



Tentative 2026 LC Meet Schedule

Date	Meet Name	Host Team	Location
April 25-26th	SwimRVA Meet	SwimRVA	CSAC, Richmond, VA
May 1-3rd	Helen Wang Meet	RAYS	Jeff Rouse, Stafford, VA
May 15-18th	EZ LC Super Sectionals **	SwimRVA	CSAC, Richmond, VA
May 15-17th	HVAC Meet	HVAC	Hampton Aquaplex, Hampton, VA
June 5-7th	Storm Surge	Hanover	Jeff Rouse, Stafford, VA
June 26-28th	LC Districts	NOVA	NOVA, Regency Pool
July 9-12th	Senior Champs **	SwimRVA	CSAC, Richmond, VA
July 16-19th	Age Group Champs **	LY	Liberty Univ, Lynchburg, VA
July 29-Aug 1st	EZ LC Age Group Champs ** (VA Swim Sponsored—not a team event) Speedo Jr Nats (Irvine), Futures, NCSA—to be determined **	NOVA	NOVA, Regency Pool
** Qualifying Times required			