



PARENT CONTRACT

Competitive swimming for Age Group swimmers should be fun and should also be a significant part of a sound educational program, embodying high standards of ethics and sportsmanship while developing good character and other important life skills. Essential elements of character building are intrinsic in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring and good citizenship. (the "Six Pillars of Character"). The highest potential of swimming is achieved when learning from the T.E.A.M. concept (Teaching, Enforcing, Advocating and Modeling these values) and by committing to the ideal of pursuing victory with honor. Good-faith efforts to honor the words and spirit of the Swimmer Code of Conduct:

TRUSTWORTHINESS

- ❖ **Trustworthiness**- Be worthy of trust in all you do.
- ❖ **Integrity**- Live up to high ideals of ethics-sportsmanship and encourage swimmers to pursue victory with honor. Do what's right even when it is unpopular or personally costly.
- ❖ **Honesty**- Live honorably. Do not lie, cheat, steal or engage in any other dishonest conduct.
- ❖ **Reliability**- Fulfill commitments. Do what you say you will do.
- ❖ **Loyalty**- Be loyal to the team; put the interests of the team above your child's personal glory.

RESPECT

- ❖ **Respect**- Always treat people with respect and require the same of your swimmer.
- ❖ **Practice** - Teach your child to be a good sport. He or She should be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect in pre- and post-practice/swim meet rituals.
- ❖ **Disrespectful Conduct**- Do not engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature or actions, trash-talking, taunting, hazing, boastful celebrations, social media posting, or other actions that demean individuals or the team.
- ❖ **Respect for Officials**- Treat swim meet officials with respect. Do not complain or argue about disqualifications or decisions during or after a swim meet.

RESPONSIBILITY

- ❖ **Importance of Academics** - Support the concept of "being a student first." A diligent student represents a great deal more than his or her academics. student-athletes who do not have a serious

commitment to their education will never see a college career come to fruition.

- ❖ **Role Modeling-** Remember, participation in swimming is a privilege, not a right. Parent/guardians should also represent the team, coach, and teammates with honor, on and off the pool deck. Consistently exhibit good character and conduct yourself as a positive role model.

Self-Control- Exercise self-control. Do not show excessive displays of anger or frustration.

FAIRNESS

- ❖ **Fairness and Openness-** Live up to high standards of fair play. Be open-minded, always willing to listen and learn.

CARING

- ❖ **Caring Environment-** Consistently demonstrates concern for swimmers as individuals and encourage them to look out for one another and think and act as a team. Helps promote the well- being of swimmers by reporting any unhealthy or dangerous or illegal conduct to a coach or board member.

CITIZENSHIP

- ❖ **Spirit of the Rules-** Honor the spirit and the letter of rules. Teach your children to avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of the Swimmer Code of Conduct and this Contract. I acknowledge that my child may be disciplined or removed from a team if he/she violates any of their provisions.

Parent/Guardian Signature

Date

Print Name

Date

Group

Swimmer's Name