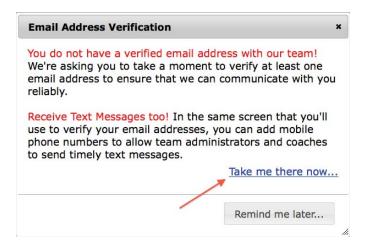
## How to Verify your Email – Method 1

Go to your TeamUnify swim team site and click Sign In. If the Email Address Verification dialog appears, click Take me there now. If you do not see this dialog box, go to the next page and try Method 2.



A Verification Instructions dialog will appear. Read the instructions and click the OK button.



Click email address to verify (1) and click Verify button (2).

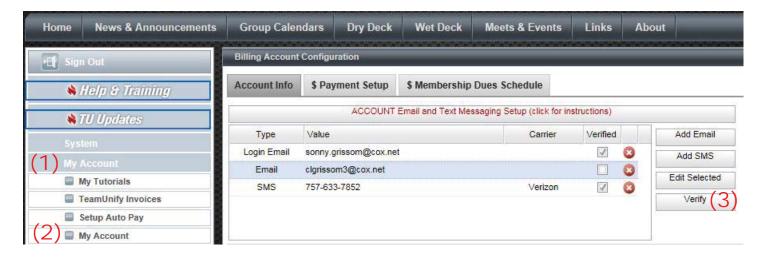


Check your email account for an "Email Verification" email from notifications@teamunify.com. If you don't see it within 10 minutes, check your spam/junk folder to see if it went there. Follow the instructions by clicking the link in the email. It should take you to a SUCCESS screen saying, "Your email address has been validated." If desired, click "Return to account page" link.

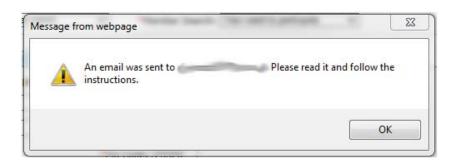


## How to Verify your Email - Method 2

Go to your TeamUnify swim team site and click Sign In. If the Email Address Verification dialog does not appear or if you have multiple email addresses to verify, go to (1) "My Account" and (2) "My Account". Select the email address to verify and click (3) Verify.



You will see a message that an email was sent. Go to the email and click the validation link.



You should see a Success message and you are done.

