

## Cougar Aquatics Board Meeting

January 8, 2025

Attendance: Priscilla Schmidt; Russ Whitacker; Jack Zhang; Taylor McCoy; Yi Gu; Bernadette Reese; Kelly Pollestad; Roseanne August; Hongyen Sheng

### I. Officer Report:

#### a. Coaches Report:

- i. COUG Winter Open meet has 15 entered so far but some people are in-process; HS boys are in session and will be unable to join
- ii. LCN Hells Canyon swim meet this weekend will have Taylor M and Ben G as coaches; will send heat sheet for relays this weekend
- iii. Vandals would like another intersquad dual meet
  1. Looking at January 22<sup>nd</sup>
  2. May count for USA swimming times but currently looking for officials; if we can count this for USA swimming we are looking at \$8/swimmer
- iv. Cougar Aquatics was approached for a dryland workout program;
  1. Taylor has the presentation but it appears to be out of our budget as it is starting off at \$9k
- v. Champs and B champ registration will begin soon

#### b. President Report:

- i. Working to get all swimmers registered with USA swimming
- ii. Cougar Aquatics registration numbers are about the same as last month
- iii. We will find out about the grant application status in March

#### c. Vice President Report:

- i. No new updates to report

#### d. Secretary Report:

- i. Worked on newsletter that circulated during meeting; had some items to finish filling in including swim meet times for 2024 for swimmers

#### e. Treasurer Report:

- i. Bank statement circulated
- ii. Quarterly taxes filed
- iii. New year taxes don't change for Washington State; W2s are automatic so we should be set
- iv. Still waiting on check for stadium clean-ups but this is normal

#### f. Coach Russ Report:

- i. COUG Winter Open swim meet progress:
  1. Meet packs have been sent out for our home meet
  2. We may be low of officials and need to cover some coming from Spokane and Couer d'Alene
  3. Meet times are expected to be similar to LCN Hells Canyon swim meet

- II. Voting and policy updates:
  - a. Approval for December meeting minutes
    - i. All voted for approval/no changes needed
- III. Upcoming COUG Winter Open Swim Meet:
  - a. We did not receive permission to have a concession that day
  - b. Shadow opportunity for people to learn roles – timer opportunities will open up later but need parents for other volunteer positions first
  - c. For people who have not met the hourly commitment, we will reach out to them first and then reach out to others
  - d. Priscilla and Jack will be floaters during the meet to fill in or provide support as needed
  - e. Roseanne will work on signs for swimmers and officials only as well as signs to point to the bathroom
  - f. Concern that at the last meet the toilet paper was low – Russ says we have access to more toilet paper but cannot refill the bin as janitorial staff do not work; Priscilla may pick up more toilet paper just in case
  - g. Jack has one or two A-frames we may be able to borrow to the outside to point people in the right direction
  - h. HS districts will be the week after so clean up may be easier since we can leave some items out for districts
  - i. Food for AM session coffee and snacks much like last time; lunch the first day will be potato bar again; lunch for the second day will be a taco bar since it seemed easier for parents to volunteer; plan for about 30 people
  - j. Priscilla organized cougar aquatics supplies with some bins and can help with items we need for the meet; Priscilla will go to Costco on Saturday for water/trail mix/snacks
- IV. Parent Meeting:
  - a. Topics include reviewing safe sport info; our hosting duties at our meet; holes we may still have for volunteering; general updates like finances; volunteer hours; t-shirt and swim cap distribution for those who have not already picked it up. Looking to start at 6pm on January 24<sup>th</sup>
  - b. Coach Taylor will present on some swim meet information such as technical suits or other common questions parents may have
- V. Other:
  - a. Priscilla suggested social media push that will focus on different groups each month with some fun Q&A for swimmers and coaches and explain what each focus is on for each group as well as when they meet. We will begin in March covering Cubs and move up each month ending in July.
  - b. Swimathon this year?
    - i. Decided no, but maybe something equivalent for a big swim for swimmers without fundraising piece
- VI. Next Cougar Aquatics meeting: February 12, 2025 @ Coach Russ' office at 5:15pm