

Rank	Time	Athlete	Age at Meet	Swim Date	Meet Name
Girls 50 Free					
1	27.81L	Dang, Gabrielle	12	07/25/2013	2013 PNS Long Course Champions
2	28.72L	Blackmon, Kaitlyn	12	07/28/2017	2017 PNS 14&u LONG COURSE CHAM
3	29.14L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
4	29.47L	Speak, Sage	12	07/31/2008	PNS Long Course Championship
5	29.71L	Schmied, Emily	12	08/01/1996	Region Champs AG LC 96
6	29.89L	Wyant, Rebecca	12	05/16/2003	Pac Coast 03
7	29.99L	Talcott, Maren	12	04/24/2004	April Showers 04
8	30.01L	Calvo, Brianna	12	08/01/2002	PNS Long Course Champs 2002
9	30.18L	Dang, Tiffany	12	07/27/2006	PNS Champs LC 06
10	30.24L	Wu, Claire	12	07/25/2013	2013 PNS Long Course Champions
11	30.32L	Chinn, Caitlin	12	05/31/2002	Apple Capital 02
12	30.47L	Simonz, Becky	12	06/10/1994	Pac Rim 94
13	30.60L	Gall, Julia	12	05/16/2003	Pac Coast 03
13	30.60L	Simonz, Kelly	11	06/09/1995	Pac Rim 95
15	30.65L	Oberem, Belinda	12	06/07/1996	Pac Rim 96
16	30.69L	Pak, Jazlynn	11	06/01/2014	2014 PN VAST Summer Sprints

Girls 100 Free					
1	1:00.30L	Dang, Gabrielle	12	07/26/2013	2013 PNS Long Course Champions
2	1:03.36L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
3	1:03.93L	Schmied, Emily	12	08/01/1996	Region Champs AG LC 96
4	1:04.09L	Speak, Sage	12	08/01/2008	PNS Long Course Championship
5	1:04.86LL	Pak, Jazlynn	12	07/27/2014	2014 PNS Long Course Champions
6	1:05.06L	Blackmon, Kaitlyn	12	07/14/2017	2017 PN Chinook Age Group Seat
7	1:05.16L	Talcott, Maren	12	04/24/2004	April Showers 04
8	1:05.95L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03
9	1:06.25L	Wyant, Rebecca	12	07/18/2003	Seattle Open AG 03
10	1:06.26L	Gall, Julia	12	07/18/2003	Seattle Open AG 03
11	1:06.28L	Dang, Tiffany	12	07/27/2006	PNS Champs LC 06
12	1:06.60L	Chou, Emily	12	07/18/2003	Seattle Open AG 03
13	1:06.65L	Simonz, Kelly	11	06/09/1995	Pac Rim 95
14	1:06.83L	Oberem, Belinda	12	07/12/1996	Seattle Open AG 96
15	1:07.15L	Roberson, Kayla	12	05/15/2009	Pac Coast 09
16	1:07.16L	Simonz, Becky	12	06/10/1994	Pac Rim 94

Girls 200 Free					
1	2:10.80L	Dang, Gabrielle	12	07/28/2013	2013 PNS Long Course Champions
2	2:18.74L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
3	2:21.05L	Speak, Sage	12	08/03/2008	PNS Long Course Championship
4	2:21.98L	Gall, Julia	12	07/18/2003	Seattle Open AG 03
5	2:22.24L	Chou, Emily	12	07/18/2003	Seattle Open AG 03
6	2:23.54L	Schmied, Emily	11	08/03/1995	Region Champs AG LC 95
7	2:23.77L	Oberem, Belinda	12	08/01/1996	Region Champs AG LC 96
8	2:24.27L	Yin, Renee	12	07/30/2017	2017 PNS 14&u LONG COURSE CHAM
9	2:24.66L	Simonz, Kelly	11	08/03/1995	Region Champs AG LC 95
10	2:25.25L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03
11	2:25.81L	Balog, Anouk	11	08/04/2019	2019 PNS 14&U Long Course Cham
12	2:26.22L	Fisher, Natalie	12	08/05/2018	2018 PNS 14&U Long Course Cham
13	2:26.58L	Simonz, Becky	12	08/04/1994	Region Champs AG LC 94
14	2:26.89L	Chinn, Caitlin	12	07/19/2002	Age Group Seattle Open
15	2:26.94L	Swalin, Jayme	12	08/01/2002	PNS Long Course Champs 2002
16	2:27.62L	Dang, Tiffany	12	07/14/2006	Seattle Open AG 06

Girls 400 Free					
1	4:50.72L	Dang, Gabrielle	12	05/17/2013	2013 SOCKEYE SPRING OPEN
2	4:57.59L	Speak, Sage	12	07/20/2008	Age Group Seattle Open
3	4:57.88L	Chou, Emily	12	07/18/2003	Seattle Open AG 03
4	4:59.48L	Schmied, Emily	12	08/01/1996	Region Champs AG LC 96
5	5:00.99L	Buelow, Vicky	12	07/15/1994	Seattle Open AG 94
6	5:01.72L	Gall, Julia	12	07/18/2003	Seattle Open AG 03
7	5:05.11L	Chinn, Caitlin	12	07/19/2002	Age Group Seattle Open
8	5:05.41L	Bono, Isabella	12	07/30/2016	2016 PNS 14&u LONG COURSE CHAM
9	5:05.91L	Simonz, Kelly	11	07/14/1995	Seattle Open AG 95
10	5:06.02L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03
11	5:06.06L	Oberem, Belinda	12	07/12/1996	Seattle Open AG 96
12	5:08.58L	McNeil, Ashley	12	08/05/1999	Region Champs AG LC 99
13	5:09.53L	Swalin, Jayme	12	08/01/2002	PNS Long Course Champs 2002
14	5:09.74L	Talcott, Maren	12	04/24/2004	April Showers 04
15	5:10.26L	Davidson, Kathryn	11	07/27/2007	2007 PNS LC Champion
16	5:11.68L	Withrow, Kelsey	12	08/03/1995	Region Champs AG LC 95

Girls 800 Free					
1	10:18.42L	Dang, Gabrielle	12	05/04/2013	2013 May Flower Senior Meet
2	10:32.50L	Chinn, Caitlin	12	08/01/2002	PNS Champs LC 02
3	10:43.23L	Withrow, Kelsey	12	06/30/1995	Tri-City Invite 95
4	10:45.32L	Gall, Julia	12	08/01/2002	PNS Champs LC 02
5	10:51.83L	Bono, Isabella	12	07/31/2016	2016 PNS 14&u LONG COURSE CHAM
6	10:52.14L	Speak, Sage	12	06/08/2008	Titlow 800/1500 08
7	11:05.94L	Scheck, Venalie	12	07/29/2007	2007 PNS LC Champion
8	11:06.52L	Fain, Jennifer	12	07/29/2004	PNS Champs LC 04
9	11:16.85L	Pak, Jazlynn	11	06/27/2014	2014 TEAM Summer Open
10	11:29.13L	Truong, Felicia	12	05/20/2011	SSC/SST Pacific Coast Invitati
11	11:49.62L	Schuh, Kayleena	12	07/29/2004	PNS Champs LC 04
12	12:28.01L	Van Nortwick, Maggie	12	05/17/2013	2013 SOCKEYE SPRING OPEN
13	12:35.94L	Meverden, Olivia	12	06/21/2019	2019 MT MAC Firecracker Classi
14	12:45.12L	McCreary, Jessica	12	05/14/2004	Pac Coast 04

Girls 1500 Free					
1	19:17.00L	Dang, Gabrielle	12	07/07/2013	2013 TEAM Summer Open
2	19:49.79L	Chinn, Caitlin	12	08/01/2002	PNS Long Course Champs 2002
3	20:16.03L	Gall, Julia	12	08/01/2002	PNS Long Course Champs 2002
4	20:25.80L	Bono, Isabella	12	07/31/2016	2016 PNS 14&u LONG COURSE CHAM
5	20:26.91L	Withrow, Kelsey	12	07/14/1995	Seattle Open AG 95
6	20:34.54L	Speak, Sage	12	06/08/2008	Titlow 800/1500 08
7	20:52.47L	Yin, Renee	12	07/30/2017	2017 PNS 14&u LONG COURSE CHAM
8	21:16.36L	Ackerman, Amy	12	07/14/1995	Seattle Open AG 95
9	21:18.18L	Blackmon, Kaitlyn	11	06/16/2016	2016 MT MAC Firecracker Classi
10	21:34.31L	Pak, Jazlynn	11	05/16/2014	2014 PN Sockeye Spring Open
11	21:54.58L	McCann, Jackie	12	06/02/2000	Apple Capital 00
12	22:16.56L	Brumfield, Kyler	12	06/22/2017	2017 MT MAC 36th Annual Firecr
13	22:24.92L	Schuh, Kayleena	12	07/29/2004	PNS Champs LC 04
14	23:28.44L	Bennett, Jacqueline	12	05/18/2012	SSC Pacific Coast Invitational
15	23:53.17L	Nanda, Anamika	12	05/16/2014	2014 PN Sockeye Spring Open

Girls 50 Back					
1	31.13L	Dang, Gabrielle	12	07/28/2013	2013 PNS Long Course Champions
2	32.02L	Blackmon, Kaitlyn	12	07/29/2017	2017 PNS 14&u LONG COURSE CHAM
3	33.08L	Schmied, Emily	12	08/01/1996	Region Champs AG LC 96

4	33.11L	Wyant, Rebecca	12	07/31/2003	PNS Champs LC 03
5	33.47L	Pak, Jazlynn	12	07/27/2014	2014 PNS Long Course Champions
6	33.50L	Chinn, Caitlin	12	08/01/2002	PNS Long Course Champs 2002
7	34.28L	Cung, Kellie	12	05/20/2017	2017 PN WAVE LC May Mayhem Cla
8	34.60L	Simonz, Becky	12	05/13/1994	PSSC AAA 94
9	34.94L	Wyant, Elizabeth	12	08/05/1999	Region Champs AG LC 99
10	35.36L	Dang, Tiffany	12	05/19/2006	Pac Coast 06
11	35.41L	Fisher, Natalie	12	08/04/2018	2018 PNS 14&U Long Course Cham
12	35.64L	Larsen, Julia	12	08/02/2019	2019 PNS 14&U Long Course Cham
12	35.64L	Yin, Renee	12	04/29/2018	2018 PN Dick LaFave A-1 Meet
14	35.66L	Buelow, Vicky	12	06/10/1994	Pac Rim 94
15	35.68L	Caylor, Megan	12	05/16/2003	Pac Coast 03
16	35.84L	Levin, Inna	12	06/18/1999	Pac Rim 99

Girls 100 Back

1	1:08.36L	Dang, Gabrielle	11	07/27/2012	2012 PNS Long Course Champions
2	1:10.50L	Blackmon, Kaitlyn	12	07/28/2017	2017 PNS 14&u LONG COURSE CHAM
3	1:11.56L	Pak, Jazlynn	12	08/06/2014	2014 Western Zone Age Group Championship
4	1:11.64L	Simonz, Becky	12	08/16/1994	Zones 94
5	1:11.83L	Chinn, Caitlin	12	08/01/2002	PNS Champs LC 02
6	1:12.19L	Schmied, Emily	12	08/01/1996	Region Champs AG LC 96
7	1:13.48L	Wyant, Rebecca	12	05/16/2003	Pac Coast 03
8	1:15.39L	Yin, Renee	12	04/28/2018	2018 PN Dick LaFave A-1 Meet
9	1:15.61L	Dang, Tiffany	12	07/30/2006	2006 PNS Long Course Champions
10	1:15.83LL	Fisher, Natalie	12	08/04/2018	2018 PNS 14&U Long Course Cham
11	1:16.14L	Au, Wing Yun	12	07/26/2013	2013 PNS Long Course Champions
12	1:16.56L	Wyant, Elizabeth	12	05/21/1999	Pac Coast 99
13	1:17.25L	Chansler, Jessie	12	06/12/2004	Supersoaker 04
14	1:17.97L	Birrell, Emily	12	07/29/2011	2011 PNS Long Course Champions
15	1:18.21LL	Chang, Mia	11	07/24/2014	2014 PNS Long Course Champions
16	1:18.41L	Farley, Teresa	12	05/03/2008	May Flowers 08

Girls 200 Back

1	2:30.19L	Dang, Gabrielle	11	07/28/2012	2012 PNS Long Course Champions
2	2:35.32L	Chinn, Caitlin	12	08/01/2002	PNS Champs LC 02
3	2:36.41L	Pak, Jazlynn	12	07/26/2014	2014 PNS Long Course Champions
4	2:38.69L	Yin, Renee	12	04/29/2018	2018 PN Dick LaFave A-1 Meet
5	2:38.70L	Blackmon, Kaitlyn	12	06/25/2017	2017 MT MAC 36th Annual Firecr
6	2:40.14L	Wyant, Rebecca	12	06/20/2003	Pac Rim 03
7	2:43.14L	Schmied, Emily	12	07/05/1996	Seattle Open AG 96
8	2:43.51L	Au, Wing Yun	12	07/27/2013	2013 PNS Long Course Champions
9	2:44.35L	Chansler, Jessie	12	07/16/2004	Age Group Seattle Open
10	2:45.72L	Andersson, Tova	12	05/18/2013	2013 SOCKEYE SPRING OPEN
11	2:45.81L	Chang, Mia	11	07/11/2014	2014 PN Age Group Seattle Open
12	2:46.27L	Dang, Tiffany	12	07/29/2006	2006 PNS Long Course Champions
13	2:46.57L	Caylor, Megan	12	05/16/2003	Pac Coast 03
14	2:46.65L	Nakamura, McKenzie	12	05/16/2003	Pac Coast 03
15	2:46.74L	Simonz, Becky	12	07/08/1994	Seattle Open Sr 94
16	2:47.23L	Bennett, Jacqueline	12	07/28/2012	2012 PNS Long Course Champions

Girls 50 Breast

1	36.12L	Blackmon, Kaitlyn	12	07/30/2017	2017 PNS 14&u LONG COURSE CHAM
2	36.59L	Nakamura, McKenzie	12	05/16/2003	Pac Coast 03
3	37.67L	Speak, Sage	12	07/31/2008	PNS Champs LC 08
4	37.99L	Simonz, Kelly	11	08/03/1995	Region Champs AG LC 95

5	38.15L	Pettersen, Piper	11	08/01/1996	Region Champs AG LC 96
6	38.26L	Macdonald, Allie	12	07/29/2012	2012 PNS Long Course Champions
7	38.54L	Au, Wing Yun	12	07/28/2013	2013 PNS Long Course Champions
8	38.70L	Roberson, Kayla	12	05/15/2009	Pac Coast 09
9	38.91L	Kulkarni, Priyanka	12	08/05/2018	2018 PNS 14&U Long Course Cham
10	39.27L	Chou, Emily	12	08/05/2003	Zones 03
11	39.41L	Truong, Felicia	12	07/31/2011	2011 PNS Long Course Champions
12	39.54L	Chang, Mia	11	07/27/2014	2014 PNS Long Course Champions
13	39.64L	Bennett, Jacqueline	12	07/29/2012	2012 PNS Long Course Champions
14	40.05L	Chinn, Caitlin	12	07/19/2002	Age Group Seattle Open
15	40.10L	Schmied, Emily	11	06/30/1995	Tri-City Invite 95
16	40.11L	Wyant, Rebecca	12	07/31/2003	PNS Champs LC 03

Girls 100 Breast

1	1:19.32L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03
2	1:22.06L	Speak, Sage	12	07/10/2008	Seattle Open Sr 08
3	1:23.61L	Simonz, Kelly	11	08/03/1995	Region Champs AG LC 95
4	1:23.71L	Chou, Emily	12	07/18/2003	Seattle Open AG 03
5	1:24.41L	Blackmon, Kaitlyn	12	07/14/2017	2017 PN Chinook Age Group Seat
6	1:24.52L	Medvinsky, Nadia	12	07/30/2011	2011 PNS Long Course Champions
7	1:25.24L	Truong, Felicia	12	07/30/2011	2011 PNS Long Course Champions
8	1:25.27L	Pettersen, Piper	11	08/01/1996	Region Champs AG LC 96
9	1:25.38L	Au, Wing Yun	12	07/27/2013	2013 PNS Long Course Champions
10	1:26.18L	Kulkarni, Priyanka	12	06/17/2018	2018 Pacific Coast
11	1:26.74L	Wang, Jessica	12	08/02/2001	PNS Champs LC 01
12	1:26.91L	Yin, Renee	12	07/28/2017	2017 PNS 14&u LONG COURSE CHAM
13	1:26.92L	Macdonald, Allie	12	07/28/2012	2012 PNS Long Course Champions
14	1:27.37L	Oberem, Belinda	12	08/01/1996	Region Champs AG LC 96
15	1:27.40L	Chang, Mia	11	07/26/2014	2014 PNS Long Course Champions
16	1:27.45L	Dang, Gabrielle	12	04/14/2013	2013 PSSC April Showers

Girls 200 Breast

1	2:52.19L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03
2	3:00.47L	Speak, Sage	12	07/10/2008	Seattle Open Sr 08
3	3:02.56L	Chinn, Caitlin	12	05/17/2002	Pac Coast 02
4	3:03.54L	Wang, Jessica	12	08/02/2001	PNS Champs LC 01
5	3:03.99L	Medvinsky, Nadia	12	07/28/2011	2011 PNS Long Course Champions
6	3:04.46L	Au, Wing Yun	12	07/25/2013	2013 PNS Long Course Champions
7	3:04.88L	Chou, Emily	12	07/31/2003	PNS Champs LC 03
8	3:05.26L	Macdonald, Allie	12	07/26/2012	2012 PNS Long Course Champions
9	3:05.54L	Bennett, Jacqueline	12	07/26/2012	2012 PNS Long Course Champions
10	3:05.59L	Kulkarni, Priyanka	12	08/04/2018	2018 PNS 14&U Long Course Cham
11	3:05.71L	Blackmon, Kaitlyn	11	07/15/2016	2016 PN C Age Group Seattle Op
12	3:06.37L	Curran, Giulianna	12	08/01/2015	2015 PNS 14&u LONG COURSE CHAM
13	3:07.00L	Robson, Kali	12	07/30/2016	2016 PNS 14&u LONG COURSE CHAM
14	3:07.52L	Truong, Felicia	12	07/28/2011	2011 PNS Long Course Champions
15	3:08.24L	Chang, Mia	11	07/24/2014	2014 PNS Long Course Champions
16	3:08.62L	Dang, Gabrielle	12	07/06/2013	2013 TEAM Summer Open

Girls 50 Fly

1	29.55L	Dang, Gabrielle	12	07/27/2013	2013 PNS Long Course Champions
2	30.29L	Pak, Jazlynn	12	07/26/2014	2014 PNS Long Course Champions
3	30.77L	Blackmon, Kaitlyn	12	07/29/2017	2017 PNS 14&u LONG COURSE CHAM
4	31.22L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
5	31.39L	Wu, Claire	12	07/27/2013	2013 PNS Long Course Champions

6	31.58L	Chinn, Caitlin	12	05/17/2002	Pacific Coast Invitational
7	32.27L	Birrell, Emily	12	07/30/2011	2011 PNS Long Course Champions
8	32.57L	Talcott, Maren	12	04/24/2004	April Showers 04
9	32.66L	Wyant, Rebecca	12	06/20/2003	Pac Rim 03
10	33.19L	Schmied, Emily	11	07/14/1995	Seattle Open AG 95
11	33.32L	Truong, Felicia	12	07/30/2011	2011 PNS Long Course Champions
12	33.38L	Larsen, Julia	12	08/03/2019	2019 PNS 14&U Long Course Cham
13	33.42L	Chansler, Jessie	12	07/16/2004	Seattle Open AG 04
14	33.97L	Simonz, Kelly	11	07/14/1995	Seattle Open AG 95
15	34.01L	Gursoy, Selin	12	07/19/2019	2019 PN C Age Group Seattle Op
16	34.10L	Nanda, Anamika	12	06/27/2014	2014 TEAM Summer Open
16	34.10L	Simonz, Becky	12	06/10/1994	Pac Rim 94

Girls 100 Fly

1	1:04.76L	Dang, Gabrielle	12	07/28/2013	2013 PNS Long Course Champions
2	1:08.88L	Blackmon, Kaitlyn	12	07/30/2017	2017 PNS 14&u LONG COURSE CHAM
3	1:09.12L	Pak, Jazlynn	12	08/06/2014	2014 Western Zone Age Group Championship
4	1:11.09L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
5	1:14.47L	Chinn, Caitlin	12	05/17/2002	Pacific Coast Invitational
6	1:15.21L	Wyant, Rebecca	12	06/20/2003	Pac Rim 03
7	1:15.33L	Wu, Claire	12	07/28/2013	2013 PNS Long Course Champions
8	1:16.26L	Yin, Renee	12	06/24/2018	2018 MT MAC 37th Annual Firecr
9	1:16.37L	Nanda, Anamika	12	06/29/2014	2014 TEAM Summer Open
10	1:16.82L	Pettersen, Erin	12	07/30/1998	Region Champs AG LC 98
10	1:16.82L	Schmied, Emily	11	06/30/1995	Tri-City Invite 95
12	1:16.99L	Birrell, Emily	12	07/15/2011	2011 Washington Games Age Grou
13	1:17.61L	Shelhorn, Patience	12	06/09/2000	Pac Rim 00
14	1:17.84L	Pettersen, Piper	12	07/11/1997	Seattle Open AG 97
15	1:18.02L	Gursoy, Selin	12	08/04/2019	2019 PNS 14&U Long Course Cham
16	1:18.10L	Truong, Felicia	12	07/15/2011	2011 Washington Games Age Grou

Girls 200 Fly

1	2:40.08L	Blackmon, Kaitlyn	12	06/23/2017	2017 MT MAC 36th Annual Firecr
2	2:41.00L	Dang, Gabrielle	12	05/19/2013	2013 SOCKEYE SPRING OPEN
3	2:47.51L	Pak, Jazlynn	11	05/17/2014	2014 PN Sockeye Spring Open
4	2:51.10L	Bono, Isabella	12	06/17/2016	2016 MT MAC Firecracker Classi
4	2:51.10L	Nanda, Anamika	12	07/12/2014	2014 PN Age Group Seattle Open
6	2:55.98L	Curran, Giulianna	12	07/31/2015	2015 PNS 14&u LONG COURSE CHAM
7	2:59.28L	Gursoy, Selin	12	08/02/2019	2019 PNS 14&U Long Course Cham
8	2:59.98L	Andersson, Filippa	12	07/31/2015	2015 PNS 14&u LONG COURSE CHAM
9	3:04.53L	Shelhorn, Patience	12	06/09/2000	Pac Rim 00
10	3:06.51L	Chang, Mia	11	05/17/2014	2014 PN Sockeye Spring Open
11	3:07.14L	Truong, Felicia	12	07/24/2011	2011 Summer Grand Challenge
12	3:07.81L	Wu, Andrea	11	07/31/2015	2015 PNS 14&u LONG COURSE CHAM
13	3:10.92L	Wu, Claire	12	06/23/2013	2013 Dick Hannula Classic
14	3:11.17L	Schuh, Kayleena	12	07/29/2004	PNS Champs LC 04
15	3:11.67L	Tan, Gianna	12	07/14/2017	2017 PN Chinook Age Group Seat
16	3:14.59L	Au, Wing Yun	12	07/13/2013	2013 PN Age Group Seattle Open

Girls 200 IM

1	2:35.59L	Dang, Gabrielle	12	06/27/2013	94th Annual Senior Seattle Ope
2	2:37.26L	Pak, Jazlynn	12	07/27/2014	2014 PNS Long Course Champions
3	2:38.00L	Buelow, Vicky	12	08/04/1994	Region Champs AG LC 94
4	2:38.42L	Chinn, Caitlin	12	07/19/2002	Age Group Seattle Open
5	2:38.70L	Nakamura, McKenzie	12	06/06/2003	Apple Capital 03

6	2:38.82L	Schmied, Emily	11	08/03/1995	Region Champs AG LC 95
7	2:40.23L	Blackmon, Kaitlyn	12	05/21/2017	2017 PN WAVE LC May Mayhem Cla
8	2:40.58L	Simonz, Kelly	11	08/03/1995	Region Champs AG LC 95
9	2:41.39L	Yin, Renee	12	07/29/2017	2017 PNS 14&u LONG COURSE CHAM
10	2:43.93L	Wyant, Rebecca	12	06/20/2003	Pac Rim 03
11	2:44.02L	Speak, Sage	12	07/31/2008	PNS Long Course Championship
12	2:44.44L	Simonz, Becky	12	06/10/1994	Pac Rim 94
13	2:44.54L	Chou, Emily	12	07/18/2003	Seattle Open AG 03
14	2:45.75L	Oberem, Belinda	12	07/12/1996	Seattle Open AG 96
15	2:47.11L	Pettersen, Piper	12	07/11/1997	Seattle Open AG 97
16	2:47.34L	Bennett, Jacqueline	12	07/26/2012	2012 PNS Long Course Champions

Girls 400 IM					
1	5:27.79L	Dang, Gabrielle	12	05/17/2013	2013 SOCKEYE SPRING OPEN
2	5:38.61L	Pak, Jazlynn	12	07/25/2014	2014 PNS Long Course Champions
3	5:44.29L	Schmied, Emily	12	05/03/1996	THSC May Invite 96
4	5:46.99L	Blackmon, Kaitlyn	12	04/21/2017	2017 PN Dick LaFave A-1 Meet
5	5:50.83L	Wyant, Rebecca	12	06/20/2003	Pac Rim 03
6	5:51.59L	Nakamura, McKenzie	12	05/16/2003	Pac Coast 03
7	5:52.55L	Speak, Sage	12	06/27/2008	WEST Coast Invite 08
8	5:57.47L	Chang, Mia	11	07/25/2014	2014 PNS Long Course Champions
9	5:57.63L	Chou, Emily	12	06/20/2003	Pac Rim 03
10	5:58.35L	Bono, Isabella	12	07/29/2016	2016 PNS 14&u LONG COURSE CHAM
11	6:01.52L	Dang, Tiffany	12	05/12/2007	Pacific Coast Invitational
12	6:01.58L	Bennett, Jacqueline	12	07/28/2012	2012 PNS Long Course Champions
13	6:01.75L	Win, Emmeline	12	08/01/2008	PNS Long Course Championship
14	6:05.15L	Yin, Renee	11	05/20/2017	2017 PN WAVE LC May Mayhem Cla
15	6:07.43L	Birrell, Emily	11	05/15/2010	SSC/SST Pacific Coast Invitati
16	6:07.69L	Nanda, Anamika	12	07/11/2014	2014 PN Age Group Seattle Open