

# CAVALIER AQUATICS

## TEAM RECORDS LONG COURSE METERS

| WOMEN         |           |         | 8-UNDER          | MEN     |           |                 |
|---------------|-----------|---------|------------------|---------|-----------|-----------------|
| RECORD HOLDER | DATE      | TIME    | EVENT            | TIME    | DATE      | RECORD HOLDER   |
| Sofie Vanyo   | June 2017 | 34.98   | 50 Freestyle     | 38.04   | July 2019 | Ben Charlton    |
| Sofie Vanyo   | July 2017 | 1:17.74 | 100 Freestyle    | 1:23.28 | May 2019  | Ben Charlton    |
| Avery Huang   | June 2013 | 2:49.27 | 200 Freestyle    | 3:07.20 | July 2024 | Whitt Jaskot    |
| Avery Huang   | June 2013 | 42.50   | 50 Backstroke    | 43.73   | July 2000 | Chris McConnell |
| Sofie Vanyo   | June 2017 | 1:33.08 | 100 Backstroke   | 1:32.68 | July 2011 | Zach Ashby      |
| Sofie Vanyo   | July 2017 | 46.02   | 50 Breaststroke  | 49.01   | May 2014  | Jack Burr       |
| Sofie Vanyo   | July 2017 | 1:42.44 | 100 Breaststroke | 1:48.80 | June 2014 | Jack Burr       |
| Avery Huang   | May 2013  | 40.20   | 50 Butterfly     | 42.51   | July 2024 | Camden Kern     |
| Avery Huang   | June 2013 | 1:31.97 | 100 Butterfly    | 1:38.88 | July 2024 | Camden Kern     |
| Sofie Vanyo   | June 2017 | 3:15.48 | 200 IM           | 3:25.31 | July 2014 | Jack Burr       |



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### TEAM RECORDS

### LONG COURSE METERS

| WOMEN                                                     |             |         | 9-10 YEAR OLD       | MEN     |             |                                                             |
|-----------------------------------------------------------|-------------|---------|---------------------|---------|-------------|-------------------------------------------------------------|
| RECORD HOLDER                                             | DATE        | TIME    | EVENT               | TIME    | DATE        | RECORD HOLDER                                               |
| Avery Huang                                               | May 2015    | 30.74   | 50 Freestyle        | 28.83   | May 2017    | Thomas Heilman                                              |
| Avery Huang                                               | July 2015   | 1:05.56 | 100 Freestyle       | 1:03.19 | August 2017 | Thomas Heilman                                              |
| Avery Huang                                               | August 2015 | 2:22.66 | 200 Freestyle       | 2:20.56 | August 2017 | Thomas Heilman                                              |
| Avery Huang                                               | August 2015 | 5:04.85 | 400 Freestyle       | 5:06.11 | July 2021   | Ben Charlton                                                |
| Avery Huang                                               | May 2015    | 36.59   | 50 Backstroke       | 35.30   | August 2017 | Thomas Heilman                                              |
| Avery Huang                                               | July 2015   | 1:17.17 | 100 Backstroke      | 1:17.72 | July 2013   | Bryan Yasinsac                                              |
| Sofie Vanyo                                               | July 2019   | 38.76   | 50 Breaststroke     | 40.01   | July 2016   | Jack Burr                                                   |
| Sofie Vanyo                                               | July 2019   | 1:25.93 | 100 Breaststroke    | 1:29.11 | July 2016   | Jack Burr                                                   |
| Avery Huang                                               | July 2015   | 33.06   | 50 Butterfly        | 31.91   | July 2017   | Thomas Heilman                                              |
| Avery Huang                                               | July 2015   | 1:12.70 | 100 Butterfly       | 1:10.78 | July 2017   | Thomas Heilman                                              |
| Avery Huang                                               | August 2015 | 2:43.60 | 200 IM              | 2:40.14 | August 2017 | Thomas Heilman                                              |
| Sedona King, Caroline Barcia,<br>Lily Sturek, Emily Wells | July 2021   | 2:17.46 | 200 Freestyle Relay | 2:08.54 | June 2021   | Eli Rutherford, Keegan Mejias,<br>Ben Charlton, Luke Wenert |
| Sedona King, Caroline Barcia,<br>Lily Sturek, Emily Wells | July 2021   | 5:00.39 | 400 Freestyle Relay | 5:03.25 | July 2021   | Cam Betsworth, Luke Wenert,<br>Keegan Mejias, Ben Charlton  |
| Sedona King, Caroline Barcia,<br>Emily Wells, Lily Sturek | July 2021   | 2:33.84 | 200 Medley Relay    | 2:33.68 | June 2021   | Eli Rutherford, Ben Charlton,<br>Luke Wenert, Gabe Cullaty  |
| Emily Zhu, Sofie Vanyo,<br>Katie Shaps, Miller Grimes     | July 2018   | 5:45.61 | 400 Medley Relay    | 5:42.56 | July 2021   | Cam Betsworth, Keegan Mejias,<br>Luke Wenert, Ben Charlton  |



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### TEAM RECORDS

### LONG COURSE METERS

| WOMEN                                                          |             |          | 11-12 YEAR OLD      | MEN      |             |                                                          |
|----------------------------------------------------------------|-------------|----------|---------------------|----------|-------------|----------------------------------------------------------|
| RECORD HOLDER                                                  | DATE        | TIME     | EVENT               | TIME     | DATE        | RECORD HOLDER                                            |
| Morgan Thomas                                                  | August 2018 | 27.96    | 50 Freestyle        | 25.02    | July 2019   | Thomas Heilman                                           |
| Amelie Meyer                                                   | July 2022   | 1:02.57  | 100 Freestyle       | 56.29    | July 2019   | Thomas Heilman                                           |
| Sofie Vanyo                                                    | July 2021   | 2:12.78  | 200 Freestyle       | 2:02.47  | July 2019   | Thomas Heilman                                           |
| Sofie Vanyo                                                    | July 2021   | 4:35.65  | 400 Freestyle       | 4:28.08  | August 2019 | Travis Hitt                                              |
| Sofie Vanyo                                                    | July 2021   | 9:32.61  | 800 Freestyle       | 10:27.25 | July 2016   | Peyton Wray                                              |
| Meghan Ayres                                                   | June 2022   | 19:40.00 | 1500 Freestyle      | 19:58.32 | June 2016   | Peyton Wray                                              |
| Ashley Huang                                                   | July 2012   | 32.92    | 50 Backstroke       | 31.86    | June 2023   | Eli Rutherford                                           |
| Sedona King                                                    | July 2023   | 1:11.40  | 100 Backstroke      | 1:08.00  | July 2023   | Ben Charlton                                             |
| Sedona King                                                    | July 2023   | 2:30.94  | 200 Backstroke      | 2:25.02  | August 2019 | Travis Hitt                                              |
| Layla Welsch                                                   | June 2019   | 35.16    | 50 Breaststroke     | 34.54    | June 2019   | Thomas Heilman                                           |
| Layla Welsch                                                   | July 2019   | 1:17.43  | 100 Breaststroke    | 1:14.70  | August 2019 | Travis Hitt                                              |
| Layla Welsch                                                   | July 2019   | 2:43.18  | 200 Breaststroke    | 2:39.61  | August 2019 | Will Browne                                              |
| Clare Strassheim                                               | July 2023   | 30.42    | 50 Butterfly        | 27.05    | July 2019   | Thomas Heilman                                           |
| Avery Huang                                                    | July 2017   | 1:06.81  | 100 Butterfly       | 59.89    | July 2019   | Thomas Heilman                                           |
| Avery Huang                                                    | July 2017   | 2:32.90  | 200 Butterfly       | 2:13.93  | July 2019   | Thomas Heilman                                           |
| Avery Huang                                                    | July 2017   | 2:31.86  | 200 IM              | 2:23.38  | August 2019 | Travis Hitt                                              |
| Sofie Vanyo                                                    | July 2021   | 5:17.51  | 400 IM              | 5:09.60  | July 2019   | Travis Hitt                                              |
| Amelie Meyer, Grace Browne,<br>Sedona King, Meghan Ayres       | June 2022   | 1:59.85  | 200 Freestyle Relay | 1:50.49  | July 2019   | Thomas Heilman, Will Browne,<br>Travis Hitt, Aiden Zhu   |
| Sedona King, Emily Wells,<br>Lulu Hitt, Clare Strassheim       | July 2023   | 4:22.14  | 400 Freestyle Relay | 4:06.28  | July 2019   | Will Browne, Travis Hitt,<br>Tanner Kidd, Thomas Heilman |
| Sedona King, Caroline Barcia,<br>Clare Strassheim, Lily Sturek | July 2023   | 2:13.89  | 200 Medley Relay    | 2:05.46  | July 2019   | Will Browne, Travis Hitt,<br>Aiden Zhu, Thomas Heilman   |
| Grace Browne, Meghan Ayres,<br>Sedona King, Amelie Meyer       | March 2023  | 4:57.48  | 400 Medley Relay    | 4:31.32  | July 2019   | Tanner Kidd, Travis Hitt,<br>Will Browne, Thomas Heilman |

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## TEAM RECORDS LONG COURSE METERS

| WOMEN                                                               |              |          | 13-14 YEAR OLD      | MEN      |               |                                                                  |
|---------------------------------------------------------------------|--------------|----------|---------------------|----------|---------------|------------------------------------------------------------------|
| RECORD HOLDER                                                       | DATE         | TIME     | EVENT               | TIME     | DATE          | RECORD HOLDER                                                    |
| Grey Davis                                                          | January 2021 | 26.92    | 50 Freestyle        | 22.95    | December 2021 | Thomas Heilman                                                   |
| Clare Stassheim                                                     | July 2025    | 59.32    | 100 Freestyle       | 51.12    | December 2021 | Thomas Heilman                                                   |
| Meghan Ayres                                                        | July 2024    | 2:07.82  | 200 Freestyle       | 1:51.27  | December 2021 | Thomas Heilman                                                   |
| Meghan Ayres                                                        | July 2024    | 4:28.13  | 400 Freestyle       | 4:14.93  | June 2025     | Eli Rutherford                                                   |
| Sofie Vanyo                                                         | June 2022    | 9:14.26  | 800 Freestyle       | 8:44.64  | July 2022     | Brayden King                                                     |
| Sofie Vanyo                                                         | July 2022    | 17:32.84 | 1500 Freestyle      | 16:44.41 | August 2021   | Brayden King                                                     |
| Amelie Meyer                                                        | July 2023    | 31.52    | 50 Backstroke       | 28.31    | July 2018     | Leo Tutovani                                                     |
| Amelie Meyer                                                        | July 2023    | 1:05.90  | 100 Backstroke      | 1:02.05  | July 2018     | Leo Tutovani                                                     |
| Amelie Meyer                                                        | May 2024     | 2:24.87  | 200 Backstroke      | 2:15.79  | July 2021     | Travis Hitt                                                      |
| Caroline Barcia                                                     | July 2025    | 34.54    | 50 Breaststroke     | 32.34    | July 2025     | Keegan Mejias                                                    |
| Sara Czirjak                                                        | July 2022    | 1:13.27  | 100 Breaststroke    | 1:08.30  | July 2021     | Will Browne                                                      |
| Sara Czirjak                                                        | May 2022     | 2:37.63  | 200 Breaststroke    | 2:27.53  | August 2021   | Will Browne                                                      |
| Clare Stassheim                                                     | July 2025    | 28.88    | 50 Butterfly        | 24.90    | December 2021 | Thomas Heilman                                                   |
| Grey Davis                                                          | January 2021 | 1:01.11  | 100 Butterfly       | 53.27    | December 2021 | Thomas Heilman                                                   |
| Grace Browne                                                        | July 2023    | 2:19.40  | 200 Butterfly       | 1:59.87  | December 2021 | Thomas Heilman                                                   |
| Meghan Ayres                                                        | May 2024     | 2:23.52  | 200 IM              | 2:09.85  | July 2021     | Will Browne                                                      |
| Meghan Ayres                                                        | May 2024     | 5:02.17  | 400 IM              | 4:39.57  | July 2021     | Will Browne                                                      |
| Clare Strassheim, Anna Nolde,<br>Caroline Barcia, Clementine Dawson | July 2025    | 1:50.99  | 200 Freestyle Relay | 1:51.27  | July 2025     | Matthew Schultheis, Kevin Sauer,<br>Yusuf Ismailov, Ben Charlton |
| Amelie Meyer, Clare Strassheim,<br>Sedona King, Meghan Ayres        | July 2024    | 4:06.81  | 400 Freestyle Relay | 3:44.49  | July 2022     | Will Charlton, Bradley Sawyer,<br>Brayden King, Chase Easton     |
| Meghan Ayres, Amelie Meyer,<br>Sedona King, Clare Strassheim        | July 2024    | 8:40.24  | 800 Freestyle Relay | 8:13.26  | July 2022     | Will Charlton, Chase Easton,<br>Ben Tungate, Brayden King        |
| Anna Nolde, Caroline Barcia,<br>Clare Strassheim, Clementine Dawson | July 2025    | 2:04.09  | 200 Medley Relay    | 1:42.86  | July 2018     | Leo Tutovani, Howard Zhu,<br>Sam Johnson, Preston Hutter         |
| Sofie Vanyo, Sara Czirjak,<br>Katie Shaps, Diana Ismailova          | July 2022    | 4:31.31  | 400 Medley Relay    | 4:12.95  | July 2024     | Eli Rutherford, Chase Davidson,<br>Thomas Rockwell, Ben Charlton |

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## TEAM RECORDS LONG COURSE METERS

| WOMEN                                                       |             |          | 15-18 YEAR OLD      | MEN      |             |                                                           |
|-------------------------------------------------------------|-------------|----------|---------------------|----------|-------------|-----------------------------------------------------------|
| RECORD HOLDER                                               | DATE        | TIME     | EVENT               | TIME     | DATE        | RECORD HOLDER                                             |
| Morgan Thomas                                               | July 2021   | 26.48    | 50 Freestyle        | 22.79    | June 2025   | Thomas Heilman                                            |
| Morgan Thomas                                               | July 2021   | 57.46    | 100 Freestyle       | 49.06    | August 2022 | Thomas Heilman                                            |
| Sara Wells                                                  | July 2024   | 2:07.64  | 200 Freestyle       | 1:49.13  | June 2023   | Thomas Heilman                                            |
| Jennifer Finotti                                            | July 1995   | 4:24.82  | 400 Freestyle       | 4:00.03  | July 2025   | Will Charlton                                             |
| Meghan Ayres                                                | May 2025    | 9:10.23  | 800 Freestyle       | 8:19.63  | July 2024   | Will Charlton                                             |
| Meghan Ayres                                                | June 2025   | 17:44.62 | 1500 Freestyle      | 15:59.03 | August 2022 | David King                                                |
| Izzy Bradley                                                | August 2022 | 29.91    | 50 Backstroke       | 26.29    | June 2024   | David King                                                |
| Izzy Bradley                                                | August 2022 | 1:02.68  | 100 Backstroke      | 54.67    | June 2024   | David King                                                |
| Izzy Bradley                                                | August 2022 | 2:17.95  | 200 Backstroke      | 1:57.90  | June 2024   | David King                                                |
| Sara Czirjak                                                | July 2025   | 32.46    | 50 Breaststroke     | 29.14    | June 2024   | Max Moore                                                 |
| Sara Czirjak                                                | July 2025   | 1:09.76  | 100 Breaststroke    | 1:02.14  | May 2024    | Max Moore                                                 |
| Sara Czirjak                                                | June 2025   | 2:30.23  | 200 Breaststroke    | 2:17.99  | May 2024    | Max Moore                                                 |
| Grey Davis                                                  | April 2021  | 28.16    | 50 Butterfly        | 23.57    | June 2025   | Thomas Heilman                                            |
| Grey Davis                                                  | April 2021  | 1:00.22  | 100 Butterfly       | 50.70    | June 2025   | Thomas Heilman                                            |
| Grey Davis                                                  | July 2021   | 2:17.20  | 200 Butterfly       | 1:53.82  | July 2023   | Thomas Heilman                                            |
| Grey Davis                                                  | July 2021   | 2:16.68  | 200 IM              | 2:02.82  | June 2024   | David King                                                |
| Grey Davis                                                  | July 2021   | 4:57.31  | 400 IM              | 4:25.25  | July 2023   | David King                                                |
| Morgan Thomas, Alex Fuller, Grey Davis, Grace McCardle      | July 2022   | 1:49.39  | 200 Freestyle Relay | 1:35.05  | August 2022 | Thomas Heilman, Teddy Cross, Will Browne, David King      |
| Grey Davis, Morgan Thomas, Alex Fuller, Izzy Bradley        | July 2022   | 3:55.95  | 400 Freestyle Relay | 3:27.37  | August 2022 | Thomas Heilman, David King, Teddy Cross, Will Browne      |
| Grey Davis, Morgan Thomas, Alex Fuller, Layla Welsch        | July 2022   | 8:47.07  | 800 Freestyle Relay | 7:35.81  | August 2022 | Thomas Heilman, David King, Will Browne, Matthew Heilman  |
| Julie Addison, Elisabeth Bendall, Grey Davis, Izzy Bradley  | July 2021   | 2:00.52  | 200 Medley Relay    | 1:43.49  | August 2022 | Teddy Cross, Matthew Heilman, Thomas Heilman, Will Browne |
| Izzy Bradley, Lilly Fitzpatrick, Grey Davis, Mariam Mithqal | July 2021   | 4:23.45  | 400 Medley Relay    | 3:44.14  | May 2024    | David King, Max Moore, Thomas Heilman, Will Browne        |

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## TEAM RECORDS LONG COURSE METERS

| WOMEN                                                             |             |          | OPEN                | MEN      |             |                                                           |
|-------------------------------------------------------------------|-------------|----------|---------------------|----------|-------------|-----------------------------------------------------------|
| RECORD HOLDER                                                     | DATE        | TIME     | EVENT               | TIME     | DATE        | RECORD HOLDER                                             |
| Maxine Parker                                                     | June 2025   | 24.41    | 50 Freestyle        | 21.83    | July 2022   | Matt King                                                 |
| Maxine Parker                                                     | June 2023   | 53.51    | 100 Freestyle       | 48.33    | July 2022   | Matt King                                                 |
| Paige Madden                                                      | June 2021   | 1:56.44  | 200 Freestyle       | 1:49.03  | June 2025   | David King                                                |
| Leah Smith                                                        | June 2016   | 4:00.65  | 400 Freestyle       | 3:55.62  | May 2005    | John Millen                                               |
| Leah Smith                                                        | June 2016   | 8:20.18  | 800 Freestyle       | 7:35.81  | July 2024   | Will Charlton                                             |
| Leah Smith                                                        | July 2017   | 16:01.02 | 1500 Freestyle      | 15:42.51 | July 2016   | Matt Hrabchak                                             |
| Reilly Tiltmann                                                   | June 2023   | 28.63    | 50 Backstroke       | 25.03    | June 2025   | David King                                                |
| Catie DeLoof                                                      | May 2021    | 59.71    | 100 Backstroke      | 53.84    | June 2025   | David King                                                |
| Reilly Tiltmann                                                   | June 2023   | 2:08.65  | 200 Backstroke      | 1:55.64  | June 2025   | David King                                                |
| Emma Weber                                                        | June 2025   | 30.43    | 50 Breaststroke     | 27.30    | June 2023   | Noah Nichols                                              |
| Emma Weber                                                        | June 2024   | 1:06.10  | 100 Breaststroke    | 59.40    | June 2023   | Noah Nichols                                              |
| Anna Keating                                                      | July 2022   | 2:25.82  | 200 Breaststroke    | 2:11.52  | June 2023   | Noah Nichols                                              |
| Kate Douglass                                                     | June 2021   | 26.34    | 50 Butterfly        | 23.57    | June 2025   | Thomas Heilman                                            |
| Kate Douglass                                                     | June 2021   | 56.56    | 100 Butterfly       | 50.70    | June 2025   | Thomas Heilman                                            |
| Jennifer Marrkand                                                 | June 2017   | 2:09.58  | 200 Butterfly       | 1:53.82  | July 2023   | Thomas Heilman                                            |
| Kate Douglass                                                     | June 2021   | 2:09.32  | 200 IM              | 2:02.82  | June 2024   | David King                                                |
| Leah Smith                                                        | June 2017   | 4:33.86  | 400 IM              | 4:19.06  | July 2018   | Robby Giller                                              |
| Morgan Thomas, Alex Fuller, Grey Davis, Grace McCardle            | July 2022   | 1:49.39  | 200 Freestyle Relay | 1:35.05  | August 2022 | Thomas Heilman, Teddy Cross, Will Browne, David King      |
| Grey Davis, Morgan Thomas, Alex Fuller, Izzy Bradley              | July 2022   | 3:55.95  | 400 Freestyle Relay | 3:27.37  | August 2022 | Thomas Heilman, David King, Teddy Cross, Will Browne      |
| Meghan Ayres, Amelie Meyer, Sedona King, Clare Strassheim         | July 2024   | 8:40.24  | 800 Freestyle Relay | 7:35.81  | August 2022 | Thomas Heilman, David King, Will Browne, Matthew Heilman  |
| Izzy Bradley, Layla Welsch, Grey Davis, Maxine Parker             | July 2022   | 1:56.47  | 200 Medley Relay    | 1:43.49  | August 2022 | Teddy Cross, Matthew Heilman, Thomas Heilman, Will Browne |
| Courtney Batholomew, Natalie Martin, Ellen Williamson, Leah Smith | August 2014 | 4:11.04  | 400 Medley Relay    | 3:44.14  | May 2024    | David King, Max Moore, Thomas Heilman, Will Browne        |