



## 2024 IMR/IMX Season Kickoff Meet Report

757swim started the 2024-2025 short course season by hosting 400 swimmers at the IMR/IMX Season Kickoff meet on October 11-13 at our home pool, the 757swim Aquatics Center in Williamsburg. Congratulations to the 130 757swim teammates who launched the season with this challenging meet and thank you to all of the parents and volunteers that made the meet possible.

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USA Swimming's IM Xtreme Challenge (IMX) is a national program that encourages all-around athlete development and allows swimmers to track their times against other swimmers all across the nation. By swimming a specific program of events, a swimmer can see where they rank against their teammates, their region, and across the USA. IM Ready (IMR) is the little brother of IM Xtreme, tailored toward developing swimmers by swimming shorter distances and keeping track of improvements.

Rankings in the program are based on power points, a system developed by USA Swimming. An IMR or IMX score is only established after a swimmer has swum all of the events required for their age in a sanctioned meet since the start of the current season. Both short and long course seasons start September 1 and end August 31 for IMR/IMX purposes. USA Swimming automatically scores and calculates results for all athlete members.

The IMX ranking includes a series of five or six events at longer distances. Once you've completed the IMX program, you can find out where your IMX score ranks nationally, within your zone, within your LSC rank and on your club. The events to qualify for an IMX score are:

- 10 & Under: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
- 11-12: 400 Free (LC) or 500 Free (SC), 100 Back, 100 Breast, 100 Fly, 200 IM
- 13-18: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

The first step in the IMX Challenge is IMR. To get "IM Ready," swimmers compete in a series of five events at shorter distances. The events to qualify for an IM Ready score are:

- 10 & Under: 100 Free, 50 Back, 50 Breast, 50 Fly, 100 IM (SC) or 200 IM (LC)
- 11-12: 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM (SC) or 200 IM (LC)
- 13-18: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

Congratulations to all of the 757swimmers who completed in the IMX/IMR meet. For many, this meant challenging themselves with new strokes, distances, and/or events that they have not swum before.

### Top Ranked IMX Scores:

Brooke Quinn (15)	4013	Oliver Voss (11)	3015	Landon Lawrence (12)	2532
Anna Shnowske (16)	4012	Brooke Ericsson (15)	3009	Kallie Harper (10)	2449
Wyatt Sylvester (15)	3896	Jiayi Qi (11)	2982	Finn Leggett (16)	2435
Lilly Younica (13)	3961	Misha Radkevich (12)	2982	Shawn Arne (15)	2377
Will Hartig (15)	3939	Reddick Perkins (10)	2766	Mikah Sun (12)	2324
Emma Liebler (15)	3856	Brennan Bermudez (12)	2684	Anson Butler (15)	2317
Lucas Landers (16)	3557	Knox O'Brien (12)	2641	Lawson Parkhouse (14)	2309
Finley Dameron (13)	3551	Grant Carstarphen (10)	2631	Skyler Austin (12)	2306
Moiria Sokolowsky (14)	3169	Taraneh Bonyadlou (15)	2601	Bryson Cory (17)	2168
Jaclyn Buzek (14)	3121	Emerson Henshaw (13)	2554	Aerial McCormick (12)	2135

### Top Ranked IMR Scores:

Jorge Oquendo (17)	3003	Tessa Long (11)	2627	Max Han (9)	1606
Andrey Radkevich (17)	2903	Desmond James (9)	1868	Bergen Lofgren (12)	1429
Addy Heyward (17)	2858	Natalie Haas (16)	1748	Bryce Grimm (10)	1061

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We had 15 new swimmers for whom the IMR/IMX meet was their first short course swim meet with 757swim. Congratulations to the **new 757swimmers** who competed in their first meet with the team:

Joel Barrell	Cecelia Hart	Nora Moffitt
Kayleigh Beatley	Callie Kerstetter	Nate Riley
Ben Cox	Evie Kessel	Gabby Stalnaker
Robi Cox	Landon Lawrence	Mikah Sun
Bryce Grimm	Libby Long	Wyatt Sylvester

An amazing 56 swimmers **dropped time in all of their events**. Way to go!!

Lars Arne	Callie Kerstetter	Owen Quinn
Skyler Austin	Anna Klear	Misha Radkevich
Alivia Ballin	Andrew Kolar	Brody Rich
Rhodes Barrell	Kaleb Kurowski	Blanka Rosler
Annie Beckhusen Challenger	Lucy Lapetina	Josie Schleicher
Brennan Bermudez	Landon Lawrence	Kaylynn Schleicher
Sebastian Bet	Noah Levin	Gina Scianandre
Grant Carstarphen	Bergen Lofgren	Reagan Shaw
Beau Cockrill	Matthew Long	Jack Sleeth
Finley Dameron	Tessa Long	Gabby Stalnaker
Cameron Finley	Vicky Margiano	Mikah Sun
Jonathan Finley	Ariel McCormick	Noah Taliaferro
Nora Fountain	Eleanor McHose	Barrett Treiber
Keller Hamilton	Devon McKinney	Vaughan Treiber
Max Han	Grace Mortier	Avery Walker
Nikolas Hatjis	Jay Myslak	Madison Wall
Nikolai Iardi	Knox O'Brien	Wren West
Olivia Jackson	Lawson Parkhouse	Jiming Zhou
Desmond James	Jiayi Qi	

There were several Top 3 event finishes for 757swim. Misha Radkevich swam to a top 3 finish in 4 events, and Addy Heyward, Tessa Long, Jorge Oquendo, Andrey Radkevich, and Anna Shnowske impressively swam to a top 3 finish in 5 of their events. Congrats to these swimmers and our other **Top 3** finishers:

Skyler Austin	Desmond James	Jorge Oquendo
Brennan Bermudez	Lucas Landers	Andrey Radkevich
Holly Brundage	Emma Liebler	Misha Radkevich
Grant Carstarphen	Bergen Lofgren	Josie Schleicher
Jonathan Finley	Tessa Long	Anna Shnowske
Natalie Haas	Aerial McCormick	Mikah Sun
Kallie Harper	Reddick Perkins	Oliver Voss
Will Hartig	Brooke Quinn	
Addy Heyward	Knox O'Brien	

The following swimmers have achieved **new state cuts** for the Virginia Short Course State Championships in March:

Skyler Austin – Girls 11-12 100FL	Knox O'Brien – Boys 11-12 100FL
Brennan Bermudez – Boys 11-12 100BR, 100FL, 200IM	Reddick Perkins – Boys 9-10 100BR, 100FL
Grant Carstarphen – Boys 10&U 200FR, 100BR, 100FL, 200IM	Jiayi Qi – Boys 11-12 100BK, 100BR
Jaclyn Buzek – Girls 13-14 500FR	Brooke Quinn – Senior 200FL
Kallie Harper – Girls 10&U 200IM	Mikah Sun – Boys 11-12 100BR
Lucas Landers – Senior 400IM	Oliver Voss – Boys 11-12 500FR
Landon Lawrence – Boys 11-12 500FR	Lilly Younica – Girls 13-14 500FR, 200BR, 400IM

The following swimmers have achieved **new cuts** for the Eastern Zone Sectionals in March:

Brooke Quinn – Senior 200IM  
Lilly Younica – Girls 13-14 500FR

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Motivational time standards give swimmers specific milestones to strive for as their times improve. Congratulations to the following swimmers who achieved **new time standards** at the IMR/IMX meet:

#### **“AAA” Time**

Brooke Quinn – 200IM

#### **“AA” Time**

Skyler Austin – 100FL  
Brennan Bermudez – 100BR, 200IM  
Jaclyn Buzek – 200IM, 400IM  
Grant Carstarphen – 100FL, 200IM  
Finley Dameron – 200IM, 400IM  
Kallie Harper – 200FR  
Lucas Landers – 400IM  
Landon Lawrence – 100BK  
Tessa Long – 50BR  
Bella Lorack – 500FR  
Aeriel McCormick – 100BR  
Knox O’Brien – 100FL  
Reddick Perkins – 100BR, 200IM  
Brooke Quinn – 200FL  
Owen Quinn – 500FR  
Misha Radkevich – 500FR, 100FL, 200IM  
Oliver Voss – 500FR  
Lilly Younica – 200BR

#### **“A” Time**

Skyler Austin – 100BK, 200IM  
Alivia Ballin – 100BK  
Brennan Bermudez – 500FR, 100FL  
Taraneh Bonyadlou – 400IM  
Cole Brenner – 500FR  
Holly Brundage – 200FL  
Grant Carstarphen – 100BK, 100BR  
Keller Hamilton – 500FR  
Emerson Henshaw – 200IM  
Callie Kerstetter – 100BR  
Landon Lawrence – 100FL, 200IM  
Finn Leggett – 200IM  
Tessa Long – 200FR, 100IM  
Aerial McCormick – 100FL, 100IM, 200IM  
Knox O’Brien – 500FR, 100BR, 200IM  
Reddick Perkins – 100FL  
Jiayi Qi – 100BK, 100BR, 200IM  
Brooke Quinn – 200BK  
Mikah Sun – 500FR, 200IM

#### **“BB” Time**

Lars Arne – 500FR, 100BK, 200IM  
Shawn Arne – 200BR  
Skyler Austin – 500FR  
Alivia Ballin – 500FR, 100BR, 100FL  
Rhodes Barrell – 100BR, 200IM  
Jaclyn Buzek – 200BK, 200FL  
Bryson Cory – 500FR, 200FL, 400IM  
Finley Dameron – 200FL  
Brooke Ericsson – 200BR, 200FL  
Elizabeth Evans – 200FR, 100BR, 100FL, 200IM

Harper Fly – 500FR  
Nora Fountain – 100BR, 200IM  
Bryce Grimm – 100FR, 50BK, 50BR  
Keller Hamilton – 100BK, 100BR, 100FL, 200IM  
Makai Hamilton – 100IM  
Caleb Harrell – 200FR  
Mason Hibbard – 200BK  
Calum James – 100BR, 100FL, 200IM  
Desmond James – 50BK, 100IM  
Callie Kerstetter – 500FR, 100BK, 200IM  
Evie Kessel – 100BR, 100FL  
Anna Klear – 100FL  
Landon Lawrence – 500FR, 100BR  
Finn Leggett – 200BK, 200BR, 400IM  
Noah Levin – 500FR, 400IM  
Bergen Lofgren – 200FR, 50BK, 50BR, 100IM  
Matthew Long – 200IM  
Tessa Long – 50BK, 50FL  
Eleanor McHose – 500FR, 100BR, 200IM  
Grace Mortier – 500FR, 100BK, 100FL  
Vicky Margiano – 500FR, 400IM  
Lawson Parkhouse – 200BR, 200FL  
Evan Petrie – 500FR  
Jiayi Qi – 500FR, 100FL  
Owen Quinn – 200IM, 400IM  
Misha Radkevich – 100BK  
Josie Schleicher – 50BK  
Kaylynn Schleicher – 400IM  
Mason Schroth – 50BK  
Gina Scianandre – 100BR  
Luke Shnowske – 100FL  
Ben Sleeth – 100BK, 100FL  
Gabby Stalaker – 100BK  
Mikah Sun – 100BK  
Graf Treiber – 100BK, 200IM  
Barrett Treiber – 500FR, 200IM  
Oliver Voss – 100BR  
Madison Wall – 100BR, 200IM  
Hayden Watkins – 100BK, 100FL, 200IM  
Mallory Grace Williams – 400IM

#### **“B” Time**

Lars Arne – 100FL  
Shawn Arne – 200BK, 200FL  
Joel Barrell – 50BK  
Rhodes Barrell – 500FR, 100BK, 100FL  
Kayleigh Beatley – 200IM  
Zoe Bruhl – 400IM  
Robi Cox – 100FL  
Chloe Cupp – 50BK  
Cameron Finley – 50BK, 50BR, 50FL, 100IM  
Jonathan Finley – 50BK, 50BR, 100IM  
Harper Fly – 100BR  
Nora Fountain – 500FR, 100BK, 100FL  
Bryce Grimm – 100IM

Makai Hamilton – 50BR  
Max Han – 100FR, 50BR, 50FL  
Caleb Harrell – 200IM  
Emerson Henshaw – 200BK, 200FL  
Callie Kerstetter – 100FL  
Evie Kessel – 200FR, 100BK, 200IM  
Andrew Koler – 100FR, 50BR, 100IM  
Noah Levin – 200BR  
Libby Long – 50BK, 50BR  
Matthew Long – 200BK, 200BR  
Vicky Margiano – 200BK, 200BR  
Eleanor McHose – 100FL  
Nora Moffitt – 100FR, 50BK, 50BR, 100IM  
Jack Myslak – 50BK  
Lawson Parkhouse – 200BK  
Evan Petrie – 200FL  
Owen Quinn – 200BK, 200BR, 200FL

Brody Rich – 500FR  
Blanka Rosler – 200IM  
Josie Schleicher – 100FR, 50BR, 100IM  
Kaylynn Schleicher – 200BK, 200BR, 200FL  
Mason Schroth – 100FR, 100IM  
Sam Shnowske – 400IM  
Ben Sleeth – 200FR, 100BR  
Noah Taliaferro – 500FR  
Barrett Treiber – 100BK, 100BR  
Graf Treiber – 200FR, 100BR, 100FL  
Vaughn Treiber – 200BR, 400IM  
Avery Walker – 100BK, 100BR  
Madison Wall – 100FL  
Hayden Watkins – 200FR, 100BR  
Wren West – 100IM  
Mallory Grace Williams – 200FL

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