



2024-2025 SHORT COURSE MEET SCHEDULE

Date	Meet	Location	Groups
September 21	CA-Y Pentathlon	Brooks Family YMCA	All Groups
October 4-6	CA-Y Fall Kick-off	Brooks Family YMCA	All Groups
October 19-20	LY October Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
November 8-10	Commonwealth Classic	CSAC/SwimRVA (Richmond, VA)	SR Groups or Qualifying Standards
November 9-10	CA-Y Quad Meet	Brooks Family YMCA	All Groups
November 17	Sprintville Sunday	Brooks Family YMCA	Jr. Hoos, Wahoos, Sabres
November 24	CA-Y November Invitational (Closed Y Meet)	Brooks Family YMCA	13 & Over
December 4-7	Toyota US Open	Greensboro, NC	Qualifying Standards
December 5-8	YOTA Capital Classic (Closed Y Championship Meet)	TAC (Cary, NC)	Sr. Nat/Orange, Cav Orange, Sabre Orange
December 5-8	RAYS Nutcracker Classic	JRSSC/RAYS (Stafford, VA)	Senior Blue, Cav Blue, Sabre Blue, Wahoo
December 11-14	Speedo Winter Junior Nationals - East	Greensboro, NC	Qualifying Standards
January 3-5	LY January Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
January 17-19	Cavalier Winter Rumble	Brooks Family YMCA	All Groups
February 1-2	SwimRVA Heavyweight Battle	CSAC (Richmond, VA)	13 & over
February 1-2	CA-Y vs LY Dual Meet	Brooks Family YMCA	14 & under
February 8-9	SW 8 & Under Champs	Brooks Family YMCA	8 & under
February 28-March 2	SW VA 9 & Over Champs	CAC (Christiansburg, VA)	9 & over
March 6-9	VA Senior Champs	CSAC (Richmond, VA)	15 & over (Qualifying Standards)
March 13-16	VA Age Group Champs	CAC (Christiansburg, VA)	14 & under (Qualifying Standards)
March 23	Sprintville Sunday	Brooks Family YMCA	Jr. Hoos, Wahoos, Sabres
TBA	YMCA SCY Nationals	Greensboro, NC	12 & over (Qualifying Standards)
May 4	CA-Y Team Banquet	Brooks Family YMCA	All Groups

PRIMARY GROUP COACH WILL DETERMINE EXPECTATIONS FOR INDIVIDUAL ATHLETES FOR EACH MEET.

