



2025-2026 SHORT COURSE MEET SCHEDULE

Date	Meet	Location	Groups
September 21	CA-Y Pentathlon	Brooks Family YMCA	All Groups
October 3-5	CA-Y Fall Kick-off	Brooks Family YMCA	All Groups
October 18-19	LY October Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
November 7-9	Commonwealth Cup	CSAC/SwimRVA (Richmond, VA)	Qualifying Standards
November 8-9	CA-Y Tri Meet	Brooks Family YMCA	Cavalier Blue, Sabre Groups, Wahoo Groups
November 23	CA-Y November Invitational (Closed Y Meet)	Brooks Family YMCA	13 & Over
December 10-13	Speedo Winter Junior Nationals	IU Natatorium (Indianapolis, IN)	Qualifying Standards
December 11-14	YOTA Capital Classic (Closed Y Championship)	Triangle Aquatic Center (Cary, NC)	Senior National, Senior Orange, Cavalier Orange, Sabre Orange
December 11-14	East Coast Winterfest	CSAC/SwimRVA (Richmond, VA)	All Groups Not Attending Winter Juniors or YOTA Capital Classic
January 2-4	LY January Invitational (Closed Y Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
January 16-18	Cavalier Winter Rumble	Brooks Family YMCA	All Groups
January 31 - February 1	SwimRVA Heavyweight Battle	CSAC (Richmond, VA)	13 & over
January 31 - February 1	CA-Y vs LY Dual (Closed Y Meet)	Brooks Family YMCA	14 & under
February 7-8	SW 8 & Under Champs	Carter Athletic Center (Roanoke, VA)	8 & under
February 27 - March 1	SW 9 & Over Champs	Liberty University (Lynchburg, VA)	9 & over
March 5-8	VA Senior Champs	CSAC/SwimRVA (Richmond, VA)	15 & over (Qualifying Standards)
March 12-15	VA Age Group Champs	CSAC/SwimRVA (Richmond, VA)	14 & under (Qualifying Standards)
March 19 - 22	USRY Regional Meet	Liberty University (Lynchburg, VA)	Winter Juniors Competitors
March 30 - April 3	YMCA National Championships	Greensboro, NC	12 & over (Qualifying Standards)
April 26	CA-Y Team Banquet	Brooks Family YMCA	All Groups

PRIMARY GROUP COACH WILL DETERMINE EXPECTATIONS FOR INDIVIDUAL ATHLETES FOR EACH MEET.

