



2025 FCYST Bird Bath Invitational

July 11-13, 2025

Approval # WI2025-807A



In granting this approval it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GENERAL MEET INFORMATION

Meet Host: Fox Cities YMCA Swim Team (FCY)

Location: Erb Park
1800 North Morrison Street
Appleton, WI 54911

Entries Due: **Initial invite teams: June 23 10:00 pm**
Final entry/changes: June 30 10:00 pm
Email Entries to: ao.fcyst@gmail.com

Meet entry will close early if entry limits are reached

****See additional details in "Entry Deadline" section below***

Meet Director: Bruce B. Romberg (bbr3864@gmail.com)
(ph: 920-993-1269 – land line)

Meet Referee: Brian Flanagan (bjflanagan@mac.com)
Administrative Official: Jeff VanGompel (jeffandtami07@att.net)

Officials from other teams will be needed. Contact Brian Flanagan if interested.

Meet Landing Page: www.foxcitiesbirdbath.com

General Meeting: Coaches, Officials and Timers Meetings will be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all Coach's Meetings. Coaches or other team representatives are responsible for all information presented at these meetings including changes to the meet format or conduct. Coaches should check their team folder located at the computer table prior to each session.

Facility: 50 meter heated outdoor pool with eight 9' wide lanes, non-turbulent lane dividers, 11' starting depth and 3' 3" depth at the shallow end. The meet host will ensure the required course dimensions.

Timing System: Superior Swim Timing system (pads at both ends) and HyTEK Meet Manager software will be used in addition to manual stopwatches using 2 timers per lane and a backup button.

Deck Access:	Deck access is limited to athletes entered in the meet, coaches, and meet personnel. Coaches and officials should display their USA Swimming card or other coaching credentials when on the pool deck. Spectators are allowed in the meet viewing zone only. No chairs or coolers are permitted in the meet viewing zone. Spectators with a disability should speak to the meet director for accommodations. Spectators not abiding by these rules will be asked to leave the facility. A live stream will be provided.
Spectator Admission:	No spectator admission will be charged. General Admission fee will be included in the swimmer's facility fees.
Concessions:	There will be a variety of food and drink available for purchase in the FCYST Concessions area located in the Erb Park Pavilion found just north of the Erb Pool.
Lost and Found:	During the meet, please check the lost and found area next to the gate entrance. FCYST and the City of Appleton are not responsible for lost items. Items not picked up by the end of the meet will be discarded or donated.
Live Stream:	A live stream link will be provided at the meet landing page www.foxcitiesbirdbath.com and on the meet YouTube channel www.youtube.com/c/FoxCitiesBirdBath
Weather Delays:	In the event of threatening weather, the meet director will collaborate with the managing lifeguard and meet referee to assess the safety of both athletes and spectators. Lightning, heavy rain, and/or strong winds will cause meet delays. If weather delays are necessary, we will make every attempt to complete all events. If it is necessary to cancel events, entry fees will not be refunded. There is no rain date for this meet.
Parking:	Coaches and Officials: Reserved parking areas will be made available. These located in the two parking lots adjacent to Erb Pool. These areas will be signed for easy recognition. www.foxcitiesbirdbath.com/erb-pool Families and Participants: Street side parking is available directly adjacent to Erb Park and several nearby side streets. Caution: The Appleton Police Department does post several side streets with temporary 'no parking' signs. These must be obeyed. APD will cite and tow non-compliant vehicles.
First Aid:	Any first aid needs can be taken care of by seeing any of the facility lifeguards or by going to the lifeguard office by the main entrance of the facility.

RULES AND PROCEDURES

Official Rules:	USA Swimming & Wisconsin long course rules prevail for the meet. Flyover starts will be used. MAAPP requirements will be followed.
Disability Swimmers:	Coaches are encouraged to inform officials or the Meet Director of any special needs for a swimmer prior to warm-ups or with meet entries. This information will help the meet host and officials prepare.

MAAPP Acknowledgement:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
Start Certification:	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Backstroke wedges will be available.
Locker Rooms:	Pursuant to USA Swimming Safe Sport policy, access to the Erb Pool Locker Rooms is limited to Participating Athletes and designated Meet Marshalls. Two Family Changing Rooms/Lavatories will also be available for those in need of additional assistance. These are located between the two Erb Pool locker rooms. Deck Ochanges are prohibited.
Video and Photo:	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.
Image Authorization	Pursuant to USA Swimming Safe Sport policy, no video or still photography is allowed behind the Erb Pool Starting Blocks. This area will be clearly posted with signage and fence lines
Athlete and Parent Conduct:	All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshalls have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Teams are asked to pick up any garbage in their immediate team area after each session. By order of the City of Appleton, no tents, chairs, or shade structures will be allowed in the park overnight. If these items are left they will be removed and disposed of.

WARM-UP AND MEET SCHEDULE

Meet Timeline: (estimated)	Tentative until final timeline is posted on meet website Friday • Afternoon session: Warm-ups ~11:00am; Meet start ~12:00pm • Evening session: Warm-ups ~3:00pm; Meet start 4:30pm Saturday: • 10U session: Warm-ups 7:00am; Meet Start 7:40am • 11-12 session: Warm-ups ~10:00am Meet Start ~11:00am • 13+ session: Warm-ups ~2:30pm; Meet Start ~4:00pm Sunday • 12U session: Warm-ups 7:00am; Meet Start 8:00am • 13+ session: Warm-ups ~12:00pm; Meet Start ~1:30pm
Warm-ups:	Warm-up schedules and lane assignments will be emailed to coaches after entries are received. The first warm-up session is expected to start at 11am on Friday and 7am on Saturday and Sunday. The afternoon warm-up times will be emailed to coaches after entries have been received. Circle swimming only, entry into the water shall be feet first three-point entry for all competition, except in designated lanes and times. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.

ENTRY INTO THE MEET

Swimmer Eligibility:	USA and/or YMCA swimmers are welcome to participate (YMCA swimmers are not required to be registered USA). Age as of July 11, 2025 shall determine age group. Athletes that are not members of either USA or YMCA swimming must be pre-approved by the meet director no later than 14 days prior to the start of the meet.
Team Eligibility:	Team entry will be strictly limited to teams appearing on the 2025 Team Invitation Roster on the meet website (link below). www.foxcitiesbirdbath.com/26th-bird-bath-invitational-changes Additional teams will be added to the Team Invitation Roster on June 24th if available space is remaining after initial entries have been received.

Entry Limits:	Swimmers may compete in a maximum of three (3) individual events per day and six (6) individual events for the entire meet. Swimmers may enter one (1) relay event per session and two (2) for the entire meet. Coaches are encouraged to email a copy of the entries along with the zip file. Daily and/or session entries may be capped in order to meet timeline constraints. Entries will be loaded on a first-come, first-served basis and will be accepted until timeline limits are reached. <i>It may be necessary to close meet entry prior to the deadline and/or make changes to the meet format due to timeline constraints. Entry limits on select events may be imposed, relays cancelled, or other changes made in order to adhere to session limits. If this is determined necessary, coaches will be notified by email after the entry deadline.</i>
Seed Times:	Submit most current achieved Long Course Meter or converted Short Course Yard times. If a swimmer does not have a time in an event, we request coaches provide an estimated entry time.
Entry Deadline:	Initial Entry*: - Initial entries will open on June 16th at 9:00 am - Initial entries will close June 23 10:00 pm <i>*Initial entry is limited to teams on the Initial Team Invitation Roster located on the meet website (see team eligibility section above).</i> Final Entry / Changes**: - Final entries / changes will close June 30 10:00 pm <i>**Additional teams will be added to the Team Invitation Roster starting June 24th only if available space remains after initial entry has closed.</i> Once initial entries have been accepted, changes can be made up until the final entry deadline of June 30th 11:59pm <i>Meet entry will close early if entry limits are reached (see section above)</i> Submit entries via email to: ao.fcyst@gmail.com
Entry Fees:	\$4 Wisconsin Swimming “splash fee” \$20 facility fee (includes admission) \$6 per individual event \$20 per relay event <u>Checks payable to: YMCA of the Fox Cities.</u> All fees must be hand delivered to the computer table at the start of the meet and are not refundable.
Deck Entries:	After the Entry Deadline, Deck entries will be accepted at the AO’s discretion and only if open lanes are available. No new heats will be added. All Deck entries will be subject to meet entry fees as noted above.

CONDUCT OF THE MEET

Format:	All events will be Timed Finals swum slow to fast. Breaks may be added. The Meet Host reserves the right to make any format changes deemed necessary.
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AWARDS & MISC

Awards:	Individual events: Medals will be awarded 1st-3rd, ribbons will be awarded 4th – 16th by gender in the following age groups: 8U, 9-10, 11-12, 13-14, 15+, Open. Open events will be awarded as a single age group. Relay event medals will be awarded 1st – 3rd. All awards must be picked-up on site. They will not be mailed. During the meet, some heats will be designated as “Hot Heats” with awards provided by Arena.
Results:	Live results will be available on Meet Mobile, if technology allows. A link to meet results will be posted on the meet landing page at the conclusion of the meet.
Relay Splits:	Please be advised that 200-meter relay split times will be inaccurate and therefore not recorded due to the in-water starting position for the 2nd and 4th swimmer at the shallow end of the pool. This means that relay lead-off times will not be recorded for 200-meter relays unless prior arrangements have been made and approved with the meet referee.
Guest Team Volunteers:	If the meet is in need of additional timers, the Meet Director will contact guest Coaches for their team’s assistance. Likewise, if any guest parents are interested in any potential timing opportunities, have them contact the Meet Director prior to the meet. A Timer’s Waiting List will be implemented.

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Order of Events

FR ID AY	GIRL S	<u>Friday Afternoon</u> EVENT	BOY S
	1	Open 400 Free	2
	3	Open 50 Breaststroke	4
	5	Open 400 IM	6
	7	12U 100 Butterfly	8
	GIRL S	<u>Friday Evening</u>	BOY S
	9	Open 200 Free	10
	11	Open 50 Backstroke	12
	13	Open 200 Butterfly	14
	15	Open 200 Breaststroke	16

SA TU RD AY	GIRL S	<u>Saturday Morning A</u> EVENT	BOY S
	17	8U 100 Breaststroke	18
	19	9-10 100 Breaststroke	20
	21	8U 50 Butterfly	22
	23	9-10 50 Butterfly	24
	25	8U 100 Freestyle	26
	27	9-10 100 Freestyle	28
	GIRL S	<u>Saturday Morning B</u> EVENT	BOY S
	29	11-12 200 Medley Relay	30
	31	11-12 100 Breaststroke	32
	33	11-12 200 Backstroke	34
	35	11-12 50 Butterfly	36
	37	11-12 100 Freestyle	38
	GIRL S	<u>Saturday Afternoon</u> EVENT	BOY S
	39	13+ 400 Medley Relay	40
	41	13+ 100 Backstroke	42
	43	13+ 50 Freestyle	44
	45	13+ 100 Butterfly	46

SU N DA Y	GIRL S	<u>Sunday Morning</u> EVENT	BOY S
	47	12U 200 Freestyle Relay	48
	49	9-10 200 IM	50
	51	11-12 200 IM	52
	53	8U 100 Backstroke	54
	55	9-10 100 Backstroke	56
	57	11-12 100 Backstroke	58
	59	8U 50 Freestyle	60
	61	9-10 50 Freestyle	62
	63	11-12 50 Freestyle	64
	GIRL S	<u>Sunday Afternoon</u> EVENT	BOY S
	65	13+ 400 Freestyle Relay	66
	67	13+ 200 IM	68
	69	13+ 100 Breaststroke	70
	71	13+ 50 Butterfly	72
	73	13+ 200 Backstroke	74
	75	13+ 100 Freestyle	76

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2025 FCYST Bird Bath Invitational - Summary Entry Form

(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Wisconsin Swimming, Inc., YMCA of the Fox Cities, Appleton Erb Park Pool, Fox Cities YMCA Swim Team, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

I/We are eligible to compete in all events /We have entered. I/We also understand that our Swim Team will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Please bring one copy of entry form, waiver and plus entry fees to the entry chair.

Club Name: _____ Abbr: _____

Signature of Club Official

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Swimmers in Meet _____ x Facility User Fee \$20.00 = \$ _____

Total No. of Swimmers in Meet: _____ x Splash Fee @ \$4.00 = \$ _____

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$6.00 = \$ _____

Total No. of Relay Events in Meet: _____ x Relay Entry Fee @ \$20.00 = \$ _____

Make Checks Payable to: "YMCA of the Fox Cities".

Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Contact: _____

Name: _____ Contact: _____

Name: _____ Contact: _____