

2023 12---UNDER SINGLE AGE STATE HOSTEDBY: BADGER AQUATICS CLUB O VERONA AREA HIGH SCHOOL AQUATICS CENTER DATE: DECEMBER 9 & 10, 2023





2023 SINGLE ÁGE STATE VERONA AQUATIC CENTER DECEMBER 9 2010, 2023



2023 12&UNDER WISCONSIN SINGLE AGE STATE CHAMPIONSHIPS Hosted by Badger Aquatic Club @ Verona Area High School Aquatic Center DATE: December 9-10, 2023 SANCTION #WI2023-1064S

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising because of injuries to anyone during the conduct of this event. This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitations, individuals listed on the U.S. Center for SafeSport's Centralized Disciplinary Database, USA Swimming's List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming's List of Individuals Suspended or Ineligible – Specific Date, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) or USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.

MEET HOST: Badger Aquatic Club

DATES OF MEET: December 9-10, 2023

GENERAL INFORMATION:

- MEET DIRECTOR: Jacob Johnson <u>coachjacob@badgeraquatics.com</u> (608)852-5727
- ENTRY CHAIR: Jacob Johnson <u>coachjacob@badgeraquatics.com</u> (608) 852-5727

OFFICIALS:

- Meet Referee: Andrew Olson; olsonswimming@gmail.com
- Head Chief Judge: Sarah Olson; olsonswimming@gmail.com
- Administrative Official: Jill Nemoir; <u>jill.nemoir@gmail.com</u>
- Officials must have valid USA Swimming registration and must be working that session to be on deck. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.

GENERAL COACH MEETING: Saturday, December 9th at 8:30 AM in person.

Additional Coaches Meetings may be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all Coaches Meetings. Coaches or other team representatives are responsible for all information presented at these meetings, including changes to the meet format or conduct. Coaches should check their team mailboxes prior to each session and look for postings where they pick up heat sheets.



2023 SINGLE ÁGE STATE VERONA AQUATIC CENTER DECEMBER 9 5⁄10, 2023



OFFICIALS MEETINGS: An Officials Meeting will be held one hour before the starting time for each session in the hospitality room.

MAAPP ACKNOWLEDGEMENT: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

RULES AND PROCEDURES

- OFFICIAL RULES: Official current Short Course USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Swimmers must be registered members of USA Swimming. Age is as of December 9, 2023
- PARA ATHLETES : Please note any special requirements and/or requests for para athletes on the entry form.
- START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- PROTESTS: For consideration of all protests lodged at the meet, the Referee may appoint a meet jury. The jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete.

WARM-UP AND MEET SCHEDULE (TENTATIVE)

- Saturday AM Warmups: 9:00 AM 10:00 AM Meet Starts @ 10:05 AM GIRLS
- Saturday PM Warmups: TBD
- Sunday AM Warmups: 7:30 AM 8:30 AM
- Sunday PM Warmups: TBD

Meet Starts @ 10:05 AM GIRLS Meet Starts Not Before 2:05 PM BOYS Meet Starts @ 8:35 AM GIRLS Meet Starts Not Before 12:35 PM BOYS

There will be assigned times and lanes for the warm-up sessions. The warm-up schedule will be posted on the Badger Aquatic Club's meet landing website. Sprint lanes will be opened and closed as necessary by the Meet Director. No equipment, pull buoys, kick boards, or paddles used in the competition pool. Circle swimming only, entry into the water shall be a three-point entry for all warm-ups, except in designated lanes and times. Swimmers should not enter the pool from the middle/side of the pool. Swimmer(s) without a coach present are to report to the Meet Director prior to the warm-up for lane assignments.



2023 SÍNGLE ÅGE STATE VERONA AQUATIC ČENTER DECEMBER 9 № 10, 2023



SITE INFORMATION

- FACILITY: Verona Area High School Aquatic Center
- LOCATION: 234 Wildcat Way, Verona, WI 53593
- POOL: One eight-lane, 25 yard pools with non-turbulent lane markers and backstroke flags. Pool depth at pool starting end is 7'. Pool depth at pool non-starting end is 3.5'. Block height is 30". The Meet Host will ensure the required course dimensions.
- TIMING SYSTEM: All events will be timed using Colorado 6 with horn start, touch pads, two buttons, and a minimum of one watch as backup. 25-yard races will be timed with two buttons and a minimum of one watch as backup.
- DECK ACCESS: USA Swimming membership or prior approval is required for deck access. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership. Coaches and officials shall display their meet credentials when checking-in. Non-athlete members are only allowed on deck for official business i.e. counting for distances races or upon prior approval by the Meet Referee or Meet Management.
- SPECTATORS and SPECTATOR ADMISSION:
 - **Spectator admission is FREE for all sessions**. Heat sheets are also **FREE** and will be available digitally or can be pre-printed from the BAC website.
 - Spectators with disabilities preventing them from sitting in the stands will be accommodated there are elevators to the second floor and there will be reserved, wheelchair accessible seating in that area.
 - The meet will also be livestreamed with BAC's first-class software. The link can be found on the Meet Landing Page, or you can search "Badger Aquatics Club" on YouTube
- CONCESSIONS: Athletes may bring refreshments (liquids) but NO GLASS is allowed. Verona has a dedicated concession facility upstairs in the spectator area, and there will be a selection of food and beverages available for purchase at the meet.
- LOST & FOUND: Check in the office for valuable lost items. Badger Aquatic Club is not responsible for lost items. Items not picked-up by the end of the meet will be discarded or donated.

ATHLETE AND PARENT CONDUCT:

Please follow the athlete and parent conduct guidelines below. All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

- No coolers, chairs, or large bags will be allowed in the main pool spectator area.
- Swimmers (and their bags) should sit in their team's area on the pool deck or in the atrium area.
- No chairs or sleeping bags are allowed in the hallways.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms. Deck changes are prohibited.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.



2023 SÍNGLE ÅGE STATE VERONA AQUATIC ČENTER DECEMBER 9 № 10, 2023



- Flash photography and photography from behind the starting blocks are prohibited at the start
 of each race. Only designated photographers will be allowed on deck during the warmups and
 meet.
- All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Coordinator with USA Swimming.

ENTRY INTO THE MEET

Swimmers may compete in FOUR (4) individual events plus ONE (1) relay event per day, up to a maximum of SIX (6) individual events and TWO (2) relay events for the meet.

ENTRY PROCEDURES:

- All swimmers must be current Wisconsin LSC registered athlete members of USA Swimming. All individual swimmers entered into the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time. Swimmers who cannot verify qualification for the meet with a proof of time will be withdrawn from the meet. Any swimmer who swims in the meet is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200. There will be no deck entries. The representative submitting entries shall be responsible for verifying that all swimmers satisfy these requirements.
- Swimmers must meet the 2023 Wisconsin LSC Single Age Championships Time Standards.
- Qualifying and Seed Times: Qualifying Period for this competition is September 1^{**}, 2021 through the entry deadline. DO NOT CONVERT. Qualifying Time Standards can be found on Wisconsin Swimming's website under both Events and Athletes tabs. Qualifying times will be accepted Short Course Yards (SCY), Short Course Meters (SCM) and Long Course Meters (LCM). Bonus entries will be seeded after qualified swims in the same course order.
- Para athletes or their representative coach will be expected to provide a written document of the desired accommodations (physical needs maneuvering throughout the venue) and modifications (technical rule changes while swimming) to the meet referee upon arrival. Failure to provide documentation will grant the meet referee complete discretion towards disqualifications, with no protest.



2023 SINGLE ÁGE STATE VERONA AQUATIC CENTER DECEMBER 9 5⁄10, 2023



ENTRY DEADLINE: MONDAY, DECEMBER 4TH, 2023 at 10:00 PM CT.

- Entries received after the initial deadline may be accepted upon remittance of a \$100 late fee; no entries will be accepted after Wednesday, December 6⁺, 2023 at 12:00PM CT.
- Wednesday, December 6^a, 2023: Psych Sheets and Session Reports will be posted on the host meet landing page by 5:00 PM CT. Only administrative changes are allowed after the Psych sheet is posted.
- PROOF DEADLINE: All entry times will be verified against the SWIMS database, if you use override (custom) times, you must provide all proof of times by Wednesday December 6[∞], 2023, at 3:00 PM CT. After that point, all "unproven" times may be scratched from the meet.
- Qualifying standards must be achieved by a swimmer in a meet providing printed or viewable meet results.
- ENTRIES MUST INCLUDE A PDF COPY OF ENTRIES INDICATING ALL BONUS EVENTS.
- PAYMENT: A non-refundable check for entry fees and surcharges must be received before the start of the meet. All payments will be made via check or cash, no credit cards will be accepted. All express mail must be pre-signed, so it will not require a signature for delivery. Make checks payable to Badger Aquatic Club.

PARA ATHLETES: Para athletes can enter any event (up to the limit of the meet announcement) but they must have achieved a Wisconsin Swimming State Time Standard OR the Para Motivational Championship Time Standards (P1, P2, P3). Although swimmers with disabilities may enter any event(s) with a qualifying time, the only events that are scored and awarded in Para categories are the designated Para events on the order of events.

Para athletes or their representative coach will be **expected to provide a written document of the desired accommodations (physical needs maneuvering throughout the venue) and modifications (technical rule changes while swimming) to the meet referee upon arrival.** Failure to provide documentation will grant the meet referee complete discretion towards disqualifications, with no protest.

When entering a Para athlete, use a custom time to enter the athlete at the standard and put "PARA" in the meet name for proof of time. Email <u>coachjacob@badgeraquatics.com</u> the correct times, so they can be verified and seeded properly. If coaches have any questions regarding Para Inclusion, please contact Tom Miazga. (tommiazga8@gmail.com).

BONUS EVENTS: Any swimmer who has entered with one qualifying time may enter three bonus events for which they do not have a qualifying time. Any swimmer entered with two qualifying times may enter two bonus events. Any swimmer entered with three qualifying times may enter one bonus event. Any swimmer with four or more entered qualifying times is not eligible for bonus events. There are no bonus entries for swimmers that are "relay only" entrants in the meet. *ENTRIES MUST INCLUDE A PDF COPY OF RESULTS INDICATING ALL BONUS EVENTS.*



2023 SINGLE ÁGE STATE VERONA AQUATIC CENTER DECEMBER 9 & 10, 2023



RELAY ENTRIES:

Teams may enter an "A" relay if they have an individual qualifier entered in that age group & gender. For a team to enter a "B" relay, the team must have at least eight (8) individual qualifiers in that age group & gender; a "C" relay must have at least twelve (12) individual qualifiers, etc. The other members of a team's only relay entry in each age group/gender may be relay-only swimmers. Relays that are not a team's only relay for an age group & gender must be comprised entirely of swimmers who are individually qualified for the meet. Relay-only swimmers should be included in your entry. <u>To add a</u> <u>relay-only swimmer after the entry deadline, the swimmer must be entered in the meet 30-minutes</u> prior to the start of the session in which they will swim.

ENTRY FEES:

- \$4.00 LSC Splash Fee per Swimmer
- \$7.00 per individual event
- \$16.00 per relay (Please note: Relay-only swimmers MUST also pay the \$4.00 LSC splash fee.)
- \$25.00 Athlete Surcharge this covers ALL ADMISSIONS AND HEAT SHEETS, which are FREE!

FORMAT:

- All events are pre-seeded, timed finals. No events will be check- in events. All swimmers must report to the blocks for the start of their heat. Fly-over starts will be used if determined necessary by the Meet Referee.
- DECK ENTRIES: Deck entries for individual events will not be accepted. Relay only swimmers can deck enter no later than 30 minutes before the start of each session. The coach must give the information to the Meet Director and pay the appropriate fee(s). Deck USA Registrations will not be accepted.

AWARDS:

<u>Award breaks and award presentation format will be determined by the Meet Host and</u> breaks designated on the Sessions Report!

- INDIVIDUAL AWARDS: Medals: 1st 8th, Ribbons: 9th 16th
- SWIMMERS WITH DISABILITIES in designated Para events: Medals 1^s 3rd in their Para Category.
- RELAYS: Medals: 1st 3rd, Ribbons: 4th 8th
- STATE CHAMPION: T-shirt will be awarded to the winner in each event. (Limit one per swimmer.) May be picked up at the award staging area.
- INDIVIDUAL HIGH POINT: 1st 3rd male and female per age group.
- COMBINED TEAM AWARDS: 1st place team award for total point accumulation will be awarded for each of three Divisions. Teams placing 2st or 3st in any division may order their own award. Divisions are determined by the Wisconsin LSC.
- SCORING: INDIVIDUAL EVENTS 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- RELAY EVENTS: Double Points

No awards will be mailed. (Awards not picked up at the meet will be brought to the 12Under SCY State Championships or April LSC meeting.)



2023 SÍNGLE ÅGE STATE VERONA AQUATIC ČENTER DECEMBER 9 № 10, 2023



COACHES: Meet packets can be picked up at team registration. Coaches must show a valid USA Coach Registration when checking in. Coaches will receive a wristband to be worn while on deck and to gain admittance to meet hospitality. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.

PARKING: Check BAC's Meet Landing Page for Parking Map and Directions.

FINAL RESULTS: Results will be posted on the meet host landing page and the Wisconsin Swimming website.

MEDICAL/FIRST AID: Please report injuries to the lifeguard on duty. This facility is equipped with two AEDs. One is located on the pool deck and the other is located on the second floor near the spectator seating. First aid is available from lifeguard staff.



2023 ŚINGLE ÅGE ŚTATE VERONA AQUATIC ĊENTER DECEMBER 9 № 10, 2023



2023 12&UNDERWISCONSIN SWIMMING SINGLE AGE STATE CHAMPIONSHIPS

December 9-10, 2023

SATURDAY AM – Session 1 GIRLS EVENTS					
1	11-12	200 Free Relay			
2	10&U	200 Free Relay			
3	8&U	100 Free Relay			
		BREAK			
4	12	50 Free			
5 6	12 11 10	50 Free			
6	10	50 Free			
7	9	50 Free			
8	8&U	50 Free			
9	12	100 Breast \$			
10	11	100 Breast \$			
11	10	100 Breast \$			
12	9	100 Breast \$			
13	8&U	**25 Breast \$			
14	12	50 Back \$			
15	11	50 Back \$			
16	11 10	50 Back \$			
17	9	50 Back \$			
18	8&U	**25 Back \$			
19	12	100 Butterfly			
20	11	100 Butterfly			
21	10	100 Butterfly			
22	9	100 Butterfly			
23	12	100 IM			
24	11	100 IM			
25	10	100 IM			
26	9	100 IM			



2023 SINGLE ÅGE STATE VERONA AQUATIC ČENTER DECEMBER 9 № 10, 2023



2023 12&UNDERWISCONSIN SWIMMING SINGLE AGE STATE CHAMPIONSHIPS

December 9-10, 2023

SATURDAY PM – Session 2 BOYS EVENTS				
	200 Free Relay	11-12	27	
	200 Free Relay	10&U	28	
	100 Free Relay	8&U	29	
	BREAK			
	50 Free	12	30	
	50 Free	11	31	
	50 Free	10	32	
	50 Free	9	33	
	50 Free	8&U	34	
	100 Breast \$	12	35	
	100 Breast \$	11	36	
	100 Breast \$	10	37	
	100 Breast \$	9	38	
	** 25 Breast \$	8&U	39	
	50 Back \$	12	40	
	50 Back \$	11	41	
	50 Back \$	10	42	
	50 Back \$	9	43	
	** 25 Back \$	8&U	44	
	100 Butterfly	12	45	
	100 Butterfly	11	46	
	100 Butterfly	10	47	
	100 Butterfly	9	48	
	100 IM	12	49	
	100 IM	11	50	
	100 IM	10	51	
	100 IM	9	52	



2023 ŚINGLE ÅGE ŚTATE VERONA AQUATIC ĊENTER DECEMBER 9 № 10, 2023



2023 12&UNDERWISCONSIN SWIMMING SINGLE AGE STATE CHAMPIONSHIPS

December 9-10, 2023

SUNDAY AM – Session 3 GIRLS EVENTS						
53	11-12	200 Medley Relay				
54	10&U	200 Medley Relay				
55	8&U	100 Medley Relay				
		BREAK				
56	12	100 Free \$				
57	11	100 Free \$				
58	10	100 Free \$				
59	9	100 Free \$				
60	8&U	** 25 Free \$				
61	12	50 Breast				
62	11	50 Breast				
63	10	50 Breast				
64	9	50 Breast				
65	8&U	** 25 Butterfly \$				
66	12	100 Back				
67	11	100 Back				
68	10	100 Back				
69	9	100 Back				
70	12	50 Butterfly \$				
71	11	50 Butterfly \$				
72	10	50 Butterfly \$				
73	9	50 Butterfly \$				
74	8&U	100 IM				



2023 SÍNGLE ÁGE STATE VERONA AQUATIC CENTER DECEMBER 9 № 10, 2023



2023 12&UNDERWISCONSIN SWIMMING SINGLE AGE STATE CHAMPIONSHIPS

December 9-10, 2023

SUNDAY PM – Session 4 BOYS EVENTS						
	200 Medley Relay	11-12	75			
	200 Medley Relay	10&U	76			
	100 Medley Relay	8&U	77			
	BREAK					
	100 Free \$	12	78			
	100 Free \$	11	79			
	100 Free \$	10	80			
	100 Free \$	9	81			
	** 25 Free \$	8&U	82			
	50 Breast	12	83			
	50 Breast	11	84			
	50 Breast	10	85			
	50 Breast	9	86			
	** 25 Butterfly \$	8&U	87			
	100 Back	12	88			
	100 Back	11	89			
	100 Back	10	90			
	100 Back	9	91			
	50 Butterfly \$	12	92			
	50 Butterfly \$	11	93			
	50 Butterfly \$	10	94			
	50 Butterfly \$	9	95			
	100 IM	8&U	96			

**8&U Para Athletes must qualify for 25-yard events using P1, P2, P3 Para Motivational time for the 50 of that stroke (subject to review by WSI Disability Chair)

\$ - Designated Para Event - Scored and awarded by Age Group