

2009-2012 National Age Group Motivational Times

9/12/2008

Short Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min
10 & Under Girls						10 & Under Boys					
43.99*	39.79*	35.49*	34.09*	32.69*	31.29*	50 M Free	30.99*	32.29*	33.59*	34.89*	42.89*
1:40.89*	1:30.19*	1:19.49*	1:15.89*	1:12.29*	1:08.69*	100 M Free	1:07.99	1:11.39	1:14.79	1:18.19	1:38.49
3:41.19	3:16.99	2:52.79	2:44.69	2:36.59	2:28.59	200 M Free	2:26.89	2:33.89	2:40.89	2:47.89	3:08.89
7:26.79	6:42.09	5:57.39	5:42.49	5:27.69	5:12.79	400 M Free	5:09.89	5:24.59	5:39.39	5:54.09	6:38.39
53.89*	47.99*	42.09*	40.19	38.19	36.19*	50 M Back	36.29*	38.29*	40.29*	42.29*	54.29*
1:56.79	1:43.79	1:30.89	1:26.49	1:22.19	1:17.89	100 M Back	1:17.89*	1:21.89*	1:25.89*	1:29.79*	1:41.69*
59.19	52.79	46.49	44.29	42.19	40.09	50 M Breast	40.39*	42.49*	44.59*	46.69*	59.29*
2:12.59	1:57.89	1:43.19	1:38.29	1:33.39	1:28.39	100 M Breast	1:28.19*	1:32.59*	1:36.99*	1:41.39*	1:54.59*
53.89	47.49	41.19	38.99	36.89	34.79	50 M Fly	34.59	36.59	38.49	40.49	52.19
2:09.79	1:52.79	1:35.79	1:30.19	1:24.49	1:18.79	100 M Fly	1:18.19*	1:23.69*	1:29.09*	1:34.59*	1:50.89*
1:55.99*	1:43.59*	1:31.29*	1:27.19*	1:23.09*	1:18.99*	100 M IM	1:18.39*	1:22.09*	1:25.79*	1:29.59*	1:40.69*
4:06.09	3:40.29	3:14.49	3:05.89	2:57.29	2:48.69	200 M IM	2:48.49	2:56.89	3:05.29	3:13.69	4:04.09

11-12 Girls						11-12 Boys					
37.89*	35.19*	32.59*	31.29*	29.99*	28.69*	50 M Free	27.69	28.99	30.29	31.59	36.89
1:21.29	1:15.49	1:09.69	1:06.79	1:03.89	1:00.99	100 M Free	1:00.59*	1:03.49*	1:06.29*	1:09.19*	1:14.99*
3:00.29*	2:47.39*	2:34.59*	2:28.09*	2:21.69*	2:15.29*	200 M Free	2:11.69*	2:17.99*	2:24.19*	2:30.49*	2:42.99*
6:17.09	5:50.09	5:23.19	5:09.69	4:56.29	4:42.79	400 M Free	4:39.29	4:52.59	5:05.89	5:19.19	5:45.79
13:07.89*	12:11.59*	11:15.39*	10:47.19*	10:19.09*	9:50.89*	800 M Free	9:44.19*	10:11.99*	10:39.89*	11:07.69*	12:03.29*
25:07.39*	23:19.69*	21:32.09*	20:38.19*	19:44.39*	18:50.59*	1500 M Free	18:36.59*	19:29.79*	20:22.89*	21:16.09*	23:02.49*
43.69*	40.59*	37.49*	35.89*	34.39*	32.79*	50 M Back	31.99*	33.69*	35.29*	36.99*	43.69*
1:37.29*	1:29.59*	1:21.99*	1:18.09*	1:14.29*	1:10.49*	100 M Back	1:08.69	1:12.39	1:16.19	1:19.89	1:27.39
3:20.99*	3:06.69*	2:52.29*	2:45.09*	2:37.99*	2:30.79*	200 M Back	2:27.79*	2:34.89*	2:41.89*	2:48.89*	3:02.99*
48.69*	45.19*	41.69*	39.99*	38.29*	36.49*	50 M Breast	35.49*	37.39*	39.29*	41.19*	45.09*
1:46.59	1:38.69	1:30.79	1:26.89	1:22.89	1:18.99	100 M Breast	1:16.99*	1:20.99*	1:24.99*	1:28.99*	1:36.99*
3:48.09*	3:31.79*	3:15.49*	3:07.39*	2:59.19*	2:51.09*	200 M Breast	2:47.09*	2:55.09*	3:03.09*	3:10.99*	3:26.89*
41.79*	38.79*	35.79*	34.29*	32.79*	31.39*	50 M Fly	30.39*	32.09*	33.79*	35.49*	42.29*
1:36.29*	1:28.59*	1:20.89*	1:17.09*	1:13.19*	1:09.39*	100 M Fly	1:07.49*	1:11.39*	1:15.29*	1:19.19*	1:26.99*
3:24.39*	3:09.79*	2:55.19*	2:47.89*	2:40.59*	2:33.29*	200 M Fly	2:30.19*	2:37.29*	2:44.49*	2:51.59*	3:05.89*
1:35.39*	1:28.59*	1:21.69*	1:18.29*	1:14.89*	1:11.49*	100 M IM	1:08.89*	1:12.29*	1:15.69*	1:18.99*	1:25.69*
3:23.09*	3:08.59*	2:54.09*	2:46.79*	2:39.59*	2:32.29*	200 M IM	2:29.09*	2:36.69*	2:44.29*	2:51.89*	3:07.09*
7:13.29*	6:42.39*	6:11.39*	5:55.99*	5:40.49*	5:24.99*	400 M IM	5:17.99*	5:33.09*	5:48.29*	6:03.39*	7:03.99*

13-14 Girls						13-14 Boys					
36.89	34.29	31.69	30.29	28.99	27.69	50 M Free	25.49*	26.69*	27.89*	29.09*	33.89*
1:20.19	1:14.39*	1:08.69*	1:05.79*	1:02.99	1:00.09*	100 M Free	55.49*	58.19*	1:00.79*	1:03.49*	1:13.99*
2:52.49*	2:40.19*	2:27.89*	2:21.69*	2:15.49*	2:09.39*	200 M Free	2:01.09*	2:06.89*	2:12.59*	2:18.39*	2:29.89*
6:00.39	5:34.59	5:08.89	4:55.99	4:43.19	4:30.29	400 M Free	4:16.69*	4:28.99*	4:41.19*	4:53.39*	5:17.79*
12:22.89	11:29.89	10:36.79	10:10.29	9:43.69	9:17.19	800 M Free	8:53.29*	9:18.69*	9:44.09*	10:09.49*	11:00.29*
23:25.99	21:45.59	20:05.09	19:14.89	18:24.69	17:34.49	1500 M Free	16:45.39*	17:33.29*	18:21.09*	19:08.99*	20:44.69*
1:28.29*	1:21.99*	1:15.69*	1:12.49*	1:09.39*	1:06.19*	100 M Back	1:02.09*	1:04.99*	1:07.99*	1:10.99*	1:16.89*
3:09.89	2:56.29	2:42.79	2:35.99	2:29.19	2:22.39	200 M Back	2:13.69*	2:19.99*	2:26.39*	2:32.79*	2:45.49*
1:40.09*	1:32.89*	1:25.79*	1:22.19*	1:18.59*	1:15.09*	100 M Breast	1:09.69*	1:12.99*	1:16.29*	1:19.59*	1:26.29*
3:34.99*	3:19.69*	3:04.29*	2:56.59*	2:48.89*	2:41.29*	200 M Breast	2:31.19	2:38.39	2:45.59	2:52.69	3:07.09
1:27.39*	1:21.19*	1:14.89*	1:11.79*	1:08.69*	1:05.59*	100 M Fly	1:00.79*	1:03.69*	1:06.59*	1:09.49*	1:15.29*
3:11.59	2:57.89	2:44.19	2:37.39	2:30.59	2:23.69	200 M Fly	2:15.59*	2:22.09*	2:28.49*	2:34.99*	2:47.89*
3:13.99*	3:00.09*	2:46.29*	2:39.29*	2:32.39*	2:25.49*	200 M IM	2:15.59*	2:22.09*	2:28.49*	2:34.99*	2:47.89*
6:49.69*	6:20.39*	5:51.19*	5:36.49*	5:21.89*	5:07.29*	400 M IM	4:50.49*	5:04.39*	5:18.19*	5:31.99*	5:59.69*

15-16 Girls						15-16 Boys					
36.09*	33.59*	30.99*	29.69*	28.39*	27.09*	50 M Free	24.49	25.69	26.79*	27.99	32.59*
1:18.29*	1:12.69*	1:07.09*	1:04.29*	1:01.49*	58.69*	100 M Free	53.39*	55.99*	58.49*	1:00.99*	1:11.19*
2:47.99*	2:35.99*	2:23.99*	2:17.99*	2:11.99*	2:05.99*	200 M Free	1:56.09*	2:01.59*	2:07.19*	2:12.69*	2:23.69*
5:54.69*	5:29.39*	5:03.99*	4:51.39*	4:38.69*	4:25.99*	400 M Free	4:08.39*	4:20.19*	4:31.99*	4:43.79*	5:07.49*
12:10.89	11:18.69	10:26.49	10:00.39	9:34.29	9:08.19	800 M Free	8:34.69	8:59.19	9:23.79	9:48.29	10:37.29
23:10.59	21:31.29	19:51.99	19:02.29	18:12.59	17:22.99	1500 M Free	16:21.19	17:07.89	17:54.69	18:41.39	20:14.79
1:25.79*	1:19.69*	1:13.59*	1:10.49*	1:07.39*	1:04.39*	100 M Back	59.09*	1:01.89*	1:04.69*	1:07.49*	1:13.19*
3:05.49*	2:52.19*	2:38.99*	2:32.39*	2:25.69*	2:19.09*	200 M Back	2:07.99*	2:14.09*	2:20.19*	2:26.29*	2:38.39*
1:37.59*	1:30.59*	1:23.59*	1:20.09*	1:16.69*	1:13.19*	100 M Breast	1:06.59*	1:09.79*	1:12.99*	1:16.09*	1:22.49*
3:29.89*	3:14.89*	2:59.89*	2:52.39*	2:44.89*	2:37.39*	200 M Breast	2:25.19	2:32.09	2:38.99	2:45.89	2:59.69
1:25.49*	1:19.39*	1:13.29*	1:10.19*	1:07.19*	1:04.09*	100 M Fly	58.09*	1:00.89*	1:03.69*	1:06.39*	1:11.99*
3:06.19*	2:52.89*	2:39.59*	2:32.99*	2:26.29*	2:19.69*	200 M Fly	2:08.99*	2:15.09*	2:21.29*	2:27.39*	2:39.69*
3:09.49*	2:55.99*	2:42.49*	2:35.69*	2:28.89*	2:22.19*	200 M IM	2:10.69*	2:16.89*	2:23.09*	2:29.29*	2:41.79*
6:39.49*	6:10.99*	5:42.39*	5:28.19*	5:13.89*	4:59.59*	400 M IM	4:38.29*	4:51.59*	5:04.79*	5:18.09*	5:44.59*

17-18 Girls						17-18 Boys					
35.79*	33.19*	30.69*	29.39*	28.09*	26.89*	50 M Free	23.69*	24.79*	25.99*	27.09*	31.59*
1:17.19*	1:11.69*	1:06.19*	1:03.39*	1:00.69*	57.89*	100 M Free	51.89*	54.29*	56.79*	59.29*	1:04.19*
2:46.89*	2:34.99*	2:23.09*	2:17.09*	2:11.09*	2:05.19*	200 M Free	1:54.19*	1:59.59*	2:04.99*	2:10.49*	2:21.29*
5:52.19*	5:27.09*	5:01.89*	4:49.29*	4:36.69*	4:24.19*	400 M Free	4:03.29	4:14.89	4:26.49	4:37.99	5:01.19
12:08.59	11:16.59	10:24.49	9:58.49	9:32.49	9:06.49	800 M Free	8:28.39	8:52.59	9:16.79	9:40.99	10:29.39
22:58.19	21:19.69	19:41.29	18:52.09	18:02.79	17:13.59	1500 M Free	16:03.19	16:48.99	17:34.89	18:20.69	19:52.49
1:25.29*	1:19.19*	1:13.09*	1:10.09*	1:06.99*	1:03.99*	100 M Back	57.29*	59.99*	1:02.69*	1:05.49*	1:10.89*
3:04.89*	2:51.69*	2:38.49*	2:31.89*	2:25.29*	2:18.69*	200 M Back	2:04.79	2:10.79	2:16.69	2:22.59	2:34.49
1:36.99*	1:30.09*	1:23.19*	1:19.69*	1:16.19*	1:12.79*	100 M Breast	1:05.29	1:08.39	1:11.59	1:14.69	1:20.89
3:29.19*	3:14.19*	2:59.29*	2:51.79*	2:44.29*	2:36.89*	200 M Breast	2:22.19*	2:28.99*	2:35.69*	2:42.49*	2:55.99*
1:24.39*	1:18.39*	1:12.39*	1:09.39*	1:06.29*	1:03.29*	100 M Fly	56.69*	59.39*	1:02.09*	1:04.79*	1:10.19*
3:03.89*	2:50.79*	2:37.69*	2:31.09*	2:24.49*	2:17.99*	200 M Fly	2:05.29	2:11.29	2:17.29	2:23.19	2:35.19
3:07.29*	2:53.99*	2:40.59*	2:33.89*	2:27.19*	2:20.49*	200 M IM	2:07.29*	2:13.39*	2:19.39*	2:25.49*	2:37.59*
6:39.19*	6:10.69*	5:42.19*	5:27.99*	5:13.69*	4:59.39*	400 M IM	4:33.09*	4:46.09*	4:59.09*	5:12.09*	5:38.09*