



## 2024 Fall Fiesta Meet Report

Congratulations to the swimmers, coaches, parents, families, and volunteers on a great Fall Fiesta meet! Last weekend, 757swim hosted this fun, mid-season meet at the 757swim Aquatics Center with over 300 swimmers, including 184 teammates from 757swim. Up next: the Commonwealth Cup Meet on November 8 - 10 for Gold 2 and Gold 3 swimmers at SwimRVA Collegiate School Aquatic Center in Richmond, and the WAC Fall Classic on November 16 & 17 for all swimmers also at SwimRVA in Richmond.

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We had 6 new swimmers for whom the Fall Fiesta meet was their first short course swim meet with 757swim. Congratulations to the **new 757swimmers** who competed in their first meet with the team:

Nate Dye	Zarina Johnston
Kyra Gregory	Elizabeth Marsh
Mia Heavens	Sydney Mills

There are 52 swimmers in the “double-digit drop” club at this meet and of those, 18 dropped doubles in two or more events. Zoe Ackerman and Reagan Shaw dropped in the most events, with Reagan cutting double digits in 4 events and Zoe offing double digits in 5 of events. The top 5 drops in time go to Brennan Bermudez, dropping 30.87 in the 200 back; Josie Jacobs, chopping 33.55 in the 200 breast; Zoe Ackerman, cutting 35.02 off the 100 breast; Thadd Kerns, slicing 38.02 off the 200 free; and Spencer Shelton, dropping 2:38.05 off the 200 free. Way to go!

The following swimmers **dropped time in all** of their events:

Zoe Ackerman	Callie Kerstetter	Charlotte Ouzts
Lars Arne	Anna Klear	Josh Reed
Skyler Austin	Charlotte Knoth	Hanley Rolando
Rhodes Barrell	Ryan Kurowski	Gina Scianandre
Brennan Bermudez	Parker Lantz	Savannah Shank
Ella Burchett	Violet Lantz	Reagan Shaw
Jaclynn Buzek	Landon Lawrence	Luke Shnowske
Evan Dwyer	Elin Lofgren	Barrett Treiber
Annabelle Evans	Eleanor McHose	Avery Walker
Nora Fountain	Grace Mortier	Madison Wall
Kallie Harper	Violet Mortier	Anna Wang
Emerson Henshaw	Brendan Moser	Gabriel Wang
Olivia Jackson	Jay Myslak	Hayden Watkins
Josie Jacobs	Zoe Norkunas	Lilly Younica
Thadd Kerns	Sebastian Olds	

The following swimmers have achieved **new state cuts** for the Virginia Short Course State Championships in March:

Skyler Austin – Girls 11-12 50BK	Tessa Long – Girls 11-12 50BR, 100BR, 200BR
Brennan Bermudez – Boys 11-12 200FR, 200BR	Jiayi Qi – Boys 11-12 50FR, 50BR
Grant Carstarphen – Boys 10&U 50FL, 100IM	Brooke Quinn – Senior 50FR
Kallie Harper – Girls 10&U 50FR, 100IM	Misha Radkevich – 50BR
Lucas Landers – Senior 100BK	Wyatt Sylvester – Senior 200IM
Landon Lawrence – Boys 11-12 50FR, 50BK, 100IM	Lilly Younica – Girls 13-14 100FR, 200FR

Congratulations to Reid Kessel, who set a **Team Record** in the 8 & Under 200IM with a time of 3:24.26. Way to go, Reid!

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Every four years following an Olympic year, USA Swimming updates its Motivational Time Standards for age group swimmers. Motivational Time Standards give swimmers specific milestones to strive for as their times improve and can also be used to control the size of swim meets. The times standards are in Short Course Yards (SCY), Short Course Meters (SCM), and Long Course Meters (LCM). They are then broken down into Girl's/Women's times and Boy's/Men's times by age into 10 & Under, 11-12, 13-14, 15-16 and 17-18 age groups. Next, each stroke for a given course is listed. Finally, six letter designations are listed; from slowest to fastest on a national basis:

AAAA: Top 2% of swimmers in your age group  
 AAA: Top 6% of swimmers in your age group  
 AA: Top 8% of swimmers in your age group  
 A: Top 15% of swimmers in your age group  
 BB: Top 35% of swimmers in your age group  
 B: Top 55% of swimmers in your age group

Motivational standards are set on a four year, or quad, base. The current standards were just reset in August and are effective starting on 9/1/2024 and running through 8/31/2028. Congratulations to the following swimmers who achieved **new time standards** at the Fall Fiesta meet:

#### **“AAA” Time**

Brennan Bermudez – 50FR  
 Knox O'Brien – 50FL  
 Lilly Younica – 50FR, 100FR, 200FR, 200IM

#### **“AA” Time**

Brennan Bermudez – 100FR, 200FR, 200BR  
 Grant Carstarphen – 50FR, 100FR, 50FL  
 Finley Dameron – 100FR  
 Keller Hamilton – 50FR  
 Kallie Harper – 50FR, 50BK, 100IM, 200IM  
 Lucas Landers – 100BK  
 Landon Lawrence – 50BK  
 Tessa Long – 100BR, 200BR  
 Jiayi Qi – 50BK  
 Brooke Quinn – 100FL  
 Misha Radkevich – 200BK  
 Oliver Voss – 200BK

#### **“A” Time**

Skyler Austin – 50FR, 50BK, 50FL  
 Alivia Ballin – 50FR  
 Grant Carstarphen – 100IM  
 Keller Hamilton – 100FR, 200FR  
 Emerson Henshaw – 50FR, 100FR  
 Callie Kerstetter – 200BR  
 Olivia Kolar – 50FR, 100FR  
 Landon Lawrence – 50FR, 100BR, 100IM  
 Bergen Lofgren – 50FR  
 Tessa Long – 50FR, 200IM  
 Grace Mortier – 50FR  
 Lawson Parkhouse – 50FR  
 Jiayi Qi – 50FR, 100FR, 50BR  
 Owen Quinn – 50FR, 100FR  
 Misha Radkevich – 50BR  
 Gina Scianandre – 50BR  
 Graf Treiber – 50BK  
 Oliver Voss – 50FL

#### **“BB” Time**

Lars Arne – 100FR, 100IM  
 Skyler Austin – 50BR  
 Alivia Ballin – 50BR, 50FL  
 Rhodes Barrell – 50FR, 50BK  
 Brennan Bermudez – 200BK  
 Jaclynn Buzek – 100FL  
 Elizabeth Evans – 100FR, 50BR, 100IM  
 Harper Fly – 200BK  
 Nora Fountain – 50FR, 100FR, 200FR, 50BK, 50BR, 50FL, 100IM  
 Bryce Grimm – 50FR  
 Keller Hamilton – 50BK, 50BR, 50FL  
 Makai Hamilton – 50FR  
 Max Han – 100BK, 50FL  
 Will Hartig – 100BK  
 Mia Heavens – 50FR, 50BK  
 Josie Jacobs – 50BK, 100BK, 50BR, 100BR  
 Calum James – 50FR, 100FR, 200FR, 100IM  
 Desmond James – 100BR  
 Callie Kerstetter – 50FR, 100FR, 50BK, 50BR  
 Evie Kessel – 50BK  
 Reid Kessel – 50BK, 100BK  
 Anna Klear – 50BK, 50FL  
 Parker Lantz – 50BK  
 Noah Levin – 200FR, 100FL  
 Bergen Lofgren – 100BK  
 Libby Long – 50BK  
 Matthew Long – 100FR  
 Grace Mortier – 100FR, 200FR, 50BK, 50BR  
 Aerial McCormick – 200FL  
 Eleanor McHose – 50FR, 50BR, 50FL, 100IM  
 Knox O'Brien – 50BR  
 Jiayi Qi – 200BK, 200BR  
 Josh Reed – 100FR  
 Gina Scianandre – 50FR  
 Kaylynn Schleicher – 100BK

Luke Shnowske – 50BR  
Barrett Treiber – 100FR, 50BR  
Graf Treiber – 50FR  
Madison Wall – 100FR, 100IM  
Anna Wang – 50FR, 50BK, 50BR, 100BR, 100IM  
Hayden Watkins – 50FR, 100FR, 200FR, 50BK, 50FL, 100IM

**“B” Time**

Joel Barrell – 100FR  
Rhodes Barrell – 100FR, 200BR, 50FL  
Ella Burchett – 100FR, 50BK, 100BR  
Tatiana Dwyer – 50FR, 50BR  
Annabell Evans – 50FR, 100FR, 200FR, 50BK, 100BK, 50BR, 100BR  
Cameron Finley – 100BK  
Jonathon Finley – 100BK  
Kimber Freeman – 100IM  
Kyra Gregory – 50FR  
Bryce Grimm – 200FR  
Max Han – 50FR, 100FL  
Mia Heavens – 200FR, 100BK, 50BR, 100BR  
Josie Jacobs – 100FR  
Evie Kessel – 50FL, 100IM  
Reid Kessel – 50FR, 100FR, 200IM

Andrew Kolar - 100BR  
Ryan Kurowski – 50BK  
Parker Lantz – 50FR, 100FR, 100FL  
Elin Lofgren – 100FR  
Matthew Long – 100FL  
Devon McKinney – 50FR  
Nora Moffitt – 50FR, 100BK  
Grace Mortier – 50FL, 100BR  
Alex Musteata – 50BK  
Zoe Norkunas – 50BK  
Josh Reed – 100FL, 200IM  
Blanka Rosler – 200FR, 50BR  
Josie Schleicher – 50FR  
Gina Scianandre – 50BK  
Reagan Shaw – 200IM  
Ben Sleeth – 200IM  
Jack Sleeth – 10BK  
Wren Snyder – 50BR, 100BR  
Noah Taliaferro – 50FR  
Barrett Treiber – 200BR  
Avery Walker – 50FR  
Madison Wall – 50FL  
Hayden Watkins – 50BR