



For the 2025 Regional Championship Meet, Time Trials are offered at the conclusion of the Saturday afternoon AND Sunday afternoon sessions. Here are the time trial procedures and basic info.

- We will have a 'time trial table' by the 50/50 raffle table upstairs
- Swimmers (parents actually) sign up by filling out a "Time Trial Sign-Up Form" that can be found at the table
  - o Forms can be turned in cash or check stapled to the form to the volunteers
- Swimmers can sign up for an event at the time trial table at any point during the day prior to the deadline
  - 4:00pm deadline BOTH Saturday and Sunday
    - Swimmers who are unsure if they'll want to time trial (the event happens after the deadline for example) we can scratch & refund, so it's better to sign up than be late
- Swimmers can check the order of events at the time trial table. Events are generally run short to long, and in the order Free, Back, Breast, Fly, IM.
  - Events will be combined at the discretion of meet management
  - Swimmers are technically able to enter more than one time trial event per day and some may choose to do so. Be aware that time trial sessions are usually pretty short and run quickly.
    Swimmers trying for multiple events will not have much time at all between races, and may be better served selecting just one race.
- Swimmers need to be able to provide their own timers
- A meeting for time trial participants and times will be held prior to the start of the time trial session
- Swimmers are responsible for being ready to swim when their event is called

The cost is \$10 per event, payable with cash or check (BACers can use escrow account).

If you have any questions, please knock on the window at the bottom of the stairs to get the attention of the Meet Management table