

# TIDE Swimming Athlete Code of Conduct

## Purpose

The purpose of this code of conduct is to provide guidelines for behavior in addition to the TIDE Core Values, Safe4Athletes, and SafeSport best practices and regulations. In doing so, we aim to promote an encouraging, welcoming, and uplifting environment and provide an example for other youth organizations.

As a swimmer/athlete member of TIDE Swimming, I agree to abide by the standards of conduct outlined below:

## TIDE Swimming Code of Conduct

As representatives of TIDE Swimming, Virginia Swimming, and USA Swimming, members of TIDE should always act with respect and with positive support towards coaches, swimmers, officials, and the greater swimming community. Behavior that reflects poorly on TIDE Swimming will not be tolerated.

1. All team members will adhere to Safe Sport Rules and Regulations.
2. Team members will not engage in any physical contact that could be deemed as unwanted or inappropriate.
3. Team members will not use obscene, profane, or abusive language.
4. Team members will respect the host personnel at our host swim meet facilities and abide by all rules concerning the use of those facilities.
5. Team members are prohibited from possession and use of illegal substances as well as possession and use of tobacco in any form, e-cigarettes and any form of “vaping”, and alcohol.
6. Team members will refrain from all illegal or inappropriate behaviors detrimental to TIDE Swimming and the team culture.
7. Bullying is prohibited. It is defined through the MAAPP SafeSport guidelines.
8. Any violations of the Code of Conduct will result in a formal review of events and actions by any combination of coaching staff, AWA’s, Tide Board members, Safe4Athletes, and SafeSport with disciplinary action to follow at the discretion of the review committee. This may result in any and/or all of the items below:
  - Swimmer restricted from participating in some or all team activities.
  - Swimmer moved to a different group at the discretion of the coaching staff and review committee.
  - Swimmer sent home from team activity at the swimmer’s expense.
  - Swimmer suspended or completely removed from the TIDE program.