

# ASC PARENT CODE OF CONDUCT

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The following rules and regulations were written and approved by the coaches and the ASC Board of Directors. They are intended to ensure the safety of all swimmers regardless of age, and to create the best possible environment for learning and training. Parents are expected to abide by the Code of Conduct at all times, during any Club function, including, but not limited to, practice time, swim meets and social events.

1. Parents shall abide by all pool and Club rules/policies at all times.
2. Parents shall be respectful toward coaches, other swimmers, officials, volunteers and property. Violations of any of the following will result in an automatic Level 4 consequence, and may result in a Level 5 consequence as determined on a case-by-case basis.
  - a. Abusive, disrespectful, profane or obscene language or behavior will not be tolerated. This includes spoken and written words, text messages or other electronic or technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at anyone listed above, occurring during a Club function or any other time.
  - b. Bullying (as defined in USA Swimming Code of Conduct 304.3.7), threats or other intimidating or harassing language or behavior will not be tolerated toward anyone listed above at any time.
  - c. Fighting, physical assaults, endangering others' health or safety or extreme inappropriate emotional displays will not be tolerated at any time.
  - d. The theft, damage or destruction of public or private property will not be tolerated at any time.
  - e. Use of tobacco, alcohol, and illegal drugs is prohibited. Prescription drugs shall be used consistent with the manner in which they were prescribed.
  - f. Any other activity that could result in criminal charges is prohibited.
3. During practice and meets parents shall support coaches and swimmers to work to the best of their ability.
  - a. Parents shall have their swimmers on deck and ready to swim at the scheduled start time of practice.
  - b. Parents should abide by the ASC injury/illness policies. If a swimmer cannot perform the workout due to injury or illness, the swimmer should not attend practice.
  - c. Parents should refrain from interrupting or distracting coaches or swimmers during practices or meets. Do not "coach" from the deck.
4. Parents shall maintain healthy and positive communication. Parents shall not talk negatively about ASC leadership, or any coaches, swimmers, officials or volunteers in front of any ASC swimmer. Parents shall refrain from discussing disagreements over coaching or leadership philosophy with other parents; instead, resolve issues directly and privately with the ASC Parent Board.
5. Parents shall serve as role models of good sportsmanship: Encourage all swimmers to do/be their best; control your emotions; abide by officials' or coaches' decisions; applaud opponents' efforts. Assist and support the coaches and ASC Parent Board in enforcing the Codes of Conduct and other pool or Club rules/policies.

**I have read the ASC PARENT CODE OF CONDUCT and agree to abide by it and the Consequences set forth by the ASC Parent Board. I acknowledge I have received and understand the Consequences:**

Parent: \_\_\_\_\_ Name Printed: \_\_\_\_\_ Date: \_\_\_\_\_

## **Additional Tips for the Swim Parent**

- ✓ Put your child's participation in perspective. Don't make swimming everything in your child's life; but a part of your child's life. Understand what your child wants from swimming, and provide a supportive atmosphere for achieving your child's goals.
- ✓ Keep winning in perspective, and help your child do the same. Help your child set challenging but realistic performance goals, rather than focusing only on winning or getting best times.
- ✓ Never lecture your child about a poor race. Let your swimmer discuss the race with the coach and then do your job: giving him/her support and encouragement to do better next time.

# ASC SWIMMER CODE OF CONDUCT

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The following rules and regulations were written and approved by the coaches and the ASC Board of Directors. They are intended to ensure the safety of all swimmers regardless of age, and to create the best possible environment for learning and training. Furthermore, it is expected that members always try to project an image of good sportsmanship, respect and integrity. Swimmers are expected to abide by the Code of Conduct at all times, during any Club function, including, but not limited to, practice time, swim meets and social events.

1. Club members shall abide by all pool and Club rules/policies at all times.
2. Club members shall be respectful toward coaches, other swimmers, officials, volunteers and property. Violations of any of the following will result in an automatic Level 4 consequence, and may result in a Level 5 consequence as determined on a case-by-case basis.
  - a. Abusive, disrespectful, profane or obscene language or behavior will not be tolerated. This includes spoken and written words, text messages or other electronic or technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at anyone listed above, occurring during a Club function or any other time.
  - b. Bullying (as defined in USA Swimming Code of Conduct 304.3.7), threats or other intimidating or harassing language or behavior will not be tolerated toward anyone listed above at any time.
  - c. Fighting, physical assaults, endangering others' health or safety or extreme inappropriate emotional displays will not be tolerated at any time.
  - d. The theft, damage or destruction of public or private property will not be tolerated at any time.
  - e. Use of tobacco, alcohol, and drugs is prohibited. The use of prescription drugs should only be done at home unless the coach has been informed of a health condition that requires it (such as an inhaler for asthma).
  - f. Any other activity that could result in criminal charges is prohibited.
3. During practice and meets all swimmers are expected to work to the best of their ability.
  - a. Swimmers shall be on deck and ready to swim at the scheduled start time of practice.
  - b. Club members shall be respectful toward and do their best to follow the instructions of all ASC coaches at all practices and swim meets.
  - c. Any swimmer who cannot perform the workout due to injury or illness must inform a coach, call his/her parent for a ride and sit in the bleachers until the parent arrives.
  - d. At practice and at meets, Club members shall be respectful toward, encourage and assist their teammates to be their best in performance and behavior.
  - e. Swimmers shall not impede the progress of other swimmers during practice or at meets. This includes stopping in the lane during sets, failing to allow faster swimmers to pass, or passing other swimmers and slowing down after passing. Swimmers shall observe proper lane etiquette at all times.

**I have read the ASC SWIMMER CODE OF CONDUCT and agree to abide by it and the Consequences set forth by the ASC Parent Board. I acknowledge I have received and understand the Consequences:**

Swimmer: \_\_\_\_\_ Date: \_\_\_\_\_

Swimmer Name Printed: \_\_\_\_\_

Parent: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Name Printed: \_\_\_\_\_

## **CONSEQUENCES FOR VIOLATIONS OF THE PARENT CODE OF CONDUCT AND THE SWIMMER CODE OF CONDUCT**

Violations of either the Parent or Swimmer Code of Conduct will result in the following escalation of penalties. A Disciplinary Report form will be completed and provided to the swimmer's parent for Level 2 penalties and above. Additionally, because Ashwaubenon Swim Club is co-sponsored by the Village of Ashwaubenon, the Village of Ashwaubenon Aquatics Director and/or Parks, Recreation & Forestry Director will be informed of violations resulting in a Level 4 or Level 5 penalty.

**LEVEL 1:** Verbal warning (minor infractions, 1<sup>st</sup> offense only).

**LEVEL 2:** Swimmers engaging in repeated minor infractions during a practice/meet session will be required to leave the pool deck for 5 minutes. Parents engaging in repeated minor infractions during a practice/meet session will automatically result in a Level 3 penalty.

**LEVEL 3:** If, after serving a Level 2 penalty, the swimmer or parent again engages in a minor infraction, the swimmer or parent will be required to leave for the remainder of practice or the remainder of the meet that day/evening. The swimmer will have 10 minutes to shower and get dressed, and will be required to call his/her parent for a ride home. The swimmer will remain seated in the bleacher area until the parent arrives. Parents will be required to leave immediately. Once a swimmer or parent has engaged in conduct resulting in a Level 3 penalty, further violations may automatically result in an additional Level 3 penalty, as determined on a case-by-case basis.

**LEVEL 4:** Any swimmer or parent whose conduct results in an automatic Level 4 penalty, or whose conduct results in a Level 3 penalty a total of three times during the season, will be required to leave practice for one week, and/or will be scratched from the next meet.

**LEVEL 5:** Once a swimmer's or parent's conduct results in a Level 4 penalty, any further violation of the Code of Conduct may result in the swimmer's removal from the Club for the rest of the season. Permanent removal from the Club may occur for severe or repeated violations, as determined on a case-by-case basis.

**NOTES:** Any infraction that potentially affects the whole Club, or that could result in the Club's exclusion from a meet, will automatically result in a Level 4 penalty.

**Swimmers and their families will not be compensated for practice time or meet fees lost due to violation of the Code of Conduct.**