



Tide Swimming Coach Certification Requirements

All Tide Swimming coaches must meet all of USA Swimming's requirements to be certified as a coach member of USA Swimming. Employment is contingent upon completion of all certification requirements. Once a coach candidate has created a log in with USA Swimming and has registered as a "coach" member using the registration link provided by Tide's Director of Finance and Operations, the candidate can begin working on the certification requirements.

Coach candidates should save all electronic payment receipts for reimbursement by Tide. Should a new coach leave Tide's employment before completing 6 months of service, all certification costs paid by Tide will be charged back to the employee and deducted from the employee's final wages. If a new coach leaves Tide's employment between 6 - 9 months of service, the employee will repay ½ the total cost of certification.

The requirements are as follows:

Pre-employment Screening (forward all documentation to Director of Finance and Operations)

- Current resume with emphasis on personal swimming experience as well as any experience teaching or coaching. Include local contact information
- Proof of highest level of education in the form of a scanned copy of a diploma or an unofficial transcript
- Copy of driver's record obtained from the DMV of the state from which your driver's license was issued
- References (with contact information) from your 3 most recent employers

In-person / skills-based Safety Courses (Taught by Tide's in-house instructors)

Adult and Pediatric CPR/AED

Safety Training for Swim Coaches (STSC in-water portion)

USA Swimming Coach Registration

All coach members need to register as such with USA Swimming. The current registration link is available from team admin. Once you have an account in USA Swimming, you will be able to access all of the online courses you need to complete by clicking on "Education" in the main menu of your Dashboard.

Online Safety Courses

Safety Training for Swim Coaches (STSC online portion)

The online component must be passed before taking the in-water skills component with the Tide in-house coach instructor.

All coaches must complete the online course and test. When the course is completed, save/print the Online Content Only certificate and email it to the Director of Finance and Operations and the STSC instructor. The certificate will have a QR code that can be traced on the ARC website. The course should take 2-3 hours to

complete. Coaches can exit the course at any time and log back in to resume where they left off but once they start the final exam, they need to complete it in one session.

Concussion Protocol Training (CPT)

Coaches in Virginia take this training through the Centers for Disease Control or the National Federation of State High School Associations. Certificates of completion must be sent to the Director of Finance and Operations for forwarding on to our state local swimming committee (LSC), Virginia Swimming.

Safe Sport Requirements and Courses

Criminal Background Check

To be completed by all adult non-athlete members every two years. The cost is \$38 for new members, \$18 for renewals. Anyone who has lived in New York State may have to pay more and the process may be delayed due to NY requirements.

Athlete Protection Training

All non-athlete (coach) members must complete the online Athlete Protection Training course annually. You will be taking a course from the U.S. Center for Safe Sport. The core course takes approximately 60 minutes to complete and is offered at no charge. The refresher courses, Refresher 1, Refresher 2, and Refresher 3, offered in years 2 through 4, are significantly shorter. Be sure to navigate to the end of the course (including the survey) so that your completion will be recorded. It is also important to save a screenshot that proves you completed the course in case it is not automatically posted to your account in USA Swimming's database, SWIMS.

USA Swimming and other Required (online) Courses

USADA Coach's Advantage Tutorial (CAT)

This course is offered at no charge and all coaches must complete it annually. The course takes approximately 20 minutes to complete.

Welcome to USA Swimming

Course must be taken prior to starting on deck. It need only be taken once.

Quality Coaching Framework

Course must be taken prior to starting on deck. It need only be taken once.

Rules & Regulations for Coaches Exam

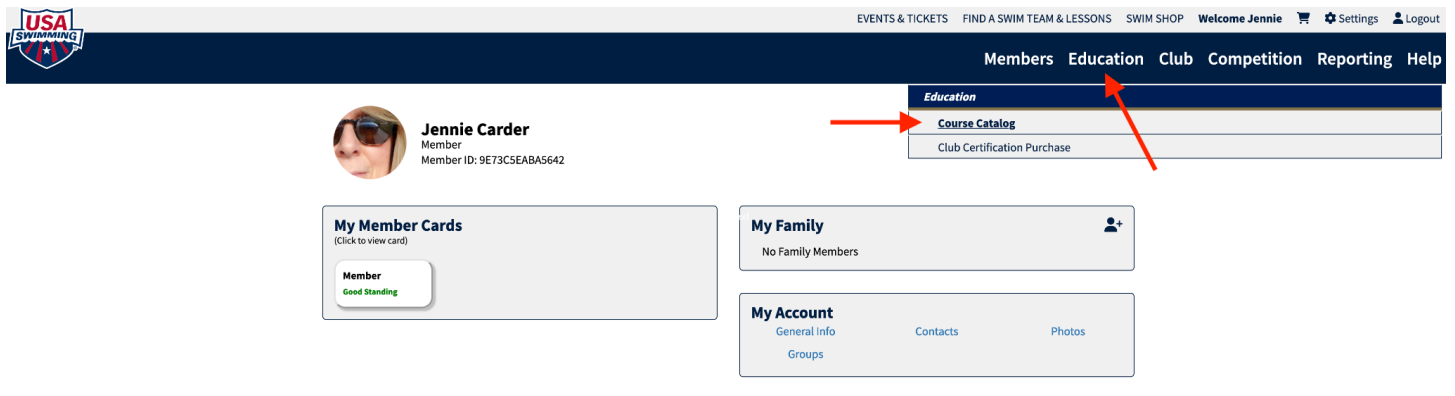
Must be completed prior to being registered as a second year coach.

Core Certification: Full course

Must be completed prior to being registered as a second year coach. There is a fee.

HOW TO ACCESS THE COURSES

Log in to your USA Swimming account and mouse over “Education” to access the drop down menu.



Click on Course Catalog, then filter the courses by clicking on “Coach” to list all courses offered to coach members. You can find all of the courses referenced on the first two pages of this document here.



Welcome to USA Swimming University

User: Jennie Carder
Roles: Member

[VIEW TRANSCRIPT](#)

[VIEW CERTIFICATIONS](#)



All



Coaches



Safe
Sport



Officials



Athletes



Parents /
Volunteers

All

CLBMS

Junior Coach

Head Coach
Certification

Requirements

Core Certification

ADM Certifications

Continuing Education

Legacy Project

Network Webinars

CERTIFICATION

AGE GROUP

ADM Age Group Certification - Full Course

The ADM Age Group Certification applies the ADM to creating your team's long-term athlete development plan for young

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CERTIFICATION

SENIOR

ADM Senior Certification - Full Course

The ADM Senior Certification applies the ADM to creating your team's long-term athlete development plan for senior

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MODULE 1

THE ADM COACH

ADM Module 1: The ADM Coach

This is Module 1 of the full ADM Certification. This course is designed to take a deep dive into the ADM for your coaching.

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MODULE 2

PROGRESSIONS IN THE ADM

ADM Module 2: Progressions in the ADM

This is Module 2 of the full ADM Certification. This course considers the 4C's of the ADM and how they relate to your coaching.

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