

RAYS' Annual Picnic and Meeting

April 18, 2015

Agenda

Parent Meeting – Todd Eichberg

Election of Officers

Lunch

Awards – Coaches

Closing remarks – Todd Eichberg





Stingrays Swimming

Dear RAYS Family,

First of all, congratulations to all of our RAYS swimmers and dedicated coaches. As a result of all your hard work, commitment to spend hours & hours in the pool, and dedication to the team & the sport of swimming, the RAYS have enjoyed a fantastic 2014 – 2015 short course swim season. This has been an incredible year for the team. At this point in time:

- We are nearly 300 swimmers strong
- We are at the Massad, Spotsylvania, and Caroline YMCA locations
- We are the 2015 North District 12 & Under Championship Meet winners!
- We were second (only behind NOVA) at the 2015 North Region 13 & over Championships!
- And I'm so proud of our swimmers who qualified for and performed so well at the 2015 VSI Senior Championships, Age Groups, Sectionals and NCSA Junior Nationals

Next, I would like to thank you to all the wonderful RAYS parents. Being parents of three swimmers, Jeni and I know first-hand the hours you spend in the car driving to practices & meets and the sacrifices you make. The sport of swimming is an all-hands evolution. Without you, none of our accomplishments are possible. So, thank you for your commitment to the team. And thank you for letting us get to know your wonderful children.

Finally, thank you for your continued support of the RAYS and for being part of the RAYS family. The team would not be the same without you. I really look forward to our long course season.

GO RAYS!!!

Todd H. Eichberg

RAYS Board President

STINGRAYS COACHING STAFF

Head Coach: Bob Herlinger
Head Ron Rosner Y Site Coach: Mike Clesner
Head Massad Y Site Coach: Sam Gaddie
Head Recruiting Coach: Andy Bertolet

Assistant Coaches:

Alexandra Bentz	Patrick Bogue	Liz Bradley
Matt Cunningham	Stephanie Hensen	Tommy Hunt
Georgia Rathje	Anna Showers	Michael Slattery
	Andy Steuart	

Recognition for special service to RAYS Swim Team

Board of Directors:

Todd Eichberg – President
April Heath – Vice-President
Danielle Euker – Secretary
Karen Sizemore – Treasurer
George Hunter – Team Manager – Massad Y
Elyse Skees – Team Manager – Spotsy Y
Julie Clements – Meet Director
Eric Braendel – Manna/Fundraising
Trina Walker – Social Chair – Massad Y
Shawna Ashton – Social Chair – Spotsy Y

House of Delegates for Virginia Swimming:

Bob Herlinger – Senior and Technical Planning committees' representative
Mike Clesner – Age group coach representative
Sam Gaddie – Coach Representative
Andy Bertolet – Alternate Representative
Katie Sell – VSI SR Athlete representative
Jacob Campbell – VSI JR Alternate Athlete representative

Awards:

Andy Bertolet and Shawna Ashton

Manna:

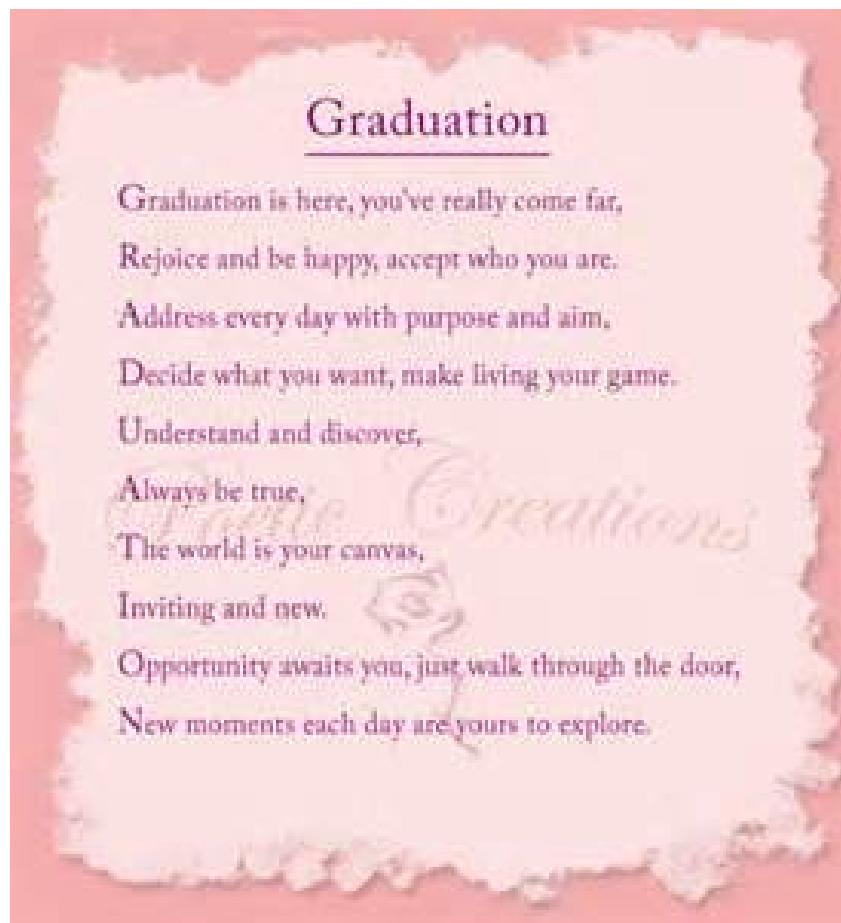
Donna Wheeler and Jenee Pins

Thanks to all our parents who volunteer to officiate:

<u>Last</u>	<u>First</u>	<u>Club</u>	<u>Expiration Date</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Bean	Julie	RAYS	12/31/2015	Stroke & Turn		
Downs	Bill	RAYS	12/31/2015	Stroke & Turn		
Hunter	George	RAYS	12/31/2015	Stroke & Turn		
Leupold	Jenny	RAYS	12/31/2015	Stroke & Turn		
Mead	Ed	RAYS	12/31/2015	Stroke & Turn		
O'hara	Pete	RAYS	12/31/2015	Stroke & Turn Chief Judge Starter Timing Judge Timing Equipment Operator Timer	Stroke & Turn Starter	N2 N2
Pins	Jenee	RAYS	12/31/2015	Stroke & Turn Chief Judge Clerk of Course Timing Judge	Stroke & Turn	N2
Sikora	Elyce	RAYS	12/31/2015	Stroke & Turn - Trainee		
Simons	Sherri	RAYS	12/31/2015	Stroke & Turn		
Sizemore	Michael	RAYS	12/31/2015	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Timing Judge	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee	N3 N2 N2 N2 N2
Smith	Lisa	RAYS	12/31/2015	Stroke & Turn		
Suhling	Stephanie	RAYS	12/31/2015	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Clerk of Course Timing Judge	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N3 N2 N2 N2
Wineinger	Kent	RAYS	12/31/2015	Stroke & Turn Starter	Stroke & Turn	N3

BEST OF LUCK TO OUR 2015 GRADUATING SENIORS!

Ryan Barry – Albright College
Lauren Lipkin – United States Naval Academy
Alex Morgan – St. Cloud State University
Isaiah Overton -
Katrina Rupert – West Virginia University
Joseph Sampson – Virginia Commonwealth University
Katie Sell – College of William and Mary
Rachel Showers –
Karah Sizemore – Campbell University
Ryan Ulrich – Towson University
Caroline Wanner – Marshall University
Eileen Williamson –
Kara Wineinger – United States Military Academy
Laura Wood -



2014-2015 RAYS' TEAM ACCOMPLISHMENTS



Top 6.6% of teams in country!

2014 STINGRAY AWARDS – USA & YMCA TOP 10/16 FINAL RANKINGS

2013-2014 YMCA Top 10/16 Results **Short Course – Yards**

11 year old Girl	Caroline Bentz – 3 rd - 50 FR, 9 th -100 FR Shay Walker – 7 th -50 BR, 5 th -100 BR
12 year old Girl	Georgia Johnson – 2 nd -50 BR
11-12 year old Girls	200 Free Relay – T 10 th -Caroline Bentz, Georgia Johnson, Kinsey Brooks, Karah Sizemore 400 Free Relay – 11 th -Georgia Johnson, Caroline Bentz, Karah Sizemore, Moira Euker 200 Medley Relay – 5 th -Moira Euker, Kinsey Brooks, Georgia Johnson, Caroline Bentz 400 Medley Relay – 5 th -Moira Euker, Georgia Johnson, Karah Sizemore, Caroline Bentz
13-14 year old Girls	400 Free Relay – 12 th -Ashley Pearson, Alexis Mead, Maddie Walker, Lexi Osleger 800 Free Relay – 13 th -Maria Behnke, Lexi Osleger, Liz Showers, Justine Meyer 400 Medley Relay – 16 th -Maria Behnke, Lexi Osleger, Maddie Walker, Ashley Pearson
15 & Older Girls	800 Free Relay – 16 th -Noland Butler, Ryan Ulrich, Annalee Johnson, Katie Sell 200 Medley Relay – 12 th -Maggie Howell, Annalee Johnson, Katie Sell, Ryan Ulrich
16 year old Girl	Annalee Johnson – 9 th -100 BR, 9 th -200 BR
13 year old Boy	Ryland Leupold – 3 rd -50 FR, 3 rd -100 FR, 10 th -100 BR Jacob Miller – 5 th -50 FR, 10 th -200 FR Dylan Eichberg – T 10 th -200 FLY
14 year old Boy	Nick Ashton – 8 th -1000 FR
13-14 year old Boys	200 Free Relay – 4 th - Ryland Leupold, Jacob Miller, Kyle Pins, Dylan Eichberg 400 Free Relay – 8 th - Ryland Leupold, Kyle Pins, Jacob Miller, Dylan Eichberg 800 Free Relay – 11 th -Jacob Miller, Ryland Leupold, Nick Ashton, Bryce Dash 200 Medley Relay – 6 th -Jacob Miller, Ryland Leupold, Kyle Pins, Dylan Eichberg 400 Medley Relay – 7 th - Jacob Miller, Ryland Leupold Dylan Eichberg, Nick Ashton
16 year old Boy	Brad Allison – 10 th -200 FR

2014 Long Course Championships

YMCA Nationals – Indiana University – July Team-tied 61st, Girls-42nd

Rachel Showers Karah Sizemore
Ryan Ulrich Kara Wineinger

Age Group Eastern Zone Champs

Nick Ashton Dylan Eichberg Georgia Johnson
Jacob Miller Ashley Pearson

Senior Champs – PSDN, Richmond, VA – July Team-14th, Girls-11th

James Anibal Maria Behnke Noland Butler
Alexa Collins Josh Friedel Matt Howard
Maggie Howell Annalee Johnson Georgia Johnson
Liz Kleveno Ryland Leupold Lexi Osleger
Ashley Pearson Samantha Segrest Katie Sell
Rachel Showers Karah Sizemore Michaela Sizemore
Ryan Ulrich Juliet Whitman Mary Williamson
Kara Wineinger Laura Wood

Age Group Champs Christiansburg, VA – July/August Team-9th, Girls-7th, Boys-12th

Nick Ashton Maria Behnke Caroline Bentz
Kinsey Brooks Tessa Campbell Carlie Clements
Ben Eichberg Dylan Eichberg Moira Euker
Maggie Heath Jackson Hunter Georgia Johnson
Nikki Koch Ryland Leupold Jacob Miller
John O'Hara Lexi Osleger Ashley Pearson
Genevieve Ross Michaela Sizemore Natalie Szenas
Madilyn Walker Shay Walker Ashley Wang
Helen Wang

2014-2015 Short Course Championships

NCSA Nationals – Orlando, FL – March

Coulton Messick Alex Morgan Katie Sell
Caroline Wanner Kara Wineinger

Sectionals – Christiansburg, VA – March

James Anibal Dylan Eichberg Ryland Leupold

Senior Champs – PSDN, Christiansburg, VA – March
Team-9th, Girls-7th, Boys-12th

James Anibal
Matt Howard
Alex Morgan
Samantha Segrest
Karah Sizemore
Juliet Whitman

Nick Ashton
Coulton Messick
Lexi Osleger
Katie Sell
Ryan Ulrich
Mary Williamson
Laura Wood

Dylan Eichberg
Nolan Monahan
Ashley Pearson
Rachel Showers
Caroline Wanner
Kara Wineinger

Age Group Champs – Christiansburg, VA – March
Team-11th, Girls-7th, Boys-14th

Pia Basilica
Kinsey Brooks
Ben Eichberg
Maggie Heath
Sarah Hybl
Thomas McGowan
Brooke Simila
Madilyn Walker
Helen Wang
Macy Wilcox

Caroline Bentz
Carlie Clements
Moiria Euker
Chase Hensen
Georgia Johnson
John O'Hara
Michaela Sizemore
Shay Walker
Tamara Wheeler
Paige Wilcox
Fiona Williamson

Margaret Braman
Bryce Dash
Kalina Frick
Cole Hensen
Ryland Leupold
Genevieve Ross
Jack Spinnanger
Ashley Wang
Justin Wilcox
Morgan Williams

Competitive Spirit Award - 2015

12 & Under
13 & Over

Kinsey Brooks and Aaron Friend/Jack Spinnanger
Marie Sampson and Chris Farrell



Stingrays Team Records 2014-2015

LC Meters-Female

9-10	200 Medley Relay	2:38.71	24-Jul-14	RAYS VA	A. WANG, T. CAMPBELL, N. SZENAS, C. CLEMENTS at AG Champs
11-12	800 Free	10:47.15	20-Jun-14	RAYS VA	CAROLINE BENTZ at WST Meet
	50 Breast	34.95	24-Jul-14	RAYS VA	GEORGIA JOHNSON at AG Champs
	100 Breast	1:18.77	24-Jul-14	RAYS VA	GEORGIA JOHNSON at AG Champs
	200 Breast	2:50.35	17-Jul-14	RAYS VA	GEORGIA JOHNSON at SR Champs
	100 Fly	1:12.43	24-Jul-14	RAYS VA	GEORGIA JOHNSON at AG Champs
	200 Free Relay	2:01.58	24-Jul-14	RAYS VA	C. BENTZ, G. JOHNSON, N. KOCH, S. WALKER at AG Champs
	400 Free Relay	4:31.86	24-Jul-14	RAYS VA	C. BENTZ, G. JOHNSON, S. WALKER, M. EUKER at AG Champs
	200 Medley Relay	2:16.22	24-Jul-14	RAYS VA	M. EUKER, G. JOHNSON, S. WALKER, C. BENTZ at AG Champs
400 Medley Relay	5:01.78	24-Jul-14	RAYS VA	M. HEATH, S. WALKER, G. JOHNSON, C. BENTZ at AG Champs	
13-14	100 Free	1:01.18	24-Jul-14	RAYS VA	ASHLEY PEARSON at AG Champs
15-16	100 Free	1:00.61	17-Jul-14	RAYS VA	KATIE SELL at SR Champs
17-18	800 Free	9:52.54	30-May-14	RAYS VA	KARAH SIZEMORE at PSDN
	1500 Free	18:56.34	20-Jun-14	RAYS VA	KARAH SIZEMORE at WST Meet
	200 Back	2:25.56	17-Jul-14	RAYS VA	KARAH SIZEMORE at SR Champs
	400 IM	5:00.95 *	17-Mar-15	RAYS VA	CAROLINE WANNER at NCSA IN
Senior	400 IM	5:00.95 *	17-Mar-15	RAYS VA	CAROLINE WANNER at NCSA IN

LC Meters-Male

9-10	200 Breast	3:41.29	3-May-14	RAYS VA	LOGAN EUKER at SNOW
11-12	1500 Free	19:29.52	20-Jun-14	RAYS VA	JOHN O'HARA at WST Meet
13-14	50 Free	25.47	24-Jul-14	RAYS VA	JACOB MILLER at AG Champs
	200 Free Relay	1:42.97	24-Jul-14	RAYS VA	D. EICHBERG, K. MILLER, R. LEUPOLD, N. ASHTON at AG Champs
	400 Free Relay	3:50.15	24-Jul-14	RAYS VA	D. EICHBERG, K. MILLER, R. LEUPOLD, N. ASHTON at AG Champs
	200 Medley Relay	2:00.98	24-Jul-14	RAYS VA	K. MILLER, R. LEUPOLD, D. EICHBERG, N. ASHTON at AG Champs

Yards-Female

10 & U	400 IM	5:39.92	3-Jan-15	RAYS VA	ASHLEY WANG at VAST Meet
11-12	50 Free	24.84	12-Mar-15	RAYS VA	CAROLINE BENTZ at AG Champs
	500 Free	5:26.11	17-Jan-15	RAYS VA	CAROLINE BENTZ at PSDN Meet
	1000 Free	11:37.52	21-Nov-14	RAYS VA	CAROLINE BENTZ at Swim & Rock
	200 Back	2:11.27	12-Mar-15	RAYS VA	CAROLINE BENTZ at AG Champs
	100 Breast	1:08.58	12-Mar-15	RAYS VA	SHAY WALKER at AG Champs
	200 Breast	2:33.17	12-Mar-15	RAYS VA	SHAY WALKER at AG Champs
	200 Free Relay	1:47.24	11-Dec-14	RAYS VA	C. BENTZ, S. WALKER, K. BROOKS, M. WILLIAMS at Marlins Meet
	400 Free Relay	3:54.74	12-Mar-15	RAYS VA	C. BENTZ, S. WALKER, M. WILCOX, M. WILLIAMS at AG Champs
	200 Medley Relay	1:58.83	18-Oct-14	RAYS VA	N. KOCH, G. JOHNSON, S. WALKER, C. BENTZ at Great Pumpkin Splash
400 Medley Relay	4:14.57	12-Mar-15	RAYS VA	S. WALKER, K. BROOKS, M. WILCOX, C. BENTZ at AG Champs	
13-14	500 Free	5:15.22	12-Mar-15	RAYS VA	Michaela E. Sizemore at 2015 VA SC AG Championships
17-18	500 Free	4:59.36	19-Feb-15	RAYS VA	CAROLINE WANNER at HS States
	100 Back	57.90	11-Dec-14	RAYS VA	KATIE SELL at Marlins Invite
	200 Back	2:02.29	11-Dec-14	RAYS VA	CAROLINE WANNER at Marlins Invite
	200 IM	2:02.60	19-Feb-15	RAYS VA	CAROLINE WANNER at HS States
	400 IM	4:21.24	17-Mar-15	RAYS VA	CAROLINE WANNER at NCSA IN
Senior	200 IM	2:02.60	19-Feb-15	RAYS VA	CAROLINE WANNER at HS States
	400 IM	4:21.24	17-Mar-15	RAYS VA	CAROLINE WANNER at NCSA IN

Yards-Male

13-14	50 Free	22.21	12-Mar-15	RAYS VA	RYLAND LEUPOLD at AG Champs
	100 Free	48.26	12-Mar-15	RAYS VA	RYLAND LEUPOLD at AG Champs
	200 Free	1:45.73	12-Mar-15	RAYS VA	RYLAND LEUPOLD at AG Champs
	200 Fly	1:57.38	11-Dec-14	RAYS VA	DYLAN EICHBERG at Marlins Invite

These are new Stingrays team records broken during the 2014-2015 swim season. For the rest, refer to the website – www.swimrays.org



Stingrays Roster 2014-2015

First Year Stingrays:

Aliyah Ahmed
Elijah Anderson
Shawna Ashton
Laney Barnes
Alexander Beamon
Allison Beamon
Jonathan Beck
Lauren Bell
Rhyan Besemer
Ciara Beverly
Kimberly Bradshaw
Joshua Braman
Margaret Braman
Cody Bullock
Trevaughn Burgee
Sydney Coffman
Brendon Dash
Angelina Davis
Jonathan Delarosa
Walter Dickey
Savannah Duffy
Alexander Dzibela
Mary Dzibela
Joselyn Echevarria
Alex Fetea
Carina Fetea
Aaron Friend
Kameron Funk
Nicholas Futrell
Owen Geddes
Morgan Good
Jacob Greene
Bryan Grupe
Caroline Hale
Rachel Harnage
John Harvey
Kaylin Hofmann
William Homer
Lucas Johnson
Tyler Jordan

Summer Jordan
Chelsea King
Elise Krushinski
Madison Lang
Morgan Leimback
Kayla Loescher
Seth Luebke
Chris Lukacs
Trish Maples
Shawn McCane
Luke McFadden
Marissa McFadden
Kevin McGowan
Matthew McGowan
Adrian McKnight
Claire Miller
Payton Mills
Alex Morgan
Abigail Morris
Morgan Nielsen
Jacob Obenheim
Nicholas Pacheck
Emma Pare
Keegan Parker
Aubrey Parker
John Pearson
Hayley Pelland
Landon Perdue
William Phillips
Sierra Poorbaugh
Andrew Rawlings
Christina Rawlings
Tyler Raybold
Isaac Ribel
Brandon Ruth
Joseph Sampson
Marie Sampson
Michael Sampson
Alexander Schroeder
Ross Shaffer

Ella Shaffer
Skyler Shaffer
Brooke Simila
Kelsey Skees
Eric Smith
Jacob Smith
Madeline Smith
Jon Spinnanger
Jack Spinnanger
Andrew Spinnanger
Aaron Steuart
Alexander Steuart
Julia Storen
Ayla Surina
Hannah Surina
Gracelyn Taylor
Wallace Taylor
Olivia Thomas
Genevieve Tuell
Isaac Turley
Meagan Turlington
Hayle Turner
Jackson Valasko
Samuel Valasko
Chanel Vuong
Caroline Wanner
Joni Wiederman
Justin Wilcox
Paige Wilcox
Macy Wilcox
Ava Wilde
Morgan Williams
Madison Williams
Ian Wilson
Cartelis Wilson II
Louis Wiltenmuth
Nathan Wineinger
Jacob Zahabi
Ryan Zubris

Second Year Stingrays:

Marleigh Althouse
Isabel Baroody
Cari Bean
Madison Bean
Olivia Bean
Kaylin Boutte
Hannah Braendel
Luke Chilton
Bryce Dash
Regan Euker
Gavin Fitzgerald
Brenna Futrell
Emma Green
Matthew Higgins
Robbie Howes
Addison Kahn

Addison Kahn
Caitlyn Kahn
Nikki Koch
Rebecca Kuney
Eli Lambert
Emily Marshall
Smith Martin
Thomas McGowan
Justine Meyer
Lauren Meyer
Peyton Meyer
Blake Miller
Brian Miller II
Cayden Moore
Nora Moore

Austin Moore
Ryan Moore
Isaiah Overton
Joshua Overton
Alexis Owens
Ashley Pearson
Bridgette Pearson
Aiden Rodriguez
Kat Rupert
Ethan Skees
Sophia Steska
Harrison Turner
Tamara Wheeler
Bryson Wright
Everett Zapata

Third Year Stingrays:

Joey Barnes
Pia Basilica
Emily Braendel
Gunther Braendel
Connor Brooks
Kinsey Brooks
Adam Brygider
Carlie Clements
Abigail Craig
Erin Cronce
Lily Eichberg
Gwyneth Frick
Jakob Frick

Kalina Frick
Madison Gard
Oliver Lambert
Kaley Lampman
Kenya Lawson
Katelynn Maitland
Makenna Moore
Morgan Moore
Reilly Moore
Luke Osleger
Genevieve Ross
William Ross

Karlie Schalk
Marlin Schalk
Chloe Schmitz
Elizabeth Schooley
Wyatt Schooley
Alex Storen
Caroline Storen
Daniel Thomas
Michael Whatley
Makayla Williams
Philip Wiltenmuth
Evan Zapata

Forth Year Stingrays:

James Anibal
Nicholas Ashton
John Baroody
Walker Berndt
Skylar Duffy
Sydney Duffy
Logan Euker
Christopher Farrell
Maggie Heath

Samantha Heath
Benjamin Hunter
Jackson Hunter
Preston Hunter
Colleen Kleveno
Greta Lambert
Joseph McDonnell
Coulton Messick
Mikayla Saar

Rebecca Saar
Elizabeth Showers
Rachel Showers
Alexis Thai-Nguyen
Ethan Thai-Nguyen
Hannah Tse
Lilly Wallach
Kara Wineinger

Fifth Year Stingrays

Eden Baroody
Caroline Bentz
Moirra Euker
Avery Geller
Kayla Geller
Joan Leist

Alexis Mead
Anna Mead
Victor Rong
Savannah Russett
Natalie Szenas
Nicholas Thomas

Evelyn Tse
Eileen Williamson
Fiona Williamson
Meg Williamson
Mary Williamson
Allison Yablonski

Sixth Year Stingrays:

Carlyn Campbell
Tessa Campbell
Benjamin Eichberg
Chase Hensen
Alexandra Johnson
Georgia Johnson

Ryland Leupold
Nolan Monahan
Adam Morrison
Kelly Morrison
John O'Hara
Madilyn Walker

Shay Walker
Stephen Wallach Jr
Ashley Wang
Helen Wang
Juliet Whitman
Sophia Zavadil

Seventh Year Stingrays:

Ryan Barry
Jacob Campbell
Matt Howard
Sarah Hybl

Bridger Johnston
Erin Lipkin
Gillian Mansfield
Molly Mansfield

Samantha Segrest
Mackenzie Simons
Ryan Ulrich
Makayla Wright

Eighth Year Stingrays:

Gillian Downs
Dylan Eichberg
Thomas Garrett

Cole Hensen
Lauren Lipkin
Erin Morrison

Lexi Osleger
Marissa Simons
Laura Wood

Ninth Year Stingrays:

Kyle Pins

Michaela Sizemore

Tenth Year Stingrays:

Maggie Hybl

Twelfth Year Stingray:

Katie Sell

Thirteenth Year Stingray:

Karah Sizemore