

## **TRAINING EQUIPMENT - CHECKLIST**

Practice Group	Mesh Bag	Kickboard	Snorkel	Pull Buoy	Chute	Jump Rope	2x Tennis Balls	2x Golf Balls	D-BAND	Size 0.5 Paddles	Size 2.0 Paddles	Short Fins	Long Fins
Senior National	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	√							
Senior Orange	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$							
Senior Blue	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$							
Cavalier Orange	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$							
Cavalier Blue	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$							
Sabre Orange	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$				$\checkmark$		$\checkmark$	
Sabre Blue	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$				$\checkmark$		$\checkmark$	
Wahoo Orange	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$						$\checkmark$			$\checkmark$
Wahoo Blue	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$						$\checkmark$			$\checkmark$
Junior Hoos	$\checkmark$	$\checkmark$											$\checkmark$