

# REGIONAL CHAMPIONSHIP MEET

**HOSTED BY BAC** 

**VERONA AQUATIC CENTER** 

FEBRUARY 21<sup>ST</sup> – 23<sup>RD</sup>

# **SANCTION #WI2025-173S**

Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event

# **GENERAL MEET INFORMATION**

MEET DIRECTOR	MEET REFEREE	ADMIN OFFICIAL
Jacob Johnson	Ben Radloff	Jacob Johnson
coachjacob@badgeraquatics.com	Bradloff5@gmail.com	coachjacob@badgeraquatics.com

MEET ENTRY CHAIR	MEET WEBSITE
Jacob Johnson coachjacob@badgeraquatics.com	Badger Aquatics Club - 2025 Regionals

## Verona Aquatic Center

## 234 Wildcat Way, Verona, WI, 53593

### **Pool Specifications**

One eight-lane, 25-yard pool with non-turbulent lane markers and backstroke flags. Pool depth at pool starting end is 7'. Pool depth at pool non-starting end is 3.5'. Block height is 30". The Meet Host will ensure the required course dimensions. There is a second 'warm-up' pool at the facility as well.

# <u>Timing</u>

# **Facility**

All events will be timed using Colorado System 6 timing system with Strobe/Horn Start, Touch pads, at least one button, and 1 watch as backup. For 25-yard races Verona has the ability to use two buttons as the primary with back-up watches – in case of equipment issues we will use watches as the primary.

### First Aid/Medical

Please contact the lifeguard on duty for first aid supplies. An AED is available on site. EMS can be contacted, if needed, via the lifeguard on duty.

SWIMMERS AND FAMILIES WILL ALSO HAVE ACCESS TO THE HIGH SCHOOL COMMONS AREA. The commons will have the meet via LiveStream, awards, and vendor sales by Simply Swimming.

General Meeting	There are no initial plans to hold a general meeting. If one is deemed necessary, all participating teams will be contacted via their submitted contact information.
	An Officials Meeting will be held one hour before the starting time for each session in the hospitality room. Anyone wishing to officiate at this meet should contact the Meet Referee.
Officials	Officials must have valid USA Swimming registration and must be working that session to be on deck. The official mobile application of USA Swimming is acceptable proof of USA Swimming Membership.
	Timers Briefings will be held 30 minutes before the start of each session.
Deck Access	Deck access is restricted to participating athletes, coaches, working officials and volunteers for each session. Wristbands will be issued and must be displayed at all times while on deck. This will be strictly enforced by Meet Marshals and other meet staff. Coaches and Officials must produce proof of USA Swimming membership immediately upon request by the Referee or his/her delegate or leave the pool deck. The official mobile application of USA Swimming is acceptable proof of membership. Coaches may pick up meet packets at the admin table and must sign-in at the start of each session.
Spectator Admission	Admission is FREE (included as part of the athlete surcharge). Handicapped and elderly reserved seating is available in the mezzanine spectator area. Please contact the Meet Director for other seating accommodations.  Heat sheets are also FREE (digitally on the meet landing page and through Meet Mobile) and included with the athlete surcharge.
Parking	Free Parking is available in the Verona HS lots.
Lost and Found	Lost and found will be located in the 'athlete only' hallway. The facility and the meet host are not responsible for lost items. Items not picked up by the end of the meet will be discarded or donated.
Concessions	Concessions will be available in the upstairs mezzanine spectator area

	Session	Warm Up	Meet Start				
	Friday PM	4:30 pm	5:35 pm				
	Saturday AM 8u, 10u, 11-12	7:00 am	8:05 am				
Warm ups and	Saturday PM 13-14, Senior	10 min after AM end	65 min after warmup 8:05 am				
Session	Sunday AM 8u, 10u, 11-12	7:00 am					
Schedule	Sunday PM 13-14, Senior	10 min after AM end	65 min after warmup				
	Breaks may be scheduled as needed and will be determined by meet management before the start of the meet. Meet management would determine the duration of each break. Depending on duration, the competition pool may or may not be open for warm						

ups during these breaks. The diving well will be open during the entire meet for warmup. This meet will be run using fly over starts.

RULES and PR	<u>OCEDURES</u>
Official Rules	Official current USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Participating athletes must be registered USA Swimming athletes and in good standing. The athlete's age on the first day of the meet determines age group for the entire competition.  All coaches and officials are required to sign in and prove that their USA Swimming membership is in good standing and all certifications are current. The official mobile application of USA Swimming should be used for proof of USA Swimming membership.  All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist an unaccompanied swimmer make arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
Deck Registration	No deck registrations will be accepted at this meet
Para/Disability Swimming	Please note any special requirements and/or requests for a swimmer with disability with your meet entry. All requests for swimmers with disabilities must be received before the start of the meet and presented to the meet referee.  Use of the <a "not="" (or="" 11.2.1.<="" 18="" a="" able="" achieved="" age="" also="" an="" and="" approved="" apt="" as="" at="" athlete="" athletes="" be="" by="" can="" competition.="" completed="" compliance="" condition="" conduct="" considered="" date="" expired)="" fines="" good="" had="" href="https://www.wsc.edu/wsc.edu&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Start&lt;br&gt;Certification&lt;/th&gt;&lt;th&gt;Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;MAAPP&lt;/th&gt;&lt;th&gt;All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (" in="" includes="" is="" maapp="" maapp"),="" meet="" member="" not="" of="" over="" participation="" policy="" protection="" relay.="" sanctioned="" standing"="" subject="" swim,="" swimming="" swims.="" th="" that="" the="" these="" they="" this="" times="" to="" training="" under="" understand="" uploaded="" who="" whose="" will="" wisconsin="" with="" years=""></a>
Warm-up Procedures	Warm up times and lanes may be assigned. Assignments will be posted on the meet landing page and communicated to each team. Assigned time blocks will be 25 minutes of warm ups with a 10 minute controlled warm up for starts/pace for all athletes at the end of the warm up session.

	USA Swimming and Wisconsin Swimming warm-up procedures will be enforced throughout the meet. Circle swimming only, except in designated lanes and times. All entry to pools during open warm-up cool down periods shall be feet first three-point entry from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups.  Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.  In-Meet Warmup: the diving well will be available during all sessions of the meet.
Conduct	Coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Parents and swimmers are encouraged to clean up after themselves after each session  No underwater video recording equipment is allowed at any time during the meet.  No glass containers of any kind are allowed on deck or in locker room areas  No coolers, chairs, blankets or large bags will be allowed in the mezzanine area or hallways.  Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.  Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.  Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  Flash photography will not be allowed during the start of any heat. Individuals using flash photography near the start of a heat may be ejected from the meet facility.  All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.
Meet Format	All events are Timed final events with FLY-OVER starts.  Meet management reserves the right to combine events or heats.  Breaks may be inserted at the discretion of meet management. Depending on duration, the competition pool may or may not be open for warm-ups during these breaks. All added breaks will be posted to the session report and communicated to lead coaches.
Seeding	All events will be pre-seeded and swam slow to fast, except for events longer than 400Y which will be positive check-in and swam fast to slow.

# **ENTRY INTO THE MEET**

# Swimmer Eligibility

All swimmers must be current Wisconsin LSC registered athlete members of USA Swimming and in good standing. All individual swimmers entered in the meet shall be eligible to swim in the meet. Any swimmer who swims in the meet and is found ineligible

	will be disqualified from the meet, forfeit all awards and points achieved and their club fined. The representative submitting entries shall be responsible for verifying that all swimmers satisfy eligibility requirements.
Qualifying Times	8 & Under, 10 & Under, 11-12, and 13-14 swimmers may not swim in an event in their age group in which they have achieved a state cut prior to entry deadline IN ANY COURSE (SCY, SCM, LCM).  Swimmers may not swim a Senior event if they have achieved the Senior state cut prior to the entry deadline.  A swimmer that achieves a state cut after the entry deadline may still swim that event at the Regional Championship meet.  All swimmers who have achieved state cuts may swim those events in the Senior category if they have not achieved the Senior state cut in that event.  The 'since date' for this meet is 09/01/2023 – any times achieved before that date do NOT count as a qualifying time.
Win It-You're In It	Any 12 and under swimmer competing and winning an event of 200 yards or fewer in the 8u, 10u, or 11-12 age categories, regardless of whether they achieved a Wisconsin State Qualifying Standard, will be qualified to compete in that event during the 2025 Wisconsin Swimming's SCY State Championships. Swimmers will be seeded at the slowest SCY Time Standard in the State Championships.
Entry Limits	A swimmer may compete in not more than eight (8) individual events total for the meet, excluding time trials events.  A swimmer may compete in no more than five (5) individual events per day, including time trial events.  Time Trials are under a separate sanction and do not apply to the meet event totals, but do apply to the daily event total.  Teams may enter unlimited teams in relay events. Swimmers MUST be registered as an athlete in the meet in order to complete in relaysNO RELAY ONLY SWIMMERS. Relays may be held at the discretion of meet management.
Deck Entries	Deck entries are allowed at the discretion of meet management. \$10 per event. If the athlete is not entered into the meet, the appropriate surcharges must also be paid by the athlete. All deck entries must be done at least 30 minutes prior to the session that the events are to be swum.  HIGH SCHOOL BOYS DECK ENTRIES  Deck entries are available for High School boys. New heats may be added to accommodate the added High School boy's entries. High School boy's deck entries will be at the same fees as a regular entry, plus any additional athlete surcharges charged by the meet host.  All High School boys MUST be registered with USA/WI Swimming by Tuesday, February 18, 2025 and show proof of registration. Athletes 18 years and older MUST show proof of completion of APT prior to competition
Entry Rules	<ul> <li>ENTRY DEADLINE: Entries must be e-mailed to coachjacob@badgeraquatics.com by 6:00 PM CST on Friday, February 14<sup>th</sup>. Changes will be allowed through Monday, February 17<sup>th</sup>.</li> <li>When emailing entries, please include contact information including name of person submitting the entries, name of LSC club and phone number in case of questions or problems with the entries.</li> <li>You will receive a confirmation e-mail. If you have not received your</li> </ul>

	<ul> <li>confirmation by Sunday, February 16<sup>th</sup>, contact the entry chair immediately.</li> <li>Any entries received after the entry deadline may be subject to a \$150 late fee.</li> <li>Any non-electronic (Team Manager or Team Unify) are subject to a \$20 per athlete fee.</li> <li>When entering a disabled athlete into the meet, please be sure to include any needed documentation used to determine P1, P2 or P3 designated disability placement.</li> <li>A non-refundable check for entry fees and surcharges must be received before the start of the meet. You may bring waiver and payment to the pool.</li> </ul>
Entry Fees	Individual Event Fee: \$7 Relay Event Fee: \$16  Athlete Surcharges Athlete Surcharge (covers admission and heat sheets): \$15 per swimmer Wisconsin Swimming Splash Fee: \$4 per swimmer
Awards	The following age groups will be used for scoring and awards: 8 and under, 10 and under, 11-12, 13-14. Open/Senior events are not awarded.  1st through 16th place ribbons will be awarded for individual events.  1st through 8th place ribbons will be awarded for relay events.  Individual High Point Awards:  1st - 3rd Place for each gender in each Age Group will be awarded (with the exception of Senior Events). Points awarded to 14-Under athletes competing in any Senior event will not count toward Age Group High Point, nor will points awarded to 8-under swimmers competing in any 10-under event.  No award presentations will take place. All awards will be available in the commons area during the meet, and awards will also be bagged and sent home with coaches.
Scoring	Individual events will be scored using 16 place scoring. 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relay events will score double.
Results	Unofficial Live Results will be available on Meet Mobile if technology allows. Results will be posted on the Meet Landing Page and LSC website. Hard copies of results may be posted in the spectator area as well as the commons space.







# **ORDER OF EVENTS**

THIS MEET IS RESTRICTED TO SWIMMERS WITHOUT WI STATE QUALIFYING TIMES. IF YOU HAVE A WI STATE QUALIFYING TIME (IN ANY COURSE) SINCE 09/01/2023 YOU ARE NOT ELIGIBLE TO SWIM THAT EVENT IN YOUR AGE GROUP.

		0:1-	FRIDAY	D		
		Girls		Boys		
		3	10U 200 IM 11-12 200 IM	2		
		5	13-14 400 IM	6		
		7	SR 400 IM	8		
			BREAK	0		
		9	10U 500 Free	10		
		11	11-12 500 Free	12		
		13	13-14 1000 Free	14		
		15	SR 1000 Free	16		
	SAT AM				SUN AM	
17	8U 100 Medley Relay	18		95	8U 100 Free Relay	96
19	10U 200 Medley Relay	20		97	10U 200 Free Relay	98
21	11-12 200 Medley Relay	22		99	11-12 200 Free Relay	100
	BREAK				BREAK	,
23	8U 25 Free	24		101	8U 50 Back	102
25	10U 50 Free	26		103	10U 100 Back	104
27	11-12 50 Free	28		105	11-12 100 Back	106
29	11-12 200 Back	30		107	8U 25 Breast	108
31	8U 25 Fly	32		109	10U 50 Breast	110
33	10U 50 Fly	34		111	11-12 50 Breast	112
35	11-12 50 Fly	36		113	8U 50 Free	114
37	8U 25 Back	38		115	10U 100 Free	116
39	10U 50 Back	40		117	11-12 100 Free	118
41	11-12 50 Back	42		119	8U 50 Fly	120
43	11-12 200 Fly	44		121	10U 100 Fly	122
45	8U 50 Breast	46		123	11-12 100 Fly	124
47	10U 100 Breast	48		125	11-12 200 Breast	126
49	11-12 100 Breast	50		127	8U 100 IM	128
51	8U 100 Free	52		129	10U 100 IM	130
53	10U 200 Free	54		131	11-12 100 IM	132
55	11-12 200 Free	56		133	11-12 1000 Free	134
57	11-12 400 IM	58				

	SAT PM				SUN PM	
59	13-14 200 Medley Relay	60		135	13-14 200 Free Relay	136
61	SR 200 Medley Relay	62		137	SR 200 Free Relay	138
	BREAK			BREAK		
63	13-14 100 IM	64		139	13-14 50 Back	140
65	SR 100 IM	66	•	141	SR 50 Back	142
67	13-14 200 Free	68	•	143	13-14 100 Free	144
69	SR 200 Free	70		145	SR 100 Free	146
71	13-14 100 Fly	72		147	13-14 200 Fly	148
73	SR 100 Fly	74	•	149	SR 200 Fly	150
75	13-14 200 Breast	76		151	13-14 100 Breast	152
77	SR 200 Breast	78		153	SR 100 Breast	154
79	13-14 50 Fre	80	•	155	13-14 200 Back	156
81	SR 50 Free	82	•	157	SR 200 Back	158
83	13-14 100 Back	84	•	159	13-14 50 Fly	160
85	SR 100 Back	86	•	161	SR 50 Fly	162
87	13-14 50 Breast	88		163	13-14 200 IM	164
89	SR 50 Breast	90		165	SR 200 IM	166
	BREAK				BREAK	
91	13-14 500 Free	92		167	13-14 1650 Free	168
93	SR 500 Free	94		169	SR 1650 Free	170

# WISCONSIN SWIMMING SHORT COURSE REGIONAL MEET

# **TIME TRIALS**

## **HOSTED BY BADGER AQUATICS CLUB**

### **SANCTION #WI2025-174TT**

Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

WHEN	At the conclusion of the afternoon session on Saturday and Sunday, as time permits, and at the discretion of the meet director. Pool will be open for a 10 minute warm-up period following the conclusion of the afternoon session.
ELIGIBILITY	Only athletes already entered in the meet are eligible to participate in the Time Trial portion of this meet. (EXCEPTION is that high school boys may enter into the Time Trial portion without having participated in the met, however the athlete MUST be registered with USA Swimming AND be registered for a club participating in their respective Regional Championship Meet.
EVENTS	The order of events will be as follows: free, back, breast, fly, IM and starting at the shortest distance (25y) and progressing to the longest distance (1650y). Events and or Genders may be combined at the discretion of the meet host.
TIME LIMIT	The host reserved the right to limit the time trials to 1 hour. If swims do not make it by the time limit, those fees will be refunded
ENTRY LIMIT	PLEASE NOTE: time trials are under a separate sanction and therefore do NOT fall under the maximum of eight (8) individual events for the meet. However, swimmers are NOT allowed to swim more than six (6) events per day which include a combined total of Regional Championship and Time Trial events.  Swimmers may enter multiple events for a time trial. However, events are generally very close together and it is advised to limit to a single event or be very selective on event choices.
FEES	\$10 per individual event and \$20 per relay event
REGISTRATION	Event registrations will be accepted up until 1 hour prior to the scheduled end of the meet.  Swimmers may sign up as expecting to do a time trial and them remove for a full refund if they obtain a state cut.
PROCEDURES	Time Trial sign up is located at the 'volunteer check in table' at the entrance to the 'athlete only' hallway. Swimmers will fill out a time trial entry form and pay cash upon turning the form in.  A meeting of time trial participants will be held prior to the start of each time trial session. It is the swimmer's responsibility to be ready to swim when their event is called.
HOST CLUB PROVIDES	Officials, meet management, and stopwatches
ATHLETE PROVIDES	2 times and counters where applicable

# **MEET WAIVER**

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming Inc., Veron Area Schools, Badger Aquatics Club, and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent	or guardian:					
Position:					Phone #	
Team Name and Abbreviation:				•		
Team Coach:					Phone #	
Team Coach:					Phone #	
Team Coach:					Phone #	
				_		_
Total # of individual events		х	\$7	=		
Total # of Relays		Х	\$10	=		
Total # of swimmers LSC Splash Fee		Х	\$4	=		
Total # of swimmers Athlete Surcharge		x	\$15	=		
		ТО	TAL BALANCE [	DUE:		

MAKE CHECKS PAYABLE TO: BADGER AQUATICS CLUB

EMAIL ENTRY FILE TO: <a href="mailto:coachjacob@badgeraquatics.com">coachjacob@badgeraquatics.com</a>