



DFAC Winter Pentathlon

Held under the sanction of USA Swimming - SANCTION NUMBER: WI2025-136S

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Date:	Saturday, January 18, 2025
Location:	DeForest Area High School, 815 Jefferson St., DeForest, WI 53532
Facility:	Indoor 25 yard pool with eight 7' lanes, non-turbulent lane markers, backstroke flags, 29 ½" Keifer starting blocks, gutter pool. Pool depth is 12'6" at the starting block end and 3 ½" at the opposite end. The meet host will ensure the required course dimensions.
Timing:	All events will be timed using Colorado 6 Timing System with strobe/horn start, touch pads, one button, and 2 watches as backup, with the exception of all 25-yard races, which will be timed with 2 electronic watches and minimum of one button. All events will be timed finals.
Official Rules:	This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced..
Eligibility	Coaches and Club officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times. All swimmers must hold current 2025 USA Swimming registration.
Racing Start Certification	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Medical Supervision:	Certified lifeguards will be present to provide medical supervision to athletes during the meet.
Entries:	Completed entry forms, signed waiver, and fees must be received by Saturday, January 4, 2025. Preferred method of entry is by email in HY-TEK COMMLINK format. You can download meet setup file (zipped) from the WI website. Current USA Swimming ID number MUST be included on the entry form. All deck entries must be able to prove USA Swimming membership. Out of state swimmers must show their current USA Swimming card prior to swimming.
Meet Director:	Andi Farladzhov, PO Box 215, Deforest, WI 53532 Phone: (815)501-0134 Co-MeetDirector@dfacswimming.org
Entry Chair	Nick Potter, Coach.Nick@dfacswimming.org
Officials:	Meet Referee: Suzanne Gibbons-Burgener; sgburgener@gmail.com Administrative Official: Jeff Berkley; jiberkley@gmail.com
Para Athletes:	Complete and turn in Para Athlete Accommodation/Modification Request form to Meet Referee prior to start of the meet.



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Entry Limit:	Only the first 200 swimmers, or until the timeline is full, will be accepted. Meet management does reserve the right to limit heats if for some reason there are time issues. Entries not accepted will be notified by email as soon as possible. Swimmers are limited to five (5) individual events for the meet.
Entry Fee:	Individual events: \$6.00 Splash Fee: \$4.00 Admission Fee: \$12.00
Schedule:	Session 1: Warm-ups at 7:00 am. First event at 8:05am Session 2: Warm-ups not before 11:00 am, 1 hour warmup session.
Warm ups:	Warm ups will be split into two 25 min sessions (or three 20 min sessions if needed) and will be assigned. Feet first three point entries from the starting end of the pool during general warmups will be enforced for all sanctioned/approved competition. Meet Marshals will be on deck during the entire warmup with the authority to recommend disqualification from individual events.
Age Groups:	8&U, 10&U, 11-12, 13-14, Senior (age as of 1/18/25)
Seeding:	This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of their event(s). Staging assistance will be provided for 8&U individual events.
Deck Seeding:	Deck seeding will be allowed only to the limit of filling partially filled heats. Deck seeding will close at 7:30 for the AM session and 30 minutes before the other session starts. Swimmers unable to prove USA Swimming membership will be charged a deck registration fee of \$82.00
Awards:	Pentathlon awards will consist of medals for 1st-6th place in overall time total for the following age groups: 8&U, 10&U, 11-12, 13-14, Senior. Ribbons will be awarded for individual events for 1st-8th place. Heat winners for all ages will receive a reward. Group distribution of awards to coaches will be permitted and/or mailed.
Final Results:	One copy of the meet's final results will be sent to each team's designated recipient. Results will also be posted on both the DFAC and Wisconsin Swimming websites.
MAAPP Policy:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1



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Admission:	Admission fee of \$12 per athlete, included in entry fees. Heat sheets will be available online before the meet.
Concessions:	A selection of food will be available at reasonable prices throughout the meet.
Meet Conduct:	• Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. • Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present • All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.
Image Authorization	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.



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Order of Events

Girls	Session 1 Events Warm-up 7-8am, Meet starts at 8:05am	Boys		Girls	Session 2 Events Warm-ups not before 11:00 am, 1hr. warm-up session	Boys
1	8&U 25 Butterfly	2		31	10&U 50 Butterfly	32
3	13-14 100 Butterfly	4		33	11-12 50 Butterfly	34
5	Senior 100 Butterfly	6		35	10&U 50 Backstroke	36
7	8&U 25 Backstroke	8		37	11-12 50 Backstroke	38
9	13-14 100 Backstroke	10		39	10&U 50 Breaststroke	40
11	Senior 100 Backstroke	12		41	11-12 50 Breaststroke	42
13	8&U 25 Breaststroke	14		43	10&U 50 Freestyle	44
15	13-14 100 Breaststroke	16		45	11-12 50 Freestyle	46
17	Senior 100 Breaststroke	18		47	10&U 100 Individual Medley	48
19	8&U 25 Freestyle	20		49	11-12 100 Individual Medley	50
21	13-14 100 Freestyle	22				
23	Senior 100 Freestyle	24				
25	8&U 100 Individual Medley	26				
27	13-14 200 Individual Medley	28				
29	Senior 200 Individual Medley	30				



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Waiver

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Wisconsin Swimming, Inc., DFAC Swimming, and the DeForest Area School District, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature of team official: _____

Team Name: _____

Team Abbreviation: _____

Coach(es): _____

Address for Final Results: _____

City: _____ State: _____ Zip: _____

Contact: Name: _____

Phone: (_____) _____

Email: _____

SUMMARY OF ENTRY FEES

Number of Individual Swims: _____ x\$6.00= \$ _____

Number of Swims Reserved: _____ Reservation \$ _____

Balance Due for additional swims (enter zero is less) \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD SPLASH FEES

Number of Swimmers _____ x\$4.00= \$ _____

Admission Fee _____ x\$12.00= \$ _____

Total Entry Fee Due: \$ _____

Make Checks Payable to: DFAC Swimming

Mail Entries and Waiver to: Andi Farladzhov
P.O. Box 215
DeForest, WI 53532

ENTRIES MUST BE RECEIVED BY SATURDAY, January 4, 2025