

TRAINING EQUIPMENT

Cavalier Aquatics Families,

The use of training equipment is extremely important to our staff. This equipment allows the coaches to enhance the experience of our swimmers as they continue to develop their technique and training capacities. The required equipment (shown below by group) is utilized daily and most of these items will last for years, so these are not recurring purchases. Cavalier Aquatics uses Sport Fair as our team provider. To receive the team discount, new equipment must be purchased through the following: Team Portal.

The following page gives a breakdown of equipment by training group. If you have any questions, please reach out directly to your primary group coach!



Cavalier Aquatics is an ARENA sponsored team. When possible, we would like our families to support the sponsor by purchasing ARENA swimwear and equipment. It is okay to use items currently owned, but please consider purchasing these ARENA items when looking for new equipment.



TRAINING EQUIPMENT - CHECKLIST

| Practice Group | Mesh Bag | Kickboard | Snorkel | Pull Buoy | Chute | Jump Rope | 2x Tennis Balls | 2x Golf Balls | D-BAND | Size 0.5 Paddles | Size 2.0 Paddles | Short Fins | Long Fins |
|---------------------|----------|-----------|-------------|-----------|-------------|--------------|--------------------|------------------|----------|---------------------|---------------------|------------|-----------|
| Senior National | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Senior Orange | √ | ✓ | √ | ✓ | \ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Senior Blue | √ | ✓ | ✓ | ✓ | > | √ | ✓ | ✓ | √ | ✓ | √ | ✓ | |
| Cavalier Orange | √ | ✓ | > | √ | > | √ | ✓ | ✓ | √ | > | > | ✓ | |
| Cavalier Blue | √ | ✓ | > | ✓ | > | ✓ | ✓ | ✓ | ✓ | > | √ | ✓ | |
| Sabre Orange | √ | ✓ | > | ✓ | | √ | | | | > | | √ | |
| Sabre Blue | √ | ✓ | > | ✓ | | √ | | | | > | | ✓ | |
| Wahoo Orange | √ | ✓ | > | ✓ | | | | | | > | | | ✓ |
| Wahoo Blue | √ | √ | | | | | | | | | | | √ |
| Junior Hoos | 1 | √ | | | | | | · | | | | | √ |



TRAINING EQUIPMENT



Kickboard



Short Fins



Snorkel



Pull Buoy







Strokemaker Paddles (Sizes 0.5 and 2)



FINIS Parachute (Red - 8" Size)



arena

D-BAND or Arena Band



Mesh Bag



Long Fins



Jump Rope





2x Tennis Balls





2x Golf Balls