

CAVALIER AQUATICS

TEAM RECORDS SHORT COURSE YARDS

WOMEN			8-UNDER	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Vivian Vanyo	October 2021	14.21	25 Freestyle	13.60	January 2016	Thomas Heilman
Vivian Vanyo	December 2021	31.03	50 Freestyle	30.74	November 2015	Thomas Heilman
Sofie Vanyo	January 2017	1:10.43	100 Freestyle	1:07.98	November 2012	Tom House
Vivian Vanyo	December 2021	2:32.41	200 Freestyle	2:36.57	February 2013	Matthew Heilman
Vivian Vanyo	October 2021	17.34	25 Backstroke	17.11	February 2022	Patrick Sheeran
Vivian Vanyo	December 2021	36.10	50 Backstroke	36.67	January 2022	Patrick Sheeran
Vivian Vanyo	December 2021	1:18.40	100 Backstroke	1:17.25	March 2022	Patrick Sheeran
Vivian Vanyo	November 2021	18.98	25 Breaststroke	18.50	November 2015	Will Browne
Sofie Vanyo	February 2017	41.31	50 Breaststroke	40.29	January 2013	Matthew Heilman
Sofie Vanyo	February 2017	1:29.78	100 Breaststroke	1:25.79	January 2013	Matthew Heilman
Ellie Kinnick	November 2024	15.88	25 Butterfly	14.76	November 2015	Thomas Heilman
Vivian Vanyo	December 2021	35.15	50 Butterfly	32.70	March 2022	Patrick Sheeran
Vivian Vanyo	December 2021	1:25.37	100 Butterfly	1:18.94	March 2022	Patrick Sheeran
Vivian Vanyo	November 2021	1:18.09	100 IM	1:17.87	January 2016	Thomas Heilman
Vivian Vanyo	December 2021	2:49.92	200 IM	2:48.79	January 2015	Thomas Heilman
Katie Shaps, Miller Grimes, Lily Phillips, Sofie Vanyo	February 2017	1:03.89	100 Freestyle Relay	1:04.22	March 2001	Jim Shelley, Nathaniel Bullard, Matt Starr, Paddy Holloway
Miriam Kaplan, Kristie Sullivan, (UNKNOWN), Whitney Friend	March 1999	1:12.88	100 Medley Relay	1:14.97	March 2001	Matt Starr, Paddy Holloway, Jim Shelley, Nathaniel Bullard



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WOMEN			9-10 YEAR OLD	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Wendy Hipskind	March 1983	27.08	50 Freestyle	25.04	January 2018	Thomas Heilman
Avery Huang	March 2015	58.73	100 Freestyle	54.35	December 2017	Thomas Heilman
Avery Huang	March 2014	2:09.00	200 Freestyle	2:00.92	December 2017	Thomas Heilman
Meghan Ayres	February 2021	5:39.98	500 Freestyle	5:39.40	December 2017	Thomas Heilman
Julie Addison	March 2016	31.50	50 Backstroke	29.70	January 2018	Thomas Heilman
Julie Addison	March 2016	1:07.08	100 Backstroke	1:03.43	February 2018	Thomas Heilman
Avery Huang	March 2015	33.81	50 Breaststroke	33.82	February 2018	Thomas Heilman
Avery Huang	March 2015	1:14.59	100 Breaststroke	1:16.45	January 2018	Thomas Heilman
Julie Addison	March 2015	29.60	50 Butterfly	27.05	January 2018	Thomas Heilman
Avery Huang	March 2016	1:07.60	100 Butterfly	58.36	January 2018	Thomas Heilman
Avery Huang	March 2015	1:07.20	100 IM	1:03.23	January 2018	Thomas Heilman
Avery Huang	March 2014	2:24.69	200 IM	2:17.02	December 2017	Thomas Heilman
Sofie Vanyo, Katie Shaps, Eliza Osada, Miller Grimes	December 2018	1:55.40	200 Freestyle Relay	1:53.92	December 1994	Brian Rimel, Jack Wisman, Michael Hespeneheide, Matt Hay
Sofie Vanyo, Katie Shaps, Miller Grimes, Eliza Osada	March 2019	4:13.71	400 Freestyle Relay	4:17.34	March 2021	Ben Charlton, Eli Rutherford, Keegan Mejias, Luke Wenert
Katie Shaps, Sofie Vanyo, Eliza Osada, Miller Grimes	December 2018	2:07.95	200 Medley Relay	2:10.75	March 2016	Henry Addison, Jack Burr, Thomas Heilman, Max Moore
Katie Shaps, Sofie Vanyo, Eliza Osada, Miller Grimes	March 2019	4:46.44	400 Medley Relay	4:51.51	March 2021	Ben Charlton, Keegan Mejias, Eli Rutherford, David Roberts



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WOMEN			11-12 YEAR OLD	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Morgan Thomas	December 2018	24.46	50 Freestyle	21.50	December 2019	Thomas Heilman
Morgan Thomas	December 2018	54.52	100 Freestyle	47.15	December 2019	Thomas Heilman
Avery Huang	January 2016	1:56.59	200 Freestyle	1:44.28	December 2019	Thomas Heilman
Sofie Vanyo	March 2021	5:05.51	500 Freestyle	4:47.12	January 2020	Thomas Heilman
Meghan Ayres	January 2023	10:39.78	1000 Freestyle	10:52.15	January 2023	Ben Charlton
Sofie Vanyo	January 2021	17:55.27	1650 Freestyle	18:05.05	January 2021	Will Charlton
Ashley Huang	December 2013	27.80	50 Backstroke	24.97	January 2020	Thomas Heilman
Ashley Huang	December 2013	1:00.45	100 Backstroke	54.72	January 2020	Thomas Heilman
Sedona King	March 2023	2:10.63	200 Backstroke	2:01.49	January 2020	Thomas Heilman
Layla Welsch	March 2019	30.87	50 Breaststroke	28.20	January 2020	Thomas Heilman
Avery Huang	March 2016	1:06.79	100 Breaststroke	1:02.99	January 2020	Thomas Heilman
Layla Welsch	March 2019	2:22.31	200 Breaststroke	2:18.76	January 2020	Thomas Heilman
Grace Browne	December 2022	25.95	50 Butterfly	22.87	December 2019	Thomas Heilman
Eliza Osada	March 2021	59.08	100 Butterfly	50.82	January 2020	Thomas Heilman
Grace Browne	December 2022	2:10.39	200 Butterfly	1:53.66	December 2019	Thomas Heilman
Avery Huang	March 2017	1:02.12	100 IM	54.84	January 2020	Thomas Heilman
Avery Huang	March 2017	2:10.46	200 IM	1:57.64	January 2020	Thomas Heilman
Meghan Ayres	December 2022	4:39.76	400 IM	4:14.68	December 2019	Thomas Heilman
Kathryn Burr, Izzy Bradley, Avery Huang, Athena Vanyo	March 2016	1:44.27	200 Freestyle Relay	1:37.77	March 2019	Will Browne, Bradley Sawyer, Thomas Heilman, Tanner Kidd
Avery Huang, Izzy Bradley, Athena Vanyo, Kathryn Burr	March 2016	3:48.43	400 Freestyle Relay	3:36.66	March 2019	Will Browne, Tanner Kidd, Thomas Heilman, Travis Hitt
Anna Nolde, Caroline Barcia, Lily Sturek, Emily Wells	March 2024	1:55.95	200 Medley Relay	1:49.19	December 2019	Tanner Kidd, Will Browne, Thomas Heilman, Bradley Sawyer
Avery Huang, Ella Reed, Athena Vanyo, Kathryn Burr	March 2016	4:13.48	400 Medley Relay	4:00.34	December 2019	Tanner Kidd, Will Browne, Thomas Heilman, Bradley Sawyer



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TEAM RECORDS SHORT COURSE YARDS

WOMEN			13-14 YEAR OLD	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Grey Davis	August 2020	23.58	50 Freestyle	19.83	December 2021	Thomas Heilman
Alex Fuller	March 2022	51.24	100 Freestyle	43.51	December 2021	Thomas Heilman
Meghan Ayres	November 2024	1:50.62	200 Freestyle	1:34.68	December 2021	Thomas Heilman
Meghan Ayres	December 2024	4:50.90	500 Freestyle	4:33.13	January 2022	Thomas Heilman
Grey Davis	December 2020	9:58.81	1000 Freestyle	9:35.92	March 2023	Will Charlton
Meghan Ayres	December 2024	16:36.88	1650 Freestyle	16:11.19	March 2022	Brayden King
Izzy Bradley	February 2019	56.21	100 Backstroke	51.16	March 2021	Thomas Heilman
Amelie Meyer	March 2024	2:02.19	200 Backstroke	1:53.78	March 2023	Will Charlton
Meghan Ayres	March 2024	1:03.38	100 Breaststroke	58.53	March 1981	Patrick DiFazio
Meghan Ayres	March 2024	2:15.00	200 Breaststroke	2:09.45	March 1981	Patrick DiFazio
Grey Davis	December 2020	53.64	100 Butterfly	45.81	December 2021	Thomas Heilman
Grey Davis	March 2021	2:00.40	200 Butterfly	1:42.77	December 2021	Thomas Heilman
Grey Davis	March 2021	1:59.38	200 IM	1:46.61	December 2021	Thomas Heilman
Meghan Ayres	November 2024	4:24.04	400 IM	3:51.46	January 2022	Thomas Heilman
Sofie Vanyo, Alex Fuller, Sara Czirjak, Diana Ismailova	March 2022	1:37.68	200 Freestyle Relay	1:28.19	March 2025	Zach Fisher, Eli Rutherford, Garrett Britt, Ben Charlton
Sofie Vanyo, Diana Ismailova, Eliza Osada, Alex Fuller	March 2022	3:32.66	400 Freestyle Relay	3:07.45	December 2021	Thomas Heilman, Will Browne, Tanner Kidd, Richard Wang
Grace Browne, Amelie Meyer, Sedona King, Meghan Ayres	March 2024	7:45.54	800 Freestyle Relay	7:03.59	March 2025	Eli Rutherford, Zach Fisher, Ben Charlton, Thomas Rockwell
Amelie Meyer, Meghan Ayres, Grace Browne, Sedona King	March 2024	1:46.66	200 Medley Relay	1:39.82	March 2025	Eli Rutherford, Zach Fisher, Thomas Rockwell, Ben Charlton
Amelie Meyer, Meghan Ayres, Grace Browne, Sedona King	March 2024	3:53.08	400 Medley Relay	3:36.69	March 2025	Eli Rutherford, Zach Fisher, Thomas Rockwell, Ben Charlton

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TEAM RECORDS SHORT COURSE YARDS

WOMEN			15-18 YEAR OLD	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Morgan Thomas	December 2022	22.71	50 Freestyle	19.24	December 2023	Thomas Heilman
Morgan Thomas	April 2023	49.65	100 Freestyle	42.00	December 2023	Thomas Heilman
Morgan Thomas	March 2023	1:49.71	200 Freestyle	1:32.26	December 2024	Thomas Heilman
Meghan Ayres	March 2025	4:46.90	500 Freestyle	4:17.02	December 2023	David King
Meghan Ayres	March 2025	9:52.92	1000 Freestyle	9:07.64	March 2023	David King
Meghan Ayres	March 2025	16:38.98	1650 Freestyle	15:02.76	March 2023	David King
Izzy Bradley	February 2022	53.45	100 Backstroke	46.76	February 2024	David King
Izzy Bradley	March 2022	1:58.97	200 Backstroke	1:40.52	February 2024	David King
Sara Czirjak	April 2024	1:02.22	100 Breaststroke	54.26	March 2023	Thomas Heilman
Sara Czirjak	April 2024	2:11.37	200 Breaststroke	1:57.80	March 2023	Thomas Heilman
Grey Davis	March 2022	53.04	100 Butterfly	43.86	December 2024	Thomas Heilman
Grey Davis	March 2022	1:59.91	200 Butterfly	1:38.95	December 2024	Thomas Heilman
Grey Davis	March 2022	2:00.73	200 IM	1:41.26	December 2024	Thomas Heilman
Grey Davis	April 2021	4:15.45	400 IM	3:43.63	March 2023	Thomas Heilman
Morgan Thomas, Izzy Bradley, Grey Davis, Grace McCardle	March 2022	1:31.88	200 Freestyle Relay	1:19.83	April 2025	Thomas Heilman, Will Browne, Jack Hathaway, Will Charlton
Grey Davis, Morgan Thomas, Izzy Bradley, Grace McCardle	March 2022	3:23.90	400 Freestyle Relay	2:54.66	December 2023	Thomas Heilman, David King, Will Browne, Max Moore
Anne Scherer, Eliza Osada, Lily Phillips, Meghan Ayres	March 2025	7:28.05	800 Freestyle Relay	6:24.56	December 2023	Thomas Heilman, David King, Will Browne, Will Charlton
Izzy Bradley, Elisabeth Bendall, Grey Davis, Morgan Thomas	March 2022	1:40.62	200 Medley Relay	1:26.25	December 2023	David King, Max Moore, Thomas Heilman, Will Browne
Izzy Bradley, Elisabeth Bendall, Grey Davis, Morgan Thomas	March 2022	3:41.96	400 Medley Relay	3:08.95	December 2023	David King, Max Moore, Thomas Heilman, Will Browne



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TEAM RECORDS

SHORT COURSE YARDS

WOMEN			OPEN	MEN		
RECORD HOLDER	DATE	TIME	EVENT	TIME	DATE	RECORD HOLDER
Catie DeLoof	September 2020	22.18	50 Freestyle	19.24	December 2023	Thomas Heilman
Paige Madden	September 2020	49.09	100 Freestyle	42.00	December 2023	Thomas Heilman
Catie DeLoof	September 2020	1:43.35	200 Freestyle	1:32.26	December 2024	Thomas Heilman
Paige Madden	September 2020	4:39.20	500 Freestyle	4:17.02	December 2023	David King
Meghan Ayres	March 2025	9:52.92	1000 Freestyle	9:07.64	March 2023	David King
Meghan Ayres	December 2024	16:36.88	1650 Freestyle	15:02.76	March 2023	David King
Caroline Gmelich	September 2020	52.68	100 Backstroke	46.76	February 2024	David King
Izzy Bradley	March 2022	1:58.97	200 Backstroke	1:40.52	February 2024	David King
Alex Walsh	September 2020	59.85	100 Breaststroke	53.00	September 2020	Keefer Barnum
Sara Czirjak	April 2024	2:11.37	200 Breaststroke	1:57.69	September 2020	Keefer Barnum
Alex Walsh	September 2020	52.19	100 Butterfly	43.86	December 2024	Thomas Heilman
Julia Menkhaus	September 2020	1:59.34	200 Butterfly	1:38.95	December 2024	Thomas Heilman
Grey Davis	March 2021	1:59.38	200 IM	1:41.26	December 2024	Thomas Heilman
Grey Davis	April 2021	4:15.45	400 IM	3:43.63	March 2023	Thomas Heilman
Morgan Thomas, Izzy Bradley, Grey Davis, Grace McCardle	March 2022	1:31.88	200 Freestyle Relay	1:19.83	April 2025	Thomas Heilman, Will Browne, Jack Hathaway, Will Charlton
Grey Davis, Morgan Thomas, Izzy Bradley, Grace McCardle	March 2022	3:23.90	400 Freestyle Relay	2:54.66	December 2023	Thomas Heilman, David King, Will Browne, Max Moore
Anne Scherer, Eliza Osada, Lily Phillips, Meghan Ayres	March 2025	7:28.05	800 Freestyle Relay	6:24.56	December 2023	Thomas Heilman, David King, Will Browne, Will Charlton
Izzy Bradley, Elisabeth Bendall, Grey Davis, Morgan Thomas	March 2022	1:40.62	200 Medley Relay	1:26.25	December 2023	David King, Max Moore, Thomas Heilman, Will Browne
Izzy Bradley, Elisabeth Bendall, Grey Davis, Morgan Thomas	March 2022	3:41.96	400 Medley Relay	3:08.95	December 2023	David King, Max Moore, Thomas Heilman, Will Browne