd – 200 Free	
	2 nd – 100 Fly	0.03 drop – TEAM RECORD
	2 nd – 100 Free	0.26 drop
	3 rd – 50 Free	0.06 drop – TEAM RECORD
	3 rd – 100 Back	0.55 drop – TEAM RECORD
	5 th – 200 Back	0.60 drop
Bella Lorack (14)	7 th – 50 Free	15 th seed to 7 th with a 0.71 drop
Knox O'Brien (10)	3 rd – 50 Fly	8 th seed to 10 th with a 1.37 drop
, ,	5 th – 50 Back	8 th seed to 5 th with a 2.12 drop
	7 th – 100 Back	2.40 drop
	8 th – 50 Free	0.42 drop
	10 th – 100 IM	17 th seed to 10 th with a 2.48 drop
	10 th – 100 Free	0.56 drop
	12 th – 200 IM	
	12 th – 100 Fly	20 th seed to 12 th with a 2.54 drop
Misha Radkevich (10)	2 nd – 500 Free	17.27 drop – TEAM RECORD
	2 nd – 100 Free	2.00 drop – TEAM RECORD
	2 nd – 50 Free	0.73 drop – TEAM RECORD
	3 rd – 200 Free	4.43 drop – TEAM RECORD
	3 rd – 50 Back	0.56 drop – TEAM RECORD
	4 th – 50 Fly	0.70 drop
	5 th – 100 Back	2.03 drop – TEAM RECORD
	6 th – 200 IM	1.48 drop
Moira Sokolowsky (13)	4 th – 1650 Free	30 th seed to 4 th with a 1:18.92 drop
	13 th – 1000 Free	17 th seed to 13 th with a 16.39 drop
Oliver Voss (10)	8 th – 200 Free	17 th seed to 8 th with a 4.03 drop
	8 th – 100 Back	22 nd seed to 8 th with a 4.42 drop
	9 th – 100 Free	19 th seed to 9 th with a 2.47 drop
	12 th – 50 Free	18 th seed to 12 th with a 0.87 drop
	15 th – 50 Back	0.43 drop
	15 th – 100 IM	
	15 th – 200 IM	19th seed to 15th with a 2.37 drop
Lilly Younica (12)	4 th – 200 Back	5.36 drop
	4 th – 50 Back	7 th seed to 4 th with a 0.90 drop
	6 th – 100 Back	1.45 drop
	8 th – 100 IM	18 th seed to 8 th with a 1.50 drop
	14 th – 200 IM	0.86 drop
	15 th – 400 IM	5.34 drop

Our relay teams were impressive at this championship meet, with 30 teams swimming to Top 16 finishes. In addition, **11 new team relay records** were set. Way to go!!

Setting **four** team records for 10 & Under Boys was the team of Lars Arne, Knox O'Brien, Misha Radkevich, and Oliver Voss. This amazing team set records in the $\underline{200 \text{ Medley}}$ with a time of 2:12.49, the $\underline{400 \text{ Medley}}$ at 5:02.94, the $\underline{200 \text{ Free}}$ at 1:59.10, and the $\underline{400 \text{ Free}}$ at 4:26.00.

The 11-12 Girls team of Jaclynn Buzek, Remington Freeman, Mary Grace Tracey, and Lilly Younica set the team record in the <u>400 Medley</u> with a time of 4:33.24.

The 13-14 Boys team of Will Hartig, Mason Hibbard, Jostin Keithley, and Robert Lamerdin set the team record in the <u>800 Free</u> with a time of 7:36.97.

The 13-14 Boys team of Will Hartig, Mason Hibbard, Robert Lamerdin, and Finn Leggett set team records in the <u>200 Medley</u> with a time of 1:44.35 and the <u>400 Medley</u> with a time of 3:49.19.

The 13-14 Boys team of Will Hartig, Mason Hibbard, Jostin Keithley, and Finn Legget set the team record in the <u>400 Free</u> with a time of 3:25.60.

The 13-14 Girls team of Campbell Daniel, Emma Liebler, Brooke Quinn, and Moira Sokolowksy set the team record in the 800 Free with a time of 7:58.02.

The 13-14 Girls team of Peyton Cleary, Campbell Daniel, Emma Liebler, and Brooke Quinn set the team record in the <u>200</u> Medley with a time of 1:49.99.

Top 16 Relay Finishes				
Boys 10 & U 400 Free	2 nd Place – TEAM RECORD	Lars Arne		
Boys 10 & U 200 Free	2 nd Place – TEAM RECORD	Knox O'Brien		
Boys 10 & U 200 Medley	2 nd Place – TEAM RECORD	Misha Radkevich		
Boys 10 & U 400 Medley	4 th Place – TEAM RECORD	Oliver Voss		
Girls 10 & U 200 Free	8 th Place	Harper Fly		
Girls 10 & U 200 Medley	11 th Place	Hadley James		
		Olivia Kolar		
		Tessa Long		
Girls 10 & U 400 Medley	9 th Place	Alivia Ballin		
Girls 10 & U 400 Free	11 th Place	Hadley James		
		Olivia Kolar		
		Tessa Long		
Boys 11-12 400 Medley	10 th Place	Jimmy Jacobs		
Boys 11-12 200 Medley	11 th Place	Noah Levin		
		Lawson Parkhouse		
		Owen Quinn		
Boys 11-12 400 Free	11 th Place	Jimmy Jacobs		
Boys 11-12 200 Free	12 th Place	Lawson Parkhouse		
		Owen Quinn		
		Sam Shnowske		
Girls 11-12 400 Medley	6 th Place – TEAM RECORD	Jaclynn Buzek		
Girls 11-12 400 Free	8 th Place	Remington Freeman		
		Mary Grace Tracey		
		Lilly Younica		
Girls 11-12 200 Free	6 th Place	Finley Dameron		
		Remington Freeman		
		Kaylynn Schleicher		
		Lilly Younica		
Girls 11-12 400 Medley	14 th Place	Finley Dameron		
		Emerson Henshaw		
		Addison Hoadley		
		Kaylynn Schleicher		
Boys 13-14 200 Medley	7 th Place – TEAM RECORD	Will Hartig		
Boys 13-14 400 Medley	8 th Place – TEAM RECORD	Mason Hibbard		
		Robert Lamerdin		
		Finn Leggett		

Boys 13-14 400 Free	8 th Place – TEAM RECORD	Will Hartig
Boys 13-14 200 Free	9 th Place	Mason Hibbard
, , , , , , , , , , , , , , , , , , , ,		Jostin Keithley
		Finn Leggett
Boys 13-14 800 Free	10 th Place – TEAM RECORD	Will Hartig
Doys 10 14 000 1100		Mason Hibbard
		Jostin Keithley
		Robert Lamerdin
Boys 13-14 200 Medley	16 th Place	Cole Brenner
,		Anson Butler
		Vince Husband
		Jostin Keithley
Girls 13-14 200 Free	1 st Place	Peyton Cleary
		Campbell Daniel
		Emma Liebler
		Bella Lorack
Girls 13-14 400 Free	4 th Place	Campbell Daniel
		Brooke Ericsson
		Emma Liebler
		Brooke Quinn
Girls 13-14 200 Medley	4 th Place – TEAM RECORD	Peyton Cleary
•		Campbell Daniel
		Emma Liebler
		Brooke Quinn
Girls 13-14 800 Free	5 th Place – TEAM RECORD	Campbell Daniel
		Emma Liebler
		Brooke Quinn
		Moira Sokolowsky
Girls 13-14 800 Free	7 th Place	Taraneh Bonyadlou
		Peyton Cleary
		Brooke Ericsson
		Bella Lorack
Girls 13-14 400 Medley	12 th Place	Taraneh Bonyadlou
		Brooke Ericsson
		Bella Lorack
		Moira Sokolowsky
Girls 13-14 200 Free	13 th Place	Brooke Ericsson
		Natalie Haas
		Brooke Quinn
		Moira Sokolowsky
Girls 13-14 400 Free	14 th Place	Peyton Cleary
		Natalie Haas
		Bella Lorack
		Moira Sokolowsky

Motivational time standards give swimmers specific milestones to strive for as their times improve. Congratulations to the following swimmers who achieved **new time standards** at the 2023 VSI Short Course Age Group Championship meet:

"AAAA" Time

Will Hartig (200FR, 500FR, 1000FR) Jimmy Jacobs (50FR) Finn Leggett (50FR) Misha Radkevich (50FR, 100FR)

"AAA" Time

Campbell Daniel (100FL)
Brooke Ericsson (200FR)
Jimmy Jacobs (50BK)
Finn Leggett (100FR)
Brooke Quinn (1000FR)
Knox O'Brien (50BK, 100BK, 50FL)
Misha Radkevich (50FL, 500FR)
Moira Sokolowsky (1000FR, 1650FR)
Lilly Younica (50BK, 100BK, 200BK)

"AA" Time

Jaclynn Buzek (100BR, 200BR) Emerson Henshaw (50BR) Mason Hibbard (100BR, 200BR) Jimmy Jacobs (100IM, 200BK) Jostin Keithley (100BR) Knox O'Brien (100FL, 100IM) Robert Lamerdin (200FR, 200BK) Oliver Voss (50FR, 100FR, 100BK) Lilly Younica (100FR)

"A" Time

Alivia Ballin (100BK) Finley Dameron (100FR) Jostin Keithley (100BK)