

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 1A Thursday Distance Girls (SHALLOW)

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 500 Freestyle	26	4 u	05:00 PM	_____
Finals	3 Girls 13 & Over 1650 Freestyle	30	4 u	05:35 PM	_____
	Break: 5 Minutes:				
Finals	5 Girls 13 & Over 800 Freestyle Relay	18	3 u	07:02 PM	_____
	Swimmers Counts for Warm-ups: 71	=====	=====		
	Entry / Heat Totals:	74	11		
	Finish Time			07:30 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	5	4		
HNVR	Hanover Aquatics	5	5		
NCAP	Nation's Capital Swim Club	9	9		
NOVA	Nova of Virginia Aquatics	10	1		
QSTS	Quest Swimming	6	12		
RAYS	Stingrays Swim Team	25	21		
TIDE	Tide Swimming	13	18		
UN	Unattched	1	1		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 1B Thursday Distance Boys (DEEP)

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Boys 12 & Under 500 Freestyle	26	4 u	05:00 PM	_____
Finals	4 Boys 13 & Over 1650 Freestyle	34	5 u	05:33 PM	_____
	Break: 5 Minutes:				
Finals	6 Boys 13 & Over 800 Freestyle Relay	18	3 u	07:17 PM	_____
	Swimmers Counts for Warm-ups: 74	=====	=====		
	Entry / Heat Totals:	78	12		
	Finish Time			07:44 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	3	3		
HNVR	Hanover Aquatics	9	8		
NCAP	Nation's Capital Swim Club	7	7		
NOVA	Nova of Virginia Aquatics	17	8		
QSTS	Quest Swimming	5	10		
RAYS	Stingrays Swim Team	22	18		
TIDE	Tide Swimming	13	18		
WST	Winchester Swim Team	2	2		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 2A Friday 13 & Over Prelims Girls (DEEP)

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 13 & Over 400 Medley Relay	20	3 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	9 Girls 13-14 200 Freestyle	69	9 u	08:35 AM	_____
Prelims	11 Girls 15 & Over 200 Freestyle	86	11 u	09:00 AM	_____
Prelims	13 Girls 13-14 100 Breaststroke	60	8 u	09:29 AM	_____
Prelims	15 Girls 15 & Over 100 Breaststroke	59	8 u	09:44 AM	_____
Prelims	17 Girls 13-14 100 Butterfly	41	6 u	09:57 AM	_____
Prelims	19 Girls 15 & Over 100 Butterfly	65	9 u	10:08 AM	_____
Prelims	21 Girls 13-14 50 Backstroke	54	7 u	10:22 AM	_____
Prelims	23 Girls 15 & Over 50 Backstroke	37	5 u	10:31 AM	_____
	Break: 5 Minutes:				
Finals	25 Girls 13 & Over 400 Freestyle Relay	20	3 u	10:42 AM	_____
	Break: 5 Minutes:				
Prelims	27 Girls 13 & Over 400 IM	26	4 u	11:00 AM	_____
	Swimmers Counts for Warm-ups: 237	=====	=====		
	Entry / Heat Totals:	537	73		
	Finish Time			11:23 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	27	11		
HNVR	Hanover Aquatics	40	15		
NCAP	Nation's Capital Swim Club	60	26		
NOVA	Nova of Virginia Aquatics	123	51		
QSTS	Quest Swimming	49	20		
STAT	Stafford Aquatics Team	24	12		
RAYS	Stingrays Swim Team	128	53		
TIDE	Tide Swimming	103	46		
WST	Winchester Swim Team	7	3		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 2B Friday 13 & Over Prelims Boys (SHALLOW)

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	8 Boys 13 & Over 400 Medley Relay	20	3 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	10 Boys 13-14 200 Freestyle	59	8 u	08:34 AM	_____
Prelims	12 Boys 15 & Over 200 Freestyle	70	9 u	08:56 AM	_____
Prelims	14 Boys 13-14 100 Breaststroke	51	7 u	09:17 AM	_____
Prelims	16 Boys 15 & Over 100 Breaststroke	47	6 u	09:30 AM	_____
Prelims	18 Boys 13-14 100 Butterfly	47	6 u	09:39 AM	_____
Prelims	20 Boys 15 & Over 100 Butterfly	62	8 u	09:49 AM	_____
Prelims	22 Boys 13-14 50 Backstroke	35	5 u	10:00 AM	_____
Prelims	24 Boys 15 & Over 50 Backstroke	25	4 u	10:06 AM	_____
	Break: 5 Minutes:				
Finals	26 Boys 13 & Over 400 Freestyle Relay	20	3 u	10:17 AM	_____
	Break: 5 Minutes:				
Prelims	28 Boys 13 & Over 400 IM	40	5 u	10:34 AM	_____
Prelims	27 Girls 13 & Over 400 IM	24	3 u	11:01 AM	_____
	Swimmers Counts for Warm-ups: 251	=====	=====		
	Entry / Heat Totals:	500	67		
	Finish Time			11:18 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	28	14		
HNVR	Hanover Aquatics	46	20		
NCAP	Nation's Capital Swim Club	72	36		
NOVA	Nova of Virginia Aquatics	114	50		
ODAC	Old Dominion Aquatic Club	2	1		
QSTS	Quest Swimming	38	18		
STAT	Stafford Aquatics Team	4	2		
RAYS	Stingrays Swim Team	120	58		
TIDE	Tide Swimming	94	48		
UN-NC	Unattached Ncap	2	1		
WST	Winchester Swim Team	6	3		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 3 Friday 12 & Under Prelims (DEEP)

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 9-10 200 Medley Relay	6	1 u	12:30 PM	_____
Finals	30 Boys 9-10 200 Medley Relay	3	1 u	12:35 PM	_____
Finals	31 Girls 11-12 400 Medley Relay	7	1 u	12:39 PM	_____
Finals	32 Boys 11-12 400 Medley Relay	7	1 u	12:46 PM	_____
	Break: 5 Minutes:				
Prelims	33 Girls 12 & Under 200 Freestyle	49	7 u	12:59 PM	_____
Prelims	34 Boys 12 & Under 200 Freestyle	47	6 u	01:22 PM	_____
Prelims	35 Girls 12 & Under 50 Breaststroke	93	12 u	01:43 PM	_____
Prelims	36 Boys 12 & Under 50 Breaststroke	69	9 u	01:59 PM	_____
Prelims	37 Girls 12 & Under 100 Butterfly	27	4 u	02:10 PM	_____
Prelims	38 Boys 12 & Under 100 Butterfly	26	4 u	02:19 PM	_____
Prelims	39 Girls 12 & Under 50 Backstroke	110	14 u	02:26 PM	_____
Prelims	40 Boys 12 & Under 50 Backstroke	79	10 u	02:46 PM	_____
Prelims	41 Girls 11-12 200 Breaststroke	15	2 u	03:00 PM	_____
Prelims	42 Boys 11-12 200 Breaststroke	12	2 u	03:08 PM	_____
	Swimmers Counts for Warm-ups: 243	=====	=====		
	Entry / Heat Totals:	550	74		
	Finish Time			03:17 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
HNVR	Hanover Aquatics	66	27		
NCAP	Nation's Capital Swim Club	143	61		
QSTS	Quest Swimming	45	20		
STAT	Stafford Aquatics Team	18	10		
RAYS	Stingrays Swim Team	235	104		
TIDE	Tide Swimming	20	9		
UN-NC	Unattached Ncap	2	1		
UN	Unattched	3	1		
WST	Winchester Swim Team	18	10		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 12 & Under 200 Freestyle	16	2 u	05:00 PM	_____
Finals	34 Boys 12 & Under 200 Freestyle	16	2 u	05:07 PM	_____
Finals	9 Girls 13-14 200 Freestyle	16	2 u	05:14 PM	_____
Finals	10 Boys 13-14 200 Freestyle	16	2 u	05:20 PM	_____
Finals	11 Girls 15 & Over 200 Freestyle	24	3 u	05:26 PM	_____
Finals	12 Boys 15 & Over 200 Freestyle	24	3 u	05:35 PM	_____
Finals	35 Girls 12 & Under 50 Breaststroke	16	2 u	05:43 PM	_____
Finals	36 Boys 12 & Under 50 Breaststroke	16	2 u	05:46 PM	_____
Finals	13 Girls 13-14 100 Breaststroke	16	2 u	05:50 PM	_____
Finals	14 Boys 13-14 100 Breaststroke	16	2 u	05:54 PM	_____
Finals	15 Girls 15 & Over 100 Breaststroke	24	3 u	05:58 PM	_____
Finals	16 Boys 15 & Over 100 Breaststroke	24	3 u	06:05 PM	_____
Finals	37 Girls 12 & Under 100 Butterfly	16	2 u	06:11 PM	_____
Finals	38 Boys 12 & Under 100 Butterfly	16	2 u	06:16 PM	_____
Finals	17 Girls 13-14 100 Butterfly	16	2 u	06:20 PM	_____
Finals	18 Boys 13-14 100 Butterfly	16	2 u	06:24 PM	_____
Finals	19 Girls 15 & Over 100 Butterfly	24	3 u	06:28 PM	_____
Finals	20 Boys 15 & Over 100 Butterfly	24	3 u	06:34 PM	_____
Finals	39 Girls 12 & Under 50 Backstroke	16	2 u	06:40 PM	_____
Finals	40 Boys 12 & Under 50 Backstroke	16	2 u	06:44 PM	_____
Finals	21 Girls 13-14 50 Backstroke	16	2 u	06:47 PM	_____
Finals	22 Boys 13-14 50 Backstroke	16	2 u	06:51 PM	_____
Finals	23 Girls 15 & Over 50 Backstroke	24	3 u	06:54 PM	_____
Finals	24 Boys 15 & Over 50 Backstroke	24	3 u	07:00 PM	_____
Finals	27 Girls 13 & Over 400 IM	16	2 u	07:05 PM	_____
Finals	28 Boys 13 & Over 400 IM	16	2 u	07:16 PM	_____
Finals	41 Girls 11-12 200 Breaststroke	8	1 u	07:28 PM	_____
Finals	42 Boys 11-12 200 Breaststroke	8	1 u	07:32 PM	_____
	Swimmers Counts for Warm-ups: 312	=====	=====		
	Entry / Heat Totals:	496	62		
	Finish Time			07:36 PM	_____

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 5A Saturday 13 & Over Girls Prelims (SHALLOW)

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 13 & Over 200 Freestyle Relay	25	4 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	45 Girls 13-14 200 Butterfly	15	2 u	08:30 AM	_____
Prelims	47 Girls 15 & Over 200 Butterfly	28	4 u	08:36 AM	_____
Prelims	49 Girls 13-14 50 Freestyle	104	13 u	08:48 AM	_____
Prelims	51 Girls 15 & Over 50 Freestyle	105	14 u	09:00 AM	_____
Prelims	53 Girls 13-14 200 Breaststroke	55	7 u	09:12 AM	_____
Prelims	55 Girls 15 & Over 200 Breaststroke	51	7 u	09:36 AM	_____
Prelims	57 Girls 13-14 100 Backstroke	91	12 u	09:58 AM	_____
Prelims	59 Girls 15 & Over 100 Backstroke	75	10 u	10:22 AM	_____
	Break: 5 Minutes:				
Prelims	61 Girls 13 & Over 500 Freestyle	88	11 u	10:45 AM	_____
	Swimmers Counts for Warm-ups: 281	=====	=====		
	Entry / Heat Totals:	637	84		
	Finish Time			11:55 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	26	11		
HNVR	Hanover Aquatics	61	22		
NCAP	Nation's Capital Swim Club	111	47		
NOVA	Nova of Virginia Aquatics	122	52		
QSTS	Quest Swimming	48	22		
STAT	Stafford Aquatics Team	31	14		
RAYS	Stingrays Swim Team	140	61		
TIDE	Tide Swimming	104	46		
WST	Winchester Swim Team	18	6		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 5B Saturday 13 & Over Boys Prelims (DEEP)

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	44 Boys 13 & Over 200 Freestyle Relay	22	3 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	46 Boys 13-14 200 Butterfly	16	2 u	08:27 AM	_____
Prelims	48 Boys 15 & Over 200 Butterfly	21	3 u	08:32 AM	_____
Prelims	50 Boys 13-14 50 Freestyle	86	11 u	08:41 AM	_____
Prelims	52 Boys 15 & Over 50 Freestyle	96	12 u	08:50 AM	_____
Prelims	54 Boys 13-14 200 Breaststroke	52	7 u	09:00 AM	_____
Prelims	56 Boys 15 & Over 200 Breaststroke	41	6 u	09:23 AM	_____
Prelims	58 Boys 13-14 100 Backstroke	63	8 u	09:40 AM	_____
Prelims	60 Boys 15 & Over 100 Backstroke	60	8 u	09:55 AM	_____
	Break: 5 Minutes:				
Prelims	62 Boys 13 & Over 500 Freestyle	109	14 u	10:14 AM	_____
Prelims	61 Girls 13 & Over 500 Freestyle	24	3 u	11:40 AM	_____
	Swimmers Counts for Warm-ups: 352	=====	=====		
	Entry / Heat Totals:	590	77		
	Finish Time			11:59 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	27	17		
HNVR	Hanover Aquatics	63	33		
NCAP	Nation's Capital Swim Club	124	64		
NOVA	Nova of Virginia Aquatics	117	59		
ODAC	Old Dominion Aquatic Club	2	1		
QSTS	Quest Swimming	47	24		
STAT	Stafford Aquatics Team	6	4		
RAYS	Stingrays Swim Team	161	82		
TIDE	Tide Swimming	110	59		
UN-NC	Unattached Ncap	1	1		
WST	Winchester Swim Team	20	8		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 6A Saturday 12 & Under Girls Prelims (SHALLOW)

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	63 Girls 10 & Under 200 Freestyle Relay	9	2 u	01:00 PM	_____
Finals	65 Girls 11-12 400 Freestyle Relay	11	2 u	01:07 PM	_____
	Break: 5 Minutes:				
Prelims	67 Girls 11-12 200 Butterfly	4	1 u	01:22 PM	_____
Prelims	69 Girls 12 & Under 50 Freestyle	215	27 u	01:26 PM	_____
Prelims	71 Girls 12 & Under 100 Breaststroke	102	13 u	01:55 PM	_____
Prelims	73 Girls 12 & Under 100 Backstroke	149	19 u	02:25 PM	_____
Prelims	75 Girls 12 & Under 100 IM	175	22 u	03:08 PM	_____
	Break: 5 Minutes:				
Finals	77 Girls 11-12 200 Medley Relay	12	2 u	03:57 PM	_____
	Swimmers Counts for Warm-ups: 244	=====	=====		
	Entry / Heat Totals:	677	88		
	Finish Time			04:03 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	6	2		
HNVR	Hanover Aquatics	69	24		
NCAP	Nation's Capital Swim Club	208	77		
QSTS	Quest Swimming	38	13		
STAT	Stafford Aquatics Team	33	12		
RAYS	Stingrays Swim Team	282	101		
TIDE	Tide Swimming	13	5		
UN	Unattached	3	1		
WST	Winchester Swim Team	25	9		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 6B Saturday 12 & Under Boys Prelims (DEEP)

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	64 Boys 10 & Under 200 Freestyle Relay	7	1 u	01:00 PM	_____
Finals	66 Boys 11-12 400 Freestyle Relay	9	2 u	01:04 PM	_____
	Break: 5 Minutes:				
Prelims	68 Boys 11-12 200 Butterfly	6	1 u	01:21 PM	_____
Prelims	70 Boys 12 & Under 50 Freestyle	162	21 u	01:25 PM	_____
Prelims	72 Boys 12 & Under 100 Breaststroke	72	9 u	01:47 PM	_____
Prelims	74 Boys 12 & Under 100 Backstroke	89	12 u	02:08 PM	_____
Prelims	76 Boys 12 & Under 100 IM	109	14 u	02:36 PM	_____
	Break: 5 Minutes:				
Finals	78 Boys 11-12 200 Medley Relay	9	2 u	03:09 PM	_____
	Swimmers Counts for Warm-ups: 174	=====	=====		
	Entry / Heat Totals:	463	62		
	Finish Time			03:16 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
HNVR	Hanover Aquatics	57	21		
NCAP	Nation's Capital Swim Club	162	58		
QSTS	Quest Swimming	16	6		
STAT	Stafford Aquatics Team	16	11		
RAYS	Stingrays Swim Team	176	66		
TIDE	Tide Swimming	11	4		
UN-NC	Unattached Ncap	3	1		
WST	Winchester Swim Team	22	7		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 7 Saturday FINALS

Day of Meet: 3 Starts at 05:15 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Girls 11-12 200 Butterfly	4	1 u	05:15 PM	_____
Finals	68 Boys 11-12 200 Butterfly	6	1 u	05:19 PM	_____
Finals	45 Girls 13-14 200 Butterfly	15	2 u	05:23 PM	_____
Finals	46 Boys 13-14 200 Butterfly	16	2 u	05:31 PM	_____
Finals	47 Girls 15 & Over 200 Butterfly	24	3 u	05:37 PM	_____
Finals	48 Boys 15 & Over 200 Butterfly	21	3 u	05:48 PM	_____
Finals	69 Girls 12 & Under 50 Freestyle	16	2 u	05:57 PM	_____
Finals	70 Boys 12 & Under 50 Freestyle	16	2 u	06:00 PM	_____
Finals	49 Girls 13-14 50 Freestyle	16	2 u	06:03 PM	_____
Finals	50 Boys 13-14 50 Freestyle	16	2 u	06:06 PM	_____
Finals	51 Girls 15 & Over 50 Freestyle	24	3 u	06:09 PM	_____
Finals	52 Boys 15 & Over 50 Freestyle	24	3 u	06:13 PM	_____
Finals	71 Girls 12 & Under 100 Breaststroke	16	2 u	06:17 PM	_____
Finals	72 Boys 12 & Under 100 Breaststroke	16	2 u	06:22 PM	_____
Finals	53 Girls 13-14 200 Breaststroke	16	2 u	06:26 PM	_____
Finals	54 Boys 13-14 200 Breaststroke	16	2 u	06:34 PM	_____
Finals	55 Girls 15 & Over 200 Breaststroke	24	3 u	06:41 PM	_____
Finals	56 Boys 15 & Over 200 Breaststroke	24	3 u	06:51 PM	_____
Finals	73 Girls 12 & Under 100 Backstroke	16	2 u	07:01 PM	_____
Finals	74 Boys 12 & Under 100 Backstroke	16	2 u	07:06 PM	_____
Finals	57 Girls 13-14 100 Backstroke	16	2 u	07:11 PM	_____
Finals	58 Boys 13-14 100 Backstroke	16	2 u	07:16 PM	_____
Finals	59 Girls 15 & Over 100 Backstroke	24	3 u	07:20 PM	_____
Finals	60 Boys 15 & Over 100 Backstroke	24	3 u	07:27 PM	_____
Finals	75 Girls 12 & Under 100 IM	16	2 u	07:34 PM	_____
Finals	76 Boys 12 & Under 100 IM	16	2 u	07:38 PM	_____
Finals	61 Girls 13 & Over 500 Freestyle	16	2 u	07:43 PM	_____
Finals	62 Boys 13 & Over 500 Freestyle	16	2 u	07:55 PM	_____
	Swimmers Counts for Warm-ups: 324	=====	=====		
	Entry / Heat Totals:	486	62		
	Finish Time			08:07 PM	_____

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 8A Sunday 13 & Over Girls Prelims (DEEP)

Day of Meet: 4 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	79 Girls 13 & Over 200 Medley Relay	23	3 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	81 Girls 13-14 50 Breaststroke	61	8 u	08:28 AM	_____
Prelims	83 Girls 15 & Over 50 Breaststroke	43	6 u	08:38 AM	_____
Prelims	85 Girls 13-14 200 Backstroke	50	7 u	08:44 AM	_____
Prelims	87 Girls 15 & Over 200 Backstroke	42	6 u	09:07 AM	_____
Prelims	89 Girls 13-14 100 Freestyle	117	15 u	09:26 AM	_____
Prelims	91 Girls 15 & Over 100 Freestyle	120	15 u	09:49 AM	_____
Prelims	93 Girls 13-14 50 Butterfly	57	8 u	10:10 AM	_____
Prelims	95 Girls 15 & Over 50 Butterfly	46	6 u	10:17 AM	_____
Prelims	97 Girls 13-14 200 IM	67	9 u	10:23 AM	_____
Prelims	99 Girls 15 & Over 200 IM	73	10 u	10:51 AM	_____
	Break: 5 Minutes:				
Finals-S	101 Girls 13 & Over 1000 Freestyle	33	5 u	11:25 AM	_____
	Swimmers Counts for Warm-ups: 290	=====	=====		
	Entry / Heat Totals:	732	98		
	Finish Time			12:28 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	26	11		
HNVR	Hanover Aquatics	53	19		
NCAP	Nation's Capital Swim Club	153	58		
NOVA	Nova of Virginia Aquatics	139	52		
QSTS	Quest Swimming	50	19		
STAT	Stafford Aquatics Team	33	14		
RAYS	Stingrays Swim Team	153	64		
TIDE	Tide Swimming	114	46		
WST	Winchester Swim Team	19	7		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 8B Sunday 13 & Over Boys Prelims (SHALLOW)

Day of Meet: 4 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	80 Boys 13 & Over 200 Medley Relay	22	3 u	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	82 Boys 13-14 50 Breaststroke	50	7 u	08:28 AM	_____
Prelims	84 Boys 15 & Over 50 Breaststroke	36	5 u	08:36 AM	_____
Prelims	86 Boys 13-14 200 Backstroke	33	5 u	08:40 AM	_____
Prelims	88 Boys 15 & Over 200 Backstroke	25	4 u	08:57 AM	_____
Prelims	90 Boys 13-14 100 Freestyle	80	10 u	09:09 AM	_____
Prelims	92 Boys 15 & Over 100 Freestyle	107	14 u	09:23 AM	_____
Prelims	94 Boys 13-14 50 Butterfly	45	6 u	09:42 AM	_____
Prelims	96 Boys 15 & Over 50 Butterfly	33	5 u	09:48 AM	_____
Prelims	98 Boys 13-14 200 IM	56	7 u	09:52 AM	_____
Prelims	100 Boys 15 & Over 200 IM	72	9 u	10:13 AM	_____
	Break: 5 Minutes:				
Finals-S	102 Boys 13 & Over 1000 Freestyle	28	4 u	10:42 AM	_____
	Swimmers Counts for Warm-ups: 240	=====	=====		
	Entry / Heat Totals:	587	79		
	Finish Time			11:30 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	25	9		
HNVR	Hanover Aquatics	56	20		
NCAP	Nation's Capital Swim Club	129	53		
NOVA	Nova of Virginia Aquatics	104	44		
ODAC	Old Dominion Aquatic Club	3	1		
QSTS	Quest Swimming	42	16		
STAT	Stafford Aquatics Team	5	2		
RAYS	Stingrays Swim Team	126	51		
TIDE	Tide Swimming	83	36		
UN-NC	Unattached Ncap	2	1		
WST	Winchester Swim Team	20	7		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 9A Sunday 12 & Under Prelims Girls (DEEP)

Day of Meet: 4 Starts at 01:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	103 Girls 11-12 200 Freestyle Relay	9	2 u	01:30 PM	_____
	Break: 5 Minutes:				
Prelims	105 Girls 11-12 200 Backstroke	24	3 u	01:41 PM	_____
Prelims	107 Girls 12 & Under 100 Freestyle	156	20 u	01:52 PM	_____
Prelims	109 Girls 12 & Under 50 Butterfly	138	18 u	02:29 PM	_____
Prelims	111 Girls 12 & Under 200 IM	61	8 u	02:51 PM	_____
	Swimmers Counts for Warm-ups: 173	=====	=====		
	Entry / Heat Totals:	388	51		
	Finish Time			03:20 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
HNVR	Hanover Aquatics	40	18		
NCAP	Nation's Capital Swim Club	145	64		
QSTS	Quest Swimming	31	12		
STAT	Stafford Aquatics Team	11	5		
RAYS	Stingrays Swim Team	137	64		
TIDE	Tide Swimming	12	5		
WST	Winchester Swim Team	12	5		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 9B Sunday 12 & Under Prelims Boys (SHALLOW)

Day of Meet: 4 Starts at 01:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	104 Boys 11-12 200 Freestyle Relay	9	2 u	01:30 PM	_____
	Break: 5 Minutes:				
Prelims	106 Boys 11-12 200 Backstroke	13	2 u	01:41 PM	_____
Prelims	108 Boys 12 & Under 100 Freestyle	109	14 u	01:48 PM	_____
Prelims	110 Boys 12 & Under 50 Butterfly	103	13 u	02:13 PM	_____
Prelims	112 Boys 12 & Under 200 IM	39	5 u	02:28 PM	_____
	Swimmers Counts for Warm-ups: 123	=====	=====		
	Entry / Heat Totals:	273	36		
	Finish Time			02:46 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
HNVR	Hanover Aquatics	47	21		
NCAP	Nation's Capital Swim Club	78	35		
QSTS	Quest Swimming	16	7		
STAT	Stafford Aquatics Team	7	4		
RAYS	Stingrays Swim Team	97	44		
TIDE	Tide Swimming	8	4		
UN-NC	Unattached Ncap	2	1		
WST	Winchester Swim Team	18	7		

2025 RAYS Nutcracker Classic - copied - 12/4/2025 to 12/7/2025**Session Report**

Session: 10 Sunday FINALS

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	101 Girls 13 & Over 1000 Freestyle	8	1 u	05:00 PM	_____
Finals-1	102 Boys 13 & Over 1000 Freestyle	8	1 u	05:14 PM	_____
Finals	81 Girls 13-14 50 Breaststroke	16	2 u	05:26 PM	_____
Finals	82 Boys 13-14 50 Breaststroke	16	2 u	05:29 PM	_____
Finals	83 Girls 15 & Over 50 Breaststroke	24	3 u	05:32 PM	_____
Finals	84 Boys 15 & Over 50 Breaststroke	24	3 u	05:37 PM	_____
Finals	105 Girls 11-12 200 Backstroke	8	1 u	05:41 PM	_____
Finals	106 Boys 11-12 200 Backstroke	8	1 u	05:45 PM	_____
Finals	85 Girls 13-14 200 Backstroke	16	2 u	05:49 PM	_____
Finals	86 Boys 13-14 200 Backstroke	16	2 u	05:56 PM	_____
Finals	87 Girls 15 & Over 200 Backstroke	24	3 u	06:03 PM	_____
Finals	88 Boys 15 & Over 200 Backstroke	24	3 u	06:14 PM	_____
Finals	107 Girls 12 & Under 100 Freestyle	16	2 u	06:24 PM	_____
Finals	108 Boys 12 & Under 100 Freestyle	16	2 u	06:28 PM	_____
Finals	89 Girls 13-14 100 Freestyle	16	2 u	06:32 PM	_____
Finals	90 Boys 13-14 100 Freestyle	16	2 u	06:36 PM	_____
Finals	91 Girls 15 & Over 100 Freestyle	24	3 u	06:40 PM	_____
Finals	92 Boys 15 & Over 100 Freestyle	24	3 u	06:45 PM	_____
Finals	109 Girls 12 & Under 50 Butterfly	16	2 u	06:51 PM	_____
Finals	110 Boys 12 & Under 50 Butterfly	16	2 u	06:54 PM	_____
Finals	93 Girls 13-14 50 Butterfly	16	2 u	06:57 PM	_____
Finals	94 Boys 13-14 50 Butterfly	16	2 u	07:00 PM	_____
Finals	95 Girls 15 & Over 50 Butterfly	24	3 u	07:03 PM	_____
Finals	96 Boys 15 & Over 50 Butterfly	24	3 u	07:07 PM	_____
Finals	97 Girls 13-14 200 IM	16	2 u	07:12 PM	_____
Finals	98 Boys 13-14 200 IM	16	2 u	07:18 PM	_____
Finals	99 Girls 15 & Over 200 IM	24	3 u	07:25 PM	_____
Finals	100 Boys 15 & Over 200 IM	24	3 u	07:35 PM	_____
Finals	111 Girls 12 & Under 200 IM	16	2 u	07:44 PM	_____
Finals	112 Boys 12 & Under 200 IM	16	2 u	07:51 PM	_____
	Swimmers Counts for Warm-ups: 372	=====	=====		
	Entry / Heat Totals:	528	66		
	Finish Time			07:59 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ECAT	East Coast Aquatic Team	8	8		
HNVR	Hanover Aquatics	5	5		
NCAP	Nation's Capital Swim Club	7	7		
NOVA	Nova of Virginia Aquatics	6	6		
QSTS	Quest Swimming	7	7		
RAYS	Stingrays Swim Team	10	10		
TIDE	Tide Swimming	31	31		
WST	Winchester Swim Team	3	3		