

MAY 2019

NORTH GYM (ASHLAND)

SUNDAY	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
19 GYM CLOSED	20			21			22			23			24 GYM CLOSED			25 GYM CLOSED		
GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			
MINI LEVEL 1 6-7PM ALYSSA & BRANDON			YOUTH & JUNIOR LEVEL 2 6-7PM TEAL, ALLI, PRESTON			JUNIOR LEVEL 3 6-7:30PM TEAL, BEN			JUNIOR LEVEL 4 INT. 6-7:30PM TEAL, BEN			JUNIOR LEVEL 4 INT. 6-7:30PM TEAL, BEN			JUNIOR LEVEL 4 INT. 6-7:30PM TEAL, BEN			
YOUTH LEVEL 1 6-7PM SUSAN, SARAH			SENIOR LEVEL 2 7-8:30PM ALLI, SARAH			SENIOR LEVEL 5/6 7-8:30PM BRANDON, TYRONE			SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			
INT. JUNIOR LEVEL 1 7-8PM BRANDON, TYRONE						SENIOR LEVEL 3 7:30-9PM						SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			
TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			
CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			
LEVEL 2 & 3 TUMBLE 6-7PM TYRONE			LEVEL 3 TUMBLE 6-7PM BRANDON			LEVEL 3 TUMBLE 6-7PM TYRONE			LEVEL 1 & 2 TUMBLE 6-7PM SUSAN			LEVEL 1 & 2 TUMBLE 6-7PM SUSAN			LEVEL 1 & 2 TUMBLE 6-7PM SUSAN			
FLYER STUNT CLASS 6-7PM TEAL & BEN			LEVEL 2 TUMBLE 7-8PM PRESTON			JUMPS/ CONDITIONING 6-7PM ALLI			LEVEL 3 & 4 TUMBLE 6-7PM ALLI			LEVEL 3 & 4 TUMBLE 6-7PM ALLI			LEVEL 3 & 4 TUMBLE 6-7PM ALLI			
LEVEL 1 & 2 TUMBLE 7-8PM SUSAN						LEVEL 4 & 5/6 TUMBLE 6-7PM BRANDON			OPEN TUMBLE SESSION 7:30-8:30PM SUSAN			OPEN TUMBLE SESSION 7:30-8:30PM SUSAN			OPEN TUMBLE SESSION 7:30-8:30PM SUSAN			
						LEVEL 3 TUMBLE 7:30-8:30PM BEN												
26 GYM CLOSED	27 GYM CLOSED			28			29			30			31			1 JUNE		
MEMORIAL DAY			MEMORIAL DAY			MEMORIAL DAY			MEMORIAL DAY			MEMORIAL DAY			MEMORIAL DAY			
GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			GROUP EVALUATIONS			
MINI LEVEL 1 6-7PM ALYSSA & BRANDON			YOUTH & JUNIOR LEVEL 2 6-7PM TEAL, ALLI, PRESTON			JUNIOR LEVEL 3 6-7:30PM TEAL, BEN			JUNIOR LEVEL 3 6-7:30PM TEAL, BEN			JUNIOR LEVEL 4 INT. 6-7:30PM TEAL, BEN			JUNIOR LEVEL 4 INT. 6-7:30PM TEAL, BEN			
YOUTH LEVEL 1 6-7PM SUSAN, SARAH			SENIOR LEVEL 2 7-8:30PM ALLI, SARAH			SENIOR LEVEL 5/6 7-8:30PM BRANDON, TYRONE			SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			
INT. JUNIOR LEVEL 1 7-8PM BRANDON, TYRONE						SENIOR LEVEL 3 7:30-9PM			SENIOR LEVEL 3 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			SENIOR LEVEL 4 7:30-9PM			
TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			TUMBLE CLASSES			
CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			CLASS TIME INSTRUCTOR			
LEVEL 2 & 3 TUMBLE 6-7PM TYRONE			LEVEL 3 TUMBLE 6-7PM BRANDON			LEVEL 3 TUMBLE 6-7PM TYRONE			LEVEL 3 TUMBLE 6-7PM TYRONE			LEVEL 1 & 2 TUMBLE 6-7PM BRANDON			LEVEL 1 & 2 TUMBLE 6-7PM BRANDON			
FLYER STUNT CLASS 6-7PM TEAL & BEN			LEVEL 2 TUMBLE 7-8PM PRESTON			JUMPS/ CONDITIONING 6-7PM ALLI			JUMPS/ CONDITIONING 6-7PM ALLI			LEVEL 3 & 4 TUMBLE 6-7PM ALLI			LEVEL 3 & 4 TUMBLE 6-7PM ALLI			
LEVEL 1 & 2 TUMBLE 7-8PM SUSAN						LEVEL 2 TUMBLE 7-8PM PRESTON			LEVEL 4 & 5/6 TUMBLE 6-7PM BRANDON			OPEN TUMBLE SESSION 7:30-8:30PM BRANDON			OPEN TUMBLE SESSION 7:30-8:30PM BRANDON			
									LEVEL 3 TUMBLE 7:30-8:30PM BEN									
2 JUNE	3 JUNE			4 JUNE			5 JUNE			6 JUNE			7 JUNE			8 JUNE		
TEAL REVEAL 2:00PM			TEAM PRACTICES START			TEAM PRACTICES START			TEAM PRACTICES START			TEAM PRACTICES START			TEAM PRACTICES START			

PRE REGISTER FOR CLASSES ON OUR WEBSITE CHEEREXTREMERICHMOND.COM