



NORSKI MONSTER SPLASH SANCTION NUMBER: **WI2025-05895**

October 18, 2025

Held under the sanction of USA Swimming

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Date:	Saturday, October 18, 2025
Location:	DeForest Area High School, 815 Jefferson St., DeForest, WI 53532
Facility:	Indoor 25 yard pool with eight 7' lanes, non-turbulent lane markers, backstroke flags, 29 ½" Keifer starting blocks, gutter pool. Pool depth is 12'6" at the starting block end and 3 ½" at the opposite end. 2nd and 4th swimmers for 100 yard relays will start in the water. The meet host will ensure the required course dimensions. The club reserves the right to utilize only 6 of the 8 pool lanes for the meet in order to operate a continuous warm-up/cool-down lane, with the adjacent lane as a buffer.
Timing:	All events will be timed using Colorado 6 Timing System with strobe/horn start, touch pads, one button, and 2 watches as backup, with the exception of all 25-yard races, which will be timed with 2 electronic watches and minimum of one button. All events will be timed finals.
Official Rules:	• This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced. • Coaches and Club officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement • All swimmers must hold current 2025 USA Swimming registration. • Relays: First and last names of competing swimmer and order of swimming must be listed on relay card along with age, prior to swimming the relay. No recall starts. • Mixed relays can be any combination of boy or girl swimmers(ie 3 girls, 1 boy- 4 girls-0 boys...etc.) Lead off swimmers time will be entered into the SWIMS database.
Medical Supervision:	Certified lifeguards will be present to provide medical supervision to athletes during the meet.



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Warm ups:	Warm ups will be split into two 25 min sessions (or three 20 min sessions if needed) and will be assigned. Feet first three point entries from the starting end of the pool during general warmups will be enforced for all sanctioned/approved competition. No equipment or other training devices are allowed during warm-ups. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane. Warm up procedures are at the discretion of the teams warming up in each specific lane. Meet Marshals will be on deck during the entire warmup with the authority to recommend disqualification from individual events. Warm up schedule and lane assignments will be shared during the week prior to the meet.
Entries:	Completed entry forms, signed waiver, and fees must be received by Saturday, October 4, 2025. Preferred method of entry is by email in HY-TEK COMMLINK format. You can download meet setup file (zipped) from the WI website. Current USA Swimming ID number MUST be included on the entry form. All deck entries must be able to prove USA Swimming membership. Out of state swimmers must show their current USA Swimming card prior to swimming.
Meet Director:	Melissa Hanson, PO Box 215, Deforest, WI 53532 Phone: (608) 335-3458 Co-MeetDirector2@dfacswimming.org
Para Athletes:	Complete and turn in Para Athlete Accommodation/Modification Request form to Meet Referee prior to start of the meet.
Entry Limit:	Meet Entry Chair: Nick Potter coach.nick@dfacswimming.org Only the first 200 swimmers, or until the timeline is full, will be accepted. Meet management does reserve the right to limit heats if for some reason there are time issues. Entries not accepted will be notified by email as soon as possible. Swimmers are limited to four (4) individual events plus two (2) relays for session one and two.
Entry Fee:	Individual events: \$6.00 Relays: \$16.00 Splash Fee: \$4.00 Admission Fee: \$12.00
Schedule:	Session 1: Warm-ups at 8:00 am. First event at 9:05am 10 min in-water break before distance events Session 2: Warm-ups not before 11:30 am, 1 hour warm-up session.
Seeding:	This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of their event(s). Staging assistance will be provided for 10&U individual events.



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Deck Seeding:	Deck seeding will be allowed only to the limit of filling partially filled heats. Athletes not already entered in the meet will be assessed an admission and splash fee in addition to event deck entry fees. Deck registration will be processed up until 20 min before session start.
Check-in:	Positive check-in is required for 500 Freestyle Each event may be limited to 24 swimmers and in combined heats. Heats will be swum fastest to slowest. Check-in must be completed before that session's warm-ups have been completed.
Awards:	Awards for relay events will consist of ribbons for 1st- 8th place. Awards for individual events will consist of medals for 1st-3rd, ribbons for 4th-16th place for the following age groups: 8&U, 9-10, 11-12, and 13-14. 15 and older will not receive awards. Heat winners for all ages will receive a reward. Group distribution of awards to coaches will be permitted and/or mailed.
Final Results:	One copy of the meets final results will be sent to each team's designated recipient. Results will also be posted on both the DFAC and Wisconsin Swimming websites.
MAAPP Policy:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
Admission:	Admission fee of \$12 per athlete, included in entry fees. Heat sheets will be available online before the meet.
Concessions:	A selection of food will be available at reasonable prices throughout the meet.



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Meet Conduct:	• In accordance with USA Swimming rules, no spectators are allowed on the pool deck. In accordance with the Federal Video Voyeurism Prevention Act of 2004-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. • Deck changing is prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present • All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.
Officials:	Meet Referee: Rick Potter tech81toot@gmail.com Administrative Official: Randy Rozema randy.rozema@gmail.com



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Order of Events

Girls	Session 1 Events Warm-up 8-9am, Meet starts at 9:05am	Boys
1	11-12 Mixed 200 Medley Relay*	
2	13&O Mixed 200 Medley Relay*	
Optional 5 min break		
3	11&O 200 Freestyle	4
5	11&O 200 Individual Medley	6
7	11&O 100 Butterfly	8
9	11&O 50 Backstroke	10
11	11&O 100 Breaststroke	12
13	11&O 50 Freestyle	14
15	11&O 50 Butterfly	16
17	11&O 100 Backstroke	18
19	11&O 50 Breaststroke	20
21	11&O 100 Freestyle	22
Optional 5 min break		
23	11-12 Mixed 200 Freestyle Relay*	
24	13&O Mixed 200 Freestyle Relay*	
10-minute in-water break		
25	11&O 500 Freestyle**	26
**Swimmers must provide their own counters for the 500 Freestyle		

Girls	Session 2 Events Warm-ups not before 11:30 am, 1hr. warm-up session	Boys
27	8&U Mixed 100 Medley Relay*	
28	10&U Mixed 200 Medley Relay*	
Optional 5 min break		
29	10&U 200 Freestyle	30
31	10&U 100 Individual Medley	32
33	10&U 50 Butterfly	34
35	10&U 25 Backstroke	36
37	10&U 50 Freestyle	38
39	10&U 25 Breaststroke	40
41	10&U 50 Backstroke	42
43	10&U 25 Butterfly	44
45	10&U 50 Breaststroke	46
47	10&U 25 Freestyle	48
49	10&U 100 Freestyle	50
Optional 5 min break		
51	8&U Mixed 100 Freestyle Relay*	
52	10&U Mixed 200 Freestyle Relay*	

***All mixed relays must be swum in 2+2 or 3+1 gender combinations**

