

Senior Development Silver
2025-2026 Short Course Meet Schedule

October 2025			
Meet	Date	Location	Special Notes
NOVA/TAC Dual Meet	10-12	NOVA- Regency	All levels
NOVA Halloween Haunt	24-26	NOVA - Regency	12 and under BB & Below 13 and over Open
November 2025			
14 & under Middle Atlantic Age Group Showdown(MAAGS)	7-9	NOVA- Regency	Top 4 from each single age group will be invited by the coaches to attend.
WAC	15-16	CSAC	All levels
December 2025			
RAYS Nutcracker Classic	4-7	Jeff Rouse Swim & Sports Center Stafford, VA	ALL SDS swimmers- Championship meet Team Travel Trip
NOVA December Dip	5-7	NOVA- Regency	Anyone not able to attend Travel meet
January 2026			
NOVA BB/B/C New Year's Kick Off	9-11	NOVA - Regency	BB/B/C level
NOVA Winter Long Course Invitational Prelims/Finals	17-19 Sat-Mon	NOVA - Regency	SDS A swimmers ONLY
Distance Day	23	NOVA - Regency	Likely events 1000/1650 free, 400 IM
February 2026			
13 & older District Champs	Feb. 27 – March 1	NOVA - Regency	All 13 & older swimmers may swim any event in which they have a time slower than the State Championships times.
March 2026			
14 & under State Age Group Championships	12-15	CSAC	All 14 & younger qualified swimmers
Short Course Send Off	21-22	NOVA- Regency	All levels
NCSA National Age Group Champs	26-29	Orlando, Florida	Qualified swimmers