

**WAT's Polar Plunge 2025 - 12/7/2025****Psych Sheet - Sunday Distance****Event 31 Mixed 500 Yard Freestyle**

|    | <b>Name</b>             | <b>Age</b> | <b>Team</b> | <b>Seed Time</b> |     |
|----|-------------------------|------------|-------------|------------------|-----|
| 1  | Smith, Brian S          | M13        | DFAC-WI     | 5:32.00          | ___ |
| 2  | Helminiak, Addie H      | W14        | WBSC-WI     | 5:38.54          | ___ |
| 3  | Hertzfeldt, Riley M     | W12        | J-Hawk-WI   | 6:13.22          | ___ |
| 4  | Keller, Raylan M        | W14        | J-Hawk-WI   | 6:24.06          | ___ |
| 5  | Denson, Shayleana J     | W12        | J-Hawk-WI   | 7:05.57          | ___ |
| 6  | Roeling, Lucas J        | M11        | J-Hawk-WI   | 7:07.07          | ___ |
| 7  | Kuzera, Wyatt K         | M12        | WBSC-WI     | 7:27.03          | ___ |
| 8  | Callahan, Sloane M      | W11        | J-Hawk-WI   | 7:28.78          | ___ |
| 9  | Rozema, Becca N         | W14        | STAR-WI     | 7:44.87          | ___ |
| 10 | Loy, Carly K            | W11        | DFAC-WI     | 8:30.39          | ___ |
| 11 | Sowards, Simone L       | W12        | STRM-WI     | 9:17.20          | ___ |
| 12 | Quamme, Anya K          | W11        | STRM-WI     | 10:11.07         | ___ |
| 13 | Spaeth, Madison J       | W12        | J-Hawk-WI   | NT               | ___ |
| 14 | Iskandarani, Jameson N  | M11        | DFAC-WI     | NT               | ___ |
| 15 | Schwallier, Noah D      | M10        | WAUN-WI     | NT               | ___ |
| 16 | Martin Jilek, Jocelyn A | W13        | WAT-WI      | NT               | ___ |
| 17 | Maron, Hannah E         | W12        | WAT-WI      | NT               | ___ |
| 18 | Polman, Sofia K         | W12        | WAT-WI      | NT               | ___ |

**Event 32 Mixed 1000 Yard Freestyle**

|   | <b>Name</b>         | <b>Age</b> | <b>Team</b> | <b>Seed Time</b> |     |
|---|---------------------|------------|-------------|------------------|-----|
| 1 | Kuzera, Noelle E    | W15        | WBSC-WI     | 12:29.17         | ___ |
| 2 | Mezera, Sophia L    | W14        | J-Hawk-WI   | 12:30.12         | ___ |
| 3 | Quamme, Avani L     | W11        | STRM-WI     | 14:25.87         | ___ |
| 4 | Dennis, Will W      | M13        | STRM-WI     | 14:40.87         | ___ |
| 5 | Sczepaniak, Allie M | W11        | STRM-WI     | 16:20.87         | ___ |
| 6 | Lechner, Lucas W    | M14        | STRM-WI     | 18:01.97         | ___ |
| 7 | Mortimer, Colton J  | M11        | J-Hawk-WI   | NT               | ___ |