

Swim & Rock 2011, Sanction #: PVI-
November 18-20, 2011
Session Report

Session: 1 Friday AM (11-18) Girls Prelims

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 13-14 200 Breaststroke	35	5u	08:00 AM	_____
Prelims	3 Girls 15-18 200 Breaststroke	15	2u	08:17 AM	_____
Prelims	5 Girls 11-12 200 Breaststroke	32	4u	08:23 AM	_____
Prelims	7 Girls 13-14 100 Butterfly	41	6	08:38 AM	_____
Prelims	9 Girls 15-18 100 Butterfly	28	4	08:49 AM	_____
Prelims	11 Girls 11-12 100 Butterfly	29	4	08:55 AM	_____
Prelims	13 Girls 13-14 50 Freestyle	67	9	09:03 AM	_____
Prelims	15 Girls 15-18 50 Freestyle	36	5	09:10 AM	_____
Prelims	17 Girls 13-14 200 IM	57	8u	09:15 AM	_____
Prelims	19 Girls 15-18 200 IM	26	4u	09:39 AM	_____
Prelims	21 Girls 11-12 200 IM	38	5u	09:50 AM	_____
	Break: 10 Minutes				
Prelims	23 Girls 13-14 500 Freestyle	28	4u	10:16 AM	_____
Finals	25 Girls 11-12 500 Freestyle	34	5u	10:41 AM	_____
	Swimmer Count for Warm-ups: 211	=====	=====		
	Entry / Heat Totals:	466	65		
	Finish Time			11:17 AM	_____

Session: 2 Friday AM (11-18) Boys Prelims

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	2 Boys 13-14 200 Breaststroke	26	4u	08:00 AM	_____
Prelims	4 Boys 15-18 200 Breaststroke	18	3u	08:13 AM	_____
Prelims	6 Boys 11-12 200 Breaststroke	16	3u	08:23 AM	_____
Prelims	8 Boys 13-14 100 Butterfly	21	3	08:34 AM	_____
Prelims	10 Boys 15-18 100 Butterfly	40	6	08:39 AM	_____
Prelims	12 Boys 11-12 100 Butterfly	20	3	08:48 AM	_____
Prelims	14 Boys 13-14 50 Freestyle	36	6	08:54 AM	_____
Prelims	16 Boys 15-18 50 Freestyle	45	7	08:59 AM	_____
Prelims	18 Boys 13-14 200 IM	28	4u	09:04 AM	_____
Prelims	20 Boys 15-18 200 IM	39	6u	09:16 AM	_____
Prelims	22 Boys 11-12 200 IM	23	4u	09:31 AM	_____
	Break: 10 Minutes				
Prelims	24 Boys 13-14 500 Freestyle	18	3u	09:55 AM	_____
Finals	26 Boys 11-12 500 Freestyle	19	3u	10:15 AM	_____
	Swimmer Count for Warm-ups: 159	=====	=====		
	Entry / Heat Totals:	349	55		
	Finish Time			10:40 AM	_____

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Session: 3 Friday PM (11-18) Girls & Boys Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13-14 200 Breaststroke	16	2u	06:00 PM	_____
Finals	2 Boys 13-14 200 Breaststroke	16	2u	06:08 PM	_____
Finals	3 Girls 15-18 200 Breaststroke	15	2u	06:15 PM	_____
Finals	4 Boys 15-18 200 Breaststroke	16	2u	06:23 PM	_____
Finals	5 Girls 11-12 200 Breaststroke	8	1u	06:30 PM	_____
Finals	6 Boys 11-12 200 Breaststroke	8	1u	06:33 PM	_____
Finals	7 Girls 13-14 100 Butterfly	16	2u	06:38 PM	_____
Finals	8 Boys 13-14 100 Butterfly	16	2u	06:42 PM	_____
Finals	9 Girls 15-18 100 Butterfly	16	2u	06:46 PM	_____
Finals	10 Boys 15-18 100 Butterfly	16	2u	06:50 PM	_____
Finals	11 Girls 11-12 100 Butterfly	8	1u	06:54 PM	_____
Finals	12 Boys 11-12 100 Butterfly	8	1u	06:56 PM	_____
Finals	13 Girls 13-14 50 Freestyle	16	2u	06:58 PM	_____
Finals	14 Boys 13-14 50 Freestyle	16	2u	07:01 PM	_____
Finals	15 Girls 15-18 50 Freestyle	16	2u	07:04 PM	_____
Finals	16 Boys 15-18 50 Freestyle	16	2u	07:07 PM	_____
Finals	17 Girls 13-14 200 IM	16	2u	07:10 PM	_____
Finals	18 Boys 13-14 200 IM	16	2u	07:17 PM	_____
Finals	19 Girls 15-18 200 IM	16	2u	07:23 PM	_____
Finals	20 Boys 15-18 200 IM	16	2u	07:30 PM	_____
Finals	21 Girls 11-12 200 IM	8	1u	07:36 PM	_____
Finals	22 Boys 11-12 200 IM	8	1u	07:40 PM	_____
	Break: 10 Minutes				
Finals	23 Girls 13-14 500 Freestyle	8	1u	07:53 PM	_____
Finals	24 Boys 13-14 500 Freestyle	8	1u	08:00 PM	_____
	Swimmer Count for Warm-ups: 178	=====	=====		
	Entry / Heat Totals:	319	40		
	Finish Time			08:06 PM	_____

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Session: 4 Saturday AM (13-18) Girls Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 13-14 200 Freestyle Relay	13	2	08:00 AM	_____
Finals	29 Girls 15-18 200 Freestyle Relay	12	2	08:05 AM	_____
Prelims	31 Girls 13-14 400 IM	37	5u	08:09 AM	_____
Prelims	33 Girls 15-18 400 IM	24	3u	08:38 AM	_____
Prelims	35 Girls 13-14 200 Freestyle	105	14u	08:54 AM	_____
Prelims	37 Girls 15-18 200 Freestyle	70	9u	09:33 AM	_____
Prelims	39 Girls 13-14 100 Backstroke	110	14	09:55 AM	_____
Prelims	41 Girls 15-18 100 Backstroke	71	9	10:22 AM	_____
	Break: 10 Minutes				
Prelims	43 Girls 15-18 500 Freestyle	42	6u	10:48 AM	_____
	Swimmer Count for Warm-ups: 209	=====	=====		
	Entry / Heat Totals:	484	64		
	Finish Time			11:26 AM	_____

Session: 5 Saturday AM (13-18) Boys Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	28 Boys 13-14 200 Freestyle Relay	11	2	08:00 AM	_____
Finals	30 Boys 15-18 200 Freestyle Relay	14	2	08:05 AM	_____
Prelims	32 Boys 13-14 400 IM	40	6u	08:09 AM	_____
Prelims	34 Boys 15-18 400 IM	25	4u	08:43 AM	_____
Prelims	36 Boys 13-14 200 Freestyle	87	13u	09:04 AM	_____
Prelims	38 Boys 15-18 200 Freestyle	90	13u	09:38 AM	_____
Prelims	40 Boys 13-14 100 Backstroke	89	13	10:09 AM	_____
Prelims	42 Boys 15-18 100 Backstroke	84	12	10:34 AM	_____
	Break: 10 Minutes				
Prelims	44 Boys 15-18 500 Freestyle	50	8u	11:05 AM	_____
	Swimmer Count for Warm-ups: 208	=====	=====		
	Entry / Heat Totals:	490	73		
	Finish Time			11:51 AM	_____

Swim & Rock 2011, Sanction #: PVI-
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Session Report

Session: 6 Saturday PM (9-12) Girls Timed Finals

Day of Meet: 2 Starts at 12:45 PM Heat Interval: 20 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Girls 11-12 200 Medley Relay	15	2	12:45 PM	_____
Finals	67 Girls 9-10 200 Medley Relay	14	2	12:52 PM	_____
Prelims	69 Girls 11-12 200 Freestyle	59	8u	01:00 PM	_____
Finals	71 Girls 9-10 200 Freestyle	32	4u	01:24 PM	_____
Prelims	73 Girls 11-12 100 Breaststroke	97	13u	01:37 PM	_____
Finals	75 Girls 9-10 100 Breaststroke	74	10u	02:02 PM	_____
Prelims	77 Girls 11-12 200 Butterfly	10	2u	02:24 PM	_____
Finals	79 Girls 9-10 50 Butterfly	76	10	02:31 PM	_____
Prelims	81 Girls 11-12 50 Freestyle	137	18	02:43 PM	_____
Finals	83 Girls 9-10 50 Freestyle	136	17	02:59 PM	_____
Prelims	85 Girls 11-12 100 IM	131	17u	03:18 PM	_____
Finals	87 Girls 9-10 100 IM	90	12u	03:47 PM	_____
Prelims	89 Girls 11-12 100 Backstroke	78	10u	04:11 PM	_____
Finals	91 Girls 9-10 100 Backstroke	55	7u	04:34 PM	_____
	Swimmer Count for Warm-ups: 354	=====	=====		
	Entry / Heat Totals:	1,004	132		
	Finish Time			04:51 PM	_____

Session: 7 Saturday PM (9-12) Boys Timed Finals

Day of Meet: 2 Starts at 12:45 PM Heat Interval: 20 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	66 Boys 11-12 200 Medley Relay	12	2	12:45 PM	_____
Finals	68 Boys 9-10 200 Medley Relay	12	2	12:52 PM	_____
Prelims	70 Boys 11-12 200 Freestyle	44	7u	12:59 PM	_____
Finals	72 Boys 9-10 200 Freestyle	24	4u	01:20 PM	_____
Prelims	74 Boys 11-12 100 Breaststroke	53	8	01:33 PM	_____
Finals	76 Boys 9-10 100 Breaststroke	49	7	01:50 PM	_____
Prelims	78 Boys 11-12 200 Butterfly	6	1u	02:06 PM	_____
Finals	80 Boys 9-10 50 Butterfly	58	9	02:10 PM	_____
Prelims	82 Boys 11-12 50 Freestyle	85	13	02:20 PM	_____
Finals	84 Boys 9-10 50 Freestyle	97	14	02:32 PM	_____
Prelims	86 Boys 11-12 100 IM	66	10	02:46 PM	_____
Finals	88 Boys 9-10 100 IM	66	10	03:05 PM	_____
Prelims	90 Boys 11-12 100 Backstroke	66	10	03:25 PM	_____
Finals	92 Boys 9-10 100 Backstroke	40	6	03:49 PM	_____
	Swimmer Count for Warm-ups: 243	=====	=====		
	Entry / Heat Totals:	678	103		
	Finish Time			04:04 PM	_____

Swim & Rock 2011, Sanction #: PVI-
November 18-20, 2011
Session Report

Session: 8 Saturday PM (11-18) Girls & Boys Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	69 Girls 11-12 200 Freestyle	8	1u	06:00 PM	_____
Finals	70 Boys 11-12 200 Freestyle	8	1u	06:04 PM	_____
Finals	31 Girls 13-14 400 IM	8	1u	06:07 PM	_____
Finals	32 Boys 13-14 400 IM	8	1u	06:13 PM	_____
Finals	73 Girls 11-12 100 Breaststroke	8	1u	06:19 PM	_____
Finals	74 Boys 11-12 100 Breaststroke	8	1u	06:21 PM	_____
Finals	33 Girls 15-18 400 IM	8	1u	06:23 PM	_____
Finals	34 Boys 15-18 400 IM	8	1u	06:29 PM	_____
Finals	77 Girls 11-12 200 Butterfly	8	1u	06:34 PM	_____
Finals	78 Boys 11-12 200 Butterfly	6	1u	06:38 PM	_____
Finals	35 Girls 13-14 200 Freestyle	16	2u	06:42 PM	_____
Finals	36 Boys 13-14 200 Freestyle	16	2u	06:48 PM	_____
Finals	81 Girls 11-12 50 Freestyle	8	1u	06:54 PM	_____
Finals	82 Boys 11-12 50 Freestyle	8	1u	06:56 PM	_____
Finals	37 Girls 15-18 200 Freestyle	16	2u	06:57 PM	_____
Finals	38 Boys 15-18 200 Freestyle	16	2u	07:03 PM	_____
Finals	39 Girls 13-14 100 Backstroke	16	2u	07:09 PM	_____
Finals	40 Boys 13-14 100 Backstroke	16	2u	07:13 PM	_____
Finals	85 Girls 11-12 100 IM	8	1u	07:18 PM	_____
Finals	86 Boys 11-12 100 IM	8	1u	07:20 PM	_____
Finals	41 Girls 15-18 100 Backstroke	16	2u	07:22 PM	_____
Finals	42 Boys 15-18 100 Backstroke	16	2u	07:27 PM	_____
Finals	89 Girls 11-12 100 Backstroke	8	1u	07:31 PM	_____
Finals	90 Boys 11-12 100 Backstroke	8	1u	07:34 PM	_____
Finals	43 Girls 15-18 500 Freestyle	8	1u	07:36 PM	_____
Finals	44 Boys 15-18 500 Freestyle	8	1u	07:42 PM	_____
	Swimmer Count for Warm-ups: 155	=====	=====		
	Entry / Heat Totals:	270	34		
	Finish Time			07:48 PM	_____

Swim & Rock 2011, Sanction #: PVI-
November 18-20, 2011
Session Report

Session: 9 Sunday AM (13-18) Girls Timed Finals

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 15-18 200 Medley Relay	13	2	08:00 AM	_____
Finals	47 Girls 13-14 200 Medley Relay	13	2	08:06 AM	_____
Finals	49 Girls 15-18 200 Backstroke	50	7u	08:11 AM	_____
Finals	51 Girls 13-14 200 Backstroke	65	9u	08:33 AM	_____
Finals	53 Girls 15-18 100 Freestyle	82	11	09:02 AM	_____
Finals	55 Girls 13-14 100 Freestyle	127	16	09:17 AM	_____
Finals	57 Girls 15-18 200 Butterfly	28	4u	09:41 AM	_____
Finals	59 Girls 13-14 200 Butterfly	26	4u	09:52 AM	_____
Finals	61 Girls 15-18 100 Breaststroke	63	8	10:04 AM	_____
Finals	63 Girls 13-14 100 Breaststroke	111	14	10:18 AM	_____
	Swimmer Count for Warm-ups: 240	=====	=====		
	Entry / Heat Totals:	578	77		
	Finish Time			10:43 AM	_____

Session: 10 Sunday AM (13-18) Boys Timed Finals

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	46 Boys 15-18 200 Medley Relay	15	3	08:00 AM	_____
Finals	48 Boys 13-14 200 Medley Relay	11	2	08:08 AM	_____
Finals	50 Boys 15-18 200 Backstroke	55	8u	08:14 AM	_____
Finals	52 Boys 13-14 200 Backstroke	55	8u	08:37 AM	_____
Finals	54 Boys 15-18 100 Freestyle	90	13	09:02 AM	_____
Finals	56 Boys 13-14 100 Freestyle	94	14	09:20 AM	_____
Finals	58 Boys 15-18 200 Butterfly	25	4u	09:40 AM	_____
Finals	60 Boys 13-14 200 Butterfly	16	3u	09:51 AM	_____
Finals	62 Boys 15-18 100 Breaststroke	64	10	10:00 AM	_____
Finals	64 Boys 13-14 100 Breaststroke	86	13	10:16 AM	_____
	Swimmer Count for Warm-ups: 215	=====	=====		
	Entry / Heat Totals:	511	78		
	Finish Time			10:40 AM	_____

Swim & Rock 2011, Sanction #: PVI-
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Session Report

Session: 11 Sunday PM (9-12) Girls Timed Finals

Day of Meet: 3 Starts at 12:45 PM Heat Interval: 20 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	93 Girls 11-12 200 Freestyle Relay	14	2	12:45 PM	_____
Finals	95 Girls 9-10 200 Freestyle Relay	11	2	12:50 PM	_____
Finals	97 Girls 11-12 200 Backstroke	37	5u	12:56 PM	_____
Finals	99 Girls 9-10 200 IM	23	3u	01:15 PM	_____
Finals	101 Girls 11-12 50 Breaststroke	116	15	01:25 PM	_____
Finals	103 Girls 9-10 50 Breaststroke	117	15	01:43 PM	_____
Finals	105 Girls 11-12 100 Freestyle	120	15	02:01 PM	_____
Finals	107 Girls 9-10 100 Freestyle	105	14	02:26 PM	_____
Finals	109 Girls 11-12 50 Backstroke	111	14	02:52 PM	_____
Finals	111 Girls 9-10 50 Backstroke	110	14	03:14 PM	_____
Finals	113 Girls 11-12 50 Butterfly	101	13	03:37 PM	_____
Finals	115 Girls 9-10 100 Butterfly	18	3	03:50 PM	_____
	Break: 10 Minutes				
Finals	117 Girls 9-10 500 Freestyle	3	1u	04:07 PM	_____
	Swimmer Count for Warm-ups: 323	=====	=====		
	Entry / Heat Totals:	886	116		
	Finish Time			04:16 PM	_____

Session: 12 Sunday PM (9-12) Boys Timed Finals

Day of Meet: 3 Starts at 12:45 PM Heat Interval: 20 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	94 Boys 11-12 200 Freestyle Relay	12	2	12:45 PM	_____
Finals	96 Boys 9-10 200 Freestyle Relay	11	2	12:51 PM	_____
Finals	98 Boys 11-12 200 Backstroke	27	4u	12:56 PM	_____
Finals	100 Boys 9-10 200 IM	22	4u	01:11 PM	_____
Finals	102 Boys 11-12 50 Breaststroke	53	8	01:26 PM	_____
Finals	104 Boys 9-10 50 Breaststroke	81	12	01:35 PM	_____
Finals	106 Boys 11-12 100 Freestyle	77	11	01:49 PM	_____
Finals	108 Boys 9-10 100 Freestyle	78	12	02:07 PM	_____
Finals	110 Boys 11-12 50 Backstroke	64	10	02:30 PM	_____
Finals	112 Boys 9-10 50 Backstroke	91	13	02:45 PM	_____
Finals	114 Boys 11-12 50 Butterfly	63	9	03:07 PM	_____
Finals	116 Boys 9-10 100 Butterfly	15	3	03:16 PM	_____
	Break: 10 Minutes				
Finals	118 Boys 9-10 500 Freestyle	10	2u	03:32 PM	_____
	Swimmer Count for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	604	92		
	Finish Time			03:52 PM	_____