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Welcome TO THE CLUB!

- Benson Ahrndt
- Malcolm Taylor
- Goldie Stanek

- December 5
- December 18

John Burch
Kristin Everhart

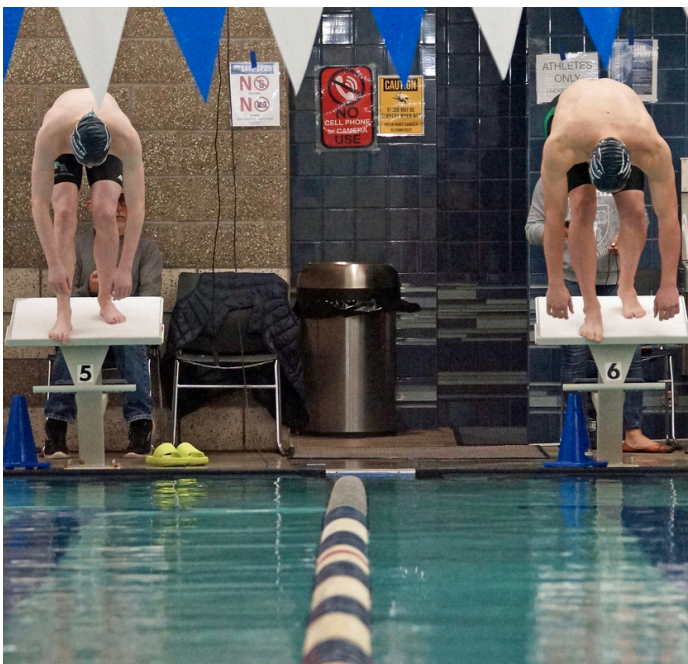


VOLUNTEER & FUNDRAISING



COFFEE CARD FUNDRAISER

We are in the final stretch of our biggest fundraiser of the year! Congratulations to all the swimmers who have already earned their Special Edition PASC Croc Charm, Personalized Hoodie, and \$100 SwimOutlet Gift Certificate. Please remember to turn in your donations and remaining cards before December 31st.



PENGUIN FIN-TASTIC FIVE

Our next home meet is scheduled for January 10th! This Pentathlon-style event will feature duckies for heat winners, ribbons for 1st–6th place, and medals for the fastest girl and fastest boy, determined by combined times across all five events.

Join us for a fun meet and the chance to see your updated times! Swimmers are welcome to participate in as many events as they choose—you can swim just your favorites or take on all five!

We need everyone's help to make our home meets possible. Registration for jobs and events is now open.



COACH SALLY'S SQUAD



COACH SALLY'S SQUAD

November brings big waves and bigger wins. First up, welcome to Sally's Swimmin' Swim Set, Inka. We are thrilled to have you in the club. High fives all around for Hudson, Kaid, Mason, and Vinya for knocking out the set yet again. Your consistency is awesome. Our Level Up crew brought the heat too. Shoutout to coach Alex for guiding the charge, and cheers to Addie, Cameron, Emmett, Max, and Miles T for powering through another round like champions.

Keep showing up and having fun swimmers!

-Coach Sally

COACH JASON'S CORNER

It's almost the end of the year already! This is a good time to reflect on what was good and what was other than good, and come up with a plan to have as many good swimming days in 2026 as possible! Santa gets a list... your coach should get one too! Let me know what you want to achieve in your swimming this next year and together let's make it happen!

-Coach Jason

COACH JASON'S CORNER



SWIM MEETS

For the latest meet schedule, visit the calendar on the PASC website or SportsEngine Motion mobile app. Please declare your commitment to attend prior to the meet deadline. Meet dates are subject to change.

DECEMBER 5-7 CHRISTMAS CRACKER INVITATIONAL

Saanich Commonwealth Place, Victoria, BC - Open

DECEMBER 12-14 | 14 & UNDER CHAMPS

King County Aquatic Center, Federal Way - Time Standards

DECEMBER 18-21 | SENIOR CHAMPS

King County Aquatic Center, Federal Way - Time Standards

JANUARY 10 | PENGUIN FIN-TASTIC FIVE

Shore Aquatic Center, Port Angeles - Open

Our January home meet has been updated to a Pentathlon, and the Masters & Munchkins meet will now take place in the spring. Swimmers are encouraged to participate in all five events, but it is not required.

JANUARY 31-FEBRUARY 1 | BLUEFIN INVITATIONAL

Bainbridge Island Aquatic Center, Bainbridge Island - Open

FEBRUARY 27 - MARCH 1 | FEB AGI

Location TBD - Pending Meet - Time Standards

NEW

MARCH 7-8 | KAHOLO ISLAND CLASSIC

Mt Tahoma HS, Tacoma - Open

MARCH 19-22 | AGE GROUP REGIONALS

King County Aquatic Center, Federal Way - Time Standards

MARCH 27-29 | SPRING SHOWDOWN

Hazen HS, Renton - Open

NEW

APRIL 18-19 | MARK OLSON CLASSIC

Curtis HS, University Place - Open



ATHLETE OF THE MONTH

Congratulations to J.B. Vanderheiden, our December Athlete of the Month! J.B. has been an outstanding lane leader in practice and recently rose to the challenge of competing in his first-ever 200 Fly and 400 IM. We're incredibly proud of his hard work, dedication, and growth, and we can't wait to see even more great swims from him in the near future!



HOLIDAY SWIM PRACTICE

There will be no practice on December 24–25 and December 31–January 1. We wish you all a very, Merry Christmas and Happy New Year!

Our special Holiday Swim Practice will be held on December 26 from 5:30–6:30 PM! We'll be removing the lane lines and celebrating with festive red-and-green games and candy cane treats. Club Ready swimmers are invited to participate!



2026 PENGUIN PLUNGE

Start the New Year with a splash! Join us at Lake Crescent at 10:00 AM on New Year's Day as we dive headfirst into 2026. We'll be jumping off the pier, celebrating together, and embracing the fresh start—cold water and all!

Hot beverages will be provided, and we recommend bringing a warm blanket to stay warm and cozy afterward.

Keep an eye on your inbox—more details coming soon!



100 X 100'S MASTERS NEW YEARS EVENT

On January 3, from 7:30–10:30 AM, adult swimmers are invited to take part in a 100 x 100s swim event! Two lanes will be reserved for this special workout. Participants may swim as many 100s as they choose within the time window. The workout is thoughtfully designed to include a mix of swim sets, strokes, drills, and kicks to keep things engaging. Come challenge yourself and enjoy the camaraderie!





