

Cougar Aquatics Board Meeting

November 12, 2025

Attendance: Taylor McCoy, Priscilla Schmidt, Jack Zhang, Hongyen Sheng, Yi Gu, Bernadette Reese, Kelly Pollestad, Roseanne August, Nikos Volgarakis, Russ Whitaker

- I. Coaches Report:
 - a. Trick or Treat meet went well – lots of people attended
 - b. Two are currently registered for the CDA meet
 - c. Only have three registered for Spokane – but the registration does not close until Friday so will send out a reminder to see if more people will register
 - d. Hired a new coach – Gabby – who will be coming in on Mondays with Junior Cougs and for additional coverage when other coaches are unavailable
- II. Officer Report:
- III. President:
 - a. Reviewed October registration numbers, which are stable
 - i. Trial week on the website seems to have lots of people interested so will keep that available
 - b. Hours logged for stadium clean-up
 - i. Email will be sent to parents about the last two stadium clean-ups for those who need the clean-ups and hours
- IV. Vice President:
 - a. Will email for volunteers for football games
 - b. T-shirt and cap information sent and will resend again
 - c. Will check USA swimming registration as we are getting closer to renewal times
 - d. It's time to start talking about fundraising (see voting and other business)
- V. Treasurer:
 - a. Budget review that was passed around
- VI. Secretary:
 - a. Previous secretary met with incoming secretary to discuss and work on transition
 - b. Gift cards acquired for Coaches' appreciation
- VII. Safe Sport:
 - a. Will do a training in January when high school girls return to Cougar Aquatics and high school boys when they return from their swim season

- b. Awaiting an email to watch the recorded zoom meeting for Safe Sport Coordinator training due to time conflict so was unable to attend in-person
- VIII. Voting and other business:
- a. Request from parent for extra time for last football game clean-up due to heavy rain
 - i. Decided to credit an extra half hour since that was how long the rain lasted
 - b. Vote for approval of November minutes
 - i. Append minutes to specify that Nikos would begin the secretary role in November 2025
 - ii. All approved (4/4) with appended minutes
 - c. We have a budget surplus – what do we do with it?
 - i. Roll forward for next year? Do we put money into an account to gain interest rather than a zero interest account?
 - 1. Yes, extra money should be placed into an interest bearing account
 - ii. Purchase floor mats to prevent slipping for our upcoming meet
 - 1. Decided rather than getting both the length of the pool where coaches' tables are and the start area, we will get the length of the pool and evaluate whether it is worth purchasing a second one
 - d. December Mock Meet
 - i. Possibly last Saturday before Christmas
 - ii. It would cost \$175 to get it as a sanctioned meet but we would need two timers and officials
 - e. Cougar Winter Classic
 - i. Last weekend in January – start time on Saturday around noon hopefully but conflicts with another meet so trying to figure out the timing
 - ii. Coach Russ is working on meet packet and timeline
 - iii. Duckies again? Decided yes
 - iv. Safe Sport
 - 1. Definitely have all safety marshals do the athlete protection training
 - 2. Concluded that we would like to have everyone do the athlete protection training and will credit everyone with 45 minutes of volunteer time if they do this
 - 3. Athlete protection training is free

4. Decided a pre-done sign with a Velcro area that allows us to swap out meets that will direct people where to go for meets would be helpful
5. Concessions? Yes for B-champs for the future but not sure if would have enough people to volunteer
6. Parent meeting before the meet so we can talk about the meet and the job expectations

f. Spring fundraiser?

i. Renaissance Fair

1. Concluded that we have enough of a rainy day fund that this is not necessary

ii. Swimathon

1. Good challenge for the kids but also a possible fundraiser
2. Would not be mandatory to raise money
3. Funds could be used for scholarships in the future

iii. Sponsorships

1. Concluded that we did not have enough interest from Cougar Aquatics members to request sponsorships, but may be helpful for swimathon for kids to ask businesses

iv. B-champs meet

1. We will put in a bid to host B-champs, which may be helpful for fundraising

IX. Next Board Meeting: Wednesday, December 10th at 5:15pm in Coach Russ' office