



## 2024 VSI Short Course Senior Championship Meet Report

On the weekend of February 29 – March 3, the 2024 VSI Short Course Senior Championship Meet held at the Collegiate School Aquatic Center in Richmond hosted over 530 swimmers from 30 teams. 757swim was proud to send 22 of our senior swimmers to this meet, our 2<sup>nd</sup> largest team sent to senior states since 2018 and up from 18 swimmers last year. After a weekend of strong swims, the 757swim women had a 5<sup>th</sup> place finish, the men finished 8<sup>th</sup>, and the team finished in 6<sup>th</sup> place overall, up from 10<sup>th</sup> place last year. The team scored 417 points, up from 307 points last year and 142 from 2022. Of those 417 points, 179 were earned from individuals and 283 from relays. In addition, Anna Shnowske was the Women's 5<sup>th</sup> place individual swimmer with 87 points. It was impressive to see the progress our swimmers have made over the past year. Congratulations to all of the swimmers for their amazing swims, the coaches for their strong guidance, and the families for all of their support.

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This year, Charlotte Basic and Bryson Cory joined the senior states team with new state cuts. In addition, we had nine "freshman" 15-year-old swimmers join the senior team at this Championship meet. Welcome and Cheers to the following swimmers:

Anson Butler  
Peyton Cleary  
Campbell Daniel

William Hartig  
Mason Hibbard  
Finnegan Leggett

Emma Liebler  
Isabella Lorack  
Brooke Quinn

Congratulations to our seniors, Louisa Lamerdin, Matthew Shnowske, and Owen Sines whom we will miss next year.

The following had the 4 largest time drops. Well done!

Georgie Aponte, dropping 14.56 in the 100 back  
Alyssa White, cutting 12.46 in the 1650 free

Will Hartig, chopping 8.26 in the 1000 free  
Brooke Quinn, slicing 7.88 in the 400 IM

Congratulations to the following swimmers have achieved **new cuts** at this meet. Way to go!

For the **2025 VSI Short Course Senior Championship Meet**:

Charlotte Basic – 200 Breast

For the **2024 Eastern Zone Speedo Sectionals Meet** to be held in Christiansburg, VA in March:

Campbell Daniel – 100 Free  
Lucas Landers – 200 IM  
Isabella Lorack – 100 Fly

Finnegan Leggett – 100 Fly  
Brooke Quinn – 400 IM, 200 Breast, 500 Free  
Andrey Radkevich – 200 IM

For the **2024 Futures Championship Meet** to be held in Richmond, VA in July:

Emma Liebler – 100 Back  
Andrey Radkevich – 100 Free

Matthew Shnowske – 100 Free, 200 IM

For the **2024 Winter Junior Nationals Championship Meet** to be held in December:

Anna Shnowske – 100 Free, 50 Free

Finally, congratulations to the following swimmers who set **new team records** at this Championship meet. Great job!

Holly Brundage: Womens 15-16 and Open record in the 200 back with a time of 2:03.82

Anna Shnowske: Womens 15-16 and Open record in the 100 free with a time of 50.20, Womens 15-16 record in the 200 free with a time of 1:48.20, and Womens 15-16 record in the 50 free with a time of 23.29.

Matthew Shnowske: Mens 17-18 and Open record in the 100 free with a time of 1:39.21

Top 32 Individual Finishes		
Holly Brundage	17 <sup>th</sup> – 200 Back TEAM RECORD 25 <sup>th</sup> – 100 Back 29 <sup>th</sup> – 50 Free	0.36 drop  48 <sup>th</sup> seed to 29 <sup>th</sup> place with a 0.18 drop
Campbell Daniel	28 <sup>th</sup> – 100 Free	55 <sup>th</sup> seed to 28 <sup>th</sup> place with a 0.73 drop
Will Hartig	14 <sup>th</sup> – 1000 Free 16 <sup>th</sup> – 1650 Free	21 <sup>st</sup> seed to 14 <sup>th</sup> place with an 8.26 drop 2.94 drop
Addy Heyward	12 <sup>th</sup> – 100 Free 22 <sup>nd</sup> – 200 IM 25 <sup>th</sup> – 50 Free	
Lucas Landers	18 <sup>th</sup> – 500 Free 26 <sup>th</sup> – 200 Free 30 <sup>th</sup> – 100 Fly	38 <sup>th</sup> seed to 18 <sup>th</sup> place with a 6.66 drop 30 <sup>th</sup> seed to 26 <sup>th</sup> place 52 <sup>nd</sup> seed to 30 <sup>th</sup> place with a 1.19 drop
Emma Liebler	4 <sup>th</sup> – 100 Fly 7 <sup>th</sup> – 100 Back 14 <sup>th</sup> – 100 Free 16 <sup>th</sup> – 50 Free	5 <sup>th</sup> seed to 4 <sup>th</sup> place 13 <sup>th</sup> seed to 7 <sup>th</sup> place with a 0.84 drop
Isabella Lorack	29 <sup>th</sup> – 100 Fly	47 <sup>th</sup> seed to 29 <sup>th</sup> place with a 0.60 drop
Brooke Quinn	14 <sup>th</sup> – 1000 Free 21 <sup>st</sup> – 400 IM 21 <sup>st</sup> – 200 Breast 21 <sup>st</sup> – 500 Free	16 <sup>th</sup> seed to 14 <sup>th</sup> place with a 7.04 drop 45 <sup>th</sup> seed to 21 <sup>st</sup> place with a 7.88 drop 49 <sup>th</sup> seed to 21 <sup>st</sup> place with a 4.82 drop 32 <sup>nd</sup> seed to 21 <sup>st</sup> place with a 0.93 drop
Andrey Radkevich	19 <sup>th</sup> – 200 Free 20 <sup>th</sup> – 50 Free 21 <sup>st</sup> – 100 Free	50 <sup>th</sup> seed to 19 <sup>th</sup> place with a 2.44 drop 27 <sup>th</sup> seed to 20 <sup>th</sup> place with a 0.06 drop 34 <sup>th</sup> seed to 21 <sup>st</sup> place with a 0.92 drop
Anna Shnowske	1 <sup>st</sup> – 100 Free TEAM RECORD 1 <sup>st</sup> – 50 Free TEAM RECORD 2 <sup>nd</sup> – 200 Free TEAM RECORD 3 <sup>rd</sup> – 200 Fly 5 <sup>th</sup> – 100 Fly 17 <sup>th</sup> – 200 IM	63 <sup>rd</sup> seed to 1 <sup>st</sup> place with a 1.54 drop 2 <sup>nd</sup> seed to 1 <sup>st</sup> place with a 0.61 drop 3 <sup>rd</sup> seed to 2 <sup>nd</sup> place with a 0.13 drop  9 <sup>th</sup> seed to 5 <sup>th</sup> place with a 0.87 drop 1.85 drop
Matthew Shnowske	3 <sup>rd</sup> – 200 Free TEAM RECORD 5 <sup>th</sup> – 500 Free 10 <sup>th</sup> – 100 Free 10 <sup>th</sup> – 200 Fly 12 <sup>th</sup> – 400 IM	9 <sup>th</sup> seed to 3 <sup>rd</sup> place with a 0.13 drop 1.55 drop 18 <sup>th</sup> seed to 10 <sup>th</sup> place with a 0.72 drop 0.50 drop 13 <sup>th</sup> seed to 12 <sup>th</sup> place
Alyssa White	29 <sup>th</sup> – 1650 Free	12.46 drop

Top 16 Relay Finishes		
Womens 800 Free Womens 400 Free Womens 200 Medley Womens 400 Medley	3 <sup>rd</sup> place – TEAM RECORD 4 <sup>th</sup> place 8 <sup>th</sup> place 9 <sup>th</sup> place	Holly Brundage Addy Heyward Emma Liebler Anna Shnowske
Womens 800 Free	15 <sup>th</sup> place	Campbell Daniel Louisa Lamerdin Isabella Lorack Alyssa White
Womens 200 Medley	14 <sup>th</sup> place from 20 <sup>th</sup> seed	Peyton Cleary Louisa Lamerdin Isabella Lorack Brooke Quinn

*This information is compiled by team volunteers. Please forgive any mistakes and email corrections to [info@757swim.com](mailto:info@757swim.com).*

Womens 200 Free	5 <sup>th</sup> place	Addy Heyward Louisa Lamerdin Emma Liebler Anna Shnowske
Womens 200 Free	11 <sup>th</sup> place from 12 <sup>th</sup> seed	Holly Brundage Peyton Cleary Campbell Daniel Isabella Lorack
Womens 400 Free	14 <sup>th</sup> place	Campbell Daniel Louisa Lamerdin Isabella Lorack Brooke Quinn
Mens 800 Free	8 <sup>th</sup> place – TEAM RECORD	Will Hartig Lucas Landers Andrey Radkevich Matthew Shnowske
Mens 200 Medley Mens 400 Free Mens 200 Free	7 <sup>th</sup> place from 21 <sup>st</sup> seed 7 <sup>th</sup> place from 11 <sup>th</sup> seed 12 <sup>th</sup> place from 15 <sup>th</sup> seed	Lucas Landers Finnegan Leggett Andrey Radkevich Matthew Shnowske

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Motivational time standards give swimmers specific milestones to strive for as their times improve. Congratulations to the following swimmers who achieved **new time standards** at the 2024 VSI Short Course Senior Championship meet:

**“AAAA” Time**

Anna Shnowske – 50FR  
Matthew Shnowske – 200FR, 200FL

**“AAA” Time**

Will Hartig – 100FR  
Louisa Lamerdin – 50FR  
Lucas Landers – 200IM  
Finnegan Leggett – 100FL  
Brook Quinn – 200FR, 400IM  
Andrey Radkevich – 200FR

**“AA” Time**

Campbell Daniel – 200IM  
Will Hartig – 100BR  
Finnegan Leggett – 200FR  
Brooke Quinn – 200 BR

**“A” Time**

Georgie Aponte – 100BK