



## 2023-24 MEET SCHEDULE

Date	Meet	Location	Groups
<b>September 24</b>	CA-Y Pentathlon	Brooks Family YMCA	All Groups
<b>October 6 - 8</b>	CA-Y Fall Kickoff	Brooks Family YMCA	All Groups
<b>October 21 - 22</b>	LY October Invitational (Closed YMCA Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
<b>November 3 - 5</b>	Commonwealth Classic	CSAC (Richmond, VA)	Senior Groups or Qualifying Standards
<b>November 4 - 5</b>	CA-Y vs RAYS	Brooks Family YMCA	14 & Under
<b>November 12</b>	Sprintville Sunday	Brooks Family YMCA	Wahoos, Junior Hoos
<b>November 19</b>	CA-Y November Invitational (Closed YMCA Meet)	Brooks Family YMCA	13 & Over
<b>November 29 - December 2</b>	Toyota US Open	Greensboro, NC	Qualifying Standards
<b>November 30 - December 3</b>	YOTA Capital Classic (YMCA Champ Meet)	TAC (Cary, NC)	Senior National/Orange, Cavalier Orange, Sabre Orange
<b>December 2 - 3</b>	NOVA B/C Invitational	NOVA (Richmond, VA)	12-Under Only, B/C Qualifying Standards
<b>December 6 - 9</b>	Speedo Winter Juniors	Columbus, Ohio	Qualifying Standards
<b>December 7 - 10</b>	SwimRVA East Coast Winterfest	CSAC (Richmond, VA)	Senior Blue, Cavalier Blue, Sabre Blue, Wahoo Orange, Wahoo Blue
<b>January 5 - 7</b>	LY January Invitational (Closed YMCA Meet)	Jamerson YMCA (Lynchburg, VA)	All Groups
<b>January 12 - 14</b>	Cavalier Winter Rumble	Brooks Family YMCA	All Groups
<b>January 27 - 28</b>	SwimRVA Heavyweight Battle	CSAC (Richmond, VA)	13 & Over
<b>January 27 - 28</b>	CA-Y vs Lynchburg	Brooks Family YMCA	14 & Under
<b>February 10 - 11</b>	VA North 8 & Under Champs	Brooks Family YMCA	8 & Under
<b>February 23 - 25</b>	SW VA 9 & Over Champs	CAC (Christiansburg, VA)	9 & Over
<b>February 29 - March 3</b>	VA Senior Champs	CSAC (Richmond, VA)	15 & Over (Qualifying Standards)
<b>March 7 - 10</b>	VA Age Group Champs	CAC (Christiansburg, VA)	14 & Under (Qualifying Standards)
<b>March 17</b>	Sprintville Sunday	Brooks Family YMCA	Junior Hoos, Wahoo, Sabre
<b>March 27 - 30</b>	NCSA Age Group Champs	Orlando, Florida	14 & Under (Qualifying Standards) and Must Attend VA Age Group Champs
<b>April 2 - 6</b>	YMCA SCY Nationals	Greensboro, NC	12 & Over (Qualifying Standards)
<b>May 5</b>	Team Banquet	Brooks Family YMCA	All Groups

PRIMARY GROUP COACH WILL DETERMINE EXPECTATIONS FOR INDIVIDUAL ATHLETES FOR EACH MEET.

