



## **Parent Code of Conduct 2025-26 Season**

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As a member of the Cavalier Aquatics community, I am part of a swimming organization that values teamwork, integrity, respect, and sportsmanship above winning. Cavalier Aquatics is fortunate to have professional coaches who develop our children into better swimmers while instilling life skills such as time management, self-discipline, and sportsmanship.

By signing this Code of Conduct, I agree to the following guidelines:

### **PART I: PARENT CODE OF CONDUCT**

- Set a positive example by consistently demonstrating integrity, respect, and courtesy to all members of the swimming community.
- Treat all facilities, team hotels, and property with respect and model appropriate etiquette.
- Respect the integrity of swim officials and understand that only coaches may approach them for clarification.
- Recognize that opposing teams seek the same positive experiences and foster rapport with competitors.
- Model good sportsmanship by winning gracefully and losing graciously.
- Avoid behavior that detracts from the team's image and remember that I represent Cavalier Aquatics.
- Refrain from disruptive behavior during practices and meets.
- Be respectful and considerate in all Cavalier Aquatics-related social media.
- Ensure my child refrains from using alcohol, tobacco, drugs, or other prohibited substances.
- Ensure my child avoids violence, abusive language, inappropriate conduct, or any behavior deemed disrespectful.
- Respect the decisions of Cavalier Aquatics coaches, understanding they consider the best interests of all swimmers.
  - This includes training group placements.

## **PART II: PARENT RESPONSIBILITIES**

- Support effective practices by ensuring swimmers arrive and leave on time.
- Provide proper equipment and team apparel for my swimmer.
- Arrive at meets on time for volunteer check-in and warm-ups.
- Understand my role: swimmers swim, coaches coach, officials officiate, and parents parent. Allow each appropriate entity to cover their area of expertise.
- Avoid interrupting or confronting coaches during practice or meets. Use appropriate times or email for communication.
- Trust and support decisions made by swimmers and coaches regarding training and competition.
- Respect the coaching staff's experience and their role in developing swimmers beyond athletic performance.

## **PART III: COMPLIANCE**

- I will comply with this Code of Conduct and demonstrate sportsmanship, respect, and courtesy at all times.
- I will support my child by volunteering, cheering at meets, and communicating with coaches as needed.
- I will refrain from coaching my child from the stands during practices or meets.
- I understand that abusive language or gestures toward any participant will not be tolerated.
- I will respect the integrity and decisions of officials.
- I will direct swimming-related concerns to the appropriate coach and only escalate to the head coach's supervisor for SafeSport matters.

## **VIOLATIONS OF THE PARENT CODE OF CONDUCT**

If the coaching staff feels there is a violation of any of the above guidelines, a member of the staff will reach out directly to the parent(s) via email to schedule a required in-person meeting during regular business hours (Monday-Friday, 9:00-5:00pm). The swimmer shall be removed from all Cavalier Aquatics activities until the parent(s) has satisfied the meeting requirement and any disciplinary actions deemed appropriate by the Cavalier Aquatics staff in the meeting.

Following an in-person meeting to discuss expectations, additional actions deemed by the coaching staff to be in violation of the Parent Code of Conduct may result in additional disciplinary actions leading up to, and including, suspension or termination from the Cavalier Aquatics program. The coaching staff shall communicate these decisions directly via email.