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## TOP NEWS OF THE MONTH

### MEET OUR NEW SWIMMERS

### >>> WELCOME TO PASC!!!

- Lev Raider-Ginsburg
- Emma Tran
- Henry Schenefeld
- Felix Lubinski Hammar
- Cambria Sandoval
- Zachary West
- Bryson Yanik

### UPCOMING EVENTS



- Oct 21-22 Vast Fall Classic, Federal Way
- Nov 1 Coffee Card Fundraiser begins
- Nov 4-5 Sprint/Distance, Bainbridge
- Dec 8-10 Champs Jr, Federal Way
- Dec 14-17 Champs Sr, Federal Way
- Jan 15 Coffee Card Donations Due
- Jan 27-28 Winter Challenge, Home Meet

## SAVE THE DATE!

# VOLUNTEER & FUNDRAISING OPPORTUNITIES

## >>> VOLUNTEER

A huge thank you to all of the parents who attended our parent meeting last week! There are several ways to become involved and complete your (24) volunteer hours. The main areas of need are fundraising and assisting at home meets. In order for our home meet to run seamlessly and on time, we will need all positions filled prior to the event.

We currently need help with our coffee card fundraiser. If you would like to help facilitate booths at local businesses, please let us know. It's a fun and easy way for the kids to sell their coffee cards fast!

## COFFEE CARD FUNDRAISER

## >>> FUNDRAISING

Our annual coffee card fundraising event kicks off November 1st! The coffee cards have 11 buy one get one free squares for local coffee stands in Sequim and Port Angeles. They are \$10 each. Every swimmer has a fundraising requirement of \$200 per year. Selling 20 cards fulfills your requirements. Families will have until Jan 15 to sell the cards. If you opt not to sell cards or sell less than 20, the balance of your fundraising obligation will be pulled with February dues. If your swimmers sells 30 cards, they will receive a personalized special addition PASC hoody. If your swimmer sells 50 cards, they will receive the hoody as well as a \$100 Swim Outlet gift card!







# UPCOMING SWIM MEETS

## >>> OCTOBER 21-22 VAST FALL CLASSIC

King County Aquatic Center, Federal Way  
Registration due **FRIDAY, OCTOBER 6th**

### Meet Announcement

If your swimmer is interested in participating in this meet, please log into your Team Unify account and click on meets and events. Once there, click on the Vast Fall Meet and commit your swimmer to the meet. The event file is active so you are able to select your swimmers' events if you choose. Coach Jason will approve the events selected and make changes if needed.

## >>> NOVEMBER 4-5 SPRINT/DISTANCE

Bainbridge Aquatic Center, Bainbridge Island  
Registration due **FRIDAY, OCTOBER 20th**

### Meet Announcement

## >>> DECEMBER 8-10 DECEMBER 14-17 CHAMPS, JR & SR

King County Aquatic Center, Federal Way  
Registration due **FRIDAY, NOVEMBER 24th**  
for JR and **FRIDAY, DECEMBER 1st** for SR

## LODGING

If 10+ families are planning on attending the Vast Classic in Federal Way, we can get a group rate from the Hampton Inn & Suites. They have complimentary breakfast and aren't far from the pool. Having dinner together would be fun if a parent wanted to help facilitate this.

## >>> COACH JASON'S CORNER

Happy back to school and welcome back to swimmers who have been on vacation! I have a few ideas to share: 1) Stretching is important... if you can show up and be ready 5 minutes before practice to stretch, great! 2) If you aren't bringing a water bottle to practice, please do! Swimmers still sweat! 3) Remember to pack snacks for before and after swimming... it burns a lot of calories! I look forward to seeing you all in the pool!

-Jason

# TEAM NEWS

## >>> TEAM APPAREL & SUITS

Our team suits are now available on SwimOutlet.com! Team members are encouraged to wear PASC team suits and swim caps at all meets.

Not only will our swimmers (and #1 fans!) look awesome, but you'll be supporting PASC by shopping at our store. A portion of all proceeds goes back to the club! Plus, receive FREE SHIPPING on orders over \$49!

We also have a new Team Store with a growing selection of hoodies and swag! Follow the link on our website or search for Port Angeles Swim Club under the "teams" tab. Swim gear makes excellent Christmas gifts!



## TEAM SUITS NOW AVAILABLE



## RECEIVE \$15 STARBUCKS GIFT CARD!

Have a friend that would enjoy swimming with PASC? We will give you a FREE \$15 STARBUCKS GIFT CARD when you refer a friend and they join the team! Share the fun! Sharing your coffee is optional.









