

Rank	Time	Athlete	Age at Meet	Swim Date	Meet Name
<b>Girls 50 Free</b>					
1	26.16L	Dang, Gabrielle	16	07/21/2017	2017 PN Sr Long Course Champio
2	27.83L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
3	27.86L	Wu, Andrea	15	07/26/2019	2019 PNS Senior Long Course Ch
4	27.89L	Schmaltz, Vicki	15	02/08/1996	Nats Spr 96
5	28.01L	Kaufman, Emilie	16	05/16/2008	Pac Coast 08
6	28.16L	Schmied, Sara	15	08/01/1996	Region Champs AG LC 96
7	28.25L	Speak, Sage	15	08/10/2011	2011 Juniors Time Trials
8	28.51L	Talcott, Maren	16	07/10/2007	2007 USA Swimming/Speedo Champ
9	28.70L	Marzec, Ella	15	06/22/2019	2019 MT MAC Firecracker Classi
10	28.71L	Pendergast, Maureen	15	07/20/1995	Region Champs Sr LC 95
11	28.78L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
12	28.81L	Dang, Tiffany	15	07/23/2009	2009 PNS Long Course Champions
13	28.82L	Yee, Leann	16	07/29/2010	2010 Long Course Championships
14	28.86L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
15	28.88L	Limargo, Chloe	15	05/21/2016	2016 PN WAVE Celebrity Open
15	28.88L	Pedersen, Bindi	15	05/21/2016	2016 PN WAVE Celebrity Open

<b>Girls 100 Free</b>					
1	56.58L	Dang, Gabrielle	16	07/22/2017	2017 PN Sr Long Course Champio
2	59.89L	Schmaltz, Vicki	15	07/20/1995	Region Champs Sr LC 95
3	1:00.17L	Wang, Stephanie	15	07/20/1995	Region Champs Sr LC 95
4	1:00.47L	Pedersen, Bindi	15	07/23/2016	2016 PN Sr Long Course Champio
5	1:00.53LL	Kaufman, Emilie	16	07/17/2008	Speedo Senior Section Champs
6	1:00.75LL	Speak, Sage	16	03/10/2012	Western Zone Speedo Champ - Mar 2012
7	1:00.76L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
8	1:01.39LL	Limargo, Chloe	16	07/23/2016	2016 PN Sr Long Course Champio
9	1:01.58L	Dang, Tiffany	15	07/23/2009	2009 PNS Long Course Champions
10	1:01.65LL	Curran, Julianna	15	07/28/2018	2018 PNS Senior Long Course Ch
11	1:01.78L	Schmied, Emily	16	08/03/2000	Region Champs AG LC 00
12	1:02.09L	Pendergast, Maureen	15	07/20/1995	Region Champs Sr LC 95
13	1:02.32L	Ackerman, Megan	15	08/01/1996	Region Champs AG LC 96
14	1:02.67L	Wu, Andrea	15	07/27/2019	2019 PNS Senior Long Course Ch
15	1:02.71L	Andersson, Julia	15	07/26/2013	2013 PNS Long Course Champions
16	1:02.73LL	Andersson, Tova	16	08/05/2016	2016 USA Swimming Futures Stan

<b>Girls 200 Free</b>					
1	2:04.46L	Dang, Gabrielle	16	07/20/2017	2017 PN Sr Long Course Champio
2	2:09.41L	Schmaltz, Vicki	15	07/20/1995	Region Champs Sr LC 95
3	2:09.97L	Wang, Stephanie	15	08/08/1995	Jr Nats LC 95
4	2:10.45L	Ackerman, Megan	15	08/13/1996	Zones 96
5	2:11.06L	Pedersen, Bindi	15	07/21/2016	2016 PN Sr Long Course Champio
6	2:11.83LL	Limargo, Chloe	16	07/22/2016	2016 PN Sr Long Course Champio
7	2:13.04L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
8	2:13.20LL	Andersson, Julia	15	07/16/2013	2013 OR Speedo Sectionals at Gresham
9	2:14.51L	Armstrong, Hanna	16	08/01/2010	2010 Long Course Championships
10	2:14.75L	Swalin, Jayme	15	07/28/2005	PNS Champs LC 05
11	2:15.93L	Kurtz, Rachael	16	07/23/2009	2009 PNS Long Course Champions
12	2:16.22L	Colnon, Alison	16	07/16/2003	Sectional Champs Sr LC 03
13	2:16.29L	Kaufman, Emilie	16	06/27/2008	WEST Coast Invite 08
14	2:16.72L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
15	2:16.87L	Price, Natalie	16	08/03/1995	Region Champs AG LC 95
16	2:17.34L	Peterson, Kari	16	08/03/1995	Region Champs AG LC 95

<b>Girls 400 Free</b>					
1	4:32.84L	Ackerman, Megan	15	08/01/1996	Region Champs AG LC 96
2	4:38.44L	Schmaltz, Vicki	15	07/20/1995	Region Champs Sr LC 95
3	4:39.22L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
4	4:39.59L	Bono, Isabella	15	07/26/2019	2019 PNS Senior Long Course Ch
5	4:40.62L	Limargo, Chloe	16	07/22/2016	2016 PN Sr Long Course Champio
6	4:41.13L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
7	4:41.33L	Swalin, Jayme	15	07/28/2005	PNS Champs LC 05
8	4:42.60L	Price, Natalie	16	08/03/1995	Region Champs AG LC 95
9	4:43.70L	Colnon, Alison	16	07/31/2003	PNS Champs LC 03
10	4:44.11L	Kurtz, Rachael	16	07/23/2009	2009 PNS Long Course Champions
11	4:45.07L	Andersson, Julia	15	07/26/2013	2013 PNS Long Course Champions
12	4:45.37L	Armstrong, Hanna	16	07/09/2010	91st Annual Senior Seattle Ope
13	4:47.38L	Pedersen, Bindi	15	07/22/2016	2016 PN Sr Long Course Champio
14	4:49.10L	Millet, Laura	16	07/23/2009	2009 PNS Long Course Champions
15	4:50.10L	Peterson, Kari	16	08/03/1995	Region Champs AG LC 95
16	4:50.19L	Dallain, Andree-Anne	15	07/05/1996	Seattle Open AG 96

<b>Girls 800 Free</b>					
1	9:24.90L	Ackerman, Megan	15	07/05/1996	Seattle Open AG 96
2	9:33.48L	Bono, Isabella	15	07/25/2019	2019 PNS Senior Long Course Ch
3	9:40.47L	Swalin, Jayme	15	07/28/2005	PNS Champs LC 05
4	9:42.15L	Schmaltz, Vicki	15	06/30/1995	Tri-City Invite 95
5	9:46.50L	Colnon, Alison	16	07/31/2003	PNS Champs LC 03
6	9:47.34L	Price, Natalie	16	08/03/1995	Region Champs AG LC 95
7	9:52.94L	Withrow, Kelsey	16	05/01/1999	May Flowers 99
8	9:54.16L	Caylor, Megan	16	06/29/2006	Seattle Open Sr 06
9	9:58.40L	Armstrong, Hanna	15	06/25/2009	Seattle Open Sr 09
10	10:01.73L	Kurtz, Rachael	16	07/23/2009	2009 PNS Long Course Champions
11	10:03.75L	Hagan, Katherine	16	07/29/2004	PNS Champs LC 04
12	10:05.11L	Kaufman, Emilie	16	05/16/2008	Pac Coast 08
13	10:08.78L	Pendergast, Maureen	16	06/21/1996	Tri-City Invite 96
14	10:11.00L	Schmied, Emily	16	05/19/2000	Pac Coast 00
15	10:12.65L	Limargo, Chloe	15	06/07/2015	2015 PN Wave Long Course Bonan
16	10:12.69L	Peterson, Kari	16	07/20/1995	Region Champs Sr LC 95

<b>Girls 1500 Free</b>					
1	18:02.49L	Ackerman, Megan	15	08/13/1996	Zones 96
2	18:09.15L	Bono, Isabella	15	07/27/2019	2019 PNS Senior Long Course Ch
3	18:14.21L	Price, Natalie	16	08/03/1995	Region Champs AG LC 95
4	18:16.66L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
5	18:46.06L	Swalin, Jayme	16	07/18/2006	Sectional Champs Sr LC 06
6	18:46.43L	Colnon, Alison	16	07/31/2003	PNS Champs LC 03
7	18:53.38L	Schmaltz, Vicki	15	06/09/1995	Pac Rim 95
8	18:57.63L	Armstrong, Hanna	16	07/29/2010	2010 Long Course Championships
9	18:58.52L	Withrow, Kelsey	16	05/21/1999	Pac Coast 99
10	19:03.07L	Kurtz, Rachael	16	06/25/2009	Seattle Open Sr 09
11	19:10.80L	Pendergast, Maureen	16	06/07/1996	Pac Rim 96
12	19:11.01L	Santini, Lia	16	07/27/2006	PNS Champs LC 06
13	19:25.83L	Andersson, Julia	15	07/25/2013	2013 PNS Long Course Champions
14	19:33.19L	Talcott, Maren	15	07/27/2006	PNS Champs LC 06
15	19:33.51L	Hagan, Katherine	16	07/29/2004	PNS Champs LC 04
16	19:34.78L	Dang, Tiffany	15	07/10/2009	2009 Age Group Seattle Open

**Girls 50 Back**

1	30.49LL	Dang, Gabrielle	16	07/21/2017	2017 PN Sr Long Course Champio
2	32.72L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
3	33.10L	Dang, Tiffany	15	07/23/2009	2009 PNS Long Course Champions
4	33.17LL	Anglin, Lauren	15	07/27/2012	2012 PNS Long Course Champions
5	33.25L	Baumgartner, Christine	15	07/28/2005	PNS Champs LC 05
6	33.47L	Albright, Taryn	16	06/06/2009	2009 KING June Invitational
7	33.81L	Schmied, Emily	16	08/03/2000	Region Champs AG LC 00
8	34.00LL	Chansler, Jessie	16	07/28/2007	2007 PNS LC Champion
9	34.20L	Schmied, Eli	16	08/04/1994	Region Champs AG LC 94
10	34.23L	Milosav, Lorena	15	06/20/2003	Pac Rim 03
11	34.53LL	Marzec, Ella	15	07/27/2018	2018 PNS Senior Long Course Ch
12	34.61L	Hau, Jewel	15	06/08/2019	2019 PN MET Cannonball Classic
13	34.62LL	Andersson, Tova	16	07/22/2016	2016 PN Sr Long Course Champio
14	34.82L	Wyant, Rebecca	15	06/02/2006	Apple Capital 06
15	34.87L	Kaufman, Emilie	16	06/27/2008	WEST Coast Invite 08
16	35.03LL	Armstrong, Hanna	16	07/30/2010	2010 Long Course Championships

#### Girls 100 Back

1	1:05.97L	Dang, Gabrielle	15	07/21/2016	2016 PN Sr Long Course Champio
2	1:07.04L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
3	1:07.95L	Pedersen, Bindi	15	07/21/2016	2016 PN Sr Long Course Champio
4	1:09.09L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
5	1:09.69L	Baumgartner, Christine	15	07/12/2005	Sectional Champs Sr LC 05
6	1:10.22L	Schmied, Emily	16	08/03/2000	Region Champs AG LC 00
7	1:10.36L	Schmied, Sara	15	08/01/1996	Region Champs AG LC 96
8	1:10.58LL	Andersson, Tova	16	08/07/2016	2016 USA Swimming Futures Stan
9	1:11.19L	Dang, Tiffany	16	07/30/2010	2010 Long Course Championships
10	1:11.66L	Schmied, Eli	16	06/09/1995	Pac Rim 95
11	1:11.67L	Chansler, Jessie	16	07/29/2007	2007 PNS LC Champion
12	1:11.91L	Limargo, Chloe	16	07/21/2016	2016 PN Sr Long Course Champio
13	1:11.93L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
14	1:11.96LL	Marzec, Ella	15	07/26/2018	2018 PNS Senior Long Course Ch
15	1:12.61L	Kaufman, Emilie	16	07/10/2008	Seattle Open Sr 08
16	1:12.79LL	Anglin, Lauren	15	07/26/2012	2012 PNS Long Course Champions

#### Girls 200 Back

1	2:22.17L	Caylor, Megan	16	07/27/2006	PNS Champs LC 06
2	2:27.70L	Pedersen, Bindi	15	07/23/2016	2016 PN Sr Long Course Champio
3	2:27.84L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
4	2:27.94L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
5	2:28.39L	Baumgartner, Christine	15	07/12/2005	Sectional Champs Sr LC 05
6	2:28.59L	Limargo, Chloe	15	07/25/2015	2015 PN Sr Long Course Champio
7	2:31.09L	Schmied, Sara	15	08/01/1996	Region Champs AG LC 96
8	2:32.82L	Dang, Gabrielle	15	04/24/2016	9th Annual Dick LaFave Long Co
9	2:33.30L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
10	2:33.64L	Chansler, Jessie	16	07/28/2007	2007 PNS LC Champion
11	2:34.18L	Wang, Stephanie	15	07/20/1995	Region Champs Sr LC 95
12	2:34.41L	Dang, Tiffany	15	07/23/2009	2009 PNS Long Course Champions
13	2:35.30L	Andersson, Tova	16	08/04/2016	2016 USA Swimming Futures Stan
14	2:36.27L	Andersson, Julia	15	07/27/2013	2013 PNS Long Course Champions
15	2:36.53L	Schmied, Eli	16	07/21/1994	Region Champs Sr LC 94
16	2:36.70L	Kaufman, Emilie	16	01/06/2008	2008 NW Section Senior Circuit

#### Girls 50 Breast

1	33.88L	Kaufman, Emilie	16	06/14/2008	Supersoaker 08
---	--------	-----------------	----	------------	----------------

2	35.38L	Speak, Sage	15	06/18/2011	2011 Summer Solstice Invitatio
3	36.54L	Kiker, Whitney	16	06/02/2006	Apple Capital 06
4	36.67L	Pettersen, Piper	16	07/25/2001	Sectional Champs Sr LC 01
5	37.15L	Pedersen, Bindi	15	05/21/2016	2016 PN WAVE Celebrity Open
6	37.30L	Limargo, Chloe	15	05/21/2016	2016 PN WAVE Celebrity Open
7	37.50L	Santini, Lia	16	07/27/2006	PNS Champs LC 06
8	37.75L	Spurlock, Sarah	15	07/12/2005	Sectional Champs Sr LC 05
9	37.97L	Nakamura, McKenzie	15	06/02/2006	Apple Capital 06
10	37.99L	Yee, Leann	15	06/06/2009	2009 KING June Invitational
11	38.70L	Langsam, Melanie	15	06/02/2006	Apple Capital 06
12	38.82L	Albright, Taryn	16	06/06/2009	2009 KING June Invitational
13	39.50L	Langsam, Hilary	16	07/26/2007	PNS Champs LC 07
14	39.79L	Misiuda, Alicja	16	07/13/2019	100th Senior Seattle Open
15	39.96L	Hassel, Andrea	16	06/02/2006	Apple Capital 06
16	40.14L	Kummerlowe, Carly	16	06/25/2004	Pac Rim 04

#### Girls 100 Breast

1	1:13.51L	Speak, Sage	16	03/10/2012	Western Zone Speedo Champ - Mar 2012
2	1:14.86L	Kaufman, Emilie	16	06/14/2008	Supersoaker 08
3	1:14.90L	Limargo, Chloe	15	03/19/2016	2016 Speedo Sectionals
4	1:15.27L	Pedersen, Bindi	16	07/20/2017	2017 PN Sr Long Course Champio
5	1:18.79L	Pettersen, Piper	16	07/25/2001	Sectional Champs Sr LC 01
6	1:18.90L	Eldridge, Erin	16	07/21/1994	Region Champs Sr LC 94
7	1:19.21L	Kiker, Whitney	16	06/02/2006	Apple Capital 06
8	1:19.70L	Santini, Lia	16	07/27/2006	PNS Champs LC 06
9	1:20.17L	Spurlock, Sarah	15	07/12/2005	Sectional Champs Sr LC 05
10	1:20.30L	Nakamura, McKenzie	15	05/19/2006	Pac Coast 06
11	1:20.91L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
12	1:21.07L	Langsam, Melanie	16	07/10/2007	2007 USA Swimming/Speedo Champ
13	1:21.15L	Curran, Giulianna	15	07/26/2018	2018 PNS Senior Long Course Ch
14	1:21.58L	Misiuda, Alicja	16	07/25/2019	2019 PNS Senior Long Course Ch
15	1:21.71L	Langsam, Hilary	16	07/10/2007	Sectional Champs Sr LC 07
16	1:21.86L	Schmied, Emily	16	08/03/2000	Region Champs AG LC 00

#### Girls 200 Breast

1	2:39.40L	Speak, Sage	15	08/08/2011	2011 Junior National Championships
2	2:41.72L	Pedersen, Bindi	16	07/21/2017	2017 PN Sr Long Course Champio
3	2:45.77L	Limargo, Chloe	15	03/17/2016	2016 Speedo Sectionals
4	2:48.51L	Eldridge, Erin	16	07/21/1994	Region Champs Sr LC 94
5	2:49.71L	Pettersen, Piper	16	07/25/2001	Sectional Champs Sr LC 01
6	2:50.66L	Kaufman, Emilie	16	07/16/2008	Speedo Senior Section Champs
7	2:52.48L	Curran, Giulianna	15	07/27/2018	2018 PNS Senior Long Course Ch
8	2:53.07L	Curran, Carly	15	07/27/2018	2018 PNS Senior Long Course Ch
9	2:53.62L	Spurlock, Sarah	15	07/28/2005	PNS Long Course Championship
10	2:54.18L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
11	2:54.80L	Kiker, Whitney	16	06/02/2006	Apple Capital 06
12	2:55.52L	Cohn, Monica	16	08/04/1994	Region Champs AG LC 94
13	2:55.98L	Raber, Erica	16	07/30/1998	Region Champs AG LC 98
14	2:57.21L	Nakamura, McKenzie	15	07/28/2005	PNS Long Course Championship
15	2:57.66L	Pendergast, Maureen	15	08/03/1995	Region Champs AG LC 95
16	2:57.68L	Langsam, Hilary	16	07/28/2007	2007 PNS LC Champion

#### Girls 50 Fly

1	28.99L	Dang, Gabrielle	15	05/21/2016	2016 PN WAVE Celebrity Open
2	30.24L	Albright, Taryn	16	06/06/2009	2009 KING June Invitational

3	30.29L	Misiuda, Alicja	16	07/11/2019	100th Senior Seattle Open
4	30.85L	Kaufman, Emilie	16	06/20/2008	Summer Solstice 08
5	31.47L	Yee, Leann	15	06/06/2009	2009 KING June Invitational
6	31.55L	Langsam, Hilary	15	07/27/2006	PNS Champs LC 06
7	31.58L	Pettersen, Erin	15	06/15/2001	Pac Rim 01
8	31.66L	Kurtz, Rachael	16	06/06/2009	2009 KING June Invitational
9	32.10L	Talcott, Maren	16	07/26/2007	PNS Champs LC 07
10	32.33L	Pettersen, Piper	16	07/25/2001	Sectional Champs Sr LC 01
11	32.69L	Skog, Calista	15	06/02/2013	VAST Summer Sprints
12	32.75L	Andersson, Julia	15	05/19/2013	2013 SOCKEYE SPRING OPEN
13	32.77L	Bono, Isabella	15	07/11/2019	100th Senior Seattle Open
14	32.92L	Baumgartner, Christine	15	07/28/2005	PNS Champs LC 05
15	33.04L	Oi, Kathryn	16	06/25/2004	Pacific Rim Classic
15	33.04L	Whelan, Emily	16	05/21/2016	2016 PN WAVE Celebrity Open

#### Girls 100 Fly

1	1:02.17L	Dang, Gabrielle	16	07/21/2017	2017 PN Sr Long Course Champio
2	1:03.99L	Schmaltz, Vicki	15	08/08/1995	Jr Nats LC 95
3	1:04.94L	Pedersen, Bindi	16	07/21/2017	2017 PN Sr Long Course Champio
4	1:05.32L	Misiuda, Alicja	16	07/26/2019	2019 PNS Senior Long Course Ch
5	1:06.56L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
6	1:08.26L	Pettersen, Erin	16	07/23/2002	Sectional Champs Sr LC 02
7	1:08.35L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
8	1:08.37L	Millet, Laura	16	07/23/2009	2009 PNS Long Course Champions
9	1:08.52L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
10	1:08.75L	Limargo, Chloe	16	07/22/2016	2016 PN Sr Long Course Champio
11	1:09.01L	Baumgartner, Christine	15	07/28/2005	PNS Champs LC 05
12	1:09.10L	Pettersen, Piper	16	07/25/2001	Sectional Champs Sr LC 01
13	1:09.18L	Wu, Andrea	15	07/26/2019	2019 PNS Senior Long Course Ch
14	1:09.19L	Withrow, Kelsey	16	08/05/1999	Region Champs AG LC 99
15	1:09.55L	Talcott, Maren	16	07/29/2007	2007 PNS LC Champion
16	1:09.59L	Dallain, Andree-Anne	15	07/05/1996	Seattle Open AG 96

#### Girls 200 Fly

1	2:19.87L	Schmaltz, Vicki	15	08/08/1995	Jr Nats LC 95
2	2:21.82L	Pedersen, Bindi	15	07/23/2016	2016 PN Sr Long Course Champio
3	2:29.22L	Pettersen, Erin	15	07/25/2001	Sectional Champs Sr LC 01
4	2:29.74L	Withrow, Kelsey	16	08/05/1999	Region Champs AG LC 99
5	2:30.22L	Millet, Laura	16	07/23/2009	2009 PNS Long Course Champions
6	2:30.85L	Dang, Gabrielle	15	04/23/2016	2016 9th Annual Dick LaFave Long Co
7	2:31.06L	Bono, Isabella	15	07/27/2019	2019 PNS Senior Long Course Ch
8	2:31.98L	Dallain, Andree-Anne	15	07/05/1996	Seattle Open AG 96
9	2:34.44L	Limargo, Chloe	16	07/23/2016	2016 PN Sr Long Course Champio
10	2:35.16L	Misiuda, Alicja	16	08/03/2019	2019 Futures Championships - M
11	2:35.92L	Thompson, Claire	16	07/23/2009	2009 PNS Long Course Champions
12	2:36.56L	Kline, Janna	16	07/11/1997	Seattle Open AG 97
13	2:36.69L	Martin, Emily	16	07/09/2016	97th Annual Senior Seattle Ope
14	2:36.72L	Ortigoza, Lorena	15	07/10/1998	Seattle Open AG 98
15	2:37.88L	Harbert, Ricki	15	07/05/1996	Seattle Open AG 96
16	2:38.05L	Chapman, Katherine	15	07/27/2006	PNS Champs LC 06

#### Girls 200 IM

1	2:21.02L	Pedersen, Bindi	16	07/21/2017	2017 PN Sr Long Course Champio
2	2:27.98L	Schmied, Emily	16	07/20/2000	Region Champs Sr LC 00
3	2:28.31L	Dang, Gabrielle	15	07/22/2016	2016 PN Sr Long Course Champio

4	2:29.13L	Limargo, Chloe	15	07/23/2015	2015 PN Sr Long Course Champio
5	2:30.04L	Baumgartner, Christine	15	07/28/2005	PNS Champs LC 05
6	2:31.48L	Speak, Sage	16	03/11/2012	Western Zone Speedo Champ - Mar 2012
7	2:33.30L	Albright, Taryn	16	07/23/2009	2009 PNS Long Course Champions
8	2:33.78L	Curran, Giulianna	15	07/27/2018	2018 PNS Senior Long Course Ch
9	2:33.81L	Wang, Stephanie	15	07/20/1995	Region Champs Sr LC 95
10	2:33.84L	Kaufman, Emilie	16	07/31/2008	PNS Champs LC 08
11	2:34.91L	Pendergast, Maureen	15	08/03/1995	Region Champs AG LC 95
12	2:35.17L	Kurtz, Rachael	16	07/23/2009	2009 PNS Long Course Champions
13	2:35.46L	Dallain, Andree-Anne	15	08/01/1996	Region Champs AG LC 96
14	2:35.47L	Langsam, Hilary	16	07/27/2007	2007 PNS LC Champion
15	2:35.55L	Swalin, Jayme	16	07/28/2006	2006 PNS Long Course Champions
16	2:35.64L	Nakamura, McKenzie	15	07/28/2005	PNS Long Course Championship

<b>Girls 400 IM</b>					
<b>1</b>	<b>5:08.10L</b>	<b>Pedersen, Bindi</b>	<b>16</b>	<b>07/20/2017</b>	<b>2017 PN Sr Long Course Champio</b>
2	5:08.95L	Limargo, Chloe	15	07/24/2015	2015 PN Sr Long Course Champio
3	5:17.74L	Schmied, Emily	15	06/18/1999	Pac Rim 99
4	5:18.56L	Bono, Isabella	15	07/25/2019	2019 PNS Senior Long Course Ch
5	5:23.21L	Swalin, Jayme	16	07/18/2006	Sectional Champs Sr LC 06
6	5:23.99L	Dang, Gabrielle	15	04/22/2016	2016 9th Annual Dick LaFave Long Co
7	5:25.62L	Baumgartner, Christine	15	07/28/2005	PNS Champs LC 05
8	5:27.07L	Speak, Sage	15	05/21/2011	SSC/SST Pacific Coast Invitati
9	5:27.39L	Pendergast, Maureen	15	07/20/1995	Region Champs Sr LC 95
10	5:27.56L	Kurtz, Rachael	16	07/23/2009	2009 PNS Long Course Champions
11	5:30.39L	Talcott, Maren	16	07/28/2007	2007 PNS LC Champion
12	5:31.55L	Dallain, Andree-Anne	15	08/01/1996	Region Champs AG LC 96
13	5:35.36L	Kaufman, Emilie	16	07/10/2008	Seattle Open Sr 08
14	5:35.37L	Nakamura, McKenzie	15	05/19/2006	Pac Coast 06
15	5:35.75L	Kline, Janna	16	07/11/1997	Seattle Open AG 97
16	5:37.44L	Withrow, Kelsey	15	05/15/1998	Pac Coast 98