

DFAC – New Parent Information

TEAM WEBSITE: www.dfacswimming.org

WHAT EQUIPMENT DOES MY SWIMMER NEED?

- Team suit for meets. Suit fittings are done anytime by stopping by Simply (6649 University Ave, Middleton, WI). Periodically, Simply Swimming is available in the fall of onsite fittings, and we will notify the team of the dates.
- Team swim cap for meets. One given to all new swimmers. If you would like to purchase more, you can through Simply Swimming during online store opening or through the club.
- Equipment (*Team website > Swimmers > Equipment & Apparel*)

Simply Swimming is our team vendor. **Mention you are a DFAC member and receive 10% team discount on all equipment and suits at the store.** The store has a list of coach recommended equipment broken down by training groups on hand, so if you happen to forget your list, they will look it up for you!

The club has a partnership with **TYR**. If our goal is met (based on TYR purchases only), the club receives 10% back to buy apparel for our coaches. Simply Swimming tracks TYR purchases for us.

COMMUNICATION

- Coaches and board members will send out emails regularly regarding current happenings and upcoming events. **Be sure to read these messages in their entirety.**
- *TeamUnify/GoMotion/On Deck* is the platform for our website (and WI swimming all other WI swimming clubs' site). This site is used for registration and declaring for meets/events.
- *Team Snap* is an app we try to use to also communicate events, practices, etc. This app also has a chat function to allow you to message with other session members. Instructions on how to register with the app should have been included with initial registration.
- Each swimming family will have their own *folder* at the pool. Coaches and Board Members also have folders. These are in the pool office area. If orders come in, paperwork needs to be exchanged, etc these folders can be utilized.
- Have questions regarding your swimmer's training? Feel free to email or message the group lead coach directly.
- Other questions? Ask a board member via email or one of the experienced swim parents who often sit on the bench during practice as well.

PRACTICE

GENERAL

The practice schedule can be found following these steps: *Team website > Swimmers>(Current) Practice Schedule*. Each scheduled practice can be found in Team Snap

- Deviations from the regular schedule typically occur when DeForest High School swim teams are hosting meets or there's a home football game. We cannot practice at DeForest these evenings. Cancelled practices will be communicated via email, Facebook, and Team Snap. These are more frequent during fall & winter sessions.
- The pool also is required to close during lightning. The coaches will do the best they can to do dryland exercises and return to the pool as quickly as they are allowed. Please keep an eye on TeamSnap for updates.

EXPECTATIONS

- "Practice Ready" – ensure you have all required equipment ready for practice and do your best to be ready on time. "Ready" for in water practice means swim cap on, goggles on, and equipment bag/water bottle nearby, so when the coach calls swimmers to their practice lanes, they can report and are ready to listen.
- Picking up your child after practice – all swimmers need to be picked up no later than 5 minutes after practice has ended.

EVENTS

Look on the DFACswimming.org website under events for meets and other DFAC social events. Events should be in Team Snap app as well. As stated above, declaration for meets (Attending or Declining) is done through the team website.

FINANCES

FEES

- Swimmer fees usually consist of Annual USA Swimming Registration, Session Fees, Meet Fees, and Events/Clinics.
 - Session fees are estimated cost to pay for coaches and pool for practice.
- **You must keep your credit card on file to pay monthly charges.**

FUNDRAISING

- DFAC is a non-profit, and fundraising is key to keep our club running. **Families are requested and expected to participate in fundraising activities.** Money raised from fundraising allows us to keep our registration fees lower than some other area swim clubs, pay our coaches for meets and travel expenses, provide club celebrations, caps and t-shirts for our swimmers, club registration, and more. We have a yearly fundraising goal that we need to meet, to make sure we can meet these commitments to our swimmers, coaches and families. We appreciate your help and are always looking for ideas for fundraising activities! Please contact fundraising@dfacswimming.org if you have ideas, questions, or concerns.

REVENUE/EXPENSES

- Club structure: primary sources of revenue and uses/expenses.
 - Revenues –registration fees, hosting swim meets, sponsorships/fundraising.
 - Expenses – coaching wages, pool rental, club registration, coaching travel expenses

SWIM MEETS

Attending swim meets is a great experience for swimmers of all ages and abilities. This is a great way to gauge progress and build team spirit!

You can find a wealth of information under *Team website > Meets/Events*

- **PAY ATTENTION TO MEET REGISTRATION DEADLINES.** Some meets will have a very quick turnaround, but we must have swimmers register before the deadline to give our coaches time to pick events/relays, staff, and get the meet file to the host meet to ensure we get a spot.
- The coaches pick the events; check sessions you will attend and suggest events your swimmer wish to swim in the **comment box**.
- Every swimmer is expected to attend the home meet. Every family is required to volunteer at least one session for each meet per swimmer/per day.
- **OUR HOME MEET – WHILE IT IS EXPECTED THAT ALL OF OUR SWIMMERS WILL ATTEND OUR HOME MEET, YOU MUST STILL COMMIT/DECLARE FOR THE MEET.**
- You do not pay for your swimmer's meet swim fees upfront; your account will be billed after the meet.

VOLUNTEERING

We cannot run our home meets without help from 70+ positions/parents. **Volunteering is mandatory at a home meet even if your swimmer is not participating if your swimmer is registered for that session.** Therefore, if you are unable to meet the requirement, you will be charged \$150. The intent is not to raise money for the club, rather encourage you to do your best to find someone to fulfill the volunteer requirement to ensure DFAC can run a successful meet. For most meets, there will be limited volunteer opportunities the day before the meet for set up.