

Winchester Long Course Invitational June 20-22, 2025



Year-ROUND TEAM MEMBERS: Each family must volunteer for **8 hours** over the 3-day course meet in June 2025. If not satisfied, a volunteer fee of \$250 will be assessed for each family account. We would rather have your help than your money. Every family is expected to donate items for concessions and hospitality.

- **Volunteers needed per session:**

- Clerk of Course (2) - Confirms swimmers are in the correct heat and lane.
- Timer (2) - One timer is assigned to each lane with an automated stopwatch, manual watch, or record board.
- Head Timer (1) - backup timer starts a backup stopwatch at the beginning of each race. Checks timers in from other teams and provides bathroom breaks.
- Meet Marshal (4) - positioned around the pool, managing spectators and directing swimmers back to the athlete staging area after their race, bathroom monitor.
- Hospitality (2) - prepare food and beverages for volunteers, officials, and coaches.
- Concessions (2) - prepare and serve concessions to swimmers and spectators.
- Heat Winner award - give a prize to the winner of that heat.

- **Food donations** - sign up on the list through team unify and bring donations to the pool Thursday evening unless otherwise stated on the signup. Donations will be accepted at 7 pm.
- Set-up and breakdown of equipment and tents before and post-meet. Set-up will begin at 7 pm on Thursday, June 19, 2025.





Why host a swim meet?

ONE

Financial.

On some teams, meets are an essential source of revenue. Without hosting several meets a year, dues would be raised significantly, or services cut, or the team does not survive in worst-case scenarios. Helping out and making a meet successful, whether or not your child is swimming, is a win-win.

TWO

Community.

Donating your valuable time to something other than your immediate family and doing something for the greater good of the community has many benefits. You'll find unique satisfaction in taking the time to volunteer.

THREE

Role Modeling.

Getting involved directly shows your children what it means to be a good citizen. You're leading by example by spending time helping others. Our children learn from our actions. You're teaching your child to be a contributor, not a taker.

FOUR

Team bonding.

There's nothing like a meet to get all parents working together for a common goal. When everybody is busy together, working hard, you'll form a tighter community within your team's families.

FIVE

Thinking on your feet.

At meets, something is bound to go wrong. Whether a lane line snaps in two or a plumbing problem in the bathroom, we are forced to think on our feet, solve problems, work together, and put on our best face.

SIX

Customer service.

Being on the serving end of a meet, whether in the snack bar or under the admin tent, reminds us what it's like to be a gracious host, no matter what difficult person stands before us. Also, it's a friendly reminder to be a little more empathetic with the host team when you're at an away meet.

SEVEN

It's not all about your swimmer.

It's an eye-opener when you're involved all weekend in hosting a meet. You're not wearing blinders, focused only on your swimmer and their needs. You'll see a swimming world full of swimmers, parents, grandparents, coaches, administrators, officials—a whole world to be thankful to be a small part of the swim team.



If you have any questions, please contact, Tiffanie Lugo - at tiffanie.lugo@winchesterswimteam.com