



## 2025-2026 SHORT COURSE MEET SCHEDULE

Date	Meet	Location	Groups
<b>September 21</b>	CA-Y Pentathlon	Brooks Family YMCA	All Groups
<b>October 3-5</b>	CA-Y Fall Kick-off	Brooks Family YMCA	All Groups
<b>October 18-19</b>	LY October Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
<b>November 7-9</b>	Commonwealth Cup	CSAC/SwimRVA (Richmond, VA)	Qualifying Standards
<b>November 8-9</b>	CA-Y Tri Meet	Brooks Family YMCA	Cavalier Blue, Sabre Groups, Wahoo Groups
<b>November 23</b>	CA-Y November Invitational (Closed Y Meet)	Brooks Family YMCA	13 & Over
<b>December 10-13</b>	Speedo Winter Junior Nationals	IU Natatorium (Indianapolis, IN)	Qualifying Standards
<b>December 11-14</b>	YOTA Capital Classic (Closed Y Championship)	Triangle Aquatic Center (Cary, NC)	Senior National, Senior Orange, Cavalier Orange, Sabre Orange
<b>December 11-14</b>	East Coast Winterfest	CSAC/SwimRVA (Richmond, VA)	All Groups Not Attending Winter Juniors or YOTA Capital Classic
<b>January 2-4</b>	LY January Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
<b>January 16-18</b>	Cavalier Winter Rumble	Brooks Family YMCA	All Groups
<b>January 31 - February 1</b>	SwimRVA Heavyweight Battle	CSAC (Richmond, VA)	13 & over
<b>January 31 - February 1</b>	CA-Y vs LY Dual (Closed Y Meet)	Brooks Family YMCA	14 & under
<b>February 7-8</b>	SW 8 & Under Champs	Christiansburg Aquatic Center (Christiansburg, VA)	8 & under
<b>February 27 - March 1</b>	SW 9 & Over Champs	Christiansburg Aquatic Center (Christiansburg, VA)	9 & over
<b>March 5-8</b>	VA Senior Champs	CSAC/SwimRVA (Richmond, VA)	15 & over (Qualifying Standards)
<b>March 12-15</b>	VA Age Group Champs	CSAC/SwimRVA (Richmond, VA)	14 & under (Qualifying Standards)
<b>March 19 - 22</b>	USRY Regional Meet	Liberty University (Lynchburg, VA)	Winter Juniors Competitors
<b>March 30 - April 3</b>	YMCA National Championships	Greensboro, NC	12 & over (Qualifying Standards)
<b>May 3</b>	CA-Y Team Banquet	Brooks Family YMCA	All Groups

PRIMARY GROUP COACH WILL DETERMINE EXPECTATIONS FOR INDIVIDUAL ATHLETES FOR EACH MEET.

