



PRACTICE SCHEDULE, AGE GROUP PROGRAM

	Start Date	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Junior Hoos <i>Wave 1</i>	Sep. 22	3:30 - 4:10pm	3:30 - 4:10pm		3:30 - 4:10pm		
Junior Hoos <i>Wave 2</i>	Sep. 22	4:15 - 5:00pm	4:15 - 5:00pm		4:15 - 5:00pm		
Wahoo Blue <i>Monday, Wednesday, Friday</i>	Sep. 3	4:00 - 5:00 pm		4:00 - 5:00 pm		4:00 - 5:00 pm	
Wahoo Blue <i>Tuesday, Thursday, Saturday</i>	Sep. 4		4:00 - 5:00 pm		4:00 - 5:00 pm		10:00 - 11:00 am
Wahoo Orange	Sep. 3	4:00 - 5:15 pm	4:00 - 5:15 pm	4:00 - 5:15 pm	4:00 - 5:15 pm	4:00 - 5:15 pm	
		DL + Swim			DL + Swim		
Sabre Blue	Aug. 25	5:15 - 6:30 pm	5:15 - 6:30 pm	5:15 - 6:30 pm	5:15 - 6:30 pm		10:00 - 11:15 am
			DL + Swim		DL + Swim		
Sabre Orange	Aug. 25	5:00 - 6:30 pm	5:00 - 6:30 pm	5:00 - 6:30 pm	5:00 - 6:30 pm		10:00 - 11:30 am
			DL + Swim		DL + Swim		
Cavalier Blue	Aug. 25	6:30 - 8:15 pm	6:30 - 8:15 pm	6:30 - 8:15 pm	6:30 - 8:15 pm	5:00 - 6:45 pm	8:30 - 10:00am
		DL + Swim			DL + Swim		
Cavalier Orange	Aug. 25	6:30 - 8:30 pm	6:30 - 8:30 pm	6:30 - 8:30 pm	6:30 - 8:30 pm	5:00 - 7:00 pm	8:30 - 10:00 am
			DL + Swim		DL + Swim		

All sessions to be held at the Brooks Family YMCA - 151 McIntire Park Drive, Charlottesville, VA 22902

