



## Team Uniform Policy

757swim has a mandatory team uniform. This uniform includes our team suit, team cap, and team t-shirts. Swimmers are required to wear our team suit (see below for technical suits at championship meets), the 757swim orange cap, and designated team t-shirt at all 757swim meets (both home and away). Please see below for details on each piece of the uniform.

### TEAM CAP:

- Swimmers will compete in the Orange 757swim Team Cap. No other swim cap is permitted to compete in.

### SWIMSUITS FOR MEETS (NON-CHAMPIONSHIP MEETS):

- For 757swim meets (both home and away) not designated “Championship Meets,” swimmers will wear the prescribed 757swim TYR Team Suit.

### SWIMSUITS FOR CHAMPIONSHIP MEETS:

We want our developing swimmers to value hard work, skill and technique as the means to improvement. It is appropriate to introduce technical suits to swimmers one stage at a time as they advance in their training. Tech suits such as the Venzo, Avictor, and Invictus are designed to reduce a swimmer’s drag in the water.

- 12 & Under athletes may wear FINA-approved 12 & Under tech suits during championship meets. TYR is our team sponsor and preferred vendor. 757swim recommends the Speedo Aquablade or Arena Powerskin for 10 & Under athletes as an alternative to a kneeskin-style suit.
- 13 & Over Athletes are permitted to wear the Venzo, Avictor, Invictus, Thresher.

\*\*Please note tech suits are **NOT** mandatory\*\*

\*\*For swimmers who are attending non-TYR sponsored championship meets and would like to wear a different brand tech suit, please speak with you coach about a comparable suit\*\*

### TEAM T-SHIRT

- Swimmers must wear designated 757swim t-shirt to meets (both home and away). Coaches will assign which t-shirt for which day of the meet

### Practice Suit

While at practice, revealing bathing suits are not permitted. For example: Brazilian or cheeky cut, G-string, thong or sheer and similar style bathing suits are prohibited. If the staff sees these types of swimwear at practice, you may be asked to change your suit.

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