

**STAR Winter Chill Swim Meet Overview
Held Under Sanction of USA Swimming
WI Sanction #WI2026-0132S**

Date: Saturday January 24, 2026

Overview: The STAR Winter Chill Meet will take place in two sessions on Saturday held under the sanction of USA Swimming. All events will be timed finals. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: Stoughton High School Pool | 600 Lincoln Ave. | Stoughton, WI 53589
Pool Entrance is on the west side of the high school and is accessible from Devonshire Road. If using Google, enter Stoughton High School Pool and it will provide proper directions. Entrance is through door 24.

Facility: Indoor, eight (8) Lane, 25 yard pool. The minimum water depth is 12 feet at the start end and 3 feet, 6 inches at the turn end. All 25 yard events will start from the start end and end at the turn end. For the 100 yard relays, the 2nd and 4th legs of the relay will have to start in the water. Timing for the 25 yard events will be via two (2) back-up push buttons and two (2) stopwatches at the turn end of the pool. The pool is also equipped with non-turbulent lane markers, backstroke flags and slanted, 30" high starting blocks. Upper deck spectator seating is available. Concession stand with adjacent tables and seating for spectator, swimmer, coach, and official breaks. The meet hosts will ensure the required course dimensions.

Lifeguards will be available at all times during the running of the meet, including warm-ups.

Timing System: All events will be timed using a Colorado Timing System with horn start, touch pad, one button plunge timer, and two stop-watches as back-ups, per lane except as noted above for 25 yard events.

Official Rules: This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced. All swimmers must be registered athlete members of USA Swimming and be in good standing. Swimmers age as of January 24, 2026 will be used.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Directors: Randy Rozema | 608-215-3279 | stoughtonaquaracers@gmail.com
2124 Hoel Circle | Stoughton, WI 53589

Meet Entry Chair: Randy Rozema | 608-215-3279 | stoughtonaquaracers@gmail.com
2124 Hoel Circle | Stoughton, WI 53589

Officials: Meet Referee:
Andrew Olson: olsonswimming@gmail.com

Administrative Official:
Randy Rozema: randy.rozema@gmail.com

Meet Schedule: Session 1: Saturday January 24, 2026
• Warm Up: 7:30-8:30AM

- Session Starts: 8:35AM
- Fly-over starts where applicable
- Breaks will be added if/as necessary

Session 2: Saturday January 24, 2026

- A 60-minute warm-up period will begin 10 minutes following the completion of Session 1
- Session Start: 5 minutes after the completion of the warm-up period
- Fly-over starts where applicable
- Breaks will be added if/as necessary

Warm-Ups:

Warm-up assignments will be sent to the team representatives ahead of the meet. Warm-up procedures are at the discretion of the teams warming up in each specific lane; no equipment may be used. Warm-up time frames subject to change depending on size of meet.

All entry to pools during open warm-up cool down periods shall be feet first entry. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.

Entries:

All swimmers must be USA Swimming Members, in good standing. The date used for age determination will be the date of the swim meet which is January 24, 2026.

Swimmers may compete in up to five (5) total events. This may be a combination of four (4) individual events plus one (1) relay or three (3) individual events and two (2) relays. Swimmers must be USA Swimming registered in order to enter. Entries will be accepted on a first come first served basis until the meet is full. Entries not accepted will be notified as soon as possible. This meet will be run using Hy-Tek Meet Manager.

Entry Deadline:

The entry chair must receive Hy-Tek file of your entries no later than **Tuesday January 13, 2026**. No entries will be taken over the phone. **Email meet entries to the entry chair at stoughtonaquaracers@gmail.com**. Received entries will be confirmed via email. Meet entry fees and completed waiver form can be brought to the meet director the day of the meet.

Entry Fees:

\$5.00 facility fee per swimmer, \$4.00 Splash Fee, \$6.00 per individual event, and \$16.00 per relay. A \$10 per swimmer admission fee will be assessed with swimmer registration.

Deck Entries:

No deck entries or registrations are accepted.

Swimmers with Disabilities:

Please indicate on the entry form whether any athlete on your team requires additional assistance. Athletes that are requesting an accommodation and/or modification, shall present the [WSI Para Accommodation Form](#) to the meet referee and/or meet director prior to the meet start.

Awards:

Awards will be given in the following age groups: 8 & Under, 9-10, 11-12, Open, medals will be awarded for 1st through 3rd place and ribbons will be awarded for 4th through 16th place for individual events. Relay events (1st through 3rd) will be awarded ribbons in each grouping.

Note: 25 yard events will be awarded as 8 & Under and 9-10 separately. Individual Open events will be awarded as 10 & under, 11-12, and 13 & Over.

Awards will be held for each team and can be picked up by a team representative at the end of the meet. Awards will NOT be mailed, should a team not pick up their awards, we will make an effort to bring them to a future swim meet to get them to you.

Meet Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Director and Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, locker rooms, or behind the starting blocks.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athletes/coach areas, spectator areas and open-ceiling locker rooms) anytime athletes, coaches, officials and/or spectators are present.

MAAPP Policy: Pursuant to WI Swimming, Inc. mandate, all adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Image Authorization:

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

Admissions: The admission fee is being assessed with the swimmer fees, spectators will be welcomed upon arrival and directed to the viewing area. Heat sheets will be emailed to participating team representative and electronically posted the day prior to the swim meet for download. A paper copy of the heat sheet will be posted in the hallway outside the pool the morning of the swim meet. A limited quantity of printed heat sheets will be available at concessions. The meet will be accessible via meet mobile.

Concession: Food and beverages will be available for purchase throughout the meet. Food and beverages (other than bottled water) will not be allowed on the pool deck.

Final Results: One electronic copy of meet results will be sent to all participating teams and WI Swimming.

Saturday, January 24, 2026 – Session 1

Warm-up: 8:00 A.M. - Meet Start at 9:05 A.M.

Girls:	Event Description	Boys:
1	8&U Mixed 100 Yard Medley Relay	1
2	10&U Mixed 200 Yard Medley Relay	2
3	10&U 25 Yard Breaststroke	4
5	10&U 50 Yard Breaststroke	6
7	10&U 100 Yard Freestyle	8
9	10&U 25 Yard Backstroke	10
11	10&U 50 Yard Backstroke	12
13	10&U 100 Yard IM	14
15	9-10 200 Yard IM	16
17	10&U 25 Yard Butterfly	18
19	10&U 50 Yard Butterfly	20
21	10&U 25 Yard Freestyle	22
23	10&U 50 Yard Freestyle	24
25	10&U 200 Yard Freestyle	26
27	8&U Mixed 100 Yard Free Relay	27
28	10&U Mixed 200 Yard Free Relay	28
	10-minute open pool Break	
29	Open Mixed 500 Yard Freestyle	29

Limited to 3 entries per team

Saturday, January 24, 2026 – Session 2

Warm-up: 10 minutes after the completion of Session 1, but not before 11:30AM. - Meet Start 65 minutes following warm-up start.

Girls:	Event Description	Boys:
30	11-12 Mixed 200 Yard Medley Relay	30
31	Open Mixed 200 Yard Medley Relay	31
32	Open 50 Yard Breaststroke	33
34	Open 100 Yard Breaststroke	35
36	Open 200 Yard Freestyle	37
38	Open 50 Yard Backstroke	39
40	Open 100 Yard Backstroke	41
42	11-12 100 Yard IM	43
44	Open 200 Yard IM	45
46	Open 50 Yard Butterfly	47
48	Open 100 Yard Butterfly	49
50	Open 50 Yard Freestyle	51
52	Open 100 Yard Freestyle	53
54	11-12 Mixed 200 Yard Freestyle Relay	54
55	Open Mixed 200 Yard Freestyle Relay	55

Note: Mixed relays may consist of any of the following combinations: 1 girl and 3 boys, 2 girls and 2 boys or 3 girls and 1 boy.

Waiver

STAR Winter Chill Swim Meet

January 24, 2026

Stoughton High School Pool 25 Yards

Sanction #WI2026-0132S

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all claims for damages which may accrue against USA-Swimming, Inc., Wisconsin Swimming, Inc., the Stoughton Aqua Racers (STAR) swim team, Stoughton Public High School, and their representatives, employees, or successors, for any and all injuries suffered by me or my contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from liabilities or claims for damage arising by reason of injuries to anyone during the conduct of the event.

Signature of Club Official, Parent or Guardian: _____

Position: _____ Phone: _____

Name of Contact Person, if different than above:

Phone: _____

Team Name and Abbreviation: _____

Team Coach: _____ Phone: _____

Swimmers with Disabilities

Athletes that are requesting an accommodation and/or modification, shall present the [WSI Para Accommodation Form](#) to the meet referee and/or meet director prior to the meet start.

Email Address for sending final results, if different from the one used for registration:

Email: _____

Entry Fees:	Individual Events: _____ X \$6.00 = _____
	Relays: _____ X \$16.00 = _____
	Facility Fee: #Swimmers _____ X \$5.00 = _____
	Splash Fee: # Swimmers _____ X \$4.00 = _____
	Admission Fee: #Swimmers _____ X \$10.00 = _____
	Total = _____

Please make all checks payable to STAR (Stoughton Aqua Racers) and bring to the meet director on January 24, 2026.

ENTRY DEADLINE – Tuesday January 13, 2026