



CHEER EXTREME RICHMOND
ALL STAR TRYOUT & EVALUATION PACKET
WELCOME TO THE 2019-2020 ALLSTAR CHEER SEASON!



OVERVIEW & TRYOUT INFORMATION

Cheer Extreme Richmond wants to ensure that each family and athlete fully understands the level of team and financial commitment involved with All Star Cheerleading.

All Star Cheerleading is an exciting sport suitable for the earliest beginner all the way through the most accomplished elite level athlete. As this sport has grown, the All Star Cheerleading industry has created standard divisions and levels to determine and regulate the manner in which competitive teams are to be divided, as well as the rules in which each team must abide and are governed. Teams are formed according to age, total athletes needed and skill level.

DIVISION NAME	ATHLETES "CHEER AGE" (AS OF 8/31/2019)
TINY	3-6 YEARS OLD (NOVICE) 5 & 6 YEARS OLD
MINI	5-8 YEARS OLD
YOUTH	5-11 YEARS OLD (LEVEL 1-3) 8-11 YEARS OLD (LEVEL 4) 9-11 YEARS OLD (LEVEL 5)
JUNIOR	5-14 YEARS OLD (LEVEL 1-3), 8-14 YEARS OLD (LEVEL 4) 9-14 YEARS OLD (LEVEL 5) 10-16 YEARS OLD (INTERNATIONAL – AGE IN 2020)
SENIOR	AGE 11-18 YEARS OLD 14 & UP (INTERNATIONAL)
WORLDS	13 – 18 YEARS OLD 14 & UP (INTERNATIONAL)

TRYOUT DATES

- **MAY 13TH – NEW ATHLETES ONLY, 6:30-8:30PM**
- **MAY 14TH- RETURNING ATHLETES, 6:30-8:30PM**
- **MAY 15TH – NEW, RETURNING & FLYER TRYOUTS, 6:30-8:30PM**

RELAX! This will be an enjoyable process so no need to be nervous 😊

- All NEW athletes to the Full Year All Star program are required to tryout.
- Returners from the 18-19 Full Year All Star season who wish to be moved/crossover to a higher level team ARE REQUIRED to tryout.
- Returners who want to stay on their same team(s)/level ARE NOT required to tryout. These athletes will return after tryouts are complete and attend their evaluation groups they are assigned.
- Tryouts will occur in groups of 5: grouped together first by age and then desired level.
- Each group will briefly stretch and warm-up tumbling when they first arrive in the gym.
- They will demonstrate a running pass first, a second pass if desired, standing tumbling, standing tumbling connected to a toe touch, Hurdler-Toe Touch Jump Combination and body positions on the floor (If trying out as flyer). Bases and back spots will be asked what positions they prefer. The more positions master, the better chance they must make a desired team/level. **Note:** If your athlete doesn't necessarily have the tumbling for a certain level but would like to be considered as a flyer, base or back spot for that level, please indicate that on your evaluation/tryout information card. ***Some athletes will need to be placed on their level appropriate team based on tumbling and crossover to the higher level for stunting position depending on team needs***
- Athletes trying out should wear black on black (black top/black bottoms), hair in high pony with cheer bow. (light makeup is recommended but not Mandatory)
- Returner Evaluation groups will be posted to our website April 30th. (Please keep in mind some athletes may be required to tryout for their team/level again if they did not uphold their responsibilities on their team during the 18-19 season)
- **RESULTS** from tryouts will be posted on our website on Friday May 17th

Coaching staff will evaluate each athlete on the following criteria:

- Tumbling/Jump difficulty & execution
- Athleticism
- Willingness to accept and apply instruction
- Stunting positions (flyer, main base, side base, back spot)
- Tumbler positions (anywhere from 1-6 tumbling positions may be offered on each team),
- Overall attitude and attendance from the past season, if applicable

*Please check the two team box on your Information Card if you wish to be considered for two teams. Crossover considerations are ultimately selected by the coaching staff.

Please Send All Questions Regarding the Tryout & Evaluation Process to cearichmondva@gmail.com

TEAM INFORMATION

PARENT MEETINGS

All parents will need to attend an introductory meeting with Kelly. Please come to the parent meeting that is most convenient for your schedule and prior to our child's tryout, All information given at these meetings will be the same.

Tuesday April 16th @ 7:30 pm

Wednesday April 17th @ 6pm

Thursday May 9th @ 6pm

Team Formations: Athletes will be placed in Evaluation Groups according to their appropriate age and skill level performed at tryouts &/OR work ethic and skills demonstrated from the year prior. Following tryouts, we will utilize the next two weeks to assess the athletes stunting abilities and test their consistency overall with skills required in that level. During this time athletes and parents should expect some shifting through evaluation groups for our staff to best place the athletes in a group that best fits their strengths and consistency overall. Our goal is to create the most competitive and cohesive teams possible; therefore, we want to allow training in these groups to assess the athletes in a team like setting before we finalize teams. Once teams are finalized, the Training/Evaluation Groups will be considered established teams and will be announced at our **Teal Reveal June 2nd**.

*All athletes must attend their mandatory evaluation group practices following tryouts in order to be placed on a Team. During this time, we will be putting stunt groups together and assessing each athlete based on team needs.

Within the year, an athlete/team's competition skill level may change. As with the movement of an athlete, there are occasions in with the coaching staff must reassess skill levels and/or competition levels of any athlete or team. CEA Richmond reserves the right to change an athletes/team's skill level and will make this decision as needed throughout the competition year. Changes to an athlete or teams' level may result in change to an athlete's membership and practice schedules and may be temporary or permanent. We ask parents and athletes to understand that if and we move an athlete, we are doing so in the best interest of that athlete and the teams involved. **PLEASE NOTE THERE ARE NO REFUNDS WHEN/IF THIS OCCURS.**

Team Practices

- **Summer (Begin June 3rd): Teams practice ONCE a week (1 practice will be between Monday – Thursday)**
- **Fall – Spring: Teams practice TWICE a week (1 practice will be Monday – Thursday & 1 practice on Sunday) Sunday Practice begin September 8th**
- **All Athletes are required to attend ONE tumble class a week.**
- **All Flyers are required to attend ONE stunt private and/or class a week.**
 - All Practices are MANDATORY
 - Please note that during certain parts of the season, the parent viewing area may close to spectators. We apologize for any inconvenience, however; our goal is to provide our athletes the most focused atmosphere possible. The final determination and practice schedules will be made after tryouts.
 - Please note ALL Sunday practices are CLOSED.

IMPORTANT PLEASE READ

When you join CEA, you are joining the program, not a specific team. Team placements on initial team rosters are set for choreography purposes by June 29th, 2019. Athletes who do not keep skills performed at tryouts/ during evaluations may be moved to a different team and/or become an alternate for that team. Athletes who showed marked improvement may be moved up. These same rules apply throughout the season and for post season. Rosters are open to change throughout the season as athletes grow out of or into stunt positions. Ultimately, it is up to the Coaching Staff to comprise a team that has shown consistency in the gym before taking the mat. We aren't known for leaving anything up to luck when taking the floor. Athletes must also show consistent attendance and a good attitude throughout the summer in order to keep their spot. Athletes must be hitting full out routines 2 weeks prior to a competition in order to solidify their spot on the competition floor. Please keep in mind that once a routine is learned, only a very unique body can fulfill the expectations of what was created. A re-choreography fee of \$250 will apply to those who leave or are dismissed after choreography.

TEAM INFORMATION CONT.

Attendance

We adhere to a strict attendance policy for all teams

- Once placed on a CEA Richmond Team, it is your responsibility to attend ALL practices.
- Athletes will be allotted **4 TOTAL** absences for the ENTIRE season. These absences must be known 2 weeks prior to the absence and must be accompanied by a documented absence form. The Athlete will also be required to have an approved fill in for the practice being missed.
- **ABSENCES WITHIN THE 2 WEEKS OF COMPETITION WILL BE MARKED UNEXCUSED – NO EXCEPTIONS!** Any athlete not participating in practice the **FULL 2 WEEKS** before a competition may be removed from that competition. **Please be aware this will also apply to the 2 weeks leading up to choreography as well.**
- After 2 unexcused absences, we will have a fill in start learning the routine.
- After 3 unexcused absences, the child will be removed from the following competition and the coaches will discuss removal permanently. **(We have many athletes who have never missed a practice, if you can believe that ☺)**
- You are charged **\$35.00** per unexcused absence.
- A child with a sickness/injury on the day of a practice must notify their TEAM MOM within 2 hours of practice start time and come to the next practice with a doctor's note if diagnosis/ injury required doctors visit and confirmation, for it to be excused. Please DO NOT wait till the last minute to notify as we need time to try to get a fill in for the practice if needed.
- Death in the family and family emergencies are excused.
- Attendance for Routine Choreography & Dance Choreography is **MANDATORY**
- Middle School and High School Sports WILL NOT be counted as an excused absence. If arriving late from MS/HS Sport, you must arrive to practice within 30 Minutes of its start time, or it will be unexcused.

Appearance

- Jewelry is not allowed at practice or at competition; please refrain from having your child get a new piercing during competition season.
- Nails: No long finger nails at any time. Only French Tip, neutral colors, or light pastel colors are allowed during competition season.
- Your child's hair color must stay a natural color throughout the competition season. No blues/purples/pinks/other exotic colors will be allowed on stage.
- **NO extra undergarments are allowed under your skirt (Nike pros, spandex).**
- Each athlete wearing a crop top uniform is mandated by the USASF to have a cover-up while walking around the competition.
- It is very important to keep up with your practice wear. Practice wear is especially used for choreography, out of town practices during competitions, send offs and as requested by the Teams Coaches. If you choose not to wear your practice wear at a practice, we ask that you please wear either CEA apparel or black on black.

REGISTRATION & TUITION EXPENSES

PLEASE READ THROUGH ALL OF THE INFORMATION CAREFULLY PRIOR TO SUBMITTING REGISTRATION FEES AND PAPERWORK

YOU MUST HAVE THE FOLLOWING IN ORDER TO TRYOUT &/OR ATTEND EVALUATION GROUP PRACTICES:

- Registration Fee, Completed Online Registration, Tryout/Evaluation Information Form & Waiver
- Birth Certificate & Photo (New Athletes)
- Cheer Extreme Terms & Conditions Form –Please initial, sign and date
- All outstanding debts must be paid in FULL

Annual Registration Fee (\$10 Discount if Registered by April 30th)

New Athletes

- \$105 per child
- \$130 per family

Returners (from season prior)

- \$80 per child
- \$105 per family

Monthly Tuition (\$15 Discount May 2019) **NEW! ALL Weekday Classes Included in Tuition!**

- \$120 – Tiny/Mini
- \$145 - Youth/Junior/Senior
- \$165 – Senior (Worlds)

\$10 Discount per child after the 1st (Oldest) for Families with Multiple Children – This discount only applies to tuition for June 2019 through April 2020

Monthly Crossover Fee

- \$35 per athlete

CHEER EXTREME RICHMOND CHEERLEADING FINANCIAL POLICIES

2019-2020 All Star Cheerleading Pricing: The All Star Program is offered as a 12-Month Program with payments due monthly from May 2019 through April 2020. *May Tuition will be drafted in full on Monday May 20th. Be sure to take advantage of tumble classes throughout the entire month that are offered. The Calendar for those classes will be posted to our website.

- ***NEW THIS SEASON* Electronic Payments** – All Monthly tuition paid to CEA Richmond for the 2019-2020 Season will be drafted on the 1st business day of every month through bank draft or credit card. **NO EXCEPTIONS!** You must provide banking information during registration. We will be requiring every family to give a credit card as backup to bank account information to ensure payment is collected on time. **Tuition & Comp Fee Payments will no longer be accepted through Venmo beginning May 1st 2019.**
- **NSF:** CEA Richmond transacts business with its bank and online merchant processors and will pass along any NSF fees. The fee will be **\$40.00 per occurrence.**
- **Early Termination:** If you leave or are dismissed from the All Star Cheer Program for ANY reason after June 15th, your account will be charged tuition for the ENTIRE season. If after choreography, you will also be charged an additional \$250.00 routine re-choreography fee. Final dismissal decision is ultimately to Kelly.
- **Refunds:** There are no refunds of competition fees, tuition or registration fees to anyone who leaves or is dismissed from the program regardless of the date of leaving the program. ***We DO NOT charge extra for added practices nor do we discount for gym closings***
- **Late Payment Fees:** Tuition is drafted on the 1st business day of the month. We HIGHLY recommend everyone to enroll in electronic payment drafts for Comp Fees and other Installments. If not, Cash, Check or Money Order is accepted. Payments that are mailed, please allow 7-10 business days for mail delivery. All payments received after the 20th of the month will receive \$25 late fee. If you have a balance of any type after the 25th of the month, your athlete WILL NOT be allowed to participate in practices, privates, purchase apparel or participate in additional activities until the balance is paid in full. If the balance is not resolved by the start of the next Month (1st), the athlete will be removed from the team and possibly the program for the remainder of the year.
- **Competition Arrival:** There is a \$1 fee for every minute the athlete is late or not competition ready (full hair/makeup & uniform) upon their specific Team Meet Time.

COMPETITION AND ADDITIONAL FEE INFORMATION

Competition & Team Fees: The Following Fees will be due in seven (7) installments on July 15th, August 15th, September 15th, October 15th, November 15th, December 15th and January 15th

- **Competition Registration Fees \$300-\$975** (not including Post Season Events – Worlds, Summit, The One)
 - Crossovers pay separately for each competition they attend; however, they only pay once for choreography, music, coaches travel. They will pay the amount for the team with the highest fee for each and/or the team who travels more extensively. Crossover Fees range from \$90-\$200 per competition and will be due by March 15th 2020.
- **Choreography & Music \$100-\$400**
- **Coaches Travel Fees \$80-\$250**
- **Banquet Fee \$35**
- **Administrative Processing \$35**
- **USASF Fee \$30**
- **Summer Skills Camps: \$30-\$100** (depending on team necessity)

Apparel Fees: These fees are due at the time of fitting / order is placed.

- **Uniform:** \$325-\$400 **money is due on the day of the fitting in cash or money order to CEA*
- **Bow:** \$25-\$50 (depending on customization and quantity)
- **Mandatory Practice Wear:** \$200 (2 Sets – CEA Program Wide & CEA Richmond Practice Wear)
- **Makeup:** \$45-\$50

Competition Fees are Non-Refundable (No Exceptions): A lot of effort is put into setting the competition schedule and preparing each routine for the competitions. If your athlete is injured/sick, decides to quit or is removed from the program, we must find a replacement and prepare them for the competition. As a result, competition fees will not be refunded even if your athlete leaves their team prior to competition or otherwise does not attend the competition for any reason. Your athlete will not compete unless all fees are paid. Please DO NOT ask or suggest to our staff any additions/subtractions to the competition schedule for any teams once the schedule is released. It is up to the Coaching Staff if they feel it is necessary to add/subtract a competition for their teams.

Full Year Elite Teams: Teams attend 4-9 competitions each year between October and April. Typically, 4-5 competitions are local (<2 hours away), 3-4 are drivable (<6 hours away), 1-3 may require a flight. This will include our annual Cheer Extreme Showcase in Winston -Salem, NC.

Tiny, Mini, Youth and Junior(Level 1/2) Teams: Travel locally around the DMV Area (D.C., Maryland, Virginia) and have the ability to obtain a bid to a Post Season Event - The One or U.S. Finals (Multiple Locations- end of April to May) and The Summit (Orlando, Florida – early May). If your athlete is on a team that attends one of these post season events, there will be additional expenses.

Junior & Senior Teams: Teams travel extensively and can obtain a bid to a Post Season Event - The One or U.S. Finals (Multiple Locations- end of April to May) and The Summit (Orlando, Florida – early May). If your athlete is on a team that attends one of these post season events, there will be additional expenses.

Senior Worlds Teams: Teams travel extensively and can obtain an At Large or Full Paid Bid to The Cheerleading Worlds held in Orlando, FL at the end of April. If your athlete is on a team that attends Worlds in April there will be additional expenses.

HOLIDAYS AND GYM CLOSURES	
MEMORIAL WEEKEND	May 24 th -May 27 th
SUMMER BREAK	June 30 th – July 6 th
LABOR DAY/BACK TO SCHOOL	August 30 th – September 3 rd
THANKSGIVING BREAK	November 25 th – November 30 th
CHRISTMAS BREAK	December 23 rd – January 1 st
SPRING BREAK	April 6 th – April 12 th