

## 2021-2024 VSI SENIOR CHAMPIONSHIPS QUALIFYING TIMES

Women			Events	Men		
LCM	SCM	SCY		SCY	SCM	LCM
28.79	27.99	25.29	<b>50 Freestyle</b>	22.79	25.29	26.09
1:02.59	1:00.99	54.79	<b>100 Freestyle</b>	49.49	55.59	57.19
2:15.19	2:11.99	1:58.99	<b>200 Freestyle</b>	1:48.59	2:01.29	2:04.49
4:40.49	4:34.09	5:19.19	<b>400/500 Freestyle</b>	4:55.89	4:18.39	4:24.79
10:01.39	9:48.59	11:15.69	<b>800/1000 Freestyle</b>	10:27.99	9:11.39	9:24.19
19:37.19	19:13.19	19:08.99	<b>1500/1650 Freestyle</b>	17:35.09	17:34.49	17:58.49
1:10.19	1:08.99	1:00.99	<b>100 Backstroke</b>	55.59	1:04.59	1:05.79
2:31.89	2:29.49	2:12.29	<b>200 Backstroke</b>	2:01.19	2:19.59	2:21.99
1:22.59	1:20.59	1:10.49	<b>100 Breaststroke</b>	1:03.39	1:13.29	1:15.29
2:57.99	2:53.99	2:34.99	<b>200 Breaststroke</b>	2:19.49	2:40.59	2:44.59
1:08.29	1:06.89	1:00.19	<b>100 Butterfly</b>	54.39	1:00.19	1:01.59
2:35.79	2:32.99	2:18.19	<b>200 Butterfly</b>	2:02.59	2:18.39	2:21.19
2:34.79	2:31.59	2:14.49	<b>200 Medley</b>	2:02.69	2:18.49	2:21.69
5:26.09	5:19.69	4:47.99	<b>400 Medley</b>	4:25.99	4:55.19	5:01.59

Approved 11.05.2020

Valid through 2024 VSI LC Senior Championship