



For the sixth year, 757swim hosted this mid-season championship meet. The Grand Illumination is always an exciting meet where we see plenty of swimmers with best times, state cuts, and tons of fun and festive spirit. On the weekend of December 2 – 4, 757swim hosted the meet at the brand new Hampton Virginia Aquaplex. Over 600 swimmers from 9 teams attended, including 193 swimmers representing 757swim. At this championship meet, the top 24 swimmers in each age group came back for finals each evening in both the Grand and Illumination formats. Congratulations to all of the swimmers and coaches, parents and families, and the many, many volunteers it took to make this meet the success it was. We couldn't have done it without you!!

We had 15 new swimmers for whom the Grand Illumination meet was their first short course swim meet with 757swim. Congratulations to the **new 757swimmers** who competed in their first meet with the team:

Emma Beringer	Batman Myslak	Ben Snyder
Emma Claire Causey	Brody Rich	Lennon Toji
Grace Mortier	Mason Schroth	Luka Toji

28 swimmers are members of the **"double-digit drop"** club at this meet and of those, 6 dropped doubles in two events:

Lars Arne	Rylee Freeman	Elsie Nast
Cal Dameron	Will Hartig	Alyssa White

The **top 5 time drops** go to Elsie Nast, dropping 25.42 in the 100 back; Keely Condon, chopping 25.98 in the 100 free; Emmalyn Spaulding, cutting 26.26 off the 100 free, Caroline Schultz, slicing 28.32 off the 500 free; and Alyssa White, dropping a whopping 2:48.47 off the 1650 free. In addition, 43 swimmers dropped time in all of their events. Way to go!

Jaya Ananthram	Griffin Harris	Sebastian Olds
Georgie Aponte	Addy Heyward	Brooke Quinn
Grayson Asbell	Noah Hoffman	Andrey Radkevich
Cole Brenner	Vince Husband	Kylee Santos
Cate Burchett	Calum James	Kaylynn Schleicher
Cash Butcher	Jostin Keithley	Kody Schram
Anson Butler	Henry Kurek	Sam Shnowske
Silas Cole	Lucas Landers	Moiria Sokolowsky
Bryson Cory	Clara Lantz	Emmalyn Spaulding
Morgan Dean	Parker Lantz	Isaac Stamper
Ella Edmonds	Bella Levin	Avery Walker
Brooke Ericsson	Parker Miller	Mia Weisiger
Harper Fly	Abby Minor	Mallory Grace Williams
Rylee Freeman	Emma Montgomery	
Alex Gianoukos	Elsie Nast	

Congratulations to the following swimmers have achieved **new state cuts** for the Virginia Short Course Age Group and Senior State Championships in March:

Georgie Aponte: Senior 1650FR	Lili Guerrero: Senior 200BR
Holly Brundage: Senior 50FR, 100FR, 100FL	Will Hartig: Boys 13-14 50FR
Jaclynn Buzek: Girls 11-12 100BR	Addy Heyward: Senior 100BR
Peyton Cleary: Girls 13-14 50FR, 100BK	Emerson Henshaw: Girls 11-12 50BR
Campbell Daniel: Girls 13-14 100FL	Mason Hibbard: Boys 13-14 100BR, 200BR
Brooke Ericsson: Girls 13-14 200FR, 500FR, 100BK, 200BK	Vince Husband: Boys 13-14 100BR
Remington Freeman: Girls 11-12 50FR, 100FR	Jimmy Jacobs: Boys 11-12 50FL

Justin Keithley: Boys 13-14 200FR, 200BR
 Robert Lamerdin: Boys 13-14 100BK, 200BK
 Lucas Landers: Senior 100FR, 200FR, 1650FR
 Bella Lorack: Girls 13-14 200IM
 Knox O'Brien: Boys 9-10 50FR, 100IM
 Brooke Quinn: Girls 13-14 50FR
 Andrey Radkevich: Senior 200FR, 100BR

Misha Radkevich: Boys 9-10 200FR
 Isaac Stamper: Senior 100FR
 Matthew Shnowske: Senior 100FL
 Moira Sokolowsky: Girls 13-14 200FR, 500FR
 Oliver Voss: Boys 9-10 50FR, 200FR
 Alyssa White: Girls 13-14 50FR, 200FR, Senior 1650FR
 Lilly Younica: Girls 11-12 400IM

The following swimmers who have achieved **Futures Championship cuts** for this USA Swimming meet to be held in Richmond in July 2023. Awesome job!

Addy Heyward: 200 free (1:52.26), 100 breast (1:05.96), 100 fly (56.72)
 Emma Liebler: 200 fly (2:05.01)
 Matthew Shnowske: 400 IM (4:04.81)

The Women's 400 Free Relay team comprised of Holly Brundage, Addy Heyward, Emma Liebler, and Anna Shnowske raced a very fast 4:26.68 to earn a **Winter Junior Championship cut** for this meet to be held later in December. Way to go, ladies!!

Finally, congratulations to Will Hartig, who broke the 1650 free 13-14 boys team record with a time of 16:59.02. Amazing swim!!

Top 8 Grand Individual Finishers	
Jaya Ananthram	3 rd – 200 Back
Ava Beringer	6 th – 200 Breast
Brennan Bermudez	3 rd – 200 Back, 5 th – 200 Breast
Aiden Butler	5 th – 200 Fly
Anson Butler	4 th – 200 Breast, 6 th – 100 Breast
Jaclynn Buzek	2 nd – 200 Breast, 3 rd – 100 Breast, 3 rd – 500 Free, 3 rd – 50 Breast, 4 th – 200 IM, 8 th – 100 Free
Bryson Cory	4 th – 200 Breast
Finley Dameron	4 th – 200 Free, 5 th – 100 IM, 6 th – 100 Breast, 8 th – 50 Free
Ellie Davis	5 th – 200 Back, 8 th – 200 Breast
Morgan Dean	5 th – 400 IM, 7 th – 100 Breast, 8 th – 200 Free
Lindsey Ericsson	6 th – 50 Back
Remington Freeman	2 nd – 200 Free, 2 nd – 100 Free, 2 nd – 200 IM, 2 nd – 50 Fly, 3 rd – 100 IM, 3 rd – 50 Free, 4 th – 100 Back, 4 th – 500 Free, 6 th – 100 Breast
Alex Gianoukos	7 th – 100 Fly, 8 th – 200 Free
Emerson Henshaw	2 nd – 100 Breast, 3 rd – 400 IM, 3 rd – 200 Breast, 4 th – 50 Breast, 7 th – 100 IM, 8 th – 200 IM
Addison Hoadley	2 nd – 200 Back, 5 th – 100 Fly
Noah Hoffman	5 th – 50 Free
Vince Husband	1 st – 100 Breast, 2 nd – 200 Breast
Walker Keithley	8 th – 500 Free
Jimmy Jacobs	1 st – 50 Free, 2 nd – 50 Back, 2 nd – 10 Free, 2 nd – 50 Fly, 3 rd – 100 Back, 3 rd – 50 Breast, 4 th – 100 Breast
Hadley James	5 th – 50 Back
Noah Levin	6 th – 100 Fly, 8 th – 200 IM, 8 th – 50 Fly
Knox O'Brien	4 th – 50 Back, 7 th – 100 IM
Lawson Parkhouse	4 th – 200 Breast, 4 th – 50 Breast, 6 th – 200 IM, 6 th – 50 Fly
Avery Parks	2 nd – 200 Breast, 3 rd – 200 IM, 5 th – 200 Back
Evan Petrie	8 th – 1650 Free
Owen Quinn	5 th – 500 Free, 6 th – 100 Breast, 7 th – 200 Free, 8 th – 100 Free

This information is compiled by team volunteers. Please forgive any mistakes and email corrections to info@757swim.com.

Misha Radkevich	5 th – 200 Free, 5 th – 100 Free, 6 th – 100 IM, 6 th – 50 Free, 7 th – 50 Fly
Brody Rich	8 th – 50 Free
Kaylynn Schleicher	6 th – 50 Fly
Kody Schram	2 nd – 200 Fly
Caroline Schultz	4 th – 200 Breast
Sam Shnowske	1 st – 200 Fly
Brennan Spaulding	6 th – 50 Back, 8 th – 100 Breast
Emmalyn Spaulding	8 th – 50 Back
Isaac Stamper	1 st – 200 Fly, 2 nd – 50 Free, 2 nd – 100 Back
Mary Grace Tracey	6 th – 100 Fly, 8 th – 200 Free
Oliver Voss	5 th – 50 Back
Mallory Grace Williams	1 st – 50 Back, 3 rd – 100 Free, 3 rd – 50 Fly, 4 th – 100 IM, 5 th – 50 Free, 5 th – 100 Back, 6 th – 50 Breast
Elly Younica	8 th – 400 IM
Lilly Younica	1 st – 100 Fly, 1 st – 400 IM, 1 st – 100 Back, 2 nd – 500 Free, 4 th – 50 Free

Top 8 Individual Finishers (8 & Under)

Grayson Asbell	1 st – 25 Fly, 3 rd – 100 Free, 5 th – 50 Back, 5 th – 100 IM
Reagan Blanchard	7 th – 50 Back
Riley Blanchard	2 nd – 25 Breast, 3 rd – 25 Back, 3 rd – 25 Fly, 6 th – 25 Free
Ella Burchett	8 th – 50 Free
Penny Butcher	5 th – 25 Breast, 7 th – 50 Free
Silas Cole	3 rd – 25 Fly, 5 th – 25 Free, 8 th – 25 Back
Cal Crocker	3 rd – 25 Back, 3 rd – 50 Free, 6 th – 25 Free, 7 th – 25 Fly
Cal Dameron	1 st – 25 Free, 2 nd – 25 Breast, 2 nd – 50 Free, 4 th – 25 Back
Kimber Freeman	4 th – 100 Free, 5 th – 50 Back, 6 th – 25 Fly, 8 th – 25 Back
Caroline Heath	6 th – 50 Back, 7 th – 25 Free, 7 th – 25 Fly
Calum James	4 th – 25 Free, 6 th – 25 Back, 6 th – 25 Fly, 6 th – 100 IM
Desmond James	6 th – 25 Breast, 6 th – 50 Free, 6 th – 50 Back, 7 th – 100 IM
Parker Lantz	4 th – 50 Free, 5 th – 25 Free, 7 th – 25 Free
Dylan Littleton	7 th – 25 Breast
Parker Miller	5 th – 25 Back, 6 th – 25 Breast, 8 th – 25 Fly
Jackson Mazzitti	8 th – 50 Back
Emma Montgomery	1 st – 25 Breast, 2 nd – 100 Free, 3 rd – 25 Free, 4 th – 25 Back
Gavin Montgomery	5 th – 50 Free
Olivia Patrick	1 st – 25 Free, 1 st – 25 Fly, 1 st – 100 IM, 2 nd – 50 Back
Mason Schroth	7 th – 50 Free
Ben Sleeth	2 nd – 25 Free, 2 nd – 25 Back, 3 rd – 25 Breast, 4 th – 50 Back
Anna Wang	6 th – 50 Free

Top 8 Illumination Individual Finishers

Georgie Aponte	3 rd – 1650 Free, 5 th – 500 Free, 6 th – 200 Breast, 8 th – 400 IM
Parvaneh Bonyadlou	7 th – 200 Fly
Holly Brundage	4 th – 100 Back, 4 th – 200 Back, 5 th – 200 Free, 6 th – 100 Fly, 8 th – 100 Free
Peyton Cleary	7 th – 50 Free
Campbell Daniel	8 th – 100 Fly
Brooke Ericsson	4 th – 200 Back, 7 th – 500 Free, 8 th – 200 Free, 8 th – 100 Back
Lili Guerrero	5 th – 200 Breast

Will Hartig	1 st – 100 Breast, 1 st – 400 IM, 1 st – 200 Breast, 1 st – 1650 Free, 2 nd – 200 Free, 2 nd – 500 Free, 8 th – 100 Free
Addy Heyward	1 st – 100 Fly, 1 st – 200 IM, 2 nd – 200 Free, 3 rd – 100 Breast
Mason Hibbard	4 th – 200 Breast, 6 th – 100 Breast, 6 th – 200 IM, 7 th – 50 Free
Jostin Keithley	4 th – 100 Free, 4 th – 200 IM, 5 th – 100 Breast, 5 th – 200 Breast, 6 th – 200 Free, 6 th – 100 Back
Louisa Lamerdin	6 th – 100 Back
Robert Lamerdin	3 rd – 200 Back, 5 th – 100 Back
Lucas Landers	1 st – 200 Free, 1 st – 50 Free, 1 st – 500 Free, 1 st – 100 Free, 2 nd – 1650 Free, 2 nd – 100 Fly, 2 nd – 200 Fly, 2 nd – 200 IM, 3 rd – 400 IM
Finn Leggett	3 rd – 50 Free
Bella Levin	6 th – 200 Fly, 8 th – 100 Fly
Emma Liebler	1 st – 100 Fly, 1 st – 200 Fly, 1 st – 50 Free, 1 st – 100 Back, 2 nd – 200 Back, 3 rd – 100 Free
Bella Lorack	4 th – 200 IM, 6 th – 50 Free
Brooke Quinn	2 nd – 500 Free, 5 th – 400 IM, 5 th – 200 IM, 6 th – 200 Free, 6 th – 100 Breast, 8 th – 200 Breast
Andrey Radkevich	2 nd – 200 Free, 2 nd – 50 Free, 2 nd – 100 Free, 4 th – 100 Breast, 4 th – 100 Back
Trinity Schulze	1 st – 100 Breast, 1 st – 200 Breast
Anna Shnowkse	1 st – 200 Free, 1 st – 100 Free, 1 st – 200 IM, 2 nd – 100 Fly, 3 rd – 400 IM
Matthew Shnowske	1 st – 200 Free, 1 st – 100 Fly, 1 st – 400 IM, 1 st – 200 Fly, 1 st – 500 Free, 1 st – 100 Free, 1 st – 200 IM, 1 st – 1650 Free
Moira Sokolowsky	4 th – 500 Free, 8 th – 400 IM, 8 th – 200 Fly
Isaac Stamper	5 th – 200 IM, 6 th – 200 Back, 7 th – 100 Free
Sean Thomas	1 st – 50 Free, 1 st – 100 Back, 1 st – 200 Back, 3 rd – 100 Fly, 3 rd – 100 Free
Alyssa White	3 rd – 1650 Free, 4 th – 50 Free

Motivational time standards give swimmers specific milestones to strive for as their times improve. Congratulations to the following swimmers who achieved **new time standards** at the Grand Illumination meet:

“AAAA” Time

Addy Heyward – 200IM
Lucas Landers – 100FR

“AAA” Time

Holly Brundage – 100FR, 200FR
Will Hartig – 200BR, 400IM
Addy Heyward – 100BR
Jimmy Jacobs – 50FR
Lucas Landers – 50FR, 500FR
Brooke Quinn – 50FR, 500FR
Andrey Radkevich – 200FR
Trinity Schulze – 100BR, 200BR
Sean Thomas – 50FR
Alyssa White – 50FR

“AA” Time

Georgie Aponte – 1650FR
Charlotte Basic – 50FR, 100FR
Peyton Cleary – 100BK, 200BK
Campbell Daniel – 200FR, 100FL, 500FR
Brooke Ericsson – 50FR, 100FR, 200FR, 100BK, 200BK
Remington Freeman – 50FR
Will Hartig – 50FR, 100BR
Mason Hibbard – 200FR
Jimmy Jacobs – 100FR, 50BK

Jostin Keithley – 50FR, 200FR, 200IM

Lucas Landers – 100FL, 100FL

Bella Levin – 50FR, 100FL

Bella Lorack – 200FR, 200IM

Brooke Quinn – 200IM, 400IM

Andrey Radkevich – 100BR, 200IM

Misha Radkevich – 100BK

Matthew Shnowske – 100FL

Moira Sokolowsky – 50FR, 100FR, 200IM, 400IM

Alyssa White – 200FR, 1650FR

Lilly Younica – 400IM

“A” Time

Georgie Aponte – 100FR

Charlotte Basic – 200FR, 100BR, 200BR, 200IM

Parvaneh Bonyadlou – 100FL

Peyton Cleary – 200FR, 200IM

Remington Freeman – 200FR, 100BK, 50FL

Lili Guerrero – 100BR, 200BR

Noah Hoffman – 50FR

Natalie Haas – 100FR, 200FR, 500FR

Emerson Henshaw – 100BR

Mason Hibbard – 100BR, 200BR, 200IM, 500FR

Vince Husband – 100BR

Jimmy Jacobs – 50FL

Jostin Keithley – 100BR, 200BR, 100FL

Robert Lamerdin – 50FR, 100BK, 200IM
Bella Levin – 200FR, 100BK, 200IM
Elsie Nast – 200FR, 200IM, 500FR, 400IM, 1650FR
Knox O'Brien – 50FR, 100IM
Avery Parks – 50FR
Brooke Quinn – 100BR
Moira Sokolowsky – 100FL
Isaac Stamper – 50BK, 200BK
Oliver Voss – 50FR, 200FR, 100BK
Mallory Grace Williams – 50FR, 100FR, 100IM

“BB” Time

Seva Ananthram – 50FR
Lars Arne – 50FL
Alivia Ballin – 200IM
Charlotte Basic – 200BK
Taraneh Bonyadlou – 100BR, 200FL
Cole Brenner – 500FR
Anson Butler – 100BK, 100BR, 200BR
Morgan Dean – 100BR
Lindsey Ericsson – 100BK, 50BR, 100IM
Harper Fly – 50FR, 100BK
Rylee Freeman – 50FR
Emerson Henshaw – 100IM, 200IM
Vince Husband – 200BR
Hadley James – 100BR, 100IM
Elsie Nast – 100BK, 100BR
Avery Parks – 100BK, 200BK
Kaylynn Schleicher – 50FR, 50FL
Kody Schram – 100BK, 200BK, 200IM
Gina Scianandre – 50BR
Lizzy Shivers – 50FR
Sam Shnowske – 50FR, 100FL
Mia Wesiger – 100FL
Elly Younica – 100BK

“B” Time

Jaya Ananthram – 50FR, 100FR, 50FL
Arden Aponte – 50FR, 200FR, 100BK
Ava Beringer – 50FR, 200BR
Charlotte Basic – 100BK
Bethany Brisson – 100BK
Zoe Bruhl – 200BR
Aiden Butler – 200FR, 200FL
Bryson Cory – 200BK
Cal Dameron – 50BK
Braylee Fleming – 50BK
Harper Fly – 50FL
Rylee Freeman – 200FR, 500FR
Alex Gianoukos – 200FR, 100IM
Alayna Hall – 100FR, 200FR
Griffin Harris – 50FR, 100BK
Emerson Henshaw – 400IM
Addison Hoadley – 50FR
Vince Husband – 100FL, 200IM
Clara Lantz – 100BK, 50BR
Noah Levin – 50FR, 200FR, 100BK
Matthew Long – 200BR, 200IM
Eleanor McHose – 200IM
Ellie O'Brien – 50FR, 100FR, 200FR
Sophia Olds – 100FR
Bethany Pearson – 50BR
Evan Petrie – 1650FR
Jack Qi – 50FR
Mason Saless – 50FL, 200IM
Kody Schram – 50FR
Luke Shnowske – 100FR, 100BR
Caroline Schultz – 500FR
Jack Sleeth – 100IM, 200IM
Brennan Spaulding – 50FR
Emmalyn Spaulding – 50BK