

VAST Spring Fling 2025 - 5/9/2025 to 5/10/2025**Session Report**

Session: 1 Friday PM Session

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 IM	17	3	05:30 PM	_____
Finals	2 Boys 12 & Under 200 IM	7	1	05:42 PM	_____
Finals	3 Girls 12 & Under 500 Freestyle	5	1	05:46 PM	_____
Finals	4 Boys 12 & Under 500 Freestyle	7	1	05:53 PM	_____
Finals	5 Girls 12 & Under 200 Freestyle	26	4	06:01 PM	_____
Finals	6 Boys 12 & Under 200 Freestyle	26	4	06:16 PM	_____
	Swimmers Counts for Warm-ups: 76	=====	=====		
	Entry / Heat Totals:	88	14		
	Finish Time			06:30 PM	_____

VAST Spring Fling 2025 - 5/9/2025 to 5/10/2025**Session Report**

Session: 2 Saturday AM Session

Day of Meet: 2 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 8 & Under 100 Freestyle Relay	6	1	10:00 AM	_____
Finals	8 Boys 8 & Under 100 Freestyle Relay	3	1	10:03 AM	_____
Finals	9 Girls 9 Year Olds 200 Freestyle Relay	5	1	10:05 AM	_____
Finals	10 Boys 9 Year Olds 200 Freestyle Relay	2	1	10:09 AM	_____
Finals	11 Girls 7 & Under 100 IM	1	1	10:11 AM	_____
Finals	12 Boys 7 & Under 100 IM	2	1	10:14 AM	_____
Finals	13 Girls 8 Year Olds 100 IM	6	1	10:17 AM	_____
Finals	14 Boys 8 Year Olds 100 IM	5	1	10:19 AM	_____
Finals	15 Girls 9 Year Olds 100 IM	14	2	10:22 AM	_____
Finals	16 Boys 9 Year Olds 100 IM	10	2	10:27 AM	_____
Finals	17 Girls 7 & Under 25 Breaststroke	10	2	10:32 AM	_____
Finals	18 Boys 7 & Under 25 Breaststroke	5	1	10:34 AM	_____
Finals	19 Girls 8 Year Olds 25 Breaststroke	6	1	10:35 AM	_____
Finals	20 Boys 8 Year Olds 25 Breaststroke	7	1	10:37 AM	_____
Finals	21 Girls 9 Year Olds 50 Breaststroke	17	3	10:38 AM	_____
Finals	22 Boys 9 Year Olds 50 Breaststroke	9	2	10:42 AM	_____
Finals	23 Girls 7 & Under 25 Backstroke	14	2	10:45 AM	_____
Finals	24 Boys 7 & Under 25 Backstroke	10	2	10:48 AM	_____
Finals	25 Girls 8 Year Olds 50 Backstroke	12	2	10:51 AM	_____
Finals	26 Boys 8 Year Olds 50 Backstroke	6	1	10:54 AM	_____
Finals	27 Girls 9 Year Olds 50 Backstroke	18	3	10:56 AM	_____
Finals	28 Boys 9 Year Olds 50 Backstroke	15	2	11:01 AM	_____
Finals	29 Girls 7 & Under 25 Butterfly	5	1	11:05 AM	_____
Finals	30 Boys 7 & Under 25 Butterfly	3	1	11:06 AM	_____
Finals	31 Girls 8 Year Olds 25 Butterfly	10	2	11:07 AM	_____
Finals	32 Boys 8 Year Olds 25 Butterfly	6	1	11:09 AM	_____
Finals	33 Girls 9 Year Olds 50 Butterfly	6	1	11:10 AM	_____
Finals	34 Boys 9 Year Olds 50 Butterfly	10	2	11:12 AM	_____
Finals	35 Girls 7 & Under 25 Freestyle	14	2	11:14 AM	_____
Finals	36 Boys 7 & Under 25 Freestyle	12	2	11:16 AM	_____
Finals	37 Girls 8 Year Olds 50 Freestyle	17	3	11:18 AM	_____
Finals	38 Boys 8 Year Olds 50 Freestyle	9	2	11:22 AM	_____
Finals	39 Girls 9 Year Olds 50 Freestyle	21	3	11:25 AM	_____
Finals	40 Boys 9 Year Olds 50 Freestyle	16	2	11:29 AM	_____
	Swimmers Counts for Warm-ups: 105	=====	=====		
	Entry / Heat Totals:	312	56		
	Finish Time			11:32 AM	_____

VAST Spring Fling 2025 - 5/9/2025 to 5/10/2025**Session Report**

Session: 3 Saturday PM Session

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	41 Girls 10-12 200 Freestyle Relay	23	3	01:00 PM	_____
Finals	42 Boys 10-12 200 Freestyle Relay	9	2	01:09 PM	_____
Finals	43 Girls 10 Year Olds 100 IM	23	3	01:15 PM	_____
Finals	44 Boys 10 Year Olds 100 IM	11	2	01:22 PM	_____
Finals	45 Girls 11 Year Olds 100 IM	20	3	01:26 PM	_____
Finals	46 Boys 11 Year Olds 100 IM	10	2	01:33 PM	_____
Finals	47 Girls 12 Year Olds 100 IM	22	3	01:38 PM	_____
Finals	48 Boys 12 Year Olds 100 IM	10	2	01:44 PM	_____
Finals	49 Girls 10 Year Olds 50 Breaststroke	23	3	01:48 PM	_____
Finals	50 Boys 10 Year Olds 50 Breaststroke	12	2	01:52 PM	_____
Finals	51 Girls 11 Year Olds 50 Breaststroke	18	3	01:55 PM	_____
Finals	52 Boys 11 Year Olds 50 Breaststroke	10	2	02:00 PM	_____
Finals	53 Girls 12 Year Olds 50 Breaststroke	23	3	02:03 PM	_____
Finals	54 Boys 12 Year Olds 50 Breaststroke	6	1	02:06 PM	_____
Finals	55 Girls 10 Year Olds 50 Backstroke	34	5	02:08 PM	_____
Finals	56 Boys 10 Year Olds 50 Backstroke	14	2	02:15 PM	_____
Finals	57 Girls 11 Year Olds 100 Backstroke	18	3	02:19 PM	_____
Finals	58 Boys 11 Year Olds 100 Backstroke	9	2	02:26 PM	_____
Finals	59 Girls 12 Year Olds 100 Backstroke	9	2	02:31 PM	_____
Finals	60 Boys 12 Year Olds 100 Backstroke	7	1	02:36 PM	_____
Finals	61 Girls 10 Year Olds 50 Butterfly	19	3	02:38 PM	_____
Finals	62 Boys 10 Year Olds 50 Butterfly	10	2	02:42 PM	_____
Finals	63 Girls 11 Year Olds 50 Butterfly	15	2	02:45 PM	_____
Finals	64 Boys 11 Year Olds 50 Butterfly	6	1	02:47 PM	_____
Finals	65 Girls 12 Year Olds 50 Butterfly	19	3	02:48 PM	_____
Finals	66 Boys 12 Year Olds 50 Butterfly	10	2	02:52 PM	_____
Finals	67 Girls 10 Year Olds 100 Freestyle	26	4	02:54 PM	_____
Finals	68 Boys 10 Year Olds 100 Freestyle	10	2	03:03 PM	_____
Finals	69 Girls 11 Year Olds 100 Freestyle	23	3	03:07 PM	_____
Finals	70 Boys 11 Year Olds 100 Freestyle	15	2	03:13 PM	_____
Finals	71 Girls 12 Year Olds 100 Freestyle	21	3	03:17 PM	_____
Finals	72 Boys 12 Year Olds 100 Freestyle	7	1	03:23 PM	_____
	Swimmers Counts for Warm-ups: 162	=====	=====		
	Entry / Heat Totals:	492	77		
	Finish Time			03:25 PM	_____