



DFAC SWIMMING CODE OF CONDUCT

This Code of Conduct is to enhance the positive experience of all swimmers and ensure that we are providing a fun, safe and positive learning environment for all of the participants and spectators.

All members, as well as their parents and/or guardians, of DFAC SWIMMING must follow the Code of Conduct as listed below. Failure to comply will result in immediate disciplinary action determined by the guidelines below.

As a **PARTICIPANT/ATHLETE** in DFAC SWIMMING, I agree to the following:

-I will adhere to all USA Swimming and Wisconsin Swimming policies as detailed on their websites, as well as DFAC specific policies stated in this code, our club handbook, or any other documents. This document summarizes key athletic code policies.

- I will not engage in bullying in any way. It will not be tolerated. The USA Swimming Code of Conduct prohibits bullying. Generally, bullying is the use of aggression, whether intentional or not, which hurts another person. Bullying results in pain and distress, and will not tolerated. If bullying is occurring during team-related activities, we **STOP BULLYING ON THE SPOT**. If bullying is occurring at our Club, or it is reported to be occurring at our club, we address the bullying by **FINDING OUT WHAT HAPPENED** and **SUPPORTING THE KIDS INVOLVED**.

1. I will act in a sportsmanlike manner towards my teammates and fellow competitors.

- Understand proper lane etiquette and to refrain from behavior that will inhibit the progress of my fellow swimmers.
- Wait in water for races to finish, unless directed otherwise by meet officials.
- Shake hands with competitors.

2. I will be respectful and supportive of my teammates whenever and wherever possible.

- I will refrain from any/all hurtful behaviors including but not limited to pinching, hitting, kicking, fighting, teasing, name calling, ignoring, etc.
- I will not use inappropriate language or gestures.

3. I will be respectful towards all coaches, officials, and meet staff at all times.

- No talking when they are talking, listen, answer respectfully when spoken to, follow directions/instruction.

4. I will bring all necessary equipment, supplies, and uniform to each practice/meet and be responsible for my belongings.

5. I will arrive on time to all meets and practices.



6. I will not use my cell phone, camera, or any other video device in the locker room.
7. I will not illegally consume or purchase alcohol, tobacco product, or any illegal drugs or substances of any kind, or share prescribed medications as a registered DFAC Swimming member. Failure to this adhere to this action as set forth by USA Swimming, Wisconsin Swimming and DFAC Swimming will be subject to a review committee and may face suspension or expulsion from the team along with any financial penalties for costs incurred.
8. I will have a positive attitude, always do my best and I will have FUN!

As a **PARENT OR GUARDIAN** of a participant in DFAC SWIMMING, I agree to the following:

1. I will ensure that my swimmer(s) understand and adhere to the Athlete Code of Conduct.
2. I will read the Registration Agreement and the DFAC Handbook and adhere to the stated policies or practices.
3. I will keep informed by regularly checking email, the DFAC website, bulletin boards, and mail files.
4. I will register my swimmer(s) by the stated deadline for meets. I will bring my swimmer(s) to these meets at the time specified by the coach or notify the coach if my swimmer(s) can no longer attend the meet.
5. I will keep current on payment of all fees.
6. I will be an active part of the DFAC Swimming Club by:
 - Volunteering at DFAC sponsored meets
 - Participating in fundraising for the Club
 - Attending parent meetings
 - Serving on a committee
7. I will act in a sportsmanlike manner towards members of the team, their family members, fellow competitors, coaches and officials.
8. I will not use inappropriate language or gestures.
9. I will refrain from any/all hurtful behaviors including but not limited to pinching, hitting, kicking, fighting, teasing, name calling, ignoring, etc.



10. I will communicate with only with our coaching staff at appropriate times, which is not on deck, if any questions or concerns regarding a decision made by meet official are made during a competition.

If a swimmer (or parent/guardian) feels that he/she is not being treated in accordance with the above expectations they should ask to schedule a meeting with the Head Coach and/or a lead coach and / or Board Member of DFAC Swimming to address their concerns.

If any Coach and / or Board member finds that a swimmer or parent/guardian is in violation with the above Code of Conduct, discipline will be handled in the following manner:

1st Offense: Warning to swimmer(s) or parent/guardian and meeting with parent(s)/guardian(s) if it is a swimmer.

2nd Offense: Written warning. If swimmer - notification to parent(s)/guardian(s) and immediate removal from the current practice or meet and the next day's practice or meet (depending on the day of the week) at a minimum. Parent/guardian will be asked to leave the practice area or swim meet. The swimmer or parent/guardian may be suspended for additional practices/meets as warranted by situation.

3rd Offense: Dismissal from the team for the remainder of the season, and possibly indefinitely if merited. No refunds will be issued.

****If necessary, a DFAC SWIMMING board member will also assist in the disciplinary ruling.*