



NORSKI OPEN SANCTION NUMBER: WI2024-006S

January 20, 2024

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Date:	Saturday, January 20, 2024
Location:	DeForest Area High School, 815 Jefferson St., DeForest, WI 53532
Facility:	Indoor 25 yard pool with eight 7' lanes, non-turbulent lane markers, backstroke flags, 29 ½" Keifer starting blocks, gutter pool. Pool depth is 12'6" at the starting block end and 3 ½" at the opposite end. 2nd and 4th swimmers for 100 yard relays will start in the water. The competition course has not been certified with 104.2.2(C)
Timing:	All events will be timed using Colorado 6 Timing System with strobe/horn start, touch pads, one button, and 2 watches as backup, with the exception of all 25-yard races, which will be timed with 2 electronic watches and minimum of one button. All events will be timed finals.
Official Rules:	• Current USA and Wisconsin Swimming rules shall govern this meet. • Coaches and Club officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement • All swimmers must hold current 2024 USA Swimming registration. • Relays: First and last names of competing swimmer and order of swimming must be listed on relay card along with age, prior to swimming the relay. No recall starts. • Mixed relays can be any combination of boy or girl swimmers(ie 3 girls, 1 boy- 4 girls-0 boys...etc.) Lead off swimmers time will be entered into the SWIMS database.
Medical Supervision:	Certified lifeguards will be present to provide medical supervision to athletes during the meet.
Warm ups:	Warm ups will be split into two 25 min sessions (or three 20 min sessions if needed) and will be assigned. Feet first three point entries from the starting end of the pool during general warmups will be enforced for all sanctioned/approved competition. Meet Marshals will be on deck during the entire warmup with the authority to recommend disqualification from individual events.
Entries:	Completed entry forms, signed waiver, and fees must be received by Saturday, January 6, 2024. Preferred method of entry is by email in HY-TEK COMMLINK format. You can download meet setup file (zipped) from the WI website. Current USA Swimming ID number MUST be included on the entry form. All deck entries must be able to prove USA



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	Swimming membership. Out of state swimmers must show their current USA Swimming card prior to swimming.
Meet Director:	Andi Farladzhov, PO Box 215, Deforest, WI 53532 Phone: (815)501-0134 Co-MeetDirector@dfacswimming.org
Disabled Athletes:	Please indicate on the entry form any special needs by a swimmer.
Entry Limit:	Only the first 200 swimmers, or until the timeline is full, will be accepted. Meet management does reserve the right to limit heats if for some reason there are time issues. Entries not accepted will be notified by email as soon as possible. Swimmers are limited to four (4) individual events plus one (1) relay for session one and three. One individual even for session 2.
Entry Fee:	Individual events: \$6.00 Relays: \$13.00 Splash Fee: \$4.00 Admission Fee: \$10.00
Schedule:	Session 1: Warm-ups at 7:00 am. First event at 8:05am Session 2: Warm-ups not before 10:30 am, 20 min warmup session Session 3: Warm-ups not before 1:00 pm, 1 hour warmup session.
Age Groups:	8&U, 10&U, 11-12, 13-14, Seniors (age as of 1/20/24)
Seeding:	This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of their event(s). Staging assistance will be provided for 8&U individual events.
Deck Seeding:	Deck seeding will be allowed only to the limit of filling partially filled heats. Athletes not already entered in the meet will be assessed an admission and splash fee in addition to event deck entry fees. Swimmers unable to prove USA Swimming membership will be charged a deck registration fee of \$82.00
Check-in:	Positive check-in is required for 500 Freestyle and 1650 Freestyle. Each event may be limited to 24 swimmers and in combined heats. Heats will be swam fastest to slowest. Check-in must be completed before that session's warm-ups have been completed.
Awards:	Awards for relay events will consist of ribbons for 1st- 8th place. Awards for individual events will consist of medals for 1st-3rd, ribbons for 4th-16th place for the following age groups: 8&U, 10&U, 11-12, and 13-14. 15 and older will not receive awards. Heat winners for all ages will receive a reward. Group distribution of awards to coaches will be permitted and/or mailed.



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Final Results:	One copy of the meets final results will be sent to each team's designated recipient. Results will also be posted on both the DFAC and Wisconsin Swimming websites.
MAAPP Policy:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
Admission:	Admission fee of \$10 per athlete, included in entry fees. Heat sheets will be available online before the meet.
Concessions:	A selection of food will be available at reasonable prices throughout the meet.
Meet Conduct:	• In accordance with USA Swimming rules, no spectators are allowed on the pool deck. In accordance with the Federal Video Voyeurism Prevention Act of 2004-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. . • Deck changing is prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present • All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.
Officials:	Meet Referee: Suzanne Bergener sgburgener@gmail.com Administrative Official: Jeff Berkley (608)440-5684 jjberkley@gmail.com



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Order of Events

Girls	Session 1 Events Warm-up 7-8am, Meet starts at 8:05am	Boys
1	Open Mixed 200 Medley Relay	
2	Open 200 Individual Medley*	3
4	11-12 50 Back	5
6	13&O 200 Breaststroke	7
8	Open 100 Backstroke	9
10	11-12 50 Butterfly	11
12	Open 200 Freestyle	13
14	Open 100 Butterfly	15
16	11-12 50 Freestyle	17
18	13&O 50 Freestyle	19
20	Open 100 Breaststroke	21
22	11-12 50 Breaststroke	23
24	13&O 200 Backstroke	25
26	Open 100 Freestyle	27
28	13&O 200 Butterfly	29
30	Open Mixed 200 Freestyle Relay	

Girls	Session 3 Events Warm-ups not before 1:00 pm, 1hr. warm-up session	Boys
35	8&U Mixed 100 Medley Relay	
36	10&U Mixed 200 Medley Relay	
37	10&U 50 Freestyle	38
39	8&U 25 Freestyle	40
41	10&U 100 Freestyle	42
43	10&U 50 Breaststroke	44
45	8&U 25 Breaststroke	46
47	10&U 100 Breaststroke	48
49	10&U 200 Freestyle	50
51	10&U 50 Backstroke	52
53	8&U 25 Backstroke	54
55	10&U 100 Backstroke	56
57	10&U 50 Butterfly	58
58	8&U 25 Butterfly	60
61	10&U 100 Butterfly	62
63	10&U Mixed Medley Relay	

Girls	Session 2 Events Warm-up not before 10:30am, 20 min warm-up session	Boys
31	Open 500 Freestyle	32
33	Open 1650 Freestyle	34



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Committee, DFAC Swimming, and the DeForest Area School District, and any other agents of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official: _____

Team Name: _____

Team Abbreviation: _____

Coach(es): _____

Address for Final Results:

City: _____ State: _____ Zip: _____

Contact: Name: _____

Phone: (_____) _____

Email: _____

SUMMARY OF ENTRY FEES

Number of Individual Swims: _____ x\$6.00= \$ _____

Number of Swims Reserved: _____ Reservation \$ _____

Balance Due for additional swims (enter zero is less) \$ _____

EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers _____ x\$4.00= \$ _____

Number of Relay Swims _____ x\$13.00= \$ _____

Admission Fee _____ x\$10.00= \$ _____

Total Entry Fee Due: \$ _____

Make Checks Payable to: DFAC Swimming

Mail Entries and Waiver to:

Andi Farladzhov

P.O. Box 215

DeForest, WI 53532

(815)501-0134

Co-MeetDirector@dfacswimming.org

ENTRIES MUST BE RECEIVED BY SATURDAY, JANUARY 6, 2024